

ADVICE TO YOUNG MEN,

AND (INCIDENTALLY) TO

YOUNG WOMEN,

IN THE

MIDDLE AND HIGHER RANKS OF LIFE:

IN A SERIES OF LETTERS ADDRESSED TO

A YOUTH, A BACHELOR, A LOVER, A HUSBAND,
A FATHER, A CITIZEN, OR A SUBJECT.

BY

WILLIAM COBBETT.

WITH NOTES AND A LIFE OF THE AUTHOR.

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LIFE OF WILLIAM COBBETT.

THE subject of this sketch, and the author of the following instructive and entertaining book of advice, was one of the most remarkable men of his time. He obtained great celebrity, and exercised a powerful influence over many of his countrymen, during the early part of the nineteenth century.

As to his origin, he was simply an English peasant. He was born in 1762, in a cottage-like dwelling near Farnham, in Surrey. His father was a farmer there; and after he left the cottage, about 1780, it was converted into a public house, under the pleasant name of "The Jolly Farmer," and was long celebrated for its home-brewed ale and beer, the product of the Farnham hops. Behind the house stood a steep sand rock and a little garden, to which William Cobbett often alluded in after years. "From my infancy," he says, speaking of rural employments, in one passage of his writings, "from the age of six years, when I climbed up the side of a steep sand rock, and there scooped me out a plot of four feet square to make me a garden, and the soil for which I carried up in the bosom of my little blue smock frock, I have never lost one particle of my passion for these healthy and rational and heart charming pursuits."

Industry and independence were amongst his first lessons, and it was impossible for him to have learned any of more importance. His father's means being but small, he and his brothers had to bestir themselves. "I do not remember," he says, "the time when I did not earn my own living. My first occupation was driving the small birds from the turnip seed, and the rooks from the peas. When I first trudged afield, with my wooden bottle and my satchel slung over my shoulders, I was hardly able to climb the gates and stiles; and at the close of the day to reach home was a task of infinite difficulty. My next employment was weeding wheat, and leading a single horse at harrowing barley. Hoeing peas followed, and hence

I arrived at the honour of joining the reapers in harvest, driving the team, and holding the plough. We were all of us strong and laborious; and my father used to boast that he had four sons, the eldest of whom was but fifteen years old, who did as much work as any three men in the parish of Farnham. Honest pride, and happy days!"

His father found leisure to teach his sons to read and write, and before long we find William away from the parental roof and engaged in London as a copying clerk to an attorney. It was an occupation, however, which his soul abhorred. A few months of the drudgery of the desk was more than enough for him; he left the law—it was in the year 1780—and enlisted as a common soldier in the 54th Foot, a regiment destined for American service. First of all he was stationed with his comrades at Nova Scotia; afterwards they moved to New Brunswick.

With this regiment he remained about eight years, and all his leisure during that time was devoted to the work of self education. In this book of "Advice to Young Men" we have many particulars of the course which he pursued, and the success which attended his efforts. It is an interesting story and full of instruction, and we shall not destroy the freshness of it to the reader by repeating it here. We hope there is no one so dull that he can read those pages which relate to Cobbett's early struggles in pursuit of knowledge without emotion, and without pride in owning him for a fellow countryman. The result of his good conduct, activity, and intelligence in the army were not long in securing for him the promotion of sergeant-major.

During his service in America he met the young girl who afterwards became his wife; and that episode of his life, so beautiful and so characteristic of the man, may also be seen in the following work.

He returned to England about the end of 1791, obtained his discharge from the army, and married. His wife proved a most exemplary woman, and in after life Cobbett was never weary of sounding her praises. Indeed, he gave her credit for the greater part of the comfort and success which he afterwards enjoyed.

Just about the time of his marriage he brought a charge of peculation against four officers under whom he had served. Preparations were made for the trial, a court-martial was

summoned, a large body of witnesses were in attendance, when, all of a sudden, Cobbett disappeared. This is one of the mysteries of his life. Nobody knows why he did not put in an appearance, whether he was influenced by caprice or acted on some previously arranged plan. All that is certain is that he crossed over into France, and from France proceeded in the following year to America, where he settled at Philadelphia.

From this time to the day of his death he led a restless life as a political writer. Under the signature of "Peter Porcupine" he exhibited himself first in the arena as a keen Tory—he was as uncompromising a Tory at this period as he was afterwards a Radical—and he lashed French republicanism and American democracy with a scorn which lacked neither coarseness, nor personality, nor bitterness.

America at last became too hot to hold him, and in 1800 he returned to England and tried to establish *The Porcupine*, a daily newspaper, in London. It did not succeed, and in January, 1802, appeared the first number of his famous *Weekly Political Register*, which he continued, without interruption, till his death in 1835, that is to say, for upwards of thirty-three years. At first the *Register* was Tory; but it soon changed its politics and became "the most fierce and determined opponent of the government, then presided over by Pitt, and the most uncompromising champion of radicalism."

Between 1802 and 1810 he was twice tried and found guilty of libel on certain members of the government. In the latter year he appeared in court again, accused of having made certain severe remarks (in the *Register*) on the flogging of five militiamen. He was sentenced to pay a fine of £1000 to the king and to be imprisoned for two years in Newgate. This punishment he never afterwards either forgot or forgave.

In 1817 he revisited America; pecuniary embarrassment and the dread of being lodged again in Newgate, under the Six Acts for the suppression of freedom of discussion, seem to have been the causes of his leaving England. The publication of the *Register*, however, went on as usual; copy was posted for it with unfailing regularity from the other side of the Atlantic. They were most enjoyable papers. "How fine," says Hazlitt the celebrated critic, "were the graphical descriptions Cobbett sent us from America; what a transatlantic flavour, what a native gusto, what a fine *sauce piquante* of contempt they were."

seasoned with! If he had sat down to look at himself in the glass, instead of looking about him like Adam in paradise, he would not have got up those articles in so capital a style."

After residing in America for more than two years Cobbett returned to England, bringing with him the bones of Tom Paine as if they had been the relics of a saint. According to Hazlitt, this is the only time in his life that he ever grew romantic; but the fit did not last long. "Scarce had he landed in Liverpool than he left the bones of the great man to shift for themselves; and no sooner did he arrive in London than he made a speech to disclaim all participation in the political and theological sentiments of his late idol, and to place the whole stock of his admiration and enthusiasm towards him to the account of his financial speculations, and of his having predicted the fate of paper money."

Cobbett now again started a daily newspaper in London; but like the *Porcupine* it had a short life: it gave up the ghost in two months. In 1829 and 1830 he lectured on political subjects in several of the principal towns in England and Scotland, and received a most enthusiastic reception everywhere as a bold and powerful advocate of the rights of the people.

He had several times tried to enter parliament, but was unsuccessful until after the passing of the Reform Act. In 1832 he was elected as one of the members for Oldham. It is generally allowed that in parliament his career was not very successful. The late hours injured his health, and after a short illness he died on the 18th of June, 1835, at the age of seventy-three.

His personal appearance is described by Hazlitt, who says: "The only time I ever saw him he seemed to me a very pleasant man: easy of access, affable, clear headed, simple and mild in his manner, deliberate and unruffled in his speech, though some of his expressions were not very qualified. His figure is tall and portly. He has a good sensible face, rather full, with little grey eyes, a hard square forehead, a ruddy complexion, with hair gray or powdered; and had on a scarlet broadcloth waistcoat, with the flaps of the pockets hanging down, as was the custom for gentlemen farmers in the last century, or as we see it in the pictures of members of parliament in the reign of George I. I certainly did not think less favourably of him for seeing him."

If there is one thing more interesting than another about

Cobbett, it is his extraordinary activity. The *Weekly Register* alone would have been work enough for the life of an ordinary man, but it is but a fraction of what he did. "He farmed," remarks one writer, "he travelled, he saw much society, and wrote books and pamphlets innumerable. His industry, early rising, and methodical habits, enabled him to get through an amount of work incredible to other people."

Of his style of writing it would be difficult to speak in terms of praise high enough. It is plain, broad, downright English. "Cobbett," says Hazlitt, "might be said to have the clearness of Swift, the naturalness of Defoe, and the picturesque satirical description of Mandeville, if all such comparisons were not impertinent. A really great and original writer is like nobody but himself." He was an excellent hand at inventing nicknames; and for hard hitting, in language which all could understand, he has never had a superior.

We are able in these days to speak about his character with a calmness which was impossible during his own lifetime. The passions which he excited by his vehement writing and speaking were not favourable to impartial judgment. He gloried in fighting. "He is a man," said Jeremy Bentham of him, "*filled with odium humani generis.* His malevolence and lying are beyond everything." Many others in his time held much the same opinion.

The understanding of Cobbett was of a limited order, and he was continually laying himself open to the charge of inconsistency. "Paine said on one occasion," remarks the critic we have just quoted, "'What I have written I have written,'—as rendering any further declaration of his principles unnecessary. Not so Mr. Cobbett. What he has written is no rule to him what he is to write. He learns something every day, and every week he takes the field to maintain the opinions of the last six days against friend or foe." He never supported an opinion which he did not live to attack, or praised a man whom he did not live to censure. The high Tory opinions of his younger days were treated, as we have already said, with scorn and fury in middle life, and in his old age he seemed returning to the Tory views of his youth.

His earnestness was at all times intense. The thing in hand at the moment was of vital importance, and everything else hardly worth mentioning. It is this characteristic in part which makes him so delightful to read. There is no playing

with the subject, with him; we feel ourselves in company with a writer who has something to say and means to say it.

Cobbett's feelings were of the most kindly description, and he had nothing more at heart than the interests of the hard-working people of England. "Whatever men or measures Cobbett thought likely to give Englishmen plenty of meat and drink, good raiment and lodging, he praised; and whatever did not directly offer these blessings he denounced as impostures."

"From his multifarious and diffuse writings," it has been remarked, "a most entertaining volume of readings might be selected. His love of rural life and rural scenes is expressed in many bits of composition which a poet might envy; and his trenchant criticism of public men and affairs, and his grotesque opinions, whilst they would prove what power can live in simple English words, would give the truest picture of him who holds high rank among the great forces which agitated England in the years anterior to the Reform Bill."

Of the following edition of his "Advice to Young Men" we have but to add that it is a careful reprint of the original edition of 1829-30. So many of Cobbett's illustrations were drawn from his own time that we thought it would be for the convenience of the reader to add a series of footnotes of an explanatory character. This we have done; and it is believed that the public is now in possession of a really good edition of a work which, at one time or other in life, should be read by everybody.

J. M.

INTRODUCTION.

1. It is the duty, and ought to be the pleasure, of age and experience to warn and instruct youth, and to come to the aid of inexperience. When sailors have discovered rocks or breakers, and have had the good luck to escape with life from amidst them, they, unless they be pirates or barbarians as well as sailors, point out the spots for the placing of buoys and of lights, in order that others may not be exposed to the danger which they have so narrowly escaped. What man of common humanity, having by good luck missed being engulfed in a quagmire or quicksand, will withhold from his neighbours a knowledge of the peril without which the dangerous spots are not to be approached ?

2. The great effect which correct opinions and sound principles, imbibed in early life, together with the good conduct, at that age, which must naturally result from such opinions and principles ; the great effect which these have on the whole course of our lives is, and must be, well known to every man of common observation. How many of us, arrived at only forty years, have to repent ! nay, which of us has not to repent, or has not had to repent, that he did not, at an earlier age, possess a great stock of knowledge of that kind which has an immediate effect on our personal ease and happiness ; that kind of knowledge upon which the cheerfulness and the harmony of our homes depend !

3. It is to communicate a stock of this sort of knowledge, in particular, that this work is intended : knowledge, indeed, relative to education, to many sciences, to trade, agriculture, horticulture, law, government, and religion ; knowledge relating incidentally to all these ; but the main object is to furnish that sort of knowledge to the young which but few men acquire until they be old, when it comes too late to be useful.

4. To communicate to others the knowledge that I possess has always been my taste and my delight ; and few, who know anything of my progress through life, will be disposed

to question my fitness for the task. Talk of rocks and breakers and quagmires and quicksands, who has ever escaped from amidst so many as I have ! Thrown (by my own will, indeed) on the wide world at a very early age, not more than eleven or twelve years, without money to support, without friends to advise, and without book learning to assist me; passing a few years dependent solely on my own labour for my subsistence ; then becoming a common soldier, and leading a military life, chiefly in foreign parts, for eight years ; quitting that life after really, for me, high promotion, and with, for me, a large sum of money ; marrying at an early age ; going at once to France to acquire the French language, thence to America ; passing eight years there, becoming bookseller and author, and taking a prominent part in all the important discussions of the interesting period from 1793 to 1799, during which there was in that country a continued struggle carried on between the English and the French parties ; conducting myself, in the ever active part which I took in that struggle, in such a way as to call forth marks of unequivocal approbation from the government at home ; returning to England in 1800, resuming my labours here ; suffering, during these twenty-nine years, two years of imprisonment, heavy fine, three years' self banishment to the other side of the Atlantic, and a total breaking of fortune, so as to be left without a bed to lie on ; and, during these twenty-nine years of troubles and punishments, writing and publishing every week of my life, whether in exile or not, eleven weeks only excepted, a periodical paper, containing more or less of matter worthy of public attention ; writing and publishing, during *the same twenty-nine years*, a Grammar of the French and another of the English language, a work on the Economy of the Cottage, a work on Forest Trees and Woodlands, a work on Gardening, an Account of America, a book of Sermons, a work on the Corn plant, a History of the Protestant Reformation ; all books of great and continued sale, and the *last* unquestionably the book of greatest circulation in the whole world, the Bible only excepted ; having, during *these same twenty-nine years* of troubles and embarrassments without number, introduced into England the manufacture of straw plat ; also several valuable trees ; having introduced, during *the same twenty-nine years*, the cultivation of the corn plant, so manifestly valuable as a source of food ; having, during

the same period, always (whether in exile or not) sustained a shop of some size in London; having, during the whole of the same period, never employed less, on an average, than ten persons, in some capacity or other, exclusive of printers, bookbinders, and others connected with papers and books; and having, during these twenty-nine years of troubles, embarrassments, prisons, fines, and banishments, bred up a family of seven children to man's and woman's state.

5. If such a man be not, after he has survived and accomplished all this, qualified to give advice to young men, no man can be qualified for that task. There may have been natural *genius*: but *genius alone*, not all the *genius* in the world, could, without *something more*, have conducted me through these perils. During these twenty-nine years I have had for deadly and ever watchful foes a government that has the collecting and distributing of sixty millions of pounds in a year, and also every soul who shares in that distribution. Until very lately, I have had for the far greater part of the time the whole of the press as my deadly enemy. Yet, at this moment, it will not be pretended that there is another man in the kingdom who has so many cordial friends. For as to the *friends of ministers* and the *great*, the friendship is towards the *power*, the *influence*; it is, in fact, towards *those taxes* of which so many thousands are gaping to get at a share. And if we could, through so thick a veil, come at the naked fact, we should find the subscription now going on in Dublin for the purpose of erecting a monument in that city, to commemorate the good recently done, or alleged to be done, to Ireland, by the Duke of Wellington,* we should find that the subscribers have *the taxes* in view; and that if the monument shall actually be raised, it ought to have *selfishness*, and not *gratitude*, engraven on its base. Nearly the same may be said with regard to all the praises that we hear bestowed on men in power. The friendship which is felt towards me is pure and disinterested; it is not founded in any hope that the parties can have, that they can ever *profit* from professing it; it is founded on the *gratitude* which they entertain for the good that *I have done* them; and of this sort of friendship, and friendship so cordial, no man ever possessed a larger portion.

6. Now mere *genius* will not acquire this for a man. There

* This was written in 1829.

must be something more than *genius*: there must be industry there must be perseverance: there must be, before the eyes of the nation, proofs of extraordinary exertion: people must say to themselves, "What wise conduct must there have been in the employing of the time of this man! How sober, how sparing in diet, how early a riser, how little expensive he must have been!" These are the things, and *not genius*, which have caused my labours to be so incessant and so successful; and though I do not affect to believe that *every young man*, who shall read this work, will become able to perform labours of equal magnitude and importance, I do pretend that *every young man*, who will attend to my advice, will become able to perform a great deal more than men generally do perform, whatever may be his situation in life, and that he will too perform it with greater ease and satisfaction than he would, without the advice, be able to perform the smaller portion.

7. I have had from thousands of young men, and men advanced in years also, letters of thanks for the great benefit which they have derived from my labours. Some have thanked me for my Grammars, some for my Cottage Economy, others for the Woodlands and the Gardener; and, in short, for every one of my works have I received letters of thanks from numerous persons of whom I had never heard before. In many cases I have been told that, if the parties had had my books to read some years before, the gain to them, whether in time or in other things, would have been very great. Many, and a great many, have told me that, though long at school, and though their parents had paid for their being taught English grammar, or French, they had, in a short time, learned more from my books on those subjects than they had learned in years from their teachers. How many gentlemen have thanked me in the strongest terms for my Woodlands and Gardener, observing (just as Lord Bacon had observed in his time) that they had before seen no books on these subjects that they could understand! But I know not of anything that ever gave me more satisfaction than I derived from the visit of a gentleman of fortune, whom I had never heard of before, and who about four years ago came to thank me in person for a complete reformation which had been worked in his son, by the reading of my two SERMONS on *drinking* and on *gaming*.

8. I have therefore done already a great deal in this way; but there is still wanting, in a compact form, a body of ADVICE such as that which I now propose to give, and in the giving of which I shall divide my matter as follows: 1. Advice addressed to a YOUTH; 2. Advice addressed to a BACHELOR; 3. Advice addressed to a LOVER; 4. To a HUSBAND; 5. To a FATHER; 6. To a CITIZEN or SUBJECT.

9. Some persons will smile, and others laugh outright, at the idea of "Cobbett's giving advice for conducting the affairs of *love*." Yes, but I was once young, and surely I may say with the poet, I forget which of them,

"Though old I am, for ladies' love unfit,
The power of beauty I remember yet."

I forget indeed the *names* of the ladies as completely, pretty nigh, as I do that of the poet; but I remember their influence, and of this influence on the conduct and in the affairs and on the condition of men, I have, and must have, been a witness all my life long. And when we consider in how great a degree the happiness of all the remainder of a man's life depends, and always must depend, on his taste and judgment in the character of a lover, this may well be considered as the most important period of the whole term of his existence.

10. In my address to the HUSBAND, I shall, of course, introduce advice relative to the important duties of *masters* and *servants*; duties of great importance, whether considered as affecting families or as affecting the community. In my address to the CITIZEN or SUBJECT, I shall consider all the reciprocal duties of the governors and the governed, and also the duties which man owes to his neighbour. It would be tedious to attempt to lay down rules for conduct exclusively applicable to every distinct calling, profession, and condition of life; but under the above described heads will be conveyed every species of advice of which I deem the utility to be unquestionable.

11. I have thus fully described the nature of my little work; and, before I enter on the first letter, I venture to express a hope that its good effects will be felt long after its author shall have ceased to exist.

LETTER I.

TO A YOUTH.

12. You are now arrived at that age which the law thinks sufficient to make an oath, taken by you, valid in a court of law; let us suppose from fourteen to nearly twenty. And, reserving, for a future occasion, my remarks on your duty towards parents, let me here offer you my advice as to the means likely to contribute largely towards making you a happy man, useful to all about you, and an honour to those from whom you sprang.

13. Start, I beseech you, with a conviction firmly fixed on your mind, that you have no right to live in this world, that, being of hale body and sound mind, you have *no right* to any earthly existence, without doing *work* of some sort or other, unless you have ample fortune whereon to live clear of debt; and that, even in that case, you have no right to breed children to be kept by others, or to be exposed to the chance of being so kept. Start with this conviction thoroughly implanted on your mind. To wish to live on the labour of others is, besides the folly of it, to contemplate a *fraud* at the least, and, under certain circumstances, to meditate oppression and robbery.

14. I suppose you in the middle rank of life. Happiness ought to be your great object, and it is to be found only in *independence*. Turn your back on Whitehall and on Somerset House; leave the Customs and Excise to the feeble and low-minded; look not for success to favour, to partiality, to friendship, or to what is called *interest*; write it on your heart, that you will depend solely on your own merit and your own exertions. Think not, neither, of any of those situations where gaudy habiliments and sounding titles poorly disguise from the eyes of good sense the mortifications and the heartache of slaves. Answer me not by saying that these situations "*must be filled by somebody*"; for if I were to admit the truth of the proposition, which I do not, it would remain for you to show that they are conducive to happiness, the contrary of which has been proved to me by the observation of a now pretty long life.

15. Indeed, reason tells us that it must be thus: for that

which a man owes to favour or to partiality that same favour or partiality is constantly liable to take from him. He who lives upon anything except his own labour is incessantly surrounded by rivals, his grand resource is that servility in which he is always liable to be surpassed. He is in daily danger of being outbidden; his very bread depends upon caprice; and he lives in a state of uncertainty and never ceasing fear. His is not indeed the dog's life, "*hunger and idleness*"; but it is worse, for it is "*idleness with slavery*," the latter being the just price of the former. Slaves frequently are well *fed* and well *clad*; but slaves dare not *speak*; they dare not be suspected to *think* differently from their masters. Hate his acts as much as they may; be he tyrant, be he drunkard, be he fool, or be he all three at once, they must be silent, or, nine times out of ten, affect approbation: though possessing a thousand times his knowledge, they must feign a conviction of his superior understanding; though knowing that it is they who, in fact, do all that he is paid for doing, it is destruction to them to *seem as if they thought* any portion of the service to belong to them! Far from me be the thought that any youth who shall read this page would not rather perish than submit to live in a state like this! Such a state is fit only for the refuse of nature; the halt, the half blind, the unhappy creatures whom nature has marked out for degradation.

16. And how comes it then that we see hale and even clever youths voluntarily bending their necks to this slavery; nay, pressing forward in eager rivalship to assume the yoke that ought to be insupportable? The cause, and the only cause, is that the deleterious fashion of the day has created so many artificial wants, and has raised the minds of young men so much above their real rank and state of life that they look scornfully on the employment, the fare, and the dress, that would become them; and, in order to avoid that state in which they might live *free and happy*, they become *showy slaves*.

17. The great source of independence the French express in a precept of three words, "*Vivre de peu*," which I have always very much admired. "*To live upon little*" is the great security against slavery; and this precept extends to dress and other things besides food and drink. When Dr. Johnson wrote his Dictionary, he put in the word pensioner thus: "*PENSIONER, A slave of state.*" After this he himself became a pen-

nioner! And thus, agreeably to his own definition, he lived and died "*a slave of state!*" What must this man of great genius, and of great industry too, have felt at receiving this pension! Could he be so callous as not to feel a pang, upon seeing his own name placed before his own degrading definition? And what could induce him to submit to this? His wants, his artificial wants, his habit of indulging in the pleasures of the table, his disregard of the precept "*Vivre de peu.*" This was the cause; and be it observed that indulgences of this sort, while they tend to make men poor, and expose them to commit mean acts, tend also to enfeeble the body, and more especially to cloud and to weaken the mind.

18. When this celebrated author wrote his Dictionary, he had not been debased by luxurious enjoyments; the rich and powerful had not caressed him into a slave; his writings then bore the stamp of truth and independence: but, having been debased by luxury, he who had, while content with plain fare, been the strenuous advocate of the rights of the people, became a strenuous advocate for *taxation without representation*, and in a work under the title of "*Taxation no Tyranny*" defended, and greatly assisted to produce, that unjust and bloody war which finally severed from England that great country the United States of America, now the most powerful and dangerous rival that this kingdom ever had. The statue of Dr. Johnson was the first that was put into St. Paul's church! A signal warning to us not to look upon monuments in honour of the dead as a proof of their virtues; for here we see St. Paul's church holding up to the veneration of posterity a man whose own writings, together with the records of the pension list, prove him to have been "*a slave of state.*"

19. Endless are the instances of men of bright parts and high spirit having been, by degrees, rendered powerless and despicable by their imaginary wants. Seldom has there been a man with a fairer prospect of accomplishing great things, and of acquiring lasting renown, than Charles Fox. He had great talents of the most popular sort; the times were singularly favourable to an exertion of them with success; a large part of the nation admired him and were his partisans; he had, as to the great question between him and his rival (Pitt), reason and justice clearly on his side: but he had against him his squandering and luxurious habits; these made him dependent on the rich part of his partisans, made his

wisdom subservient to opulent folly or selfishness, deprived his country of all the benefit that it might have derived from his talents, and finally sent him to the grave without a single sigh from a people, a great part of whom would, in his earlier years, have wept at his death as at a national calamity.

20. Extravagance in *dress*, in the haunting of *playhouses*, in *horses*, in everything else, is to be avoided, and, in youths and young men, extravagance in *dress* particularly. This sort of extravagance, this waste of money on the decoration of the body, arises solely from vanity, and from vanity of the most contemptible sort. It arises from the notion that all the people in the street, for instance, will be *looking at you* as soon as you walk out, and that they will, in a greater or less degree, think the better of you on account of your fine dress. Never was notion more false. All the sensible people that happen to see you will think nothing at all about you; those who are filled with the same vain notion as you are will perceive your attempt to impose on them, and will despise you accordingly; rich people will wholly disregard you; and you will be envied and hated by those who have the same vanity that you have, without the means of gratifying it. Dress should be suited to your rank and station: a surgeon or physician should not dress like a carpenter; but there is no reason why a tradesman, a merchant's clerk, or clerk of any kind, or why a shopkeeper, or manufacturer, or even a merchant, no reason at all why any of these, should dress in an *expensive* manner. It is a great mistake to suppose that they derive any advantage from exterior decoration. Men are estimated by other *men* according to their capacity and willingness to be in some way or other *useful*; and though, with the foolish and vain part of *women*, fine clothes frequently do something, yet the greater part of the sex are much too penetrating to draw their conclusions solely from the outside show of a man; they look deeper, and find other criterions whereby to judge. And, after all, if the fine clothes obtain you a wife, will they bring you, in that wife, *frugality*, *good sense*, and that sort of attachment that is likely to be lasting? Natural beauty of person is quite another thing: this always has, it always will and must have, some weight even with men, and great weight with women. But this does not want to be set off by expensive clothes. Female eyes are, in such cases, very sharp; they can discover beauty though half

hidden by beard; and even by dirt, and surrounded by rags: and, take this as a secret worth half a fortune to you, that women, however personally vain they may be themselves, *despise personal vanity in men.*

21. Let your dress be as cheap as may be without *shabbiness*; think more about the colour of your shirt than about the gloss or texture of your coat; be always as *clean* as your occupation will, without inconvenience, permit; but never, no, not for one moment, believe, that any human being, with sense in skull, will love or respect you on account of your fine or costly clothes. A great misfortune of the present day is that every one is, in his own estimate, *raised above his real state of life*; every one seems to think himself entitled, if not to title and great estate, at least *to live without work*. This mischievous, this most destructive, way of thinking has indeed been produced, like almost all other evils, by the acts of our septennial and unreformed parliament. That body, by its acts, has caused an enormous debt to be created, and, in consequence, a prodigious sum to be raised annually in taxes. It has caused, by these means, a race of loanmongers and stockjobbers to arise. These carry on a species of *gaming*, by which some make fortunes in a day, and others, in a day, become beggars. The unfortunate gamesters, like the purchasers of blanks in a lottery, are never heard of; but the fortunate ones become companions for lords, and some of them lords themselves. We have, within these few years, seen many of these gamesters get fortunes of a quarter of a million in a few days, and then we have heard them, though notoriously amongst the lowest and basest of human creatures, called "*honourable gentlemen*"! In such a state of things who is to expect patient industry, laborious study, frugality and care? who, in such a state of things, is to expect these to be employed in pursuit of that competence which it is the laudable wish of all men to secure? Not long ago a man, who had served his time to a tradesman in London, became, instead of pursuing his trade, a stockjobber, or gambler; and, in about *two years*, drove his *coach and four*, had his town house and country house, and visited and was visited by *peers of the highest rank!* A fellow apprentice of this lucky gambler, though a tradesman in excellent business, seeing no earthly reason why he should not have his *coach and four* also, turned his stock in trade into a stake for the '*Change*';

but, alas ! at the end of a few months, instead of being in a coach and four, he was in the *Gazette*!

22. This is one instance out of hundreds of thousands; not, indeed, exactly of the same description, but all arising from the same copious source. The words *speculate* and *speculation* have been substituted for *gamble* and *gambling*. The hatefulness of the pursuit is thus taken away; and, while taxes to the amount of more than double the whole of the rental of the kingdom, while these cause such crowds of idlers, every one of whom calls himself a *gentleman*, and avoids the appearance of working for his bread; while this is the case, who is to wonder that a great part of the youth of the country, knowing themselves to be as *good*, as *learned*, and as *well bred* as these *gentlemen*, who is to wonder that they think that they also ought to be considered as *gentlemen*? Then, the late war* (also the work of the septennial parliament) has left us, amongst its many legacies, such swarms of *tilled* men and women, such swarms of "*Sirs*" and their "*Ladies*," men and women who only the other day were the fellow apprentices, fellow tradesmen's or farmer's sons and daughters, or indeed the fellow servants of those who are now in these several states of life, the late septennial parliament war has left us such swarms of these, that it is no wonder that the heads of young people are turned, and that they are ashamed of that state of life to act their part well in which ought to be their delight.

23. But, though the cause of the evil is in acts of the septennial parliament, though this universal desire in people to be thought to be above their station, though this arises from such acts, and though it is no wonder that young men are thus turned from patient study and labour; though these things be undoubted, they form no reason why I should not warn you against becoming a victim to this national scourge. For, in spite of every art made use of to avoid labour, the taxes will, after all, maintain only *so many* idlers. We cannot all be "*Knights*" and "*Gentlemen*"; there must be a large part of us, after all, to make and mend clothes and houses, and carry on trade and commerce, and in spite of all that we can do, the far greater part of us must actually *work* at something; for, unless we can get at some of the taxes, we

* The war against Buonaparte, which was finally closed by the battle of Waterloo on the 18th of June, 1815.

fall under the sentence of Holy Writ, "He who will not *work* shall not *eat*." Yet, so strong is the propensity to be thought "*gentlemen*," so general is this desire amongst the youth of this formerly laborious and unassuming nation; a nation famed for its pursuit of wealth through the channels of patience, punctuality, and integrity; a nation famed for its love of solid acquisitions and qualities, and its hatred of everything showy and false; so general is this really fraudulent desire amongst the youth of this now "*speculating*" nation, that thousands upon thousands of them are, at this moment, in a state of half starvation, not so much because they are too *lazy* to earn their bread as because they are too *proud*! And what are the *consequences*? Such a youth remains or becomes a burden to his parents, of whom he ought to be the comfort, if not the support. Always aspiring to something higher than he can reach, his life is a life of disappointment and of shame. If marriage *befall* him, it is a real affliction, involving others as well as himself. His lot is a thousand times worse than that of the common labouring pauper. Nineteen times out of twenty a premature death awaits him: and, alas! how numerous are the cases in which that death is most miserable, not to say ignominious! *Stupid pride* is one of the symptoms of *madness*. Of the two madmen mentioned in "*Don Quixote*," one thought himself Neptune, and the other Jupiter. Shakspeare agrees with Cervantes; for Mad Tom, in "*King Lear*," being asked who he is, answers, "I am a *taylor* run mad with *pride*." How many have we heard of, who claimed relationship with *noblemen* and *kings*; while of not a few each has thought himself the Son of God! To the public journals, and to the observation of every one, nay, to the "*county lunatic asylums*" (things never heard of in England till now), I appeal for the fact of the vast and hideous *increase of madness in this country*; and, within these very few years, how many scores of young men, who, if their minds had been unperverted by the gambling principles of the day, had a probably long and happy life before them; who had talent, personal endowments, love of parents, love of friends, admiration of large circles; who had, in short, everything to make life desirable, and who, from mortified pride, founded on false pretensions, *have put an end to their own existence!*

24. As to drunkenness and gluttony, generally so called,

these are vices so nasty and beastly that I deem any one capable of indulging in them to be wholly unworthy of my advice; and if any youth unhappily initiated in these odious and debasing vices should happen to read what I am now writing, I refer him to the command of God, conveyed to the Israelites by Moses, in Deuteronomy, chap. xxi. The father and mother are to take the bad son "and bring him to the elders of the city; and they shall say to the elders, This our son will not obey our voice: he is a *glutton* and a *drunkard*. And all the men of the city shall stone him with stones, that he die." I refer downright beastly gluttons and drunkards to this; but indulgence short, *far short*, of this gross and really nasty drunkenness and gluttony is to be deprecated, and that too with the more earnestness because it is too often looked upon as being no crime at all, and as having nothing blamable in it; nay, there are many persons who pride themselves on their refined taste in matters connected with eating and drinking; so far from being ashamed of employing their thoughts on the subject, it is their boast that they do it. St. Gregory, one of the Christian fathers, says: "It is not the *quantity* or the *quality* of the meat or drink, but the *love of it*, that is condemned"; that is to say, the indulgence beyond the absolute demands of nature, the hankering after it, the neglect of some duty or other for the sake of the enjoyments of the table.

25. This *love of what are called "good eating and drinking"* if very unamiable in grown up persons, is perfectly hateful in a youth; and if he indulge in the propensity he is already half ruined. To warn you against acts of fraud, robbery, and violence, is not my province; that is the business of those who make and administer the law. I am not talking to you against acts which the jailer and the hangman punish; nor against those moral offences which all men condemn; but against indulgences which, by men in general, are deemed not only harmless but meritorious, but which the observation of my whole life has taught me to regard as destructive to human happiness, and against which all ought to be cautioned, even in their boyish days. I have been a great observer, and I can truly say that I have never known a man "fond of good eating and drinking," as it is called, that I have never known such a man (and hundreds I have known) who was worthy of respect.

26. Such indulgences are, in the first place, very expensive. The materials are costly, and the preparations still more so. What a monstrous thing, that in order to satisfy the appetite of a man there must be a person or two *at work every day!* More fuel, culinary implements, kitchen room; what! all these merely to tickle the palate of four or five people, and especially people who can hardly pay their way! And then the *loss of time*, the time spent in pleasing the palate: it is truly horrible to behold people who ought to be at work, sitting at the three meals, not less than three of the about fourteen hours that they are out of their beds! A youth, habituated to this sort of indulgence, cannot be valuable to any employer. Such a youth cannot be deprived of his table enjoyments on any account; his eating and drinking form the momentous concern of his life; if business interfere with that, the business must give way. A young man, some years ago, offered himself to me, on a particular occasion, as an *amanuensis*, for which he appeared to be perfectly qualified. The terms were settled, and I, who wanted the job despatched, requested him to sit down and begin; but he, looking out of the window, whence he could see the church clock, said, somewhat hastily, "I cannot stop now, sir; I must go to dinner." "Oh!" said I, "you must go to dinner, must you? Let the dinner, which you *must* wait upon to-day, have your constant services then, for you and I shall never agree." He had told me that he was in *great distress*, for want of employment; and yet, when relief was there before his eyes, he could forego it for the sake of getting at his eating and drinking three or four hours perhaps sooner than I should have thought it right for him to leave off work. Such a person cannot be sent from home, except at certain times; he *must* be near the kitchen at three fixed hours of the day; if he be absent more than four or five hours, he is ill treated. In short, a youth thus pampered is worth nothing as a person to be employed in business.

27. And, as to *friends* and *acquaintances*, they will say nothing to you; they will *offer* you indulgences under their roofs; but the more ready you are to accept of their offers, and, in fact, the better *taste* you discover, the less they will like you, and the sooner they will find means of shaking you off; for besides the *cost* which you occasion them, people do not like to have *critics* sitting in judgment on their bottles and

dishes. Water drinkers are universally *laughed at*; but it has always seemed to me that they are amongst the most welcome of guests, and that too though the host be by no means of a niggardly turn. The truth is, they give *no trouble*; they occasion *no anxiety* to please them; they are sure not to make their sittings *inconveniently long*; and, which is the great thing of all, their example teaches *moderation* to the rest of the company. Your notorious “*lovers of good cheer*” are, on the contrary, not to be invited without *due reflection*; to entertain one of them is a serious business; and as people are not apt voluntarily to undertake such pieces of business, the well known “*lovers of good eating and drinking*” are left, very generally, to enjoy it by themselves, and at their own expense.

28. But, all other considerations aside, *health*, the most valuable of all earthly possessions, and without which all the rest are worth nothing, bids us *not only* to refrain from *excess* in eating and drinking, but bids us to stop short of what might be indulged in without any apparent impropriety. The words of Ecclesiasticus* ought to be read once a week by every young person in the world, and particularly by the young people of this country at this time. “*Eat modestly that which is set before thee, and devour not, lest thou be hated. When thou sittest amongst many, reach not thine hand out first of all. How little is sufficient for man well taught! A wholesome sleep cometh of a temperate belly. Such a man riseth up in the morning, and is well at ease with himself. Be not too hasty of meats; for excess of meats bringeth sickness, and choleric disease cometh of gluttony. By surfeit have many perished, and he that dieteth himself prolongeth his life. Show not thy valiantness in wine; for wine hath destroyed many. Wine measurably taken, and in season, bringeth gladness and cheerfulness of mind; but drinking with excess maketh bitterness of mind, brawlings and scoldings.*” How true are these words! How well worthy of a constant place in our memories! Yet what pains have been taken to apologize for a life contrary to these precepts!

And what punishment can be too great, what mark of infamy sufficiently signal, for those pernicious villains of talent who have employed that talent in the composition of *bacchanalian songs*; that is to say, pieces of fine and

* Ecclesiasticus xxxi. 16 et seq.

captivating writing in praise of one of the most odious and destructive vices in the black catalogue of human depravity.

29. In the passage which I have just quoted from chapter xxxi. of Ecclesiasticus, it is said that "wine *measurably* taken, and in *season*," is a *proper thing*. This, and other such passages of the Old Testament, have given a handle to drunkards, and to extravagant people, to insist that God intended that wine should be *commonly* drunk. No doubt of that. But then He could intend this only *in countries in which He had given wine*, and to which He had given no cheaper drink except *water*. If it be said, as it truly may, that, by the means of the *sea* and the *winds*, He has given wine to all *countries*, I answer that this gift is of no use to us *now*, because our government steps in between the sea and the winds and us. *Formerly* indeed the case was different: and here I am about to give you, incidentally, a piece of *historical knowledge*, which you will *not* have acquired from Hume, Goldsmith, or any other of the romancers called historians. Before that unfortunate event, the *Protestant Reformation*, as it is called, took place, the price of *RED WINE*, in England, was *fourpence a gallon*, Winchester measure; and of *WHITE WINE*, *sixpence a gallon*. At the same time the pay of a labouring man per day, as fixed by law, was *fourpence*. Now, when a labouring man could earn *four quarts of good wine in a day*, it was doubtless allowable, even in England, for people in the middle rank of life to drink wine *rather commonly*; and therefore, in those happy days of England, these passages of Scripture were applicable enough. But now, when we have got a *Protestant* government, which, by the taxes which it makes people pay to it, causes the *eighth part of a gallon* of wine to cost more than the pay of a labouring man for a day, now, this passage of Scripture is not applicable to us. There is no "*season*" in which we can take wine without ruining ourselves; however "*measurably*" we may take it; and I beg you to regard as perverters of Scripture and as seducers of youth all those who cite passages like that above cited, in justification of, or as an apology for, the practice of wine drinking in England.

30. I beseech you to look again and again at, and to remember every word of, the passage which I have just quoted from the book of Ecclesiasticus. How completely have been,

and are, its words verified by my experience and in my person! How little of eating and drinking is sufficient for me! How wholesome is my sleep! How early do I rise; and how "*well at ease*" am I "*with myself!*" I should not have deserved such blessings, if I had withheld from my neighbours a knowledge of the means by which they were obtained; and therefore this knowledge I have been in the constant habit of communicating. When one *gives a dinner to a company*, it is an extraordinary affair, and is intended, by sensible men, for purposes other than those of eating and drinking. But in general, in the every day life, despicable are those who suffer any part of their happiness to depend upon what they have to eat or to drink, provided they have *a sufficiency of wholesome food*; despicable is the *man*, and worse than despicable the *youth*, that would make any sacrifice, however small, whether of money or of time, or of anything else, in order to secure a dinner different from that which he would have had without such sacrifice. Who, what man, ever performed a greater quantity of labour than I have performed? What man ever did so much? Now, in a great measure, I owe my capability to perform this labour to my disregard of dainties. Being shut up two years in Newgate, with a fine on my head of a thousand pounds to the king, for having expressed my indignation at the flogging of Englishmen under a guard of German bayonets, I ate, during the one whole year, one mutton chop every day. Being once in town, with one son (then a little boy) and a clerk, while my family was in the country, I had during some weeks nothing but legs of mutton; first day, leg of mutton boiled or *roasted*; second, *cold*; third, *hashed*; then, leg of mutton *boiled*; and so on. When I have been by myself, or nearly so, I have always proceeded thus: given directions for having *every day the same thing*, or alternately as above, and every day, exactly at the same hour, so as to prevent the necessity of any *talk* about the matter. I am certain that, upon an average, I have not, during my life, spent more than *thirty-five minutes a day at table*, including all

* "The egotism of Cobbett," says Hazlitt, "is delightful, for there is no affectation in it. He does not talk of himself for lack of something to write about, but because some circumstance that has happened to himself is the best possible illustration of the subject, and he is not the man to shrink from giving the best possible illustration of the subject from a squeamish delicacy."—*Table Talk*.

the meals of the day. I like, and I take care to have, good and clean victuals; but, if wholesome and clean, that is enough. If I find it, by chance, too coarse for my appetite, I put the food aside, or let somebody do it, and leave the appetite to gather keenness. But the great security of all is, to eat *little*, and to drink nothing that *intoxicates*. He that eats till he is *full* is little better than a beast; and he that drinks till he is *drunk* is quite a beast.

31. Before I dismiss this affair of eating and drinking, let me beseech you to resolve to free yourselves from the slavery of the *tea* and *coffee* and other *slop kettle*, if unhappily you have been bred up in such slavery. Experience has taught me that those slops are *injurious to health*: until I left them off (having taken to them at the age of twenty-six), even my habits of sobriety, moderate eating, early rising, even these were not, until I left off the slops, sufficient to give me that complete health which I have since had. I pretend not to be a "doctor"; but I assert that to pour regularly, every day, a pint or two of *warm liquid matter* down the throat, whether under the name of tea, coffee, soup, grog, or whatever else, is greatly injurious to health. However, at present, what I have to represent to *you* is the great deduction which the use of these slops makes from your power of being useful, and also from your power to husband your income, whatever it may be, and from whatever source arising. I am to suppose you to be desirous to become a clever and a useful man; a man to be, if not admired and revered, at least to be *respected*. In order to merit respect beyond that which is due to very common men, you must do something more than very common men; and I am now going to show you how your course must be impeded by the use of the *slops*.

32. If the women exclaim, "Nonsense! come and take a cup," take it for that once; but hear what I have to say. In answer to my representation regarding the waste of time which is occasioned by the slops, it has been said that, let what may be the nature of the food, there must be time for taking it. Not so much time, however, to eat a bit of meat or cheese or butter with a bit of bread. But these may be eaten in a shop, a warehouse, a factory, far from any fire, and even in a carriage on the road. The slops absolutely demand fire and a congregation; so that, be your business what it may, be you shop-keeper, farmer, drover, sportsman, traveller, to the *slop board*

you must come; you must wait for its assembling, or start from home without your breakfast; and, being used to the warm liquid, you feel out of order for the want of it. If the slops were in fashion amongst ploughmen and carters, we must all be starved, for the food could never be raised. The mechanics are half ruined by them. Many of them are become poor, enervated creatures; and chiefly from this cause. But is the positive *cost* nothing? At boarding schools an *additional price* is given on account of the tea slops. Suppose you to be a clerk, in hired lodgings, and going to your counting-house at nine o'clock. You get your dinner perhaps near to the scene of your work; but how are you to have the *breakfast slops* without a servant? Perhaps you find a lodging just to suit you, but the house is occupied by people who keep no servants, and you want a servant to *light a fire*, and get the slop ready. You could get this lodging for several shillings a week less than another at the next door; but there they keep a servant, who will "get you your breakfast," and preserve you, benevolent creature as she is, from the cruel necessity of going to the cupboard and cutting off a slice of meat or cheese and a bit of bread. She will, most likely, toast your bread for you too, and melt your butter; and then muffle you up, in winter, and send you out almost swaddled. Really such a thing can hardly be expected ever to become a *man*. You are weak; you have delicate health; you are "*bilious!*" Why, my good fellow, it is these very slops that make you weak and bilious! And indeed the *poverty*, the real poverty, that they and their concomitants bring on you, greatly assists, in more ways than one, in producing your "*delicate health*."

33. So much for indulgences in eating, drinking, and dress. Next, as to *amusements*. It is recorded of the famous Alfred, that he devoted eight hours of the twenty-four to *labour*, eight to *rest*, and eight to *recreation*. He was however a *king*, and could be *thinking* during the eight hours of recreation. It is certain that there ought to be hours of recreation, and I do not know that eight are too many; but then observe, those hours ought to be *well chosen*, and the *sort* of recreation ought to be attended to. It ought to be such as is at once innocent in itself and in its tendency, and not injurious to health. The sports of the field are the best of all, because they are conducive to health, because they are enjoyed by *day-light*, and because they demand early rising. The nearer that

other amusements approach to these, the better they are. A town life, which many persons are compelled, by the nature of their calling, to lead, precludes the possibility of pursuing amusements of this description to any very considerable extent; and young men in towns are, generally speaking, compelled to choose between *books* on the one hand or *gaming* and the *playhouse* on the other. *Dancing* is at once rational and healthful: it gives animal spirits: it is the natural amusement of young people, and such it has been from the days of Moses: it is enjoyed in numerous companies: it makes the parties to be pleased with themselves and with all about them; it has no tendency to excite base and malignant feelings; and none but the most grovelling and hateful tyranny, or the most stupid and despicable fanaticism, ever raised its voice against it. The bad modern habits of England have created one inconvenience attending the enjoyment of this healthy and innocent pastime, namely, *late hours*, which are at once injurious to the health and destructive of order and of industry. In other countries people dance by *daylight*. Here they do not; and therefore you must, in this respect, submit to the custom, though not without robbing the dancing night of as many hours as you can.

34. As to gaming, it is always *criminal* either in itself or in its tendency. The basis of it is covetousness; a desire to take from others something, for which you have given, and intend to give, no equivalent. No gambler was ever yet a happy man, and very few gamblers have escaped being miserable; and observe, to *game for nothing* is still gaming, and naturally leads to gaming for something. It is sacrificing time, and that too for the worst of purposes. I have kept house for nearly forty years; I have reared a family; I have entertained as many friends as most people; and I have never had cards, dice, a chessboard, nor any implement of gaming, under my roof. The hours that young men spend in this way are hours *murdered*; precious hours that ought to be spent either in reading, or in writing, or in rest, preparatory to the duties of the dawn. Though I do not agree with the base and nauseous falterers who now declare the army to be the *best school for statesmen*, it is certainly a school in which to learn experimentally many useful lessons; and in this school I learned that men fond of gaming are very rarely, if ever, trustworthy. I have known many a clever man rejected in the way of pro-

mction only because he was addicted to gaming. Men, in that state of life, cannot *ruin* themselves by gaming, for they possess no fortune nor money; but the taste for gaming is always regarded as an indication of a radically bad disposition; and I can truly say that I never in my whole life knew a man, fond of gaming, who was not in some way or other a person unworthy of confidence. This vice creeps on by very slow degrees, till at last it becomes an ungovernable passion, swallowing up every good and kind feeling of the heart. The gambler, as portrayed by Regnard* in a comedy, the translation of which into English resembles the original much about as nearly as Sir J. Graham's plagiarisms resembled the Registers on which they had been committed, is a fine instance of the contempt and scorn to which gaming at last reduces its votaries; but if any young man be engaged in this fatal career, and be not yet wholly lost, let him behold Hogarth's gambler just when he has made his *last throw*, and when disappointment has bereft him of his senses. If after this sight he remain obdurate, he is doomed to be a disgrace to his name.

35. The *theatre* may be a source, not only of amusement, but also of instruction; but, as things now are in this country, what, that is not bad, is to be learned in this school? In the first place, not a word is allowed to be uttered on the stage which has not been previously approved of by the Lord Chamberlain; that is to say, by a person appointed by the ministry, who at his pleasure allows or disallows of any piece, or any words in a piece, submitted to his inspection. In short, those who go to playhouses *pay their money to hear uttered such words as the government approve of, and no others.* It is now just twenty-six years since I first well understood how this matter was managed; and from that moment to this I have never been in an English playhouse. Besides this, the meanness, the abject servility of the players, and the slavish conduct of the audience, are sufficient to corrupt and debase the heart of any young man who is a frequent beholder of them. Homage is here paid to every one clothed with power, be he who or what he may; real virtue and public spirit are subjects of ridicule; and mock sentiment and mock liberality and mock loyalty are applauded to the skies.

* Jean François Regnard, a comic poet, who ranks next to Molière in French literature, 1647-1709.

36. "Show me a man's *companions*," says the proverb, and I will tell you *what the man is*"; and this is, and must be, true; because all men seek the society of those who think and act somewhat like themselves. Sober men will not associate with drunkards, frugal men will not like spendthrifts, and the orderly and decent shun the noisy, the disorderly, and the debauched. It is for the very vulgar to herd together as singers, ringers, and smokers. But there is a class rather higher, still more blamable: I mean the tavern hauntings, the gay companions who herd together to do little but *talk*, and who are so fond of talk that they go from home to get at it. The conversation amongst such persons has nothing of instruction in it, and is generally of a vicious tendency. Young people naturally and commendably seek the society of those of their own age; but be careful in choosing your companions, and lay this down as a rule never to be departed from, that no youth nor man ought to be called your friend who is addicted to *indecent talk*, or who is fond of the *society of worthless characters*. Either of these argues a depraved taste, and even a depraved heart; an absence of all principle and of all trustworthiness; and I have remarked it all my life long, that young men addicted to these vices never succeed in the end, whatever advantages they may have, whether in fortune or in talent. Fond mothers and fathers are but too apt to be overlenient to such offenders; and as long as youth lasts and fortune smiles the punishment is deferred; but it comes at last, it is sure to come, and the gay and dissolute youth is a dejected and miserable man. After the early part of a life spent in illicit indulgences, a man is *unworthy* of being the husband of a virtuous woman; and if he have anything like justice in him, how is he to reprove in his children vices in which he himself so long indulged? These vices of youth are varnished over by the saying that there must be time for "*sowing the wild oats*," and that "*wildest colts make the best horses*." These figurative oats are, however, generally like the literal ones,—they are *never to be eradicated from the soil*; and as to the *colts*, wildness in them is an indication of *high animal spirit*, having nothing at all to do with the *mind*, which is invariably debilitated and debased by profligate indulgences. Yet this miserable piece of sophistry, the offspring of parental weakness, is in constant use, to the incalculable injury of the rising generation. What so amiable as a steady, trustworthy boy? He is of *real*

use at an early age, he can be trusted far out of the sight of parent or employer; while the "pickle," as the poor fond parents call the profligate, is a great deal worse than useless, because there must be some one to see that he does no harm. If you have to choose, choose companions of *your own rank in life* as nearly as may be; but, at any rate, none to whom you acknowledge *inferiority*, for slavery is too soon learned; and if the mind be bowed down in the youth it will seldom rise up in the man. In the schools of those best of teachers, the jesuits, there is perfect equality as to rank in life: the boy who enters there leaves all family pride behind him, intrinsic merit alone is the standard of preference; and the masters are so scrupulous upon this head, that they do not suffer one scholar, of whatever rank, to have more money to spend than the poorest. These wise men know well the mischiefs which must arise from inequality of pecuniary means amongst their scholars. They know how injurious it would be to learning if deference were by the learned paid to the dunce, and they therefore take the most effectual means to prevent it. Hence, amongst other causes, it is that the scholars have, ever since the existence of their Order, been the most celebrated for learning of any men in the world.

37. In your *manners* be neither boorish nor blunt, but even these are preferable to simpering and crawling. I wish every English youth could see those of the United States of America; always *civil*, never *servile*. Be *obedient* where obedience is due; for it is no act of meanness, and no indication of want of spirit, to yield implicit and ready obedience to those who have a right to demand it at your hands. In this respect England has been, and I hope always will be, an example to the whole world. To this habit of willing and prompt obedience in apprentices, in servants, in all inferiors in station, she owes, in a great measure, her multitudes of matchless merchants, tradesmen, and workmen of every description, and also the achievements of her armies and navies. It is no disgrace, but the contrary, to obey cheerfully lawful and just commands. None are so saucy and disobedient as slaves; and, when you come to read history, you will find that in proportion as nations have been *free* has been their reverence for the laws. But there is a wide difference between lawful and cheerful obedience, and that servility which represents people as laying petitions "at the king's feet," which makes us imagine that we behold the

suplicants actually crawling upon their bellies. There is something so abject in this expression, there is such horrible self abasement in it, that I hope that every youth who shall read this will hold in detestation the reptiles who make use of it. In all other countries the lowest individual can put a petition into the *hands* of the chief magistrate, be he king or emperor; let us hope that the time will yet come when Englishmen will be able to do the same. In the meanwhile I beg you to despise these worse than pagan parasites.

38. Hitherto I have addressed you chiefly relative to things to be *avoided*; let me now turn to the things which you ought *to do*. And, first of all, the *husbanding of your time*. The respect that you will receive, the real and *sincere respect*, will depend entirely on what you are able *to do*. If you be rich, you may purchase what is called respect; but it is not worth having. To obtain respect worth possessing you must, as I observed before, do more than the common run of men in your state of life; and, to be enabled to do this, you must manage well *your time*; and, to manage it well, you must have as much of the *daylight* and as little of the *candlelight* as is consistent with the due discharge of your duties. When people get into the habit of sitting up *merely for the purpose of talking*, it is no easy matter to break themselves off it; and if they do not go to bed early, they cannot rise early. Young people require more sleep than those that are grown up; there must be the number of hours, and that number cannot well be, on an average, less than *eight*; and if it be more in winter time it is all the better, for an hour in bed is better than an hour spent over fire and candle in an idle gossip. People never should sit talking till they do not know what to talk about. It is said by the country people that one hour's sleep before midnight is worth more than two are worth after midnight; and this I believe to be a fact; but it is useless to go to bed early, and even to rise early, if the time be not well employed after rising. In general, half the morning is *loitered away*, the party being in a sort of half-dressed half-naked state; out of bed indeed, but still in a sort of bedding. Those who first invented *morning gowns* and *slippers* could have very little else to do. These things are very suitable to those who have had fortunes gained for them by others; very suitable to those who have nothing to do, and who merely live for the purpose of assisting to consume the produce of

the earth; but he who has his bread to earn, or who means to be worthy of respect on account of his labours, has no business with morning gown and slippers. In short, be your business or calling what it may, *dress at once for the day*; and learn to do it as quickly as possible. A looking glass is a piece of furniture a great deal worse than useless. Looking at the face will not alter its shape or its colour; and perhaps, of all wasted time, none is so foolishly wasted as that which is employed in surveying one's own face. Nothing can be of little importance if one be compelled to attend to it every day of our lives; if we shaved but once a year, or once a month, the execution of the thing would be hardly worth naming; but this is a piece of work that must be done once every day; and as it may cost only about five minutes of time, and may be, and frequently is, made to cost thirty, or even fifty minutes; and as only fifteen minutes make about a fifty-eighth part of the hours of our average daylight, this being the case, this is a matter of real importance. I once heard Sir John Sinclair* ask Mr. Cochrane Johnstone whether he meant to have a son of his (then a little boy) taught Latin. "No," said Mr. Johnstone, "but I mean to do something a great deal better for him." "What is that?" said Sir John. "Why," said the other, "teach him to shave with cold water and without a glass." Which, I dare say, he did; and for which benefit I am sure that son has good reason to be grateful. Only think of the inconvenience attending the common practice! There must be hot water; to have this there must be a fire, and, in some cases, a fire for that purpose alone; to have these there must be a servant, or you must light a fire yourself. For the want of these the job is put off until a later hour; this causes a stripping and another dressing bout; or you go in a slovenly state all that day, and the next day the thing must be done, or cleanliness must be abandoned altogether. If you be on a journey, you must wait the pleasure of the servants at the inn, before you can dress and set out in the morning; the pleasant time for travelling is gone before you can move from the spot; instead of being at the end of your day's journey in good time, you are benighted, and have to endure all the great inconveniences attendant on tardy movements. And all this from the apparently insignificant affair of shaving! How many a

* Sir John Sinclair, the eminent agricultural improver, 1754-1835.

piece of important business has failed from a short delay! And how many thousands of such delays daily proceed from this unworthy cause! "*Toujours prêt!*" was the motto of a famous French general; and pray let it be yours, be "*always ready;*" and never, during your whole life, have to say, "*I cannot go till I be shaved and dressed.*" Do the whole at once for the day, whatever may be your state of life; and then you have a day unbroken by those indispensable performances. Begin thus in the days of your youth, and, having felt the superiority which this practice will give you over those in all other respects your equals, the practice will stick by you to the end of your life. Till you be shaved and dressed for the day, you cannot set steadily about any business; you know that you must presently quit your labour to return to the dressing affair; you therefore put it off until that be over; the interval, the precious interval, is spent in lounging about; and, by the time that you are ready for business, the best part of the day is gone.

39. Trifling as this matter appears upon *naming* it, it is, in fact, one of the great concerns of life; and, for my part, I can truly say that I owe more of my great labours to my strict adherence to the precepts that I have here given you than to all the natural abilities with which I have been endowed; for these, whatever may have been their amount, would have been of comparatively little use, even aided by great sobriety and abstinence, if I had not, in early life, contracted the blessed habit of husbanding well my time. To this, more than to any other thing, I owed my very extraordinary promotion in the army. I was *always ready*: if I had to mount guard at *ten*, I was ready at *nine*: never did any man, or anything, wait one moment for me. Being at an age *under twenty years* raised from corporal to sergeant-major *at once*, over the heads of thirty sergeants, I naturally should have been an object of envy and hatred; but this habit of early rising and of rigid adherence to the precepts which I have given you really subdued these passions, because every one felt that what I did he had never done, and never could do. Before my promotion, a clerk was wanted to make out the morning report of the regiment. I rendered the clerk unnecessary; and long before any other man was dressed for the parade, my work for the morning was all done, and I myself was on the parade, walking, in fine weather for

an hour perhaps. My custom was this: to get up in summer at daylight, and in winter at four o'clock; shave, dress, even to the putting of my sword belt over my shoulder; and having my sword lying on the table before me, ready to hang by my side. Then I ate a bit of cheese; or pork, and bread. Then I prepared my report, which was filled up as fast as the companies brought me in the materials. After this I had an hour or two to read, before the time came for any duty out of doors, unless when the regiment or part of it went out to exercise in the morning. When this was the case, and the matter was left to me, I always had it on the ground in such time as that the bayonets glistened in the rising sun, a sight which gave me delight of which I often think, but which I should in vain endeavour to describe. If the officers were to go out, eight or ten o'clock was the hour, sweating the men in the heat of the day, breaking in upon the time for cooking their dinner, putting all things out of order and all men out of humour. When I was commander, the men had a long day of leisure before them: they could ramble into the town or into the woods; go to get raspberries, to catch birds, to catch fish, or to pursue any other recreation, and such of them as chose, and were qualified, to work at their trades. So that here, arising solely from the early habits of one very young man, were pleasant and happy days given to hundreds.

40. *Money* is said to be *power*, which is, in some cases, true; and the same may be said of *knowledge*: but superior *sobriety*, *industry*, and *activity* are a still more certain source of power; for, without these, *knowledge* is of little use; and as to the power which *money* gives, it is that of *brute force*, it is the power of the bludgeon and the bayonet, and of the bribed press, tongue, and pen. Superior sobriety, industry, activity, though accompanied with but a moderate portion of knowledge, command respect, because they have great and visible influence. The drunken, the lazy, and the inert stand abashed before the sober and the active. Besides, all those whose interests are at stake prefer, of necessity, those whose exertions produce the greatest and most immediate and visible effect. Self interest is no respecter of persons: it asks, not who knows best what ought to be done, but who is most likely to do it; we may, and often do, admire the talents of lazy and even dissipated men, but we do not trust them with the care

of our interests. If therefore you would have respect and influence in the circle in which you move, be more sober, more industrious, more active than the general run of those amongst whom you live.

41. As to education, this word is now applied exclusively to things which are taught in schools; but *education* means *rearing up*, and the French speak of the education of *pigs* and *sheep*. In a very famous French book on rural affairs, there is a chapter entitled "*Education du Cochon*," that is *education of the hog*. The word has the same meaning in both languages, for both take it from the Latin. Neither is the word "learning" properly confined to things taught in schools, or by books; for *learning* means *knowledge*, and but a comparatively small part of useful knowledge comes from books. Men are not to be called *ignorant* merely because they cannot make upon paper certain marks with a pen, or because they do not know the meaning of such marks when made by others. A ploughman may be very *learned* in his line, though he does not know what the letters *plough* mean when he sees them combined upon paper. The first thing to be required of a man is that he understand well his own *calling* or *profession*; and, be you in what state of life you may, to acquire this knowledge ought to be your first and greatest care. A man who has had a new-built house tumble down will derive little more consolation from being told that the architect is a great astronomer, than this distressed nation now derives from being assured that its distresses arise from the measures of a long list of the greatest orators and greatest heroes that the world ever beheld.

42. Nevertheless, book learning is by no means to be despised; and it is a thing which may be laudably sought after by persons in all states of life. In those pursuits which are called *professions*, it is necessary, and also in certain trades; and, in persons in the middle ranks of life, a total absence of such learning is somewhat disgraceful. There is however one danger to be carefully guarded against; namely, the opinion that your genius or your literary acquirements are such as to warrant you in disregarding the calling in which you are, and by which you gain your bread. Parents must have an uncommon portion of solid sense to counterbalance their natural affection, sufficient to make them competent judges in such a case. Friends are partial; and those who are not your enemies. Stick therefore to the *shop*; rely upon your

mercantile or mechanical or professional calling. Try your strength in literature, if you like; but *rely* on the shop. If Bloomfield,* who wrote a poem called the "Farmer's Boy," had placed no *reliance* on the faithless Muses, his unfortunate and much to be pitied family would, in all probability, have not been in a state to solicit relief from charity. I remember that this loyal shoemaker was flattered to the skies, and (ominous sign, if he had understood it!) feasted at the tables of some of the great. Have, I beseech you, no hope of this sort; and, if you find it creeping towards your heart, drive it instantly away as the mortal foe of your independence and your peace.

43. With this precaution, however, book learning is not only proper but highly commendable; and portions of it are absolutely necessary in every case of trade or profession. One of these portions is distinct reading, plain and neat writing, and *arithmetic*. The two former are mere child's work; the latter not quite so easily acquired, but equally indispensable; and of it you ought to have a thorough knowledge before you attempt to study even the grammar of your own language. Arithmetick is soon learned; it is not a thing that requires much natural talent; it is not a thing that loads the memory or puzzles the mind; and it is a thing of *every day utility*. Therefore this is, to a certain extent, an absolute necessary, an indispensable acquisition. Every man is not to be a *surveyor* or an *actuary*; and therefore you may stop far short of the knowledge of this sort which is demanded by these professions; but, as far as common accounts and calculations go, you ought to be perfect; and this you may make yourself, without any assistance from a master, by bestowing upon this science, during six months, only one half of the time that is, by persons of your age, usually wasted over the tea slops or other kettle slops alone! If you became *fond* of this science, there may be a little danger of your wasting your time on it. When therefore you have got as much of it as your business or profession can possibly render necessary, turn the time to some other purpose. As to *books* on this subject, they are in everybody's hand; but there is *one book* on the subject of calculations, which I must point out to you, "THE CAMBIST,"†

* Robert Bloomfield, 1766–1823. He was befriended by Mr. Capel Loft, the Duke of Grafton, the poet Rogers, Robert Southey, and others; but his last days were embittered by ill health and poverty.

† "The Universal Cambist, and Commercial Instructor: being a

by Dr. Kelly. This is a bad title, because, to men in general, it gives no idea of what the book treats of. It is a book which shows the value of the several pieces of money of one country, when stated in the money of another country. For instance, it tells us what a Spanish dollar, a Dutch dollar, a French franc, and so on, is worth in English money. It does the same with regard to *weights and measures*; and it extends its information to *all the countries in the world*. It is a work of rare merit; and every youth, be his state of life what it may, if it permit him to pursue book learning of any sort, and particularly if he be destined, or at all likely to meddle with commercial matters, ought, as soon as convenient, to possess this valuable and instructive book.

44. The next thing is the grammar of your own language. Without understanding this, you can never hope to become fit for anything beyond mere trade or agriculture. It is true, that we do (God knows!) but too often see men have great wealth, high titles, and boundless power heaped upon them, who can hardly write ten lines together correctly; but remember, it is not *merit* that has been the cause of their advancement; the cause has been, in almost every such case, the subserviency of the party to the will of some government and the baseness of some nation who have quietly submitted to be governed by brazen fools. Do not you imagine that you will have luck of this sort; do not you hope to be rewarded and honoured for that ignorance which shall prove a scourge to your country, and which will earn you the curses of the children yet unborn. Rely you upon your merit, and upon nothing else. Without a knowledge of grammar, it is impossible for you to write correctly, and it is by mere accident if you speak correctly; and pray bear in mind that all well informed persons judge of a man's mind (until they have other means of judging) by his writing or speaking. The labour necessary to acquire this knowledge is, indeed, not trifling; grammar is not, like arithmetic, a science consisting of several distinct departments, some of which may be dispensed with: it is a whole, and the whole must be learned, or no part is learned. The subject is abstruse, it demands much reflection and much patience; but, when once the task is

general treatise on Exchange, including the moneys, coins, weights and measures of all trading nations and colonies." By Patrick Kelly. 2 vols. London, 1811. 4to.

performed, it is performed *for life*, and in every day of that life it will be found to be, in a greater or less degree, a source of pleasure or of profit, or both together. And what is the labour? It consists of no bodily exertion; it exposes the student to no cold, no hunger, no suffering of any sort. The study need subtract from the hours of no business, nor indeed from the hours of necessary exercise; the hours usually spent on the tea and coffee slops, and in the mere gossip which accompany them, those wasted hours, of only *one year*, employed in the study of English grammar, would make you a correct speaker and writer for the rest of your life. You want no school, no room to study in, no expenses, and no troublesome circumstances of any sort. I learned grammar when I was a private soldier on the pay of sixpence a day. The edge of my berth, or that of the guard bed, was my seat to study in; my knapsack was my bookcase; a bit of board lying on my lap was my writing table; and the task did not demand anything like a year of my life. I had no money to purchase candle or oil; in winter time it was rarely that I could get any evening light but that of *the fire*, and only my *turn* even of that. And if I, under such circumstances, and without parent or friend to advise or encourage me, accomplished this undertaking, what excuse can there be for *any youth*, however poor, however pressed with business, or however circumstanced as to room or other conveniences? To buy a pen or a sheet of paper I was compelled to forego some portion of food, though in a state of half starvation; I had no moment of time that I could call my own; and I had to read and to write amidst the talking, laughing, singing, whistling, and brawling of at least half a score of the most thoughtless of men, and that too in the hours of their freedom from all control. Think not lightly of the *farthing* that I had to give, now and then, for ink, pen, or paper. That farthing was, alas! a *great sum* to me! I was as tall as I am now; I had great health and great exercise. The whole of the money, not expended for us at market, was *twopence a week* for each man. I remember, and well I may! that upon one occasion I, after all absolutely necessary expenses, had on a Friday made shift to have a halfpenny in reserve, which I had destined for the purchase of a *red herring* in the morning; but, when I pulled off my clothes at night, so hungry then as to be hardly able to endure life, I found that I had *lost my halfpenny!* I buried

my head under the miserable sheet and rug, and cried like a child! And again I say, if I, under circumstances like these, could encounter and overcome this task, is there, can there be, in the whole world, a youth to find an excuse for the non performance? What youth, who shall read this, will not be shamed to say that he is not able to find time and opportunity for this most essential of all the branches of book learning.

45. I press this matter with such earnestness because a knowledge of grammar is the foundation of all literature, and because without this knowledge opportunities for writing and speaking are only occasions for men to display their unfitness to write and speak. How many false pretenders to erudition have I exposed to shame merely by my knowledge of grammar! How many of the insolent and ignorant great and powerful have I pulled down and made little and despicable! And with what ease have I conveyed, upon numerous important subjects, information and instruction to millions now alive, and provided a store of both for millions yet unborn! As to the course to be pursued in this great undertaking, it is, first, to read the grammar from the first word to the last very attentively, several times over; then to copy the whole of it very correctly and neatly; and then to study the chapters one by one. And what does this reading and writing require as to time? Both together not more than the tea slops and their gossips for *three months!* There are about three hundred pages in my English Grammar. Four of those little pages in a day, which is a mere trifle of work, do the thing in *three months*. Two hours a day are quite sufficient for the purpose; and these may, in any town that I have ever known, or in any village, be taken from that part of the morning during which the main part of the people are in bed. I do not like the evening candlelight work: it wears the eyes much more than the same sort of light in the morning, because then the faculties are in vigour and wholly unexhausted. But for this purpose there is sufficient of that daylight which is usually wasted, usually gossiped or lounged away, or spent in some other manner productive of no pleasure, and generally producing pain in the end. It is very becoming in all persons, and particularly in the young, to be civil and even polite; but it becomes neither young nor old to have an everlasting simper on their faces, and their bodies sawing in an everlasting

ing bow; and how many youths have I seen who, if they had spent in the learning of grammar a tenth part of the time that they had consumed in earning merited contempt for their affected gentility, would have laid the foundation of sincere respect towards them for the whole of their lives!

46. *Perseverance* is a prime quality in every pursuit, and particularly in this. Yours is too the time of life to acquire this inestimable habit. Men fail much oftener from want of perseverance than from want of talent and of good disposition: as the race was not to the hare but to the tortoise, so the meed of success in study is to him who is not in haste, but to him who proceeds with a steady and even step. It is not to a want of taste or of desire or of disposition to learn that we have to ascribe the rareness of good scholars, so much as to the want of patient perseverance. Grammar is a branch of knowledge, like all other things of high value, which is of difficult acquirement: the study is dry; the subject is intricate; it engages not the passions; and, if the great end be not kept constantly in view, if you lose for a moment sight of the *ample reward*, indifference begins, that is followed by weariness, and disgust and despair close the book. To guard against this result, be not in *haste*; keep *steadily on*; and when you find weariness approaching, rouse yourself, and remember that if you give up all that you have done has been done in vain. This is a matter of great moment; for out of every ten who undertake this task there are perhaps nine who abandon it in despair, and this too merely for the want of resolution to overcome the first approaches of weariness. The most effectual means of security against this mortifying result is to lay down a rule to write or to read a certain fixed quantity *every day*, Sunday excepted. Our minds are not always in the same state; they have not, at all times, the same elasticity; to-day we are full of hope on the very same grounds which, to-morrow, afford us no hope at all; every human being is liable to those flows and ebbs of the mind; but if reason interfere and bid you *overcome the fits of lassitude*, and almost mechanically to go on without the stimulus of hope, the buoyant fit speedily returns; you congratulate yourself that you did not yield to the temptation to abandon your pursuit, and you proceed with more vigour than ever. Five or six triumphs over temptation to indolence

or despair lay the foundation of certain success, and what is of still more importance, fix in you the habit of perseverance.

47. If I have bestowed a large portion of my space on this topic, it has been because I know from experience, as well as from observation; that it is of more importance than all the other branches of book learning put together. It gives you, when you possess it thoroughly, a real and practical superiority over the far greater part of men. How often did I experience this, even long before I became what is called an author! The *adjutant*, under whom it was my duty to act when I was a sergeant-major, was, as almost all military officers are, or at least *were*, a very illiterate man, perceiving that every sentence of mine was in the same form and manner as sentences in *print*, became shy of letting me see pieces of *his* writing. The writing of *orders*, and other things, therefore fell to me; and thus, though no nominal addition was made to my pay, and no nominal addition to my authority, I acquired the latter as effectually as if a law had been passed to confer it upon me. In short, I owe to the possession of this branch of knowledge everything that has enabled me to do so many things that very few other men have done, and that now gives me a degree of influence, such as is possessed by few others, in the most weighty concerns of the country. The possession of this branch of knowledge raises you in your own esteem, gives just confidence in yourself, and prevents you from being the willing slave of the rich and the titled part of the community. It enables you to discover that riches and titles do not confer merit; you think comparatively little of them; and, as far as relates to you at any rate, their insolence is innoxious.

48. Hoping that I have said enough to induce you to set resolutely about the study of *grammar*, I might here leave the subject of *learning*; arithmetic and grammar, both *well learned*, being as much as I would wish in a mere youth. But these need not occupy the whole of your spare time; and there are other branches of learning which ought immediately to follow. If your own calling or profession require book study, books treating of that are to be preferred to all others; for the first thing, the first object in life, is to secure the honest means of obtaining sustenance, raiment, and a state of being suitable to your rank, be that rank what it may. Excellence in your own calling is therefore the first thing to be

aimed at. After this may come *general knowledge*, and of this the first is a thorough knowledge of *your own country*; for how ridiculous it is to see an English youth engaged in reading about the customs of the Chinese, or of the Hindoos, while he is content to be totally ignorant of those of Kent or of Cornwall. Well employed he must be in ascertaining how Greece was divided, and how the Romans parcelled out their territory, while he knows not, and apparently does not want to know, how England came to be divided into counties, hundreds, parishes and tithings!

49. Geography naturally follows grammar; and you should begin with that of this kingdom, which you ought to understand well, perfectly well, before you venture to look abroad. A rather slight knowledge of the divisions and customs of other countries is, generally speaking, sufficient; but not to know these full well, as far as relates to our own country, is, in one who pretends to be a gentleman or a scholar, somewhat disgraceful. Yet how many men are there, and those called *gentlemen* too, who seem to think that counties and parishes, and churches and parsons, and tithes and glebes, and manors and courts leet, and paupers and poorhouses, all grew up in England, or dropped down upon it immediately after Noah's flood! Surely it is necessary for every man having any pretensions to scholarship to know *how these things came*; and the sooner this knowledge is acquired the better; for until it be acquired you read the history of your country in vain. Indeed, to communicate this knowledge is one main part of the business of history; but it is a part which no historian, commonly so called, has, that I know of, ever yet performed, except in part myself in the "History of the Protestant Reformation." I had read Hume's "History of England," and the continuation by Smollett; but in 1802, when I wanted to write on the subject of the *non-residence of the clergy*, I found, to my great mortification, that I knew not the foundation of the office and the claims of the parsons, and that I could not even guess at the *origin of parishes*. This gave a new turn to my inquiries; and I soon found the romancers called historians had given me no information that I could rely on, and besides had done apparently all they could to keep me in the dark.

50. When you come to history, begin also with that of *your own country*; and here it is my bounden duty to put you

well on your guard; for in this respect we are peculiarly unfortunate, and for the following reasons, to which I beg you to attend. *Three hundred years ago*, the religion of England had been during *nine hundred years* the Catholic religion; the Catholic clergy possessed about a third part of all the lands and houses, which they held *in trust* for their own support, for the *building and repairing of churches*, and for the relief of the poor, the widow, the orphan, and the stranger; but at the time just mentioned the king and the aristocracy changed the religion to *Protestant*, took the estates of the church and the poor to *themselves as their own property*, and *taxed the people at large* for the building and repairing of churches, and for the relief of the poor. This great and terrible change, effected partly by force against the people, and partly by the most artful means of deception, gave rise to a series of efforts, which has been continued from that day to this, to cause us all to believe that that change was for the better; that it was for *our good*; and that, before that time, our forefathers were a set of the most miserable slaves that the sun ever warmed with his beams. It happened too that the *art of printing* was not discovered, or at least it was very little understood, until about the time when this change took place; so that the books relating to former times were confined to manuscript; and besides even these manuscript libraries were destroyed with great care by those who had made the change and had grasped the property of the poor and the church. Our "*historians*," as they are called, have written under fear of the powerful, or have been *bribed* by them, and, generally speaking, both at the same time; and accordingly their works are, as far as they relate to former times, masses of lies, unmatched by any others that the world has ever seen.

51. The great object of these lies always has been to make the main body of the people believe that the nation is now more happy, more populous, more powerful, *than it was before it was Protestant*, and thereby to induce us to conclude that it was a *good thing for us* that the aristocracy should take to themselves the property of the poor and the church, and make the people at large *pay taxes for the support of both*. This has been, and still is, the great object of all those heaps of lies; and those lies are continually spread about amongst us in all forms of publication, from heavy folios down to half-penny tracts. In refutation of those lies we have only very

few and rare ancient books to refer to, and their information is incidental, seeing that their authors never dreamed of the possibility of the lying generations which were to come. We have the ancient acts of parliament, the common law, the customs, the canons of the church, and *the churches themselves*; but these demand *analyses* and *argument*, and they demand also a *really free press* and *unprejudiced and patient readers*. Never in this world before had truth to struggle with so many and such great disadvantages!

52. To refute lies is not at present my business; but it is my business to give you, in as small a compass as possible, one striking proof that they are lies, and thereby to put you well upon your guard for the whole of the rest of your life. The opinion sedulously inculcated by these "*historians*" is this, that before the *Protestant* times came England was comparatively an insignificant country, *having few people in it and those few wretchedly poor and miserable*. Now take the following *undeniable facts*. All the parishes in England are now (except where they have been *united*, and two, three, or four have been made into one), in point of *size*, what they were *a thousand years ago*.* The county of Norfolk is the best cultivated of any one in England. This county has *now* 731 parishes, and the number was formerly greater. Of these parishes 22 *have now no churches at all*; 74 contain less than 100 souls each; and 268 have *no parsonage houses*. Now observe, every parish had in old times a church and a parsonage house. The county contains 2,092 square miles; that is to say, something less than three square miles to each parish, and that is 1,920 statute acres of land; and the size of each parish is, on an average, that of a piece of ground about one mile and a half each way; so that the churches are, even now, on an average, only about *a mile and a half from each other*. Now the questions for you to put to yourself are these: were churches formerly built and kept up *without being wanted*, and especially by a poor and miserable people? Did these miserable people build 74 churches out of 731, each of which 74 had not a hundred souls belonging to it? Is it a sign of

* The boundaries of parishes were first fixed by Honorius, Archbishop of Canterbury, in 656. They were enlarged and the number of parishes was consequently reduced in the fifteenth century, when there were 10,000. The parishes of England and Wales now amount to 11,077.—*Haydn's Dictionary of Dates*.

an augmented population, that 22 churches out of 731 have tumbled down and been effaced? Was it a country *thinly* inhabited by miserable people that could build and keep a church in every piece of ground a mile and a half each way, besides having in this same county 77 monastic establishments and 142 free chapels? Is it a sign of augmented population, ease, and plenty, that out of 731 parishes 268 have suffered the parsonage houses to fall into ruins, and their sites to become patches of nettles and of brambles? Put these questions calmly to yourself: common sense will dictate the answers; and truth will call for an expression of your indignation against the lying historians and the still more lying population mongers.

LETTER II.

TO A YOUNG MAN.

53. In the foregoing letter I have given my advice to a youth. In addressing myself to you I am to presume that you have entered upon your present stage of life, having acted upon the precepts contained in that letter; and that of course you are a sober, abstinent, industrious, and well informed young man. In the succeeding letters, which will be addressed to the *Lover*, the *Husband*, the *Father*, and the *Citizen*, I shall of course have to include my notion of your duties as a *master* and as a person employed by *another*. In the present letter therefore I shall confine myself principally to the conduct of a young man with regard to the management of his means, or money.

54. Be you in what line of life you may, it will be amongst your misfortunes if you have not time properly to attend to this matter; for it very frequently happens, it has happened to thousands upon thousands, not only to be ruined according to the common acceptation of the word, not only to be made poor and to suffer from poverty, in consequence of want of attention to pecuniary matters; but it has frequently, and even generally, happened that a want of attention to these matters has impeded the progress of science and of genius itself. A man oppressed with pecuniary cares and dangers must be next to a miracle, if he have his mind in a state fit for intellectual labours; to say nothing of the temptations arising from such distress, to abandon good principles, to suppress useful opinions and useful facts, and in short to become a disgrace to his kindred and an evil to his country, instead of being an honour to the former and a blessing to the latter. To be poor and independent is very nearly an impossibility.

55. But then poverty is not a positive but a relative term. Burke observed, and very truly, that a labourer who earned a sufficiency to maintain him as a labourer, and to maintain him in a suitable manner, to give him a sufficiency of good food, of clothing, of lodging and of fuel, ought not to be called a *poor man*; for that, though he has little riches, though his, compared with that of a *Lord*, was a state of

poverty, it was not a state of poverty in itself. When therefore I say that poverty is the cause of a depression of spirit, of inactivity and of servility, in men of literary talent, I must say, at the same time, that the evil arises from their own fault; from their having created for themselves imaginary wants; from their having indulged in unnecessary enjoyments, and from their having caused that to be poverty which would not have been poverty if they had been moderate in their enjoyments.

56. As it may be your lot (such has been mine) to live by your literary talent, I will here, before I proceed to matter more applicable to persons in other states of life, observe that I cannot form an idea of a mortal more wretched than a man of real talent, compelled to curb his genius and to submit himself, in the exercise of that genius, to those whom he knows to be far inferior to himself, and whom he must despise from the bottom of his soul. The late Mr. William Gifford,* who was the son of a shoemaker at Ashburton in Devonshire, who was put to school and sent to the university at the expense of a generous and good clergyman of the name of Cookson, and who died the other day, a sort of whipper-in of Murray's *Quarterly Review*, this was a man of real genius; and, to my certain personal knowledge, he detested from the bottom of his soul the whole of the paper-money and borough-mongering system, and despised those by whom the system was carried on. But he had imaginary wants; he had been bred up in company with the rich and the extravagant; expensive indulgences had been made necessary† to him by habit; and when, in the year 1798 or thereabouts, he had to choose between a bit of bacon, a scrag of mutton, and a lodging at ten shillings a week, on the one side, and made dishes, wine, a fine house and a footman, on the other side, he chose the latter. He became the servile editor of Canning's Anti-jacobin newspaper; and he who had more wit and learning than all the rest of the writers put together became the miserable tool in circulating their attacks upon everything that was hostile to a system which he deplored and detested. But lie

* William Gifford, born in 1756. In 1808 he was appointed editor of the *Quarterly Review*, which had been started by Sir Walter Scott and his friends, in opposition to the *Edinburgh*. He died in London, 31st December, 1826.

† Printed by error in the original edition as "unnecessary."

secured the made dishes, the wine, the footman and the coachman. A sinecure as "*Clerk of the Foreign Estreats*," gave him £329 a year, a double commissionership of the lottery gave him £600 or £700 more; and, at a later period, his editorship of the *Quarterly Review* gave him perhaps as much more. He rolled in his carriage for several years; he fared sumptuously; he was buried at *Westminster Abbey*, of which his friend, and formerly his brother pamphleteer in defence of Pitt, was the *Dean*; and never is he to be heard of more! Mr. Gifford would have been full as happy, his health would have been better, his life longer, and his name would have lived for ages, if he could have turned to the bit of bacon and scrag of mutton in 1798; for his learning and talents were such, his reasonings so clear and conclusive, and his wit ~~so~~ generally pointed and keen, that his writings must ~~have been~~ ^{been} ~~but~~ ^{and} indeed must have read, must have been ~~of~~ ^{always} a single man) to live in his ~~early~~ ^{days} in as good style as that which he procured by becoming a sinecurist, a pensioner, and a *hack*—all which he was from the moment he lent himself to the *Quarterly Review*. Think of the mortification of such a man, when he was called upon to justify the Power of Imprisonment bill in 1817! But to go into particulars would be tedious; his life was a life of luxurious misery, than which a worse is not to be imagined.

57. So that poverty is, except where there is an actual want of food and raiment, a thing much more imaginary than real. *The shame of poverty*, the shame of being thought poor, is a great and fatal weakness, though arising, in this country, from the fashion of the times themselves. When a *good man*, as in the phraseology of the city, means a *rich man*, we are not to wonder that every one wishes to be thought richer than he is. When adulation is sure to follow wealth, and when contempt would be awarded to many if they were not wealthy, who are spoken of with deference, and even lauded to the skies, because their riches are great and notorious; when this is the case we are not to be surprised that men are ashamed to be thought to be poor. This is one of the greatest of all the dangers at the outset of life; it has brought thousands and hundreds of thousands to ruin, even to *pecuniary* ruin. One of the most amiable features in the character of American society is this; that men never boast of their riches, and never disguise their poverty; but they talk of both as of any other matter fit for

public conversation. No man shuns another because he is poor; no man is preferred to another because he is rich. In hundreds and hundreds of instances men not worth a shilling have been chosen by the people and entrusted with their rights and interests, in preference to men who ride in their carriages.

58. This shame of being thought poor is not only dis-honourable in itself, and fatally injurious to men of talent, but it is ruinous even in a *pecuniary* point of view, and equally destructive to farmers, traders, and even gentlemen of landed estate. It leads to everlasting efforts to *disguise one's poverty*; the carriage, the servants, the wine (oh, that fatal wine!) the spirits, the decanters, the glasses, all the table apparatus, the dress, the horses, the dinners, the parties, all must be kept up; not so much because he or she who keeps or gives them has any pleasure arising therefrom, as because not to keep and give them would give rise to a suspicion of *the want of means* so to give and keep; and thus thousands upon thousands are yearly brought into a state of real poverty by their great *anxiety not to be thought poor*. Look round you, mark well what you behold, and say if this be not the case: In how many instances have you seen most amiable and even most industrious families brought to ruin by nothing but this? Mark it well; resolve to set this false shame at defiance; and when you have done that, you have laid the first stone of the surest foundation of your future tranquillity of mind. There are thousands of families, at this very moment, who are thus struggling to keep up appearances. The farmers accommodate themselves to circumstances more easily than tradesmen and professional men. They live at a greater distance from their neighbours; they can change their style of living unperceived; they can banish the decanter, change the dishes for a bit of bacon, make a treat out of a rasher and eggs, and the world is none the wiser all the while. But the tradesman, the doctor, the attorney, and the trader, cannot make the change so quietly and unseen. The accursed wine, which is a sort of criterion of the style of living, a sort of *scale* to the *plan*, a sort of *key* to the *tune*, this is the thing to banish first of all, because all the rest follow, and come down to their proper level in a short time. The accursed decanter cries footman or waiting maid, puts bells to the side of the wall, screams aloud for carpets; and when I am asked "Lord, what is

a glass of wine?" my answer is that, in this country, it is *everything*; it is the pitcher of the key; it demands all the other unnecessary expenses; it is injurious to health, and must be injurious, every bottle of wine that is drank containing a certain portion of ardent spirits, besides other drugs deleterious in their nature; and, of all the friends to the doctor, this fashionable beverage is the greatest. And, which adds greatly to the folly, or, I should say, the real vice of using it, is that the parties themselves, nine times out of ten, do not drink it by *choice*, do not like it, do not relish it; but use it from mere ostentation, being ashamed to be seen, even by their own servants, not to drink wine. At the very moment I am writing this, there are thousands of families in and near London, who daily have wine upon their tables, and who *drink* it too, merely because their own servants should not suspect them to be poor, and not deem them to be genteel; and thus families by thousands are ruined, only because they are ashamed to be thought poor.

59. There is no shame belonging to poverty, which frequently arises from the virtues of the impoverished parties; not so frequently indeed as from vice, folly, and indiscretion; but still very frequently. And as the Scripture tells us that we are not to despise the poor *because* he is poor, so ought we not to honour the rich *because* he is rich. The true way is, to take a fair survey of the character of a man as depicted in his conduct, and to respect him, or despise him, according to a due estimate of that character. No country upon earth exhibits so many, as this, of those fatal terminations of life called suicides. These arise, in nine instances out of ten, from this very source. The victims are, in general, what may be fairly called insane; but their insanity always arises from the dread of poverty; not from the dread of a want of the means of sustaining life, or even decent living, but from the dread of being thought or known to be poor; from the dread of what is called falling in the scale of society, a dread which is prevalent hardly in any country but this. Looked at in its true light, what is there in poverty to make a man take away his own life? He is the same man that he was before: he has the same body and the same mind: if he even foresee a great alteration in his dress or his diet, why should he kill himself on that account? Are these all the things that a man wishes to live for? But such is the fact; so great is the dis-

grace upon this country, and so numerous and terrible are the evils arising from this dread of being thought to be poor.

60. Nevertheless, men ought to take care of their means, ought to use them prudently and sparingly, and to keep their expenses always within the bounds of their income, be it what it may. One of the effectual means of doing this is to purchase with ready money. St. Paul says, "*Owe no man anything,*" and, of his numerous precepts, this is by no means the least worthy of our attention. *Credit* has been boasted of as a very fine thing; to decry credit seems to be setting oneself up against the opinions of the whole world; and I remember a paper in the *Freeholder* or the *Spectator*,* published just after the funding system had begun, representing "PUBLIC CREDIT" as a goddess, enthroned in a temple dedicated to her by her votaries, amongst whom she is dispensing blessings of every description. It must be more than forty years since I read this paper, which I read soon after the time when the late Mr. Pitt uttered in parliament an expression of his anxious hope that his "name would be inscribed on the *monument* which he should raise to *public credit*." Time has taught me that public credit means the contracting of debts which a nation never can pay; and I have lived to see this *goddess* produce effects, in my country, which Satan himself never could have produced. It is a very bewitching goddess; and not less fatal in her influence in private than in public affairs. It has been carried in this latter respect to such a pitch, that scarcely any transaction, however low and inconsiderable in amount, takes place in any other way. There is a trade in London, called the "tally trade," by which household goods, coals, clothing, all sorts of things, are sold upon credit, the seller keeping a *tally*, and receiving payment for the goods little by little; so that the income and the earnings of the buyers are always anticipated, are always gone in fact before they come in or are earned; the sellers receiving, of course, a great deal more than the proper profit.

61. Without supposing you to descend to so low a grade as this, and even supposing you to be lawyer, doctor, parson, or merchant, it is still the same thing if you purchase on credit, and not perhaps in a much less degree of disadvantage. Besides the higher price that you pay, there is the

* It forms No. 3 of *The Spectator*. (March 3rd, 1711.)

temptation to have what you *really do not want*. The cost seems a trifle, when you have not to pay the money until a future time. It has been observed, and very truly observed, that men used to lay out a one-pound note when they would not lay out a sovereign; a consciousness of the intrinsic value of the things produces a retentiveness in the latter case more than in the former; the sight and the touch assist the mind in forming its conclusions, and the one-pound note was parted with when the sovereign would have been kept. Far greater is the difference between credit and ready money. Innumerable things are not bought at all with ready money, which would be bought in case of trust; it is so much easier to *order* a thing than to *pay* for it. A future day, a day of payment, must come to be sure; but that is little thought of at the time. But if the money were to be drawn out the moment the thing was received or offered, this question would arise, "*Can I do without it?*" is this thing indispensable? am I compelled to have it, or suffer a loss or injury greater in amount than the cost of the thing? If this question were put every time we make a purchase, seldom should we hear of those suicides which are such a disgrace to this country.

62. I am aware that it will be said, and very truly said, that the concerns of merchants, that the purchasing of great estates, and various other great transactions, cannot be carried on in this manner; but these are rare exceptions to the rule. Even in these cases there might be much less of bills and bonds, and all the sources of litigation; but in the everyday business of life, in transactions with the butcher, the baker, the tailor, the shoemaker, what excuse can there be for pleading the example of the merchant, who carries on his work by ships and exchanges? I was delighted, some time ago, by being told of a young man who, upon being advised to *keep a little account* of all he received and expended, answered "that his business was not to keep account books; that he was sure not to make a mistake as to his income; and that, as to his expenditure, the little bag that held his sovereigns would be an infallible guide, as he never bought anything that he did not immediately pay for."

63. I believe that nobody will deny that, generally speaking, you pay for the same article a fourth part more in the case of trust than you do in the case of ready money. Suppose then the baker, butcher, tailor, and shoemaker, receive

from you only one hundred pounds a year. Put that together; that is to say, multiply twenty-five by twenty, and you will find that at the end of twenty years you have £500 besides the accumulating and growing interest. The fathers of the church (I mean the ancient ones), and also the canons of the church, forbade selling on trust at a higher price than for ready money, which was in effect to forbid *trust*; and this doubtless was one of the great objects which those wise and pious men had in view, for they were fathers in legislation and morals as well as in religion. But the doctrine of these fathers and canons no longer prevails; they are set at naught by the present age, even in the countries that adhere to their religion. Addison's goddess has prevailed over the fathers and the canons; and men not only make a difference in the price, regulated by the difference in the mode of payment, but it would be absurd to expect them to do otherwise. They must not only charge something for the want of the *use* of the money; but they must charge something additional for the *risk* of its loss, which may frequently arise, and most frequently does arise, from the misfortunes of those to whom they have assigned their goods on trust. The man therefore, who purchases on trust, not only pays for the trust, but he also pays his due share of what the tradesman loses by trust; and, after all, he is not so good a customer as the man who purchases cheaply with ready money; for there is his name indeed in the tradesman's book, but with that name the tradesman cannot go to the market to get a fresh supply.

64. Infinite are the ways in which gentlemen lose by this sort of dealing. Servants go and order, sometimes, things not wanted at all; at other times more than is wanted; at others things of higher quality: and all this would be obviated by purchasing with ready money; for whether through the hands of the party himself, or through those of an inferior, there would always be an actual counting out of the money; somebody would *see* the thing bought and see the money paid; and as the master would give the housekeeper or steward a bag of money, at the time he would *see* the money too, would set a proper value upon it, and would just desire to know upon what it had been expended.

65. How is it that farmers are so exact, and show such a disposition to retrench in the article of labour, when they seem to think little or nothing about the sums which they

pay in tax upon malt, wine, sugar, tea, soap, candles, tobacco, and various other things? You find the utmost difficulty in making them understand that they are affected by these. The reason is, that they see the money which they give to the labourer on each succeeding Saturday night; but they do not see that which they give in taxes on the articles before mentioned. Why is it that they make such an outcry about the six or seven millions a year which are paid in poor rates, and say not a word about the sixty millions a year raised in other taxes? The consumer pays all, and therefore they are as much interested in the one as in the other; and yet the farmers think of no tax but the poor tax. The reason is that the latter is collected from them in *money*; they see it go out of their hands into the hands of another; and therefore they are everlastingly anxious to reduce the poor rates, and they take care to keep them within the smallest possible bounds.

66. Just thus would it be with every man that never purchased but with ready money; he would make the amount as low as possible in proportion to his means. This care and frugality would make an addition to his means, and therefore, in the end, at the end of his life, he would have had a great deal more to spend, and still be as rich, as if he had gone in trust; while he would have lived in tranquillity all the while, and would have avoided all the endless papers and writings and receipts and bills and disputes and lawsuits inseparable from a system of credit. This is by no means a lesson of *stinginess*, by no means tends to inculcate heaping up of money; for the purchasing with ready money really gives you more money to purchase with; you can afford to have a greater quantity and variety of things; and I will engage that, if horses or servants be your taste, the saving in this way gives you an additional horse or an additional servant, if you be in any profession or engaged in any considerable trade. In towns it tends to accelerate your pace along the streets; for the temptation of the windows is answered in a moment by clapping your hand upon your thigh; and the question "Do I really want that?" is sure to occur to you immediately; because the touch of the money is sure to put that thought in your mind.

67. Now supposing you to have a plenty, to have a fortune beyond your wants, would not the money which you would

save in this way be very well applied in acts of real benevolence? Can you walk many yards in the streets; can you ride a mile in the country; can you go to half-a-dozen cottages; can you, in short, open your eyes, without seeing some human being; some one born in the same country with yourself, and who, on that account alone, has some claim upon your good wishes and your charity? Can you open your eyes without seeing some person to whom even a small portion of your annual savings would convey gladness of heart? Your own heart will suggest the answer; and if there were no motive but this, what need I say more in the advice which I have here tendered to you?

68. Another great evil arising from this desire to be thought rich; or rather from the desire not to be thought poor, is the destructive thing which has been honoured by the name of "speculation," but which ought to be called gambling. It is a purchasing of something which you do not want either in your family or in the way of ordinary trade, a something to be sold again with a great profit, and on the sale of which there is a considerable hazard. When purchases of this sort are made with ready money, they are not so offensive to reason, and not attended with such risk; but when they are made with money borrowed for the purpose, they are neither more nor less than gambling transactions; and they have been in this country a source of ruin, misery, and suicide, admitting of no adequate description. I grant that this gambling has arisen from the influence of the "goddess" before mentioned; I grant that it has arisen from the facility of obtaining the fictitious means of making the purchases; and I grant that that facility has been created by the system under the baneful influence of which we live. But it is not the less necessary that I beseech you not to practise such gambling; that I beseech you, if you be engaged in it, to disentangle yourself from it as soon as you can. Your life, while you are thus engaged, is the life of the gamester; a life of constant anxiety, constant desire to overreach, constant apprehension, general gloom, enlivened now and then by a gleam of hope or of success. Even that success is sure to lead to further adventures; and, at last, a thousand to one that your fate is that of the pitcher to the well.

69. The great temptation to this gambling is, as is the case in other gambling, the *success of the few*. As young men who

crowd to the army, in search of rank and renown, never look into the ditch that holds their slaughtered companions, but have their eye constantly fixed on the general-in-chief; and as each of them belongs to the *same profession*, and is sure to be conscious that he has equal merit, every one deems himself the suitable successor of him who is surrounded with *aides-de-camp*, and who moves battalions and columns by his nod: so with the rising generation of "speculators"; they see the great estates that have succeeded the pencil box and the orange basket; they see those whom nature and good laws made to black shoes, sweep chimneys or the streets, rolling in carriages, or sitting in saloons surrounded by gaudy footmen with napkins twisted round their thumbs. And they can see no earthly reason why they should not all do the same; forgetting the thousands and thousands who, in making the attempt, have reduced themselves to that beggary which, before their attempt, they would have regarded as a thing wholly impossible.

70. In all situations of life avoid the *trammels of the law*. Man's nature must be changed before lawsuits will cease; and perhaps it would be next to impossible to make them less frequent than they are in the present state of this country; but though no man, who has any property at all, can say that he will have nothing to do with lawsuits, it is in the power of most men to avoid them in a considerable degree. One good rule is to have as little as possible to do with any man who is fond of lawsuits, and who, upon every slight occasion, talks of an appeal to the law. Such persons, from their frequent litigations, contract a habit of using the technical terms of the courts, in which they take a pride, and are therefore companions peculiarly disgusting to men of sense. To such men a lawsuit is a luxury, instead of being, as it is to men of ordinary minds, a source of anxiety and a real and substantial scourge. Such men are always of a quarrelsome disposition, and avail themselves of every opportunity to indulge in that which is mischievous to their neighbours. In thousands of instances men go to law for the indulgence of mere anger. The Germans are said to bring *spite actions* against one another, and to harass their poorer neighbours from motives of pure revenge. They have carried this their disposition with them to America; for which reason no one likes to live in a German neighbourhood.

71. Before you go to law consider well the *cost*; for if you win your suit, and are poorer than you were before, what do you accomplish? You only imbibe a little additional anger against your opponent; you injure him, but do harm to yourself. Better to put up with the loss of one pound than two, to which latter is to be added all the loss of time, all the trouble, and all the mortification and anxiety attending a lawsuit. To set an attorney to work, to worry and torment another man, is a very base act; to alarm his family as well as himself, while you are sitting quietly at home. If a man owe you money which he cannot pay, why add to his distress, without the chance of benefit to yourself? Thousands of men have injured themselves by resorting to the law; while very few ever bettered themselves by it, except such resort were unavoidable.

72. Nothing is much more discreditable than what is called *hard dealing*. They say of the Turks that they know nothing of *two prices* for the same article, and that to ask an abatement of the lowest shopkeeper is to insult him. It would be well if Christians imitated Mohammedans in this respect. To ask one price and take another, or to offer one price and give another, besides the loss of time that it occasions, is highly dishonourable to the parties, and especially when pushed to the extent of solemn protestations. It is, in fact, a species of lying, and it answers no one advantageous purpose to either buyer or seller. I hope that every young man who reads this will start in life with a resolution never to higgle and lie in dealings. There is this circumstance in favour of the bookseller's business; every book has its fixed price, and no one ever asks an abatement. If it were thus in all other trades, how much time would be saved, and how much immorality prevented!

73. As to the spending of your time, your business or your profession is to claim the priority of everything else. Unless that be *duly attended to*, there can be no real pleasure in any other employment of a portion of your time. Men, however, must have some leisure, some relaxation from business; and in the choice of this relaxation much of your happiness will depend. Where fields and gardens are at hand, they present the most rational scenes for leisure. As to company, I have said enough in the former letter to deter any young man from that of drunkards and rioting companions; but there is such a thing as your quiet "*pipe and pot companions*," which are

perhaps the most fatal of all. Nothing can be conceived more dull, more stupid, more the contrary of edification and rational amusement, than sitting, sotting, over a pot and a glass, sending out smoke from the head, and articulating at intervals nonsense about all sorts of things. Seven years' service as a galley slave would be more bearable to a man of sense than seven months' confinement to society like this. Yet such is the effect of habit, that if a young man become a frequenter of such scenes the idle propensity sticks to him for life. Some companions, however, every man must have; but these every well behaved man will find in private houses, where families are found residing, and where the suitable intercourse takes place between women and men. A man that cannot pass an evening without drink merits the name of a sot. Why should there be drink for the purpose of carrying on conversation? Women stand in need of no drink to stimulate them to converse; and I have a thousand times admired their patience in sitting quietly at their work, while their husbands are engaged, in the same room, with bottles and glasses before them, thinking nothing of the expense and still less of the shame which the distinction reflects upon them. We have to thank the women for many things, and particularly for their sobriety, for fear of following their example in which men drive them from the table, as if they said to them: "You have had enough; food is sufficient for you; but we must remain to fill ourselves with drink, and to talk in language which your ears ought not to endure." When women are getting up to retire from the table, men rise *in honour* of them; but they take special care not to follow their excellent example. That which is not fit to be uttered before women is not fit to be uttered at all; and it is next to a proclamation tolerating drunkenness and indecency, to send women from the table the moment they have swallowed their food. The practice has been ascribed to a desire to leave them to themselves; but why should they be left to themselves? Their conversation is always the most lively, while their persons are generally the most agreeable objects. No: the plain truth is, that it is the love of the drink and of the indecent talk that send women from the table; and it is a practice which I have always abhorred. I like to see young men especially follow them out of the room, and prefer their company to that of the sots who are left behind.

74. Another mode of spending the leisure time is that of books. Rational and well informed companions may be still more instructive ; but books never annoy ; they cost little, and they are always at hand, and ready at your call. The sort of books must, in some degree, depend upon your pursuit in life ; but there are some books necessary to every one who aims at the character of a well informed man. I have slightly mentioned history and geography in the preceding letter ; but I must here observe that as to both these you should begin with your own country, and make yourself well acquainted, not only with its ancient state, but with the *origin* of all its principal institutions. To read of the battles which it has fought, and of the intrigues by which one king or one minister has succeeded another, is very little more profitable than the reading of a romance. To understand well the history of the country, you should first understand how it came to be divided into counties, hundreds, and into parishes ; how judges, sheriffs, and juries first arose ; to what end they were all invented, and how the changes with respect to any of them have been produced. But it is of particular consequence that you ascertain the *state of the people* in former times, which is to be ascertained by comparing the then price of labour with the then price of food. You hear enough, and you read enough, about the glorious wars in the reign of King Edward the Third ; and it is very proper that those glories should be recorded and remembered : but you never read in the works of the historians that in that reign a common labourer earned threepence half-penny a day, and that a fat sheep was sold, at the same time, for one shilling and twopence, and a fat hog, two years old, for three shillings and fourpence, and a fat goose for twopence halfpenny. You never read that women received a penny a day for haymaking or weeding in the corn, and that a gallon of red wine was sold for fourpence. These are matters which historians have deemed to be beneath their notice ; but they are matters of real importance, they are matters which ought to have practical effect at this time ; for these furnish the criterion whereby we are to judge of our condition compared with that of our forefathers. The poor rates form a great feature in the laws and customs of this country. Put to a thousand persons who have read what is called the History of England, put to them the question how the poor rates came ; and nine hundred and ninety-nine of the thousand will tell you

that they know nothing at all of the matter. This is not history; a list of battles and a string of intrigues are not history; they communicate no knowledge applicable to our present state; and it really is better to amuse oneself with an avowed romance, which latter is a great deal worse than passing one's time in counting the trees.

75. History has been described as affording arguments of experience; as a record of what has been, in order to guide us as to what is likely to be or what ought to be; but from this romancing history no such experience is to be derived, for it furnishes no facts on which to found arguments relative to the existing or future state of things. To come at the true history of a country, you must read its laws; you must read books treating of its usages and customs in former times; and you must particularly inform yourself as to *prices of labour and of food*. By reading the single act of the 23rd year of Edward the Third, specifying the price of labour at that time; by reading an act of parliament passed in the 24th year of Henry the Eighth; by reading these two acts, and then reading the "Preciosum" of Bishop Fleetwood,* which shows the price of food in the former reign, you come into full possession of the knowledge of what England was in former times. Divers books teach how the divisions of the country arose, and how its great institutions were established; and the result of this reading is a store of knowledge which will afford you pleasure for the whole of your life.

76. History however is by no means the only thing about which every man's leisure furnishes him with the means of reading; besides which, every man has not the same taste. Poetry, Geography, Moral Essays, the divers subjects of Philosophy, Travels, Natural History, books on Sciences, and, in short, the whole range of book knowledge, is before you; but there is one thing always to be guarded against, and that is, not to admire and applaud anything you read, merely because it is the *fashion* to admire and applaud it. Read, consider well what you read, form *your own judgment*, and stand by that judgment in despite of the sayings of what are called learned men, until fact or argument be offered to convince you of your

* "Chronicon Preciosum: or an account of English gold and silver money; the price of corn and other commodities. . . . for six hundred years past . . . to which is added an historical account of coins," etc. London, 1745. 8vo.

error. One writer praises another; and it is very possible for writers so to combine as to cry down and, in some sort, to destroy the reputation of any one who meddles with the combination, unless the person thus assailed be blessed with uncommon talent and uncommon perseverance. When I read the works of Pope and of Swift, I was greatly delighted with their lashing of Dennis;* but wondered at the same time why they should have taken so much pains in running down such a fool. By the merest accident in the world, being at a tavern in the woods of America, I took up an old book, in order to pass away the time while my travelling companions were drinking in the next room; but, seeing the book contained the criticisms of Dennis, I was about to lay it down, when the play of "Cato" caught my eye; and, having been accustomed to read books in which this play was lauded to the skies, and knowing it to have been written by Addison, every line of whose works I had been taught to believe teemed with wisdom and genius, I condescended to begin to read, though the work was from the pen of that *fool* Dennis. I read on, and soon began to *laugh*, not at Dennis but at Addison. I laughed so much and so loud that the landlord, who was in the passage, came in to see what I was laughing at. In short, I found it a most masterly production, one of the most witty things that I had ever read in my life. I was delighted with Dennis, and was heartily ashamed of my former admiration of "Cato," and felt no little resentment against Pope and Swift for their endless reviling of this most able and witty critic. This, as far as I recollect, was the first *emancipation* that had assisted me in my reading. I have, since that time, never taken anything upon trust; I have judged for myself, trusting neither to the opinions of writers nor in the fashions of the day. Having been told by Dr. Blair, in his "Lectures on Rhetoric," that if I meant to write correctly I must "give my days and nights to Addison,"† I read a few numbers of the *Spectator*

* John Dennis, 1657-1734. He is one of the best abused men in English literature. Addison's tragedy of "Cato," alluded to a few lines farther on, appeared in 1719. It was praised at the time by everybody in England except Dennis.

† This remark was originally made by Dr. Johnson in the conclusion of his essay on Addison in his "Lives of the English Poets": "Whoever wishes to attain an English style, familiar but not coarse, and elegant but not ostentatious, must give his days and nights to the study of Addison."

at the time I was writing my "English Grammar"; I gave neither my nights nor my days to him; but I found an abundance of matter to afford examples of *false grammar*; and upon a reperusal I found that the criticisms of Dennis might have been extended to this book too.

77. But that which never ought to have been forgotten by those who were men at the time, and that which ought to be made known to every young man of the present day, in order that he may be induced to exercise his own judgment with regard to books, is the transactions relative to the writings of Shakspeare, which transactions took place about thirty years ago. It is still, and it was then much more, the practice to extol every line of Shakspeare to the skies: not to admire Shakspeare has been deemed to be a proof of want of understanding and taste. Mr. Garrick, and some others after him, had their own good and profitable reasons for crying up the works of this poet. When I was a very little boy there was a *jubilee** in honour of Shakspeare; and as he was said to have planted a *mulberry tree*, boxes and other little ornamental things in wood were sold all over the country, as having been made out of the trunk or limbs of this ancient and sacred tree. We Protestants laugh at the *relics* so highly prized by Catholics; but never was a Catholic people half so much duped by the relics of saints as this nation was by the mulberry tree, of which probably more wood was sold than would have been sufficient in quantity to build a ship of war or a large house. This madness abated for some years; but towards the end of the last century it broke out again with more fury than ever. Shakspeare's works were published by Boydell, an alderman of London, at a subscription of *five hundred pounds for each copy*,† accompanied by plates, each forming a large picture. Amongst the madmen of the day was a Mr. Ireland, who seemed to be more mad than any of the rest. His adoration of the poet led him to perform a pilgrimage to an old farmhouse, near Stratford-upon-Avon, said to have been the birthplace of the poet. Arrived at the spot, he requested the farmer and his wife to let him search the house for papers, *first going upon his knees*, and praying, in the poetic style, the gods to aid him in his quest.

* The Shakspeare Jubilee, projected by David Garrick, was celebrated at Stratford-on-Avon, 6th to 8th of September, 1760.

† Boydell's magnificent "Shakspeare Gallery" was projected about 1785, and the whole work was completed in 1804.

He found no papers; but he found that the farmer's wife, in clearing out a garret some years before, had found some rubbishy old papers which she had *burnt*, and which had probably been papers used in the wrapping up of pigs' cheeks, to keep them from the bats. "Oh, wretched woman!" exclaimed he. "do you know what you have done?" "Oh dear no!" said the woman, half frightened out of her wits: "no harm I hope, for the papers were *very old*; I dare say as old as the house itself." This threw him into an additional degree of *excitement*, as it is now fashionably called; he raved, he stamped, he foamed, and at last quitted the house, covering the poor woman with every term of reproach; and hastening back to Stratford took postchaise for London, to relate to his brother madmen the horrible sacrilege of this heathenish woman. Unfortunately for Mr. Ireland, unfortunately for his learned brothers in the metropolis, and unfortunately for the reputation of Shakspeare, Mr. Ireland took with him to the scene of his adoration *a son about sixteen years of age*, who was articled to an attorney in London. The son was by no means so sharply bitten as the father; and upon returning to town, he conceived the idea of *supplying the place of the invaluable papers* which the farmhouse heathen had destroyed. He thought, and he thought rightly, that he should have little difficulty in writing plays *just like those of Shakspeare!* To get *paper* that should seem to have been made in the reign of Queen Elizabeth, and *ink* that should give to writing the appearance of having the same age, was somewhat difficult; but both were overcome. Young Ireland was acquainted with a son of a bookseller, who dealt in *old books*: the blank leaves of these books supplied the young author with paper: and he found out the way of making proper ink for his purpose. To work he went, *wrote several plays*, some *love letters*, and other things; and having got a Bible extant in the time of Shakspeare, he wrote *notes* in the margin. All these, together with *sonnets* in abundance, and other little detached pieces, he produced to his father, telling him he got them from a gentleman who had *made him swear that he would not divulge his name.* The father announced the invaluable discovery to the literary world; the literary world rushed to him; the manuscripts were regarded as genuine by the most grave and learned doctors, some of whom (and amongst these were Doctors Parr and Warton) gave, *under their hands*, an

opinion that the manuscripts *must have been written by Shakspeare*, for that *no other man in the world could have been capable of writing them!*

78. Mr. Ireland opened a subscription, published these new and invaluable manuscripts at an enormous price; and preparations were instantly made for *performing one of the plays*, called "Vortigern."* Soon after the acting of the play the indiscretion of the lad caused the secret to explode; and instantly those who had declared that he had written as well as Shakspeare did everything in their power *to destroy him!* The attorney drove him from his office; the father drove him from his house; and, in short, he was hunted down as if he had been a malefactor of the worst description. The truth of this relation is undeniable; it is recorded in numberless books. The young man is, I believe, yet alive; and, in short, no man will question any one of the facts.

79. After this, where is the person of sense who will be guided in these matters by *fashion*? where is the man, who wishes not to be deluded, who will not, when he has read a book, *judge for himself?* After all these jubilees and pilgrimages; after Boydell's subscription of £500 for one single copy; after it had been deemed almost impiety to doubt of the genius of Shakspeare surpassing that of all the rest of mankind; after he had been called the "*Immortal Bard*" as a matter of course, as we speak of Moses and Aaron, there having been but one of each in the world; after all this, comes a lad of sixteen years of age, writes that which learned doctors declare could have been written by no man but Shakspeare; and when it is discovered that this laughing boy is the real author, the doctors turn round upon him, with all the newspapers, magazines, and reviews, and of course the public at their back, revile him as an *impostor*, and, under that odious name, hunt him out of society and doom him to starve! This lesson at any rate he has given us, not to rely on the judgment of doctors and other pretenders to literary superiority. Every young man, when he takes up a book for the first time, ought to remember this story; and if he do remember it, he will disregard

* William Henry Ireland made public the Shakspeares manuscripts he had forged in 1796. The play of "Vortigern" was performed at Drury Lane Theatre on the 2nd of April of that year. Not long after he acknowledged the forgery, and his "Confessions" were published in 1805. He died in 1835.

fashion with regard to the book, and will pay little attention to the decision of those who call themselves critics.

80. I hope that your taste will keep you aloof from the writings of those detestable villains who employ the powers of their mind in debauching the minds of others, or in endeavours to do it. They present their poison in such captivating forms that it requires great virtue and resolution to withstand their temptations; and they have perhaps done a thousand times as much mischief in the world as all the infidels and atheists put together. These men ought to be called *literary pimps*; they ought to be held in universal abhorrence, and never spoken of but with execration. Any appeal to bad passions is to be despised, any appeal to ignorance and prejudice; but here is an appeal to the frailties of human nature, and an endeavour to make the mind corrupt just as it is beginning to possess its powers. I never have known any but bad men, worthless men, men unworthy of any portion of respect, who took delight in, or even kept in their possession, writings of the description to which I here allude. The writings of Swift have this blemish; and though he is not a teacher of *lewdness*, but rather the contrary, there are certain parts of his poems which are much too filthy for any decent person to read. It was beneath him to stoop to such means of setting forth that wit which would have been far more brilliant without them. I have heard that in the library of what is called an "*illustrious person*," sold some time ago, there was an immense collection of books of this infamous description; and from this circumstance, if from no other, I should have formed my judgment of the character of that person.

81. Besides reading, a young man ought to write, if he have the capacity and the leisure. If you wish to remember a thing well, put it into writing, even if you burn the paper immediately after you have done; for the eye greatly assists the mind. Memory consists of a concatenation of ideas; the place, the time, and other circumstances, lead to the recollection of facts; and no circumstance more effectually than stating the facts upon paper. A journal should be kept by every young man. Put down something against every day in the year, if it be merely a description of the weather. You will not have done this for one year without finding the benefit of it. It disburdens the mind of many things to be recollected; it is amusing and useful, and ought by no means to be

neglected. How often does it happen that we cannot make a statement of facts, sometimes very interesting to ourselves and our friends, for the want of a record of the places where we were, and of things that occurred, on such and such a day! How often does it happen that we get into disagreeable disputes about things that have passed, and about the time and other circumstances attending them! As a thing of mere curiosity it is of some value, and may frequently prove of very great utility. It demands not more than a minute in the twenty-four hours; and that minute is most agreeably and advantageously employed. It tends greatly to produce regularity in the conducting of affairs; it is a thing demanding a small portion of attention *once in every day*; I myself have found it to be attended with great and numerous benefits, and I therefore strongly recommend it to the practice of every reader.

LETTER III.

TO A LOVER.

82. THERE are two descriptions of lovers on whom all advice would be wasted; namely, those in whose minds passion so wholly overpowers reason as to deprive the party of his sober senses. Few people are entitled to more compassion than young men thus affected: it is a species of insanity that assails them; and when it produces self destruction, which it does in England more frequently than in all the other countries in the world put together, the mortal remains of the sufferer ought to be dealt with in as tender a manner as that of which the most merciful construction of the law will allow. If Sir Samuel Romilly's remains were, as they were in fact, treated as those of a person labouring under "*temporary mental derangement*," surely the youth who destroys his life on account of unrequited love ought to be considered in as mild a light! Sir Samuel was represented, in the evidence taken before the coroner's jury, to have been *inconsolable for the loss of his wife*; * that his loss had so dreadful an effect upon his mind that it *bereft him of his reason*, made life insupportable, and led him to commit the act of *suicide*; and, on *this ground alone*, his *remains* and his *estate* were rescued from the awful, though just and wise, sentence of the law. But, unfortunately for the reputation of the administration of that just and wise law, there had been, only about two years before, a *poor man*, at Manchester, *buried in cross roads*, and under circumstances which entitled his remains to mercy much more clearly than in the case of Sir Samuel Romilly.

83. This unfortunate youth, whose name was Smith, and who was a shoemaker, was in love with a young woman, who, in spite of all his importunities and his proofs of ardent passion, refused to marry him, and even discovered her liking for another; and he, unable to support life accompanied by the

* The circumstances of the death of this eminent lawyer were as follows. On the 29th of October, 1818, his wife died. The shock was too much for him. In his agony he became delirious, and when unwatched sprang from his bed and cut his throat. He died in a few minutes. This sad event took place at Sir Samuel Romilly's own house, Russell Square, London, on the 2nd of November, 1818.

thought of her being in possession of anybody but himself, put an end to his life by the means of a rope. If, in any case, we are to presume the existence of insanity; if, in any case, we are led to believe the thing *without positive proof*; if, in any case, there can be an apology in human nature itself for such an act, *this was that case*. We all know (as I observed at the time), that is to say, all of us who cannot wait to calculate upon the gains and losses of the affair; all of us, except those who are endowed with this provident frigidity, know well what youthful love is, and what its torments are, when accompanied by even the smallest portion of jealousy. Every man, and especially every Englishman (for here we seldom love or hate by halves), will recollect how many mad pranks he has played; how many wild and ridiculous things he has said and done between the age of sixteen and that of twenty-two; how many times a kind glance has scattered all his reasoning and resolutions to the winds; how many times a cool look has plunged him into the deepest misery! Poor Smith, who was at this age of love and madness, might surely be presumed to have done the deed in a moment of "*temporary mental derangement*." He was an object of compassion in every humane breast; he had parents and brethren and kindred and friends to lament his death, and to feel shame at the disgrace inflicted on his lifeless body; yet HE was pronounced to be a *felo de se*, or *self murderer*, and his body was put into a hole by the wayside, with a stake driven down through it;* while that of Romilly had mercy extended to it, on the ground that the act had been occasioned by "*temporary mental derangement*," caused by his grief for the death of his wife!

84. To reason with passion like that of the unfortunate Smith is perfectly useless; you may, with as much chance of success, reason and remonstrate with the winds or the waves: if you make impression, it lasts but for a moment: your effort, like an inadequate stoppage of waters, only adds in the end to the violence of the torrent: the current must have and will have its course, be the consequences what they may. In cases not quite so decided, *absence*, the sight of *new faces*, the sound of *new voices*, generally serve, if not as a radical cure, as a mitigation at least of the disease. But the worst of it

* Till 1823 the body of the suicide was ignominiously buried in a cross road with a stake driven through it.

is that, on this point, we have the girls (and women too) against us ! For they look upon it as right that every lover should be a *little maddish*; and every attempt to rescue him from the thraldom imposed by their charms they look upon as an overt act of treason against their natural sovereignty. No girl ever liked a young man less for his having done things foolish and wild and ridiculous, provided she was *sure* that love of her had been the cause ; let her but be satisfied upon this score, and there are very few things which she will not forgive. And, though wholly unconscious of the fact, she is a great and sound philosopher after all ; for, from the nature of things, the rearing of a family always has been, is, and must ever be, attended with cares and troubles, which must infallibly produce at times feelings to be combated and overcome by nothing short of that ardent affection which first brought the parties together. So that, talk as long as Parson Malthus* likes about "moral restraint," and report as long as the committees of parliament please about preventing "premature and improvident marriages" amongst the labouring classes, the passion that they would restrain, while it is necessary to the existence of mankind, is the greatest of all the compensations for the inevitable cares, troubles, hardships, and sorrows of life ; and as to the *marriages*, if they could once be rendered universally *provident*, every generous sentiment would quickly be banished from the world.

85. The other description of lovers with whom it is useless to reason are those who love according to the *rules of arithmetic*, or who measure their matrimonial expectations by the *chain of the land surveyor*. These are not love and marriage ; they are bargain and sale. Young men will naturally, and almost necessarily, fix their choice on young women in their own rank in life, because from habit and intercourse they will know them best. But if the length of the girl's purse, present or contingent, be a consideration with the man, or the length of his purse, present or contingent, be a consideration with her, it is an affair of bargain and sale. I know that kings, princes,

* This was the Rev. T. R. Malthus, who has been the subject of much it is to be feared unmerited abuse in connection with his theory on population. The title of the work which has conferred on him such notoriety is "An Essay on the Principle of Population; or a View of its Past and Present Effects on Human Happiness, with an Inquiry into our Prospects respecting the future Removal or Mitigation of the Evils which it occasions." It first appeared in 1798.

and princesses are, in respect of marriage, restrained by the law: I know that nobles, if not thus restrained by positive law, are restrained in fact by the very nature of their order. And here is a disadvantage which, as far as real enjoyment of life is concerned, more than counterbalances all the advantages that they possess over the rest of the community. This disadvantage, generally speaking, pursues rank and riches downwards, till you approach very nearly to that numerous class who live by manual labour, becoming however less and less as you descend. You generally find even very vulgar rich men making a sacrifice of their natural and rational taste to their mean and ridiculous pride, and thereby providing for themselves an ample supply of misery for life. By preferring "*provident marriages*" to marriages of love, they think to secure themselves against all the evils of poverty; but if *poverty come*, and come it may and frequently does, in spite of the best laid plans and best modes of conduct; if *poverty come*, then where is the counterbalance for that ardent mutual affection which troubles, and losses, and crosses, always increase rather than diminish, and which, amidst all the calamities that can befall a man, whispers to his heart that his best possession is still left him unimpaired? The Worcester-shire baronet, who has had to endure the sneers of fools on account of his marriage with a beautiful and virtuous bar-maid, would, were the present ruinous measures of the government to drive him from his mansion to a cottage, still have a source of happiness; while many of those who might fall in company with him would, in addition to all their other troubles, have perhaps to endure the reproaches of wives to whom poverty, or even humble life, would be insupportable.

86. If marrying for the sake of money be, under any circumstances, despicable, if not disgraceful; if it be, generally speaking, a species of legal prostitution, only a little less shameful than that which, under some governments, is openly licensed for the sake of a tax; if this be the case generally, what ought to be said of a young man, who, in the hey-day of youth, should couple himself on to a woman old enough perhaps to be his grandmother, ugly as the nightmare, and who should pretend to *love* her too; and all this merely for the sake of her money? Why, it ought and it doubtless would be said of him, that his conduct was a libel on both man and woman kind; that his name ought, for ever, to be

synonymous with baseness and nastiness, and that in no age and in no nation, not marked by a general depravity of manners and total absence of all sense of shame, every associate, male or female, of such a man or of his mate would be held in abhorrence. Public morality would drive such a hateful pair from society, and strict justice would hunt them from the face of the earth.

87. Buonaparte could not be said to marry for *money*, but his motive was little better. It was for dominion, for power, for ambition, and that too of the most contemptible kind. I knew an American gentleman, with whom Buonaparte had always been a great favourite; but the moment the news arrived of his divorce and second marriage, he gave him up. This piece of grand prostitution was too much to be defended. And the truth is, that Buonaparte might have dated his decline from the day of that marriage. My American friend said: "If I had been he, I would, in the first place, have married the poorest and prettiest girl in all France." If he had done this, he would in all probability have now been on an imperial throne, instead of being eaten by worms at the bottom of a very deep hole in St. Helena;* whence, however, his bones convey to the world the moral that to marry for money, for ambition, or from any motive other than the one pointed out by affection, is not the road to glory, to happiness, or to peace.

88. Let me now turn from these two descriptions of lovers, with whom it is useless to reason, and address myself to you, my reader, whom I suppose to be a *real* lover, but not so smitten as to be bereft of your reason. You should never forget that marriage, which is a state that every young person ought to have in view, is a thing to last for *life*; and that, generally speaking, it is to make life *happy* or *miserable*; for, though a man may bring his mind to something nearly a state of *indifference*, even *that* is misery, except with those who can hardly be reckoned among sensitive beings. Marriage brings numerous *cares*, which are amply compensated by the more numerous delights which are their companions. But to have the delights, as well as the cares, the choice of the partner must be fortunate. Say *fortunate*; for, after all, love, real

* Napoleon died at St. Helena, in 1821; and his remains rested there till 1840, when they were removed to France and deposited in the Hôtel des Invalides.

love, impassioned affection, is an ingredient so absolutely necessary that no perfect reliance can be placed on the judgment. Yet the judgment may do something; reason may have some influence; and therefore I here offer you my advice with regard to the exercise of that reason.

89. The things which you ought to desire in a wife are: 1. Chastity; 2. Sobriety; 3. Industry; 4. Frugality; 5. Cleanliness; 6. Knowledge of domestic affairs; 7. Good temper; 8. Beauty.

90. (1) CHASTITY, perfect modesty, in word, deed, and even thought, is so essential that without it no female is fit to be a wife. It is not enough that a young woman abstain from everything approaching towards indecorum in her behaviour towards men; it is with me not enough that she cast down her eyes, or turn aside her head with a smile, when she hears an indelicate allusion: she ought to appear *not to understand* it, and to receive from it no more impression than if she were a post. A loose woman is a disagreeable acquaintance: what must she be then as a wife? Love is so blind, and vanity is so busy in persuading us that our own qualities will be sufficient to ensure fidelity, that we are very apt to think nothing, or at any rate very little, of trifling symptoms of levity; but if such symptoms show themselves now, we may be well assured that we shall never possess the power of effecting a cure. If prudery mean *false modesty*, it is to be despised; but if it mean modesty pushed to the utmost extent, I confess that I like it. Your "*free and hearty*" girls I have liked very well to talk and laugh with; but never for one moment did it enter into my mind that I could have endured a "*free and hearty*" girl for a wife. The thing is, I repeat, to last for life; it is to be a counterbalance for troubles and misfortunes; and it must therefore be perfect, or it had better not be at all. To say that one *despises jealousy* is foolish; it is a thing to be lamented; but the very elements of it ought to be avoided. Gross indeed is the beast, (for he is unworthy the name of man,) nasty indeed is the wretch, who can even entertain a thought of marrying one of whose infidelity he possesses the proof; but in such cases a man ought to be very slow to believe appearances, and he ought not to decide against his wife but upon the clearest proof. The last, and indeed the only effectual safeguard, is to begin well; to make a good choice; to let the beginning be such as to render infi-

dentity and jealousy next to impossible. If you begin in grossness, if you couple yourself on to one with whom you have taken liberties, infidelity is the natural and *just* consequence. When a *peer of the realm*, who had not been over fortunate in his matrimonial affairs, was urging Major Cartwright to seek for nothing more than "*moderate reform*," the major (forgetting the domestic circumstances of his lordship) asked him how he should relish "*moderate chastity*" in a wife! The bare use of the two words, thus coupled together, is sufficient to excite disgust. Yet with this "*moderate chastity*" you must be, and ought to be content, if you have entered into marriage with one in whom you have ever discovered the slightest approach towards lewdness, either in deeds, words, or looks. To marry has been your own act; you have made the contract for your own gratification; you knew the character of the other party; and the children if any, or the community, are not to be the sufferers for your gross and corrupt passion. "*Moderate chastity*" is all that you have in fact contracted for; you have it, and you have no reason to complain. When I come to address myself to the *husband*, I shall have to say more upon this subject, which I dismiss for the present with observing that my observation has convinced me that, when families are rendered unhappy from the existence of "*moderate chastity*," the fault, first or last, has been in the man, ninety-nine times out of every hundred.

91. (2) SOBRIETY. By *sobriety* I do not mean merely an absence of *drinking to a state of intoxication*; for, if that be *hateful* in a man, what must it be in a woman! There is a Latin proverb which says that wine, that is to say, intoxication, *brings forth truth*. Whatever it may do in this way in men, in women it is sure, unless prevented by age or by salutary ugliness, to produce moderate, and a *very moderate*, portion of chastity. There never was a drunken woman, a woman who loved strong drink, who was chaste, if the opportunity of being the contrary presented itself to her. There are cases where *health* requires wine, and even small portions of more ardent liquor; but (reserving what I have further to say on this point till I come to the conduct of the husband) *young unmarried women* can seldom stand in need of these stimulants; and, at any rate, only in cases of well-known definite ailments. Wine! "*only a glass or two of wine at dinner, or so!*" As soon as have married a girl whom I

had thought liable to be persuaded to drink, habitually, "only a glass or two of wine at dinner, or so;" as soon as have married such a girl, I would have taken a strumpet from the streets. And it has not required age to give me this way of thinking; it has always been rooted in my mind from the moment that I began to think the girls prettier than posts. There are few things so disgusting as a guzzling woman. A gormandizing one is bad enough; but one who tips off the liquor with an appetite, and exclaims, "*Good! good!*" by a smack of her lips, is fit for nothing but a brothel. There may be cases, amongst the *hard-labouring* women, such as *reapers*, for instance, especially when they have children at the breast; there may be cases, where very *hard-working* women may stand in need of a little *good beer*, beer which, if taken in immoderate quantities, would produce intoxication. But while I only allude of the existence of such cases, I deny the strong drink at all in every other case. Yet in this metropolis it is the general custom for tradesmen, journeymen, and even labourers, to have regularly on their tables the big brewers' poison twice in every day, and at the rate of not less than a pot to a person, women as well as men, as the allowance for the day. A pot of poison a day, at fivepence the pot, amounts to *seven pounds and two shillings* in the year! Man and wife suck down in this way *fourteen pounds four shillings* a year! Is it any wonder that they are clad in rags, that they are skin and bone, and that their children are covered with filth?

92. But by the word sobriety, in a young woman, I mean a great deal more than even a rigid abstinence from that love of *drink* which I am not to suppose, and which I do not believe, to exist anything like generally amongst the young women of this country. I mean a great deal more than this; I mean *sobriety of conduct*. The word *sober*, and its derivatives, do not confine themselves to matters of *drink*; they express *steadiness*, *seriousness*, *carefulness*, *scrupulous propriety of conduct*; and they are thus used amongst country people in many parts of England. When a Somersetshire fellow makes too free with a girl, she reproves him with "Come! be *sober!*" And when we wish a team or anything to be moved on *steadily* and with *great care*, we cry out to the carter or other operator, "*Soberly, soberly!*" Now this species of sobriety is a great qualification in the person you

mean to make your wife. Skipping, capering, romping, rattling girls are very amusing, where all costs and other consequences are out of the question ; and they *may* become sober in the Somersetshire sense of the word. But while you have *no certainty* of this you have a presumptive argument on the other side. To be sure, when girls are *mere children*, they are to play and romp like children. But when they arrive at that age which turns their thoughts towards that sort of connection which is to be theirs for life ; when they begin to think of having the command of a house, however small or poor, it is time for them to cast away the levity of the child. It is natural, nor is it very wrong that I know of, for children to like to gad about and to see all sorts of strange sights, though I do not approve of this even in children ; but if I could not have found a *young woman* (and I am sure I never should have married an *old one*) who I was not *sure* possessed *all* the qualities expressed by the word sobriety, I should have remained a bachelor to the end of that life, which, in that case, would, I am satisfied, have terminated without my having performed a thousandth part of those labours which have been, and are, in spite of all political prejudice, the wonder of all who have seen or heard of them. Scores of gentlemen have, at different times, expressed to me their surprise that I was "*always in spirits*" ; that nothing *pulled me down* ; and the truth is that, throughout nearly forty years of troubles, losses, and crosses, asailed all the while by more numerous and powerful enemies than ever man had before to contend with, and performing at the same time labours greater than man ever before performed, all those labours requiring mental exertion, and some of them mental exertion of the highest order,—the truth is that, throughout the whole of this long time of troubles and of labours, I have never known a single hour of *real anxiety* ; the troubles have been no troubles to me ; I have not known what *lowness of spirits* meant ; have been more gay, and felt less care, than any bachelor that ever lived. "You are *always in spirits*, Cobbett!" To be sure ; for why should I not? *Poverty* I have always set at defiance, and I could therefore defy the temptations of riches ; and as to *home* and *children*, I had taken care to provide myself with an inexhaustible store of that "*sobriety*" which I am so strongly recommending my reader to provide himself with ; or, if he cannot do that, to

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deliberate long before he ventures on the life-enduring matrimonial voyage. This sobriety is a title to trustworthiness; and this, young man, is the treasure that you ought to prize far above all others. Miserable is the husband who, when he crosses the threshold of his house, carries with him doubts and fears and suspicions. I do not mean suspicions of the fidelity of his wife, but of her care, frugality, attention to his interests, and to the health and morals of his children. Miserable is the man who cannot leave all unlocked, and who is not sure, quite certain, that all is as safe as if grasped in his own hand. He is the happy husband, who can go away at a moment's warning, leaving his house and his family with as little anxiety as he quits an inn, not more fearing to find, on his return, anything wrong than he would about at sixes and sevens, finding them arranged in proper order, and the room, during the lucky interval, freed from the effects of his and his ploughman's or gardener's dirty shoes. Such a man has no real cares; such a man has no troubles; and this is the sort of life that I have led. I have had all the numerous and indescribable delights of home and children, and at the same time all the bachelor's freedom from domestic cares; and to this cause, far more than to any other, my readers owe those labours which I never could have performed if even the slightest degree of want of confidence at home had ever once entered into my mind.

93. But, in order to possess this precious trustworthiness, you must, if you can, exercise your reason in the choice of your partner. If she be vain of her person, very fond of her dress, fond of flattery, at all given to gadding about, fond of what are called parties of pleasure, or coquettish, though in the least degree; if either of these, she never will be trustworthy: she cannot change her nature; and if you marry her you will be unjust if you expect trustworthiness at her hands. But, besides this, even if you find in her that innate "sobriety," of which I have been speaking, there requires on your part, and that at once too, confidence and trust without any limit. Confidence is, in this case, nothing unless it be reciprocal. To have a trustworthy wife, you must begin by showing her, even before you are married, that you have no suspicions, no fears, no doubts, with regard to her. Many a man has been

carded by a virtuous girl, merely on account of his querulous conduct. All women despise jealous men; and if they marry such, their motive is other than that of affection. Therefore begin by proofs of unlimited confidence; and as example may serve to assist precept, and as I never have preached that which I have not practised, I will give you the history of my own conduct in this respect.

94. When I first saw my wife, she was *thirteen years old*, and I was within about a month of *twenty-one*. She was the daughter of a sergeant of artillery, and I was the sergeant-major of a regiment of foot, both stationed in forts near the city of St. John, in the province of New Brunswick. I sat in the same room with her for about an hour, in company with others, and I made up my mind that she was the very girl for me. That I thought her beautiful is certain, for that I had always said should be an indispensable qualification; but I saw in her what I deemed marks of that sobriety of conduct of which I have said so much, and which has been by far the greatest blessing of my life. It was now dead of winter, and, of course, the snow several feet deep on the ground, and the weather piercing cold. It was my habit, when I had done my morning's writing, to go out at break of day to take a walk on a hill at the foot of which our barracks lay. In about three mornings after I had first seen her I had, by an invitation to breakfast with me, got up two young men to join me in my walk; and our road lay by the house of her father and mother. It was hardly light, but she was out on the snow, scrubbing out a washing tub. "That's the girl for me," said I, when we had got out of her hearing. One of these young men came to England soon afterwards; and he, who keeps an inn in Yorkshire, came over to Preston, at the time of the election, to verify whether I were the same man. When he found that I was he appeared surprised; but what was his surprise when I told him that those tall young men whom he saw around me were the *sons* of that pretty little girl that he and I saw scrubbing out the washing tub on the snow in New Brunswick at daybreak in the morning!

95. From the day that I first spoke to her, I never had a thought of her ever being the wife of any other man, more than I had a thought of her being transformed into a chest of drawers; and I formed my resolution at once to marry her as soon as we could get permission, and to get out of the army

as soon as I could. So that this matter was at once settled as firmly as if written in a book of fate. At the end of about six months my regiment, and I along with it, were moved to Frederickton, a distance of a *hundred miles* up the river of St. John; and, which was worse, the artillery was expected to go off to England a year or two before our regiment! The artillery went, and she along with them; and now it was that I acted a part becoming a real and sensible lover. I was aware that, when she got to that gay place Woolwich, the house of her father and mother, necessarily visited by numerous persons not the most select, might become unpleasant to her; and I did not like, besides, that she should continue to *work hard*. I had saved a *hundred and fifty guineas*, the earnings of my early hours, in writing for the paymaster, the quartermaster, and others, in addition to the savings of my own pay. *I sent her all my money* before she sailed; and wrote to her, to beg of her, if she found her home uncomfortable, to hire a lodging with respectable people: and, at any rate, not to spare the money by any means, but to buy herself good clothes, and to live without hard work, until I arrived in England; and I, in order to induce her to lay out the money, told her that I should get plenty more before I came home.

96. As the malignity of the devil would have it, we were kept abroad *two years longer* than our time, Mr. Pitt (England not being so tame then as she is now) having knocked up a dust with Spain about Nootka Sound.* Oh how I cursed Nootka Sound, and poor bawling Pitt too, I am afraid! At the end of *four years* however, home I came, landed at Portsmouth, and got my discharge from the army by the great kindness of poor Lord Edward Fitzgerald, who was then the major of my regiment. I found my little girl a servant of all work (and hard work it was), *at five pounds a year*, in the house of a Captain Brisac; and, without hardly saying a word about the matter, she put into my hands *the whole of my hundred and fifty guineas unbroken!*

97. Need I tell the reader what my feelings were? Need I tell kind-hearted English parents what effect this anecdote

* Nootka Sound is an inlet on the west coast of Vancouver's Island. The Spaniards in 1789 took possession of the settlement on its shores. The British ministry demanded reparation, and the affair in the following year was amicably settled.

must have produced on the minds of our children? Need I attempt to describe what effect this example ought to have on every young woman who shall do me the honour to read this book? Admiration of her conduct, and self gratulation on this indubitable proof of the soundness of my own judgment, were now added to my love of her beautiful person.

98. Now I do not say that there are not many young women of this country who would, under similar circumstances, have acted as my wife did in this case; on the contrary, I hope, and do sincerely believe, that there are. But when *her age* is considered; when we reflect that she was living in a place crowded, literally *crowded*, with gaily dressed and handsome young men, many of whom were really far richer and in higher rank than I was, and scores of them ready to offer her their hand; when we reflect that she was living amongst young women who put upon their backs every shilling that they could come at; when we see her keeping the bag of gold untouched, and working hard to provide herself with but mere necessary apparel, and doing this while she was passing from *fourteen to eighteen years of age*; when we view the whole of the circumstances, we must say that here is an example which, while it reflects honour on her sex, ought to have weight with every young woman whose eyes or ears this relation shall reach.

99. If any young man imagine that this great *sobriety of conduct* in young women must be accompanied with seriousness approaching to *gloom*, he is, according to my experience and observation, very much deceived. The *contrary* is the fact; for I have found that as, amongst men, your jovial companions are, except over the bottle, the dullest and most insipid of souls, so amongst women, the gay, the rattling, and laughing, are, unless some party of pleasure, or something out of domestic life, is going on, generally in the dumps and blue-devils. Some *stimulus* is always craved after by this description of women; some sight to be seen, something to see or hear other than what is to be found *at home*, which, as it affords no incitement, nothing "*to raise and keep up the spirits,*" is looked upon merely as a place *to be at* for want of a better; merely a place for eating and drinking, and the like; merely a biding-place, whence to sally in search of enjoyments. A greater curse than a wife of this description it would be somewhat difficult to find; and, in your character

of lover, you are to provide against it. I hate a dull, melancholy, moping thing; I could not have existed in the same house with such a thing for a single month. The mopers are, too, all giggle at other times; the gaiety is for others, and the moping for the husband, to comfort him, happy man, when he is alone; plenty of smiles and of badinage for others, and for him to participate with others; but the moping is reserved exclusively for him. One hour she is capering about, as if rehearsing a jig; and the next sighing to the motion of a lazy needle, or weeping over a novel; and this is called *sentiment!* Music, indeed! Give me a mother singing to her clean and fat and rosy baby, and making the house ring with her extravagant and hyperbolical encomiums on it. That is the music which is "*the food of love,*" and not the formal, pedantic noises, an affectation of skill in which is now-a-days the ruin of half the young couples in the middle rank of life. Let any man observe, as I so frequently have with delight, the excessive fondness of the labouring people for their children. Let him observe with what pride they dress them out on a Sunday, with means deducted from their own scanty meals. Let him observe the husband, who has toiled all the week like a horse, nursing the baby, while the wife is preparing the bit of dinner. Let him observe them both abstaining from a sufficiency, lest the children should feel the pinchings of hunger. Let him observe, in short, the whole of their demeanour, the real mutual affection evinced, not in words, but in unequivocal deeds. Let him observe these things, and, having then cast a look at the lives of the great and wealthy, he will say, with me, that when a man is choosing his partner for life, the dread of poverty ought to be cast to the winds. A labourer's cottage, on a Sunday; the husband or wife having a baby in arms, looking at two or three older ones playing between the flower borders going from the wicket to the door, is according to my taste the most interesting object that eyes ever beheld; and it is an object to be beheld in no country upon earth but in England. In France a labourer's cottage means a *shed* with a *dungheap* before the door; and it means much about the same in America, where it is wholly inexcusable. In riding once, about five years ago, from Petworth to Horsham, on a Sunday in the afternoon, I came to a solitary cottage, which stood at about twenty yards distance from the road. There was the wife with the baby in her arms,

the husband teaching another child to walk, while *four* more were at play before them. I stopped and looked at them for some time, and then, turning my horse, rode up to the wicket, getting into talk by asking the distance to Horsham. I found that the man worked chiefly in the woods, and that he was doing pretty well. The wife was then only *twenty-two*, and the man only *twenty-five*. She was a pretty woman, even for *Sussex*, which, not excepting Lancashire, contains the prettiest women in England. He was a very fine and stout young man. "Why," said I, "how many children do you reckon to have at last?" "I do not care how many," said the man, "God never sends mouths without sending meat." "Did you ever hear," said I, "of one Parson Malthus?" "No, sir." "Why, if he were to hear of your works, he would be outrageous; for he wants an act of parliament to prevent poor people from marrying young, and from having such lots of children." "Oh! the brute!" exclaimed the wife; while the husband laughed, thinking that I was joking. I asked the man whether he had ever had *relief from the parish*; and upon his answering in the negative, I took out my purse, took from it enough to bait my horse at Horsham, and to clear my turnpikes to Worth, whither I was going to stay awhile, and gave him all the rest. Now is it not a shame, is it not a sin of all sins, that people like these should, by acts of the government be reduced to such misery as to be induced to abandon their homes and their country, to seek, in a foreign land, the means of preventing themselves and their children from starving? And this has been, and now is, actually the case with many such families in this same county of *Sussex*!

100. An *ardent minded* young man (who, by the by, will, as I am afraid, have been wearied by this rambling digression) may fear that this great *sobriety of conduct* in a young woman, for which I have been so strenuously contending, argues a want of that *warmth* which he naturally so much desires; and if my observation and experience warranted the entertaining of this fear, I should say, had I to live my life over again, give me the *warmth*, and I will stand my chance as to the rest. But this observation and this experience tell me the contrary; they tell me that *levity* is, ninety-nine times out of a hundred, the companion of a *want of ardent feeling*. Prostitutes never *love*, and, for the far greater part, never did. Their passion, which is more *mere animal* than anything else,

is easily gratified; they, like rakes, change, not only without pain, but with pleasure, that is to say, pleasure as great as they can enjoy. Women of light minds have seldom any ardent passion; love is a mere name, unless confined to one object; and young women, in whom levity of conduct is observable, will not be thus restricted. I do not, however, recommend a young man to be too severe in judging, where the conduct does not go beyond mere levity and is not bordering on loose conduct; for something here depends upon constitution and animal spirits, and something also upon the manners of the country. That levity, which in a French girl I should not have thought a great deal of, would have frightened me away from an English or an American girl. When I was in France, just after I was married, there happened to be amongst our acquaintance a gay, sprightly girl, of about seventeen. I was remonstrating with her one day on the facility with which she seemed to shift her smiles from object to object; and she, stretching one arm out in an upward direction, the other in a downward direction, raising herself upon one foot, leaning her body on one side, and thus throwing herself into a flying attitude, answered my grave lecture by singing, in a very sweet voice (significantly bowing her head, and smiling at the same time), the following lines from the *vaudeville*, in the play of "Figaro":

"Si l'amour a des ailles,
N'est-ce pas pour voltiger?"

that is, if love has wings, is it not to flutter about with? The wit, argument, and manner, all together, silenced me. She, after I left France, married a very worthy man, has had a large family, and has been, and is, a most excellent wife and mother. But that which does sometimes well in France does not do here at all. Our manners are more grave; steadiness is the rule, and levity the exception. Love may *voltige* in France; but in England it cannot, with safety to the lover: and it is a truth which, I believe, no man of attentive observation will deny, that as, in general, English wives are more warm in their conjugal attachments than those of France, so, with regard to individuals, that those English women who are the most light in their manners, and who are the least constant in their attachments, have the smallest portion of that warmth, that indescribable passion which God has given to human

beings as the great counterbalance to all the sorrows and sufferings of life.

101. (3) INDUSTRY. By *industry* I do not mean merely laboriousness, merely labour or activity of body, for purposes of gain or of saving; for there may be industry amongst those who have more money than they know well what to do with, and there may be *lazy ladies*, as well as lazy farmers' and tradesmen's wives. There is no state of life in which industry in a wife is not necessary to the happiness and prosperity of the family at the head of the household affairs of which she is placed. If she be lazy there will be lazy servants, and, which is a great deal worse, children habitually lazy: everything, however necessary to be done, will be put off to the last moment: then it will be done badly, and in many cases not at all; the dinner will be *too late*; the journey or the visit will be tardy; inconveniences of all sorts will be continually arising: there will always be a heavy *arrear* of things unperformed; and this, even amongst the most wealthy of all, is a great curse; for if they have no *business* imposed upon them by necessity, they *make business* for themselves; life would be unbearable without it: and therefore a lazy woman must always be a curse, be her rank or station what it may.

102. But *who is to tell* whether a girl will make an industrious woman? How is the purblind lover especially to be able to ascertain whether she, whose smiles and dimples and bewitching lips have half bereft him of his senses, how is he to be able to judge, from anything that he can see, whether the beloved object will be industrious or lazy? Why, it is very difficult: it is a matter that reason has very little to do with; but there are nevertheless certain outward and visible signs, from which a man, not wholly deprived of the use of his reason, may form a pretty accurate judgment as to this matter. It was a story in Philadelphia, some years ago, that a young man, who was courting one of three sisters, happened to be on a visit to her, when all the three were present, and when one said to the others, "I wonder where *our* needle is." Upon which he withdrew, as soon as was consistent with the rules of politeness, resolved never to think more of a girl who possessed a needle only in partnership, and who, it appeared, was not too well informed as to the place where even that share was deposited.

103. This was, to be sure, a very flagrant instance of a

want of industry; for if the third part of the use of a needle satisfied her when single, it was reasonable to anticipate that marriage would banish that useful implement altogether. But such instances are seldom suffered to come in contact with the eyes and ears of the lover, to disguise all defects from whom is the great business, not only of the girl herself, but of her whole family. There are, however, certain *outward signs*, which, if attended to with care, will serve as pretty sure guides. And first, if you find the *tongue* lazy, you may be nearly certain that the hands and feet are the same. By laziness of the tongue I do not mean *silence*; I do not mean an *absence of talk*, for that is in most cases very good: but I mean a *slow* and *soft utterance*, a sort of *sighing out* of the words instead of *speaking* them, a sort of letting the sounds fall out, as if the party were *sick at stomach*. The pronunciation of an industrious person is generally *quick*, *distinct*, and the voice, if not strong, *firm* at the least. Not masculine; as feminine as possible; not a *croak* nor a *bawl*, but a quick, distinct, and sound voice. Nothing is much more disgusting than what the sensible country people call a *maw-mouthed* woman. A maw-mouthed man is bad enough, he is sure to be a lazy fellow; but a woman of this description, in addition to her laziness, soon becomes the most disgusting of mates. In this whole world nothing is much more hateful than a female's under jaw lazily moving up and down, and letting out a long string of half articulate sounds. It is impossible for any man, who has any spirit in him, to love such a woman for any length of time.

104. Look a little also at the labours of the *teeth*, for these correspond with those of the other members of the body, and with the operations of the mind. "Quick at *meals*, quick at *work*," is a saying as old as the hills, in this the most industrious nation upon earth; and never was there a truer saying. But fashion comes in here, and decides that you shall not be quick at meals; that you shall sit and be carrying on the affair of eating for an hour or more. What have I not suffered on this account! However, though she must *sit* as long as the rest, and though she join in the *performance* (for it is a real performance) unto the end of the last scene, she cannot make her *teeth* abandon their character. She may and must suffer the slice to linger on the plate, and must make the supply slow, in order to fill up the time; but when

she does bite, she cannot well disguise what nature has taught her to do; and you may be assured that if her jaws move in slow time, and if she rather *squeeze* than bite the food; if she so deal with it as to leave you in doubt as to whether she mean finally to admit or reject it; if she deal with it thus, set her down as being in her very nature incorrigibly lazy. Never mind the pieces of needlework, the tambouring, the maps of the world made by her needle. Get to see her at work upon a mutton chop, or a bit of bread and cheese; and if she deal quickly with these, you have a pretty good security for that activity, that *stirring* industry, without which a wife is a burden instead of being a help; and, as to *love*, it cannot live for more than a month or two (in the breast of a man of spirit) towards a lazy woman.

105. Another mark of industry is *a quick step*, and a somewhat *heavy tread*, showing that the foot comes down with a *hearty goodwill*; and if the body lean a little forward, and the eyes keep steadily in the same direction, while the feet are going, so much the better, for these discover *earnestness* to arrive at the intended point. I do not like, and I never liked, your *sauntering*, soft stepping girls, who move as if they were perfectly indifferent as to the result; and, as to the *love* part of the story, whoever expects ardent and lasting affection from one of these sauntering girls will, when too late, find his mistake: the character runs the same all the way through; and no man ever yet saw a sauntering girl, who did not, when married, make a *mawkish* wife and a cold hearted mother, cared very little for either by husband or children, and of course having no store of those blessings which are the natural resources to apply to in sickness and in old age.

106. *Early rising* is another mark of industry; and though, in the higher situations of life, it may be of no importance in a mere pecuniary point of view, it is even there of importance in other respects; for it is, I should imagine, pretty difficult to keep love alive towards a woman who *never sees the dew*, never beholds the *rising sun*, and who constantly comes directly from a reeking bed to the breakfast table, and there chews about without appetite the choicest morsels of human food. A man might perhaps endure this for a month or two, without being disgusted; but that is ample allowance of time. And as to people in the middle rank of life, where a living and a provision for children are to be sought by labour of some sort or

other, late rising in the wife is *certain ruin*; and never was there yet an early rising wife who had been a late rising girl. If brought up to late rising, she will like it; it will be her *habit*; she will, when married, never want excuses for indulging in the habit; at first she will be indulged without bounds; to make a *change* afterwards will be difficult, it will be deemed a *wrong* done to her, she will ascribe it to diminished affection; a quarrel must ensue, or the husband must submit to be ruined, or, at the very least, to see half the fruit of his labour snored and lounged away. And is this being *rigid*? is it being *harsh*? is it being *hard* upon women? Is it the offspring of the frigid severity of age? It is none of these: it arises from an ardent desire to promote the happiness, and to add to the natural, legitimate, and salutary influence of the female sex. The tendency of this advice is to promote the preservation of their health; to prolong the duration of their beauty; to cause them to be beloved to the last day of their lives; and to give them, during the whole of those lives, weight and consequence, of which laziness would render them wholly unworthy.

107. (4) FRUGALITY. This means the contrary of *extravagance*. It does not mean *stinginess*; it does not mean a pinching of the belly, nor a stripping of the back; but it means an abstaining from all *unnecessary* expenditure, and all *unnecessary* use of goods of any and of every sort; and a quality of great importance it is, whether the rank in life be high or low. Some people are indeed so rich, they have such an over abundance of money and goods, that how to get rid of them would to a looker on seem to be their only difficulty. But while the inconvenience of even these immense masses is not too great to be overcome by a really extravagant woman, who jumps with joy at a basket of strawberries at a guinea an ounce, and who would not give a straw for green peas later in the year than January; while such a dame would lighten the bags of a loanmonger, or shorten the rent roll of half-a-dozen peerages amalgamated into one possession, she would, with very little study and application of her talent, send a nobleman of ordinary estate to the poorhouse or the pension list, which last may be justly regarded as the poor book of the aristocracy. How many noblemen and gentlemen of fine estates have been ruined and degraded by the extravagance of their wives! More frequently by their own extravagance

perhaps; but, in numerous instances, by that of those whose duty it is to assist in upholding their stations by husbanding their fortunes.

108. If this be the case amongst the opulent, who have estates to draw upon, what must be the consequences of a want of frugality in the middle and lower ranks of life? Here it must be fatal, and especially amongst that description of persons whose wives have, in many cases, the *receiving* as well as the expending of money. In such a case there wants nothing but extravagance in the wife to make ruin as sure as the arrival of old age. To obtain *security* against this is very difficult; yet, if the lover be not *quite blind*, he may easily discover a propensity towards extravagance. The object of his addresses will, nine times out of ten, not be the manager of a house; but she must have her *dress* and other little matters under her control. If she be *costly* in these, if in these she step above her rank, or even to the top of it, if she purchase all she is *able* to purchase, and prefer the showy to the useful, the gay and the fragile to the less sightly and more durable, he may be sure that the disposition will cling to her through life. If he perceive in her a taste for costly food, costly furniture, costly amusements; if he find her love of gratification to be bounded only by her want of means; if he find her full of admiration of the trappings of the rich, and of desire to be able to imitate them, he may be pretty sure that she will not spare his purse when once she gets her hand into it; and therefore if he can bid adieu to her charms, the sooner he does it the better.

109. The outward and visible and vulgar signs of extravagance are *rings*, *brooches*, *bracelets*, *buckles*, *necklaces*, *diamonds* (real or mock), and, in short, all the *hardware* which women put upon their persons. These things may be proper enough in palaces, or in scenes resembling palaces; but when they make their appearance amongst people in the middle rank of life, where, after all, they only serve to show that poverty in the parties which they wish to disguise: when the nasty, mean, tawdry things make their appearance in this rank of life, they are the sure indications of a disposition that will *always be straining at what it can never attain*. To marry a girl of this disposition is really self destruction. You never can have either property or peace. Earn her a horse to ride, she will want a gig; earn the gig, she will want a chariot; get

her that, she will long for a coach and four; and, from stage to stage, she will torment you to the end of her or your days; for still there will be somebody with a finer equipage than you can give her; and as long as this is the case, you will never have rest. Reason would tell her that she could never be at the *top*, that she must stop at some point short of that, and that therefore all expences in the rivalry are so much thrown away. But *reason* and brooches and bracelets do not go in company: the girl who has not the sense to perceive that her person is disfigured, and not beautified, by parcels of brass and tin (for they are generally little better) and other hardware, stuck about her body; the girl that is so foolish as not to perceive that when silks and cottons and cambrics, in their neatest form, have done their best, nothing more is to be done;—the girl that cannot perceive this is too great a fool to be trusted with the purse of any man.

110. (5) CLEANLINESS. This is a capital ingredient; for there never yet was, and their never will be, love of long duration, sincere and ardent love, in any man towards a "*filthy mate*"; I mean any man in *England*, or in those parts of *America* where the people have descended from the English. I do not say that there are not men enough, even in England, to live *peaceably*, and even contentedly, with dirty, sluttish women; for there are some who seem to like the filth well enough. But what I contend for is this, that there never can exist, for any length of time, *ardent affection* in any man towards a woman who is filthy either in her person or in her house affairs. Men may be careless as to their own persons; they may, from the nature of their business, or from their want of time to adhere to neatness in dress, be slovenly in their own dress and habits; but they do not relish this in their wives, who must still have *charms*; and *charms* and filth do not go together.

111. It is not *dress* that the husband wants to be perpetual, it is not *finery*; but *cleanliness* is everything. The French women dress enough, especially when they *sally forth*. My excellent neighbour, Mr. John Tredwell, of Long Island, used to say that the French were "pigs in the parlour and peacocks on the promenade;" an alliteration which "*Canning's self*" might have envied! This *occasional* cleanliness is not the thing that an English or an American husband wants: he wants it always, indoors as well as out, by night as well as

by day, on the floor as well as on the table ; and, however he may grumble about the "fuss" and the "expense" of it, he would grumble more if he had it not. I once saw a picture representing the *amusements* of Portuguese lovers ; that is to say, three or four young men, dressed in gold or silver laced clothes, each having a young girl, dressed like a princess and affectionately engaged in hunting down and *killing the vermin in his head!* This was perhaps an *exaggeration* ; but that it should have had the shadow of foundation was enough to fill me with contempt for the whole nation.

112. The signs of cleanliness are, in the first place, a clean skin. An English girl will hardly let her lover see the stale dirt between her fingers, as I have many times seen it between those of French women, and even ladies, of all ages. An English girl will have her face clean, to be sure, if there be soap and water within her reach ; but get a glance, just a glance, at her *poll*, if you have any doubt upon the subject ; and if you find there, or *behind the ears*, what the Yorkshire people call *grime*, the sooner you cease your visits the better. I hope now that no young woman will be offended at this, and think me too severe on her sex. I am only saying, I am only telling the women, that which *all men think* ; and it is a decided advantage to them to be fully informed of *our thoughts* on the subject. If any one who shall read this find, upon self examination, that she is defective in this respect, there is plenty of time for correcting the defect.

113. In the dress you can, amongst rich people, find little whereon to form a judgment as to cleanliness, because they have not only the dress prepared for them but *put upon them* into the bargain. But in the middle rank of life the dress is a good criterion in two respects : first, as to its colour ; for if the white be a sort of *yellow*, cleanly hands would have been at work to prevent that. A *white-yellow* cravat, or shirt, on a man, speaks at once the character of his wife ; and be you assured that she will not take with your dress pains which she has never taken with her own. Then the manner of *putting on* the dress is no bad foundation for judging. If it be careless, slovenly, if it do not fit properly, no matter for its *mean quality* : mean as it may be, it may be neatly and trimly put on : and if it be not, take care of yourself ; for as you will soon find to your cost, a sloven in one thing is a sloven in all things. The country people judge greatly from the state of

the covering of the ankles, and if that be not clean and tight, they conclude that all out of sight is not what it ought to be. Look at the *shoes*! If they be trodden on one side, loose on the foot, or run down at the heel, it is a very bad sign; and as to *slip-shod*, though at coming down in the morning and even before daylight, make up your mind to a rope rather than to live with a *slip-shod* wife.

114. Oh, how much do women lose by inattention to these matters! Men in general say nothing about it to their wives; but they *think* about it, they envy their luckier neighbours, and, in numerous cases, consequences the most serious arise from this apparently trifling cause. Beauty is valuable; it is one of the ties, and a strong tie too: that, however, cannot last to old age; but the charm of cleanliness never ends but with life itself. I dismiss this part of my subject with a quotation from my "Year's Residence in America," containing words which I venture to recommend to every young woman to engrave on her heart: "The sweetest flowers, when they become putrid, stink the most; and a nasty woman is the nastiest thing in nature."

115. (6) KNOWLEDGE OF DOMESTIC AFFAIRS. Without more or less of this knowledge, a *lady*, even the wife of a peer, is but a poorish thing. It was the fashion in former times, for ladies to understand a great deal about these affairs, and it would be very hard to make me believe that this did not tend to promote the interests and honour of their husbands. The affairs of a great family never can be *well* managed if left *wholly* to hirelings; and there are many parts of these affairs in which it would be unseemly for the husband to meddle. Surely, no lady can be too high in rank to make it proper for her to be well acquainted with the character and general demeanour of all the female *servants*. To receive and give them characters is too much to be left to a servant, however good, and of service however long. Much of the ease and happiness of the great and rich must depend on the character of those by whom they are served: they live under the same roof with them; they are frequently the children of their tenants or poorer neighbours; the conduct of their whole lives must be influenced by the examples and precepts which they here imbibe; and when ladies consider how much more weight there must be in one word from them than in ten thousand words from a person who, call her what you like, is still a *fellow servant*, it

does appear strange that they should forego the performance of this at once important and pleasing part of their duty. It was from the mansions of noblemen and gentlemen, and not from boarding schools, that farmers and tradesmen formerly took their wives; and though these days are gone, with little chance of returning, there is still something left for ladies to do in checking that torrent of immorality which is now crowding the streets with prostitutes and cramming the jails with thieves.

116. I am however addressing myself in this work to persons in the middle rank of life; and here a knowledge of *domestic affairs* is so necessary in every wife that the lover ought to have it continually in his eye. Not only a *knowledge* of these affairs, not only to know how things *ought to be done*, but how to *do them*, not only to know what ingredients ought to be put into a pie or pudding but to be able to *make* the pie or the pudding. Young people, when they come together, ought not, unless they have fortunes or are in a great way of business, to think about *servants*. Servants for what? To help them to eat, and drink, and sleep? When children come, there must be some *help* in a farmer's or tradesman's house; but until then, what call for a servant in a house the master of which has to *earn* every mouthful that is consumed?

117. I shall, when I come to address myself to the husband, have much more to say upon this subject of *keeping servants*; but what the lover, if he be not quite blind, has to look to, is that his intended wife knows *how to do* the work of a house, unless he have fortune sufficient to keep her like a lady. "Eating and drinking," as I observe in "Cottage Economy," come *three times every day*: they must come; and however little we may, in the days of our health and vigour, care about choice food and about cookery, we very soon get *tired* of heavy or burnt bread, and of spoiled joints of meat. We bear them for a time, or for two perhaps, but about the third time we lament *inwardly*; about the fifth time it must be an extraordinary honeymoon that will keep us from complaining; if the like continue for a month or two we begin to *repent*, and then adieu to all our anticipated delights. We discover when it is too late that we have not got a helpmate, but a burden; and the fire of love being damped, the unfortunately educated creature, whose parents are more to blame than she, is, unless she resolve to learn her duty, doomed to lead a life very nearly

approaching to that of misery; for, however considerate the husband, he never can esteem her as he would have done had she been skilled and able in domestic affairs.

118. The mere *manual performance* of domestic labours is not indeed absolutely necessary in the female head of the family of professional men, such as lawyers, doctors, and parsons; but even here, and also in the case of great merchants, and of gentlemen living on their fortunes, surely the head of the household ought to be able to give directions as to the purchasing of meat, salting meat, making bread, making preserves of all sorts, and ought to see the things done or that they be done. She ought to take care that food be well cooked, drink properly prepared and kept; that there be always a sufficient supply; that there be good living without waste; and that in her department nothing shall be seen inconsistent with the rank, station, and character of her husband; who, if he have a skilful and industrious wife, will, unless he be of a singularly foolish turn, gladly leave all these things to her absolute dominion, controlled only by the extent of the whole expenditure, of which he must be the best and indeed the sole judge.

119. But in a farmer's or a tradesman's family the *manual performance* is absolutely necessary, whether there be servants or not. No one knows how to teach another so well as one who has done, and can do, the thing himself. It was said of a famous French commander that in attacking an enemy he did not say to his men, "Go on," but "Come on;" and whoever have well observed the movements of servants must know what a prodigious difference there is in the effect of the words *go* and *come*. A very good rule would be to have nothing to eat in a farmer's or tradesman's house that the mistress did not know how to prepare and to cook; no pudding, tart, pie, or cake that she did not know how to make. Never fear the toil to her: exercise is good for health, and without *health* there is *no beauty*. A sick beauty may excite pity, but pity is a short-lived passion. Besides, what is the labour in such a case? And how many thousands of ladies who loll away the day would give half their fortunes for that sound sleep which the stirring housewife seldom fails to enjoy!

120. Yet if a young farmer or tradesman *marry* a girl who has been brought up to *play music*, to what is called *draw*, to *sing*, to waste paper, pen, and ink in writing long and half

romantic letters, and to see shows and plays, and read novels; if a young man do marry such an unfortunate young creature, let him bear the consequences with temper, let him be *just*; and justice will teach him to treat her with great indulgence, to endeavour to cause her to learn her business as a wife, to be patient with her, to reflect that he has taken her being apprised of her inability, to bear in mind that he was, or seemed to be, pleased with her showy and useless acquirements; and that, when the gratification of his passion has been accomplished, he is unjust and cruel and unmanly, if he turn round upon her, and accuse her of a want of that knowledge which he well knew that she did not possess.

121. For my part, I do not know, nor can I form an idea of, a more unfortunate being than a girl with a mere boarding-school education, and without a fortune to enable her to keep a servant when married. Of what use are her accomplishments? Of what use her music, her drawing, and her romantic epistles? If she be good in *her nature*, the first little faint cry of her first baby drives all the tunes, and all the landscapes, and all the Clarissa Harlowes out of her head for ever. I once saw a very striking instance of this sort. It was a climb-over-the-wall match, and I gave the bride away at St. Margaret's church, Westminster; the pair being as handsome a pair as ever I saw in my life. Beauty however, though in double quantity, would not pay the baker and butcher; and after an absence of little better than a year I found the husband in prison for debt; but I there found also his wife, with her baby, and she, who had never before her marriage known what it was to get water to wash her own hands, and whose talk was all about music and the like, was now the cheerful sustainer of her husband and the most affectionate of mothers. All the music, and all the drawing, and all the plays and romances, were gone to the winds! The husband and baby had fairly supplanted them; and even this prison scene was a blessing, as it gave her, at this early stage, an opportunity of proving her devotion to her husband, who, though I have not seen him for about fifteen years, he being in a part of America which I could not reach when last there, has, I am sure, amply repaid her for that devotion. They have now a numerous family (not less than twelve children, I believe), and she is, I am told, a most excellent and able mistress of a respectable house.

122. But this is a rare instance. The husband, like his

countrymen in general, was at once brave, humane, gentle, and considerate; and the love was so sincere and ardent on both sides that it made losses and sufferings appear as nothing. When I, in a sort of half whisper, asked Mrs. Dickens where her *piano* was, she smiled, and turned her face towards her baby that was sitting on her knee, as much as to say, "This little fellow has beaten the piano"; and if what I am now writing should ever have the honour to be read by her, let it be the bearer of a renewed expression of my admiration of her conduct, and of that regard for her kind and sensible husband which time and distance have not in the least diminished, and which will be an inmate of my heart until it shall cease to beat.

123. The like of this is however not to be expected; no man ought to think that he has even a chance of it. Besides, the husband was in this case a man of learning and of great natural ability. He has not had to get his bread by farming or trade; and in all probability his wife has had the leisure to practise those acquirements which she possessed at the time of her marriage. But can this be the case with the farmer's or the tradesman's wife? She has to *help to earn* a provision for her children, or at the least to help to earn a store for sickness or old age. She therefore ought to be qualified to begin at once to assist her husband in his earnings. The way in which she can most efficiently assist is by taking care of his property, by expending his money to the greatest advantage, by wasting nothing, by making the table sufficiently abundant with the least expense. And how is she to do these things unless she have been *brought up* to understand domestic affairs? How is she to do these things if she have been taught to think these matters beneath her study? How is any man to expect her to do these things if she have been so bred up as to make her habitually look upon them as worthy the attention of none but low and *ignorant* women?

124. *Ignorant*, indeed! Ignorance consists in a want of knowledge of those things which your calling or state of life naturally supposes you to understand. A ploughman is not an *ignorant man* because he does not know how to read: if he knows how to plough he is not to be called an ignorant man; but a wife may be justly called an ignorant woman if she does not know how to provide a dinner for her husband. It is a cold comfort for a hungry man to tell him how delightfully his wife plays and sings: lovers may live on very aerial diet,

but husbands stand in need of the solids ; and young women may take my word for it, that a constantly clean board, well cooked victuáls, a house in order, and a cheerful fire, will do more in preserving a husband's heart than all the "accomplishments" taught in all the "establishments" in the world.

125. (7) GOOD TEMPER. This is a very difficult thing to ascertain beforehand. Smiles are so cheap; they are so easily put on for the occasion ; and besides, the frowns are, according to the lover's whim, interpreted into the contrary. By "*good temper*" I do not mean *easy temper*, a serenity which nothing disturbs, for that is a mark of laziness. *Sulkiness*, if you be not too blind to perceive it, is a temper to be avoided by all means. A sulky man is bad enough ; what then must be a sulky woman, and that woman *a wife* ; a constant inmate, a companion day and night ! Only think of the delight of sitting at the same table, and sleeping in the same bed, for a week, and not exchange a word all the while ! Very bad to be scolding for such a length of time ; but this is far better than the sulks. If you have your eyes, and look sharp, you will discover symptoms of this, if it unhappily exist. She will, at some time or other, show it towards some one or other of the family, or perhaps towards yourself ; and you may be sure that, in this respect, marriage will not mend her. Sulkiness arises from capricious displeasure, displeasure not founded on reason. The party takes offence unjustifiably, is unable to frame a complaint, and therefore expresses displeasure by silence. The remedy for sulkiness is, to suffer it to take its *full swing* ; but it is better not to have the disease in your house, and to be *married to it* is little short of madness.

126. *Querulousness* is a great fault. No man, and especially no *woman*, likes to hear eternal plaintiveness. That she complain, and roundly complain, of your want of punctuality, of your coolness, of your neglect, of your liking the company of others, these are all very well, more especially as they are frequently but too just. But an everlasting complaining, without rhyme or reason, is a bad sign. It shows want of patience and indeed want of sense. But the contrary of this, a *cold indifference*, is still worse. "When will you come again ? You can never find time to come here. You like any company better than mine." These, when groundless,

are very teasing, and demonstrate a disposition too full of anxiousness; but from a girl who always receives you with the same *civil* smile, lets you, at your own good pleasure, depart with the same; and who, when you take her by the hand, holds her cold fingers as straight as sticks, I say (or should if I were young), God in His mercy preserve me!

127. Pertinacity is a very bad thing in anybody, and especially in a young woman; and it is sure to increase in force with the age of the party. To have the last word is a poor triumph; but with some people it is a species of disease of the mind. In a wife it must be extremely troublesome; and if you find an ounce of it in the maid, it will become a pound in the wife. An eternal *disputer* is a most disagreeable companion; and where young women thrust their *say* into conversations carried on by older persons, give their opinions in a positive manner, and court a contest of the tongue, those must be very bold men who will encounter them as wives.

128. Still, of all the faults as to *temper*, your *melancholy* ladies have the worst, unless you have the same mental disease. Most wives are, at times, *misery makers*; but these carry it on as a regular trade. They are always unhappy about *something*, either past, present, or to come. Both arms full of children is a pretty efficient remedy in most cases; but if the ingredients be wanting, a little *want*, a little *real trouble*, a little *genuine affliction* must, if you would effect a cure, be resorted to. But this is very painful to a man of any feeling; and therefore the best way is to avoid a connection which is to give you a life of wailing and sighs.

129. (8) BEAUTY. Though I have reserved this to the last, of the things to be desired in a wife, I by no means think it the last in point of importance. The less favoured part of the sex say that "beauty is but *skin deep*"; and this is very true; but it is very *agreeable* though, for all that. Pictures are only paint deep, or pencil deep; but we *admire* them, nevertheless. "Handsome is that handsome does," used to say to me an old man, who had marked me out for his not overhandsome daughter. "Please your *eye* and plague your *heart*," is an adage that want of beauty invented, I dare say, more than a thousand years ago. These adages would say, if they had but the courage, that beauty is inconsistent with chastity, with sobriety of conduct, and with all the female virtues. The argument is, that beauty exposes the possessor

to greater temptation than women not beautiful are exposed to, and that therefore their fall is more probable. . . Let us see a little how this matter stands.

130. It is certainly true that pretty girls will have more, and more ardent, admirers than ugly ones; but as to the temptation when in their unmarried state, there are few so very ugly as to be exposed to no temptation at all. And which is the most likely to resist; she who has a choice of lovers, or she who, if she let the occasion slip, may never have it again? Which of the two is most likely to set a high value upon her reputation; she whom all beholders admire, or she who is admired at best by mere chance? And as to women in the married state, this argument assumes that, when they fall, it is from their own vicious disposition; when the fact is that, if you search the annals of conjugal infidelity, you will find that, nine cases out of ten, the *fault is in the husband*. It is his neglect, his flagrant disregard, his frosty indifference, his foul example; it is to these that, nine times out of ten, he owes the infidelity of his wife; and if I were to say ninety-nine times out of a hundred, the facts, if verified, would, I am certain, bear me out. And whence this neglect, this disregard, this frosty indifference? whence this foul example? Because it is easy, in so many cases, to find some woman more beautiful than the wife. This is no *justification* for the husband to plead; for he has, with his eyes open, made a solemn contract: if she have not beauty enough to please him, he should have sought it in some other woman; if, as is frequently the case, he have preferred rank or money to beauty, he is an unprincipled man if he do anything to make her unhappy who has brought him the rank or the money. At any rate, as conjugal infidelity is in so many cases, as it is *generally*, caused by the want of affection and due attention in the husband, it follows of course that it must more frequently happen in the case of ugly than in that of handsome women.

131. In point of *dress*, nothing need be said to convince any reasonable man that beautiful women will be less expensive in this respect than women of a contrary description. Experience teaches us that ugly women are always the most studious about their dress; and if we had never observed upon the subject, reason would tell us that it must be so. Few women are handsome without knowing it; and if they

know that their features naturally attract admiration, will they desire to draw it off, and to fix it on lace, and silks, and jewels?

132. As to manners and temper, there are certainly some handsome women who are conceited and arrogant; but as they have all the best reasons in the world for being pleased with themselves, they afford you the best chance of general good humour; and this good humour is a very valuable commodity in the married state. Some that are called handsome, and that are such at the first glance, are dull, inanimate things, that might as well have been made of wax or of wood. But the truth is that this is *not beauty*, for this is not to be found *only* in the form of the features but in the movements of them also. Besides, here nature is very impartial; for she gives animation promiscuously to the handsome as well as to the ugly; and the want of this in the former is surely as bearable as in the latter.

133. But the great use of female beauty, the great practical advantage of it, is that it naturally and unavoidably tends to keep the husband in good humour with himself, to make him, to use the dealer's phrase, *pleased with his bargain*. When old age approaches, and the parties have become endeared to each other by a long series of joint cares and interests, and when children have come and bound them together by the strongest ties that nature has in store, at this age the features and the person are of less consequence; but in the *young days* of matrimony, when the roving eye of the bachelor is scarcely become steady in the head of the husband, it is dangerous for him to see, every time he stirs out, a face more captivating than that of the person to whom he is bound for life. Beauty is, in some degree, a matter of *taste*, what one man admires another does not; and it is fortunate for us that it is thus. But still there are certain things that all men admire; and a husband is always pleased when he perceives that a portion, at least, of these things are in his own possession: he takes this possession as a *compliment to himself*: there must, he will think the world will believe, have been *some merit in him*, some charm, seen or unseen, to have caused him to be blessed with the acquisition.

134. And then there arise so many things, sickness, misfortune in business, losses, many, many things, wholly unexpected; and there are so many circumstances, perfectly name-

less, to communicate to the new-married man the fact that it is not a real *angel* of whom he has got the possession ; there are so many things of this sort, so many and such powerful dampers of the passions, and so many incentives to cool reflection, that it requires something, and a good deal too, to keep the husband in countenance in this his altered and enlightened state. The passion of women does not cool so soon, the lamp of their love burns more steadily, and even brightens as it burns ; and there is, the young man may be assured, a vast difference in the effect of the fondness of a pretty woman and that of one of a different description ; and let reason and philosophy say what they will, a man will come downstairs of a morning better pleased after seeing the former, than he would after seeing the latter, in her *nightcap*.

135. To be sure, when a man has, from whatever inducement, once married a woman, he is unjust and cruel if he even slight her on account of her want of beauty ; and if he treat her harshly on this account, he is a brute. But it requires a greater degree of reflection and consideration than falls to the lot of men in general to make them act with justice in such a case ; and therefore the best way is to guard, if you can, against the temptation to commit such injustice, which is to be done in no other way than by not marrying any one that you do not think handsome.

136. I must not conclude this address to THE LOVER without something on the subject of *seduction* and *inconstancy*. In perhaps nineteen cases out of twenty, there is, in the unfortunate cases of illicit gratification, no seduction at all ; the passion, the absence of virtue, and the crime, being all mutual. But there are other cases of a very different description ; and where a man goes coolly and deliberately to work, first to gain and rivet the affections of a young girl, then to take advantage of those affections to accomplish that which he knows must be her ruin, and plunge her into misery for life ; when a man does this merely for the sake of a momentary gratification he must be either a selfish and unfeeling brute, unworthy of the name of man, or he must have a heart little inferior, in point of obduracy, to that of the murderer. Let young women however be aware, let them be well aware, that few indeed are the cases in which this apology can possibly avail them. Their character is not solely theirs, but belongs in part to their family and kindred. They may, in the case contem-

plated, be objects of compassion with the world ; but what contrition, what repentance, what remorse, what that even the tenderest benevolence can suggest, is to heal the wounded hearts of humbled, disgraced, but still affectionate, parents, brethren, and sisters ?

137. As to *constancy* in lovers, though I do not approve of the saying, " At lovers' lies Jove laughs," yet, when people are young, one object may supplant another in their affections, not only without criminality in the party experiencing the change, but without blame ; and it is honest, and even humane, to act upon the change, because it would be both foolish and cruel to marry one girl while you liked another better ; and the same holds good with regard to the other sex. Even when *marriage* has been *promised*, and that too in the most solemn manner, it is better for both parties to break off, than to be coupled together with the reluctant assent of either ; and I have always thought that actions for damages on this score, if brought by the girl, show a want of delicacy as well as of spirit, and if brought by the man, excessive meanness. Some damage may indeed have been done to the complaining party ; but no damage equal to what that party would have sustained from a marriage, to which the other would have yielded by a sort of compulsion, producing to almost a certainty what Hogarth, in his *Marriage à la Mode*, most aptly typifies by two curs, of different sexes, fastened together by what sportsmen call *couples*, pulling different ways, and snarling and barking and foaming like furies.

138. But when promises have been made to a young woman ; when they have been relied on for any considerable time ; when it is manifest that her peace and happiness, and perhaps her life, depend upon their fulfilment ; when things have been carried to this length, the change in the lover ought to be announced in the manner most likely to make the disappointment as supportable as the case will admit of ; for though it is better to break the promise than to marry one while you like another better, though it is better for both parties, you have no right to break the heart of her who has, and that too with your own accordance, and indeed at your instigation, or at least, by your encouragement, confided it to your fidelity. You cannot help your change of affections ; but you can help making the transfer in such a way as to cause the destruction, or even probable destruction, nay if it were but the deep

misery, of her to gain whose heart you had pledged your own. You ought to proceed by slow degrees, you ought to call time to your aid in executing the painful task ; you ought scrupulously to avoid everything calculated to aggravate the sufferings of the disconsolate party.

139. A striking, a monstrous, instance of conduct the contrary of this has recently been placed upon the melancholy records of the coroner of Middlesex, which have informed an indignant public that a young man, having first secured the affections of a virtuous young woman, next promised her marriage, then caused the banns to be published, and then, on the very day appointed for the performance of the ceremony, married another woman in the same church ; and this too without, as he avowed, any provocation, and without the smallest intimation or hint of his intention to the disappointed party, who, unable to support existence under a blow so cruel, put an end to that existence by the most deadly and the swiftest poison. If anything could wipe from our country the stain of having given birth to a monster so barbarous as this, it would be the abhorrence of him which the jury expressed, and which, from every tongue, he ought to hear to the last moment of his life.

140. Nor has a man any right to *sport* with the affections of a young woman, though he stop short of *positive promises*. Vanity is generally the tempter in this case ; a desire to be regarded as being admired by the women : a very despicable species of vanity, but frequently greatly mischievous notwithstanding. You do not indeed actually, in so many words, promise to marry ; but the general tenour of your language and deportment has that meaning ; you know that your meaning is so understood ; and if you have not such meaning, if you be fixed by some previous engagement with or greater liking for another ; if you know you are here sowing the seeds of disappointment ; and if you, keeping your previous engagement or greater liking a secret, persevere, in spite of the admonitions of conscience, you are guilty of deliberate deception, injustice, and cruelty ; you make to God an ungrateful return for those endowments which have enabled you to achieve this inglorious and unmanly triumph ; and if, as is frequently the case, you *glory* in such triumph, you may have person, riches, talents to excite envy ; but every just and humane man will abhor your heart.

141. There are, however, certain cases in which you deceive, or nearly deceive, *yourself*; cases in which you are, by degrees and by circumstances, deluded into something very nearly resembling sincere love for a second object, the first still however maintaining her ground in your heart; cases in which you are not actuated by vanity, in which you are not guilty of injustice and cruelty; but cases in which you nevertheless *do wrong*: and as I once did a wrong of this sort myself, I will here give you a history of it, as a warning to every young man who shall read this little book; that being the best and indeed the only atonement that I can make, or ever could have made, for this only *serious sin* that I ever committed against the female sex.

142. The province of New Brunswick, in North America, in which I passed my years from the age of eighteen to that of twenty-six, consists in general of heaps of rocks, in the interstices of which grow the pine, the spruce, and various sorts of fir trees, or, where the woods have been burned down, the bushes of the raspberry or those of the huckleberry. The province is cut asunder lengthwise by a great river, called the St. John, about two hundred miles in length, and, at halfway from the mouth, full a mile wide. Into this main river run innumerable smaller rivers, there called creeks. On the sides of these creeks the land is, in places, clear of rocks; it is, in these places, generally good and productive; the trees that grow here are the birch, the maple, and others of the deciduous class; natural meadows here and there present themselves; and some of these spots far surpass in rural beauty any other that my eyes ever beheld; the creeks abounding towards their sources in waterfalls of endless variety, as well in form as in magnitude, and always teeming with fish, while waterfowl enliven their surface, and while wild pigeons, of the gayest plumage, flutter, in thousands upon thousands, amongst the branches of the beautiful trees, which sometimes for miles together form an arch over the creeks.

143. I, in one of my rambles in the woods, in which I took great delight, came to a spot at a very short distance from the source of one of these creeks. Here was everything to delight the eye, and especially of one like me, who seem to have been born to love rural life, and trees and plants of all sorts. Here were about two hundred acres of natural meadow, interspersed with patches of maple trees in various forms and of various

extent; the creek (there about thirty miles from its point of joining the St. John) ran down the middle of the spot, which formed a sort of dish, the high and rocky hills rising all round it, except at the outlet of the creek, and these hills crowned with lofty pines: in the hills were the sources of the creek, the waters of which came down in cascades, for any one of which many a nobleman in England would, if he could transfer it, give a good slice of his fertile estate; and in the creek, at the foot of the cascades, there were in the season salmon, the finest in the world, and so abundant, and so easily taken, as to be used for manuring the land.

144. If nature, in her very best humour, had made a spot for the express purpose of captivating me, she could not have exceeded the efforts which she had here made. But I found something here besides these rude works of nature; I found something in the fashioning of which *man* had had something to do. I found a large and well built log dwelling house, standing (in the month of September), on the edge of a very good field of Indian corn, by the side of which there was a piece of buckwheat just then mowed. I found a homestead and some very pretty cows. I found all the things by which an easy and happy farmer is surrounded; and I found still something besides all these, something that was destined to give me a great deal of pleasure and also a great deal of pain, both in their extreme degree; and both of which, in spite of the lapse of forty years, now make an attempt to rush back into my heart.

145. Partly from misinformation, and partly from miscalculation, I had lost my way; and, quite alone, but armed with my sword and a brace of pistols, to defend myself against the bears, I arrived at the log-house in the middle of a moonlight night, the hoar frost covering the trees and the grass. A stout and clamorous dog, kept off by the gleaming of my sword, waked the master of the house, who got up, received me with great hospitality, got me something to eat, and put me into a feather bed, a thing that I had been a stranger to for some years. I, being very tired, had tried to pass the night in the woods, between the trunks of two large trees, which had fallen side by side, and within a yard of each other. I had made a nest for myself of dry fern, and had made a covering by laying boughs of spruce across the trunks of the trees. But unable to sleep on account of the cold, becoming

sick from the great quantity of water that I had drunk during the heat of the day, and being moreover alarmed at the noise of the bears, and lest one of them should find me in a defenceless state, I had roused myself up and had crept along as well as I could. So that no hero of eastern romance ever experienced a more enchanting change.

146. I had got into the house of one of those Yankee loyalists, who, at the close of the revolutionary war (which, until it had succeeded, was called a rebellion), had accepted of grants of land in the king's province of New Brunswick;* and who, to the great honour of England, had been furnished with all the means of making new and comfortable settlements. I was suffered to sleep till breakfast time, when I found a table, the like of which I have since seen so many in the United States, loaded with good things. The master and mistress of the house, aged about fifty, were like what an English farmer and his wife were half a century ago. There were two sons, tall and stout, who appeared to have come in from work, and the youngest of whom was about my age, then twenty-three. But there was *another member* of the family, aged nineteen, who (dressed according to the neat and simple fashion of New England, whence she had come with her parents five or six years before) had her long light-brown hair twisted nicely up, and fastened on the top of her head, in which head were a pair of lively blue eyes, associated with features of which that softness and that sweetness, so characteristic of American girls, were the predominant expressions, the whole being set off by a complexion indicative of glowing health, and forming (figure, movements, and all taken together) an assemblage of beauties far surpassing any that I had ever seen but *once* in my life. That *once* was too *two years agone*; and, in such a case and at ~~such~~^{an} age, two years, two whole years, is a long, long while! ~~Was~~ was a space as long as the eleventh part of my then life. Here was the *present* against the *absent*: here was the power of *the eyes* pitted against that of the *memory*: here were all the senses up in arms to subdue the influence of the thoughts: here was vanity, here was passion, here was the spot of all spots in the world, and

* At the time of the United States war of independence the few inhabitants of New Brunswick remained loyal, and they were joined by considerable numbers of loyal persons from the south; indeed in 1785 no fewer than 5000 settled on the banks of the river St. John.

here were also the life and the manners and the habits and the pursuits that I delighted in: here was everything that imagination can conceive, united in a conspiracy against the poor little brunette in England! What then, did I fall in love at once with this bouquet of lilies and rose? Oh! by no means. I was however so enchanted with *the place*; I so much enjoyed its tranquillity, the shade of the maple trees, the business of the farm, the sports of the water and of the woods; that I stayed at it to the last possible minute, promising at my departure to come again as often as I possibly could; a promise which I most punctually fulfilled.

147. Winter is the great season for jaunting and *dancing* (*called frolicking*) in America. In this province the river and the creeks were the only *roads* from settlement to settlement. In summer we travelled in *canoes*; in winter in *sleighs* on the ice or snow. During more than two years I spent all the time I could with my Yankee friends; they were all fond of me; I talked to them about country affairs, my evident delight in which they took as a compliment to themselves: the father and mother treated me as one of their children; the sons as a brother; and the daughter, who was as modest and as full of sensibility as she was beautiful, in a way to which a chap much less sanguine than I was would have given the tenderest interpretation; which treatment I, especially in the last mentioned case, most cordially repaid.

148. It is when you meet in company with others of your own age that you are, in love matters, put most frequently to the test and exposed to detection. The next door neighbour might in that country be ten miles off. We used to have a frolic, sometimes at one house and sometimes at another. Here, where female eyes are very much on the alert, no secret can long be kept; and very soon father, mother, brothers, and the whole neighbourhood looked upon the thing as certain, not excepting herself, to whom I however had never once even talked of marriage, and had never even told her that I loved her. But I had a thousand times done these by *implication*, taking into view the interpretation that she would naturally put upon my looks, appellations, and acts; and it was of this that I had to accuse myself. Yet I was not a *deceiver*; for my affection for her was very great: I spent no really pleasant hours but with her; I was uneasy if she showed the slightest regard for any other young man. I was unhappy

if the smallest matter affected her health or spirits : I quitted her in dejection, and returned to her with eager delight ; many a time when I could get leave but for a day, I paddled in a canoe two whole succeeding nights, in order to pass that day with her. If this was not love, it was first cousin to it ; for as to any *criminal* intention I no more thought of it in her case than if she had been my sister. Many times I put to myself the questions : "What am I at ? Is not this wrong ? Why do I go ?" But still I went.

149. Then, further in my excuse, my *prior engagement*, though carefully left unalluded to by both parties, was, in that thin population, and owing to the singular circumstances of it, and to the great talk that there always was about me, *perfectly well known* to her and all her family. It was matter of so much notoriety and conversation in the province, that General Carleton (brother of the late Lord Dorchester) who was the governor when I was there, when he, about fifteen years afterwards, did me the honour, on his return to England, to come and see me at my house in Duke Street, Westminster, asked, before he went away, to see my *wife*, of whom *he had heard so much* before her marriage. So that here was no *deception* on my part ; but still I ought not to have suffered even the most distant hope to be entertained by a person so innocent, so amiable, for whom I had so much affection, and to whose heart I had no right to give a single twinge. I ought from the very first to have prevented the possibility of her ever feeling pain on my account. I was young, to be sure ; but I was old enough to know what was my duty in this case, and I ought, dismissing my own feelings, to have had the resolution to perform it.

150. The *last parting* came ; and now came my just punishment ! The time was known to everybody, and was irrevocably fixed ; for I had to move with a regiment, and the embarkation of a regiment is an *epoch* in a thinly settled province. To describe this parting would be too painful even at this distant day, and with this frost of age upon my head. The kind and virtuous father came forty miles to see me, just as I was going on board in the river. His looks and words I have never forgotten. As the vessel descended, she passed the mouth of that creek which I had so often entered with delight ; and though England, and all that England contained, were before me, I lost sight of this creek with an aching heart.

151. On what trifles turn the great events in the life of man! If I had received a *cool* letter from my intended wife; if I had only heard a rumour of anything from which fickleness in her might have been inferred; if I had found in her any, even the smallest, abatement of affection; if she had but let go any one of the hundred strings by which she held my heart: if any of these, never would the world have heard of me. Young as I was; able as I was as a soldier; proud as I was of the admiration and commendations of which I was the object; fond as I was too of the command which, at so early an age, my rare conduct and great natural talents had given me; sanguine as was my mind, and brilliant as were my prospects: yet I had seen so much of the meannesses, the unjust partialities, the insolent pomposity, the disgusting dissipations of that way of life; that I was weary of it; I longed, exchanging my fine laced coat for the Yankee farmer's homespun, to be where I should never behold the supple crouch of servility, and never hear the hectoring voice of authority again; and on the lonely banks of this branch-covered creek, which contained (she out of the question) everything congenial to my taste and dear to my heart, I, unapplauded, unfear'd, unenvied and uncalumniated, should have lived and died.

LETTER IV.

TO A HUSBAND.

152. It is in this capacity that your conduct will have the greatest effect on your happiness ; and a great deal will depend on the manner in which you *begin*. I am to suppose that you have made a *good choice* ; but a good young woman may be made, by a weak, a harsh, a neglectful, an extravagant, or a profligate husband, a really bad wife and mother. All in a wife, beyond her own natural disposition and education, is, nine times out of ten, the work of her husband.

153. The first thing of all, be the rank in life what it may, is to convince her of the necessity of *moderation in expense* ; and to make her clearly see the justice of beginning to act upon the presumption that there are *children coming*, that they are to be provided for, and that she is to assist in the making of that provision. Legally speaking, we have a right to do what we please with our own property, which however is not our own unless it exceed our debts. And, morally speaking, we, at the moment of our marriage, contract a debt with the naturally to be expected fruit of it ; and therefore (reserving further remarks upon this subject till I come to speak of the education of children) the scale of expense should, at the beginning, be as low as that of which a due attention to rank in life will admit.

154. The great danger of all is, beginning with *servants*, or a *servant*. Where there are riches, or where the business is so great as to demand *help* in the carrying on of the affairs of a house, one or more female servants must be kept; but where the work of a house can be done by one pair of hands, why should there be two ? especially as you cannot have the hands without having the *mouth*, and, which is frequently not less costly, inconvenient, and injurious, the *tongue*? When children come, there must at times be some foreign aid ; but until then, what need can the wife of a young tradesman, or even farmer (unless the family be great), have of a servant? The wife is young, and why is she not to work as well as the husband? What justice is there in wanting you to keep two women instead of one? You have not married them both in

form ; but if they be inseparable, you have married them in substance ; and if you are free from the crime of bigamy, you have the far most burdensome part of its consequences.

155. I am well aware of the unpopularity of this doctrine ; well aware of its hostility to prevalent habits ; well aware that almost every tradesman and every farmer, though with scarcely a shilling to call his own, and that every clerk and every such person, begins by keeping a servant, and that the latter is generally provided before the wife be installed : I am well aware of all this ; but knowing from long and attentive observation that it is the great bane of the marriage life, the great cause of that penury, and of those numerous and tormenting embarrassments amidst which conjugal felicity can seldom long be kept alive, I give the advice, and state the reasons on which it was founded.

156. In London, or near it, a maid-servant cannot be kept at an expense so low as that of *thirty pounds a year* ; for, besides her wages, board, and lodging, there must be a fire solely for her ; or she must sit with the husband and wife, hear every word that passes between them, and between them and their friends, which will of course greatly add to the pleasures of their fireside ! To keep her tongue still would be impossible, and indeed unreasonable ; and if, as may frequently happen, she be prettier than the wife, she will know how to give the suitable interpretation to the looks which, next to a certainty, she will occasionally get from him whom, as it were in mockery, she calls by the name of "*master*." This is almost downright bigamy ; but this can never do, and therefore she must have a fire to herself. Besides the blaze of coals, however, there is another sort of *flame* that she will inevitably covet. She will by no means be sparing of the coals ; but, well fed and well lodged as she will be, whatever you may be, she will naturally sigh for the fire of love, for which she carries in her bosom a match always ready prepared. In plain language, you have a man to keep a part at least of every week ; and the leg of lamb, which might have lasted you and your wife for three days will, by this gentleman's sighs, be borne away in one. Shut the door against this intruder, out she goes herself ; and if she go empty handed she is no true Christian, or at least will not be looked upon as such by the charitable friend at whose house she meets the longing soul, dying partly with love and partly with hunger.

157. The cost altogether is nearer fifty pounds a year than thirty. How many thousands of tradesmen and clerks, and the like, who might have passed through life without a single embarrassment, have lived in continual trouble and fear, and found a premature grave, from this very cause, and this cause alone! When I, on my return from America in 1800, lived a short time in St. James's Street, following my habit of early rising, I used to see the servant-maids at almost every house dispenseing charity at the expense of their masters, long before they good men opened their eyes, who thus did deeds of benevolence, not only without boasting of them, but without knowing of them. Meat, bread, cheese, butter, coals, candles, all came with equal freedom from these liberal hands. I have observed the same in my early walks and rides, in every part of this great place and its environs. Where there is *one* servant it is worse than when there are *two* or more; for happily for their employers, they do not always agree, so that the oppression is most heavy on those who are the least able to bear it; and particularly on *clerks* and such like people, whose wives seem to think that, because the husband's work is of a genteel description, they ought to live the life of *ladies*. Poor fellows! their work is not hard and rough to be sure; but it is *work*, and work for many hours too, and painful enough; and as to their income, it scarcely exceeds, on an average, the double at any rate of that of a journeyman carpenter, brick-layer, or tailor.

158. Besides, the man and wife will live on cheaper diet and drink than a servant will live. Thousands who would never have had beer in their house have it for the servant, who will not live without it. However frugal your wife, her frugality is of little use if she have one of these inmates to provide for. Many a hundred thousand times has it happened that the butcher and the buttermen have been applied to solely because there was a servant to satisfy. You cannot, with this clog everlastingly attached to you, be frugal if you would; you can save nothing against the days of expense, which are, however, pretty sure to come. And why should you bring into your house a trouble like this; an absolute annoyance; a something for your wife to watch, to be a constraint upon her, to thwart her in her best intentions, to make her uneasy, and to sour her temper? Why should you do this foolish thing? Merely to comply with corrupt fashion;

merely from false shame, and false and contemptible pride. If a young man were, on his marriage, to find any difficulty in setting this ruinous fashion at defiance, a very good way would be to count down to his wife, at the end of every week, the amount of the expense of a servant for that week, and request her to deposit it in her drawer. In a short time she would find the sum so large that she would be frightened at the thoughts of a servant; and would never dream of one again, except in case of absolute necessity, and then for as short a time as possible.

159. But the wife may not be *able* to do all the work to be done in the house. Not *able*! A young woman not able to cook and wash, and mend and make, and clean the house and make the bed for one young man and herself, and that young man her husband too, who is quite willing (if he be worth a straw) to put up with cold dinner or with a crust, to get up and light her fire, to do anything that the mind can suggest to spare her labour and to conduce to her convenience! Not *able* to do this? Then, if she brought no fortune and he had none, she ought not to have been *able to marry*; and let me tell you, young man, a *small fortune* would not put a servant-keeping wife upon an equality with one who required no such inmate.

160. If indeed the work of a house were *harder* than a young woman could perform without pain, or great fatigue, if it had a tendency to impair her health or deface her beauty, then you might hesitate; but it is not too hard, and it tends to preserve health, to keep the spirits buoyant, and of course to preserve beauty. You often hear girls, while scrubbing or washing, singing till they are out of breath; but never while they are at what they call *working* at the needle. The American wives are most exemplary in this respect. They have none of that false pride which prevents thousands in England from doing that which interest, reason, and even their own inclination would prompt them to do. They work, not from necessity, not from compulsion of any sort; for their husbands are the most indulgent in the whole world. In the towns they go to the market, and cheerfully carry home the result: in the country they not only do the work in the house, but extend their labours to the garden, plant and weed and hoe, and gather and preserve the fruits and the herbs; and this too in a climate far from being so favourable to labour as that of England; and they are amply repaid for

these by those gratifications which their excellent economy enables their husbands to bestow upon them, and which it is their universal habit to do with a liberal hand.

161. But did I practise what I am here preaching? Aye, and to the full extent. Till I had a second child no servant ever entered my house, though well able to keep one; and never, in my whole life, did I live in a house so clean, in such trim order, and never have I eaten or drunk, or slept or dressed, in a manner so perfectly to my fancy, as I did then. I had a great deal of business to attend to, that took me a great part of the day from home; but whenever I could spare a minute from business, the child was in my arms. I rendered the mother's labour as light as I could; any bit of food satisfied me; when watching was necessary we shared it between us; and that famous "Grammar" for teaching French people English, which has been for thirty years, and still is, the great work of this kind throughout all America and in every nation in Europe, was written by me in hours not employed in business, and in great part during my share of the night watchings over a sick and then only child, who, after lingering many months, died in my arms.

162. This was the way that we went on; this was the way that we began the married life; and surely that which we did with pleasure, no young couple, unendowed with fortune, ought to be ashamed to do. But she may be ill; the time may be near at hand, or may have actually arrived, when she must encounter that particular pain and danger of which *you have been the happy cause!* Oh, that is quite another matter! And if you now exceed in care, in watchings over her, in tender attention to all her wishes, in anxious efforts to quiet her fears; if you exceed in pains and expense to procure her relief and secure her life; if you, in any of these, exceed that which I would recommend, you must be romantic indeed! She deserves them all, and more than all, ten thousand times told. And now it is that you feel the blessing conferred by her economy. That heap of money which might have been squandered on, or by, or in consequence of, an useless servant, you now have in hand, wherewith to procure an abundance of that skill and that attendance of which she stands in absolute need; and she, when restored to you in smiling health, has the just pride to reflect that she may have owed her life and your happiness to the effects of her industry.

163. It is the *beginning* that is everything in this important case; and you will have perhaps much to do to convince her, not that what you recommend is advantageous, not that it is right, but to convince her that she can do it without sinking below the station that she ought to maintain. She would cheerfully do it; but there are her *next door neighbours* who do not do it, though in all other respects on a par with her. It is not laziness, but pernicious fashion, that you will have to combat. But the truth is that there ought to be *no combat* at all; this important matter ought to be settled and fully agreed on *beforehand*. If she really love you, and have common sense, she will not hesitate a moment; and if she be deficient in either of these respects, and if you be so mad in love as to be unable to exist without her, it is better to cease to exist at once, than to become the toiling and embarrassed slave of a wasting and pillaging servant.

164. The next thing to be attended to is your *demeanour* towards a young wife. As to oldish ones, or widows, time and other things have, in most cases, blunted their feelings, and rendered harsh or stern demeanour in the husband a matter not of heart-breaking consequence. But with a young and inexperienced one the case is very different; and you should bear in mind that the first frown that she receives from *you* is a dagger to her heart. Nature has so ordered it that men shall become less ardent in their passion after the wedding day, and that women shall not. Their ardour increases rather than the contrary; and they are surprisingly quick sighted and inquisitive on this score. When the *child* comes, it divides this ardour with the father; but until then you have it all; and if you have a mind to be happy, repay it with all your soul. Let what may happen to put you out of humour with others, let nothing put you out of humour with her; let your words and looks and manners be just what they were before you called her wife.

165. But now, and throughout your life, show your affection for her and your admiration of her, not in nonsensical compliment, not in picking up her handkerchief or her glove, or in carrying her fan or parasol; not, if you have the means, in hanging trinkets and baubles upon her; not in making yourself a fool by winking at, and seeming pleased at, her foibles, or follies, or faults: but show them by acts of real goodness towards her; prove by unequivocal deeds the high

value that you set on her health and life and peace of mind; let your praise of her go to the full extent of her deserts, but let it be consistent with truth and with sense, and such as to convince her of your sincerity. He who is the flatterer of his wife only prepares her ears for the hyperbolical stuff of others. The kindest appellation that her Christian name affords is the best you can use, especially before faces. An everlasting "*my dear*" is but a sorry compensation for a want of that sort of love that makes the husband cheerfully toil by day, break his rest by night, endure all sorts of hardships, if the life or health of his wife demand it. Let your deeds and not your words carry to her heart a daily and hourly confirmation of the fact that you value her health and life and happiness beyond all other things in the world; and let this be manifest to her, particularly at those times when life is always more or less in danger.

166. I began my young marriage days in and near Philadelphia. At one of those times to which I have just alluded, in the middle of the burning hot month of July, I was greatly afraid of fatal consequences to my wife for want of sleep, she not having, after the great danger was over, had any sleep for more than forty-eight hours. All great cities in hot countries are, I believe, full of dogs, and they, in the very hot weather, keep up during the night a horrible barking and fighting and howling. Upon the particular occasion to which I am advertizing they made a noise so terrible and so unremitting that it was next to impossible that even a person in full health and free from pain should obtain a minute's sleep. I was, about nine in the evening, sitting by the bed: "I do think," said she, "that I could go to sleep now, if it were not for the dogs." Downstairs I went, and out I sallied, in my shirt and trousers, and without shoes and stockings; and, going to a heap of stones lying beside the road, set to work upon the dogs, going backward and forward, and keeping them at two or three hundred yards' distance from the house. I walked thus the whole night, barefooted, lest the noise of my shoes might possibly reach her ears; and I remember that the bricks of the causeway were, even in the night, so hot as to be disagreeable to my feet. My exertions produced the desired effect: a sleep of several hours was the consequence; and, at eight o'clock in the morning, off went I to a day's business which was to end at six in the evening.

167. Women are all patriots of the soil ; and when her neighbours used to ask my wife whether *all* English husbands were like hers, she boldly answered in the affirmative. I had business to occupy the whole of my time, Sundays and week days, except sleeping hours ; but I used to make time to assist her in the taking care of her baby, and in all sorts of things ; get up, light her fire, boil her teakettle, carry her up warm water in cold weather, take the child while she dressed herself and got the breakfast ready, then breakfast, get her in water and wood for the day, then dress myself neatly and sally forth to my business. The moment that was over I used to hasten back to her again ; and I no more thought of spending a moment *away from her*, unless business compelled me, than I thought of quitting the country and going to sea. The *thunder* and *lightning* are tremendous in America, compared with what they are in England. My wife was at one time very much afraid of thunder and lightning ; and, as is the feeling of all such women, and indeed all men too, she wanted company, and particularly her husband, in those times of danger. I knew well of course that my presence would not diminish the danger ; but be I at what I might, if within reach of home, I used to quit my business and hasten to her the moment I perceived a thunder-storm approaching. Scores of miles have I, first and last, *run* on this errand in the streets of Philadelphia ! The Frenchmen who were my scholars used to laugh at me exceedingly on this account ; and sometimes, when I was making an appointment with them, they would say, with a smile and a bow, "*Sauve le tonnerre toujours, Monsieur Cobbett.*"

168. I never *dangled* about at the heels of my wife ; seldom, very seldom, ever *walked out*, as it is called, with her. I never "went *a-walking*" in the whole course of my life ; never went to walk without having some *object* in view other than the walk ; and as I never could walk at a slow pace, it would have been *hard work* for her to keep up with me ; so that, in the nearly forty years of our married life, we have not walked out together perhaps twenty times. I hate a *dangler*, who is more like a footman than a husband. It is very cheap to be kind in *intrigues* ; but that which rivets the affections is not to be purchased with money. The great thing of all, however, is to prove your anxiety at those times of peril to her, and for which times you nevertheless wish. Upon those occasions, I was never from home, be the necessity for it ever so great ; it was

my rule that everything must give way to that. In the year 1809 some English local militiamen were flogged in the Isle of Ely, in England, under a guard of *Hanoverians*, then stationed in England. I, reading an account of this in a London newspaper called the *Courier*, expressed my indignation at it in such terms as became an Englishman to do. The attorney-general, Gibbs, was set on upon me. He harassed me for nearly a year, then brought me to trial, and I was, by Ellenborough, Grose, Le Blanc, and Bailey, sentenced to *two years' imprisonment* in Newgate, to pay a fine to *the king of a thousand pounds*, and to be held in heavy bail for *seven years* after the expiration of the imprisonment! Every one regarded it as a sentence of *death*. I lived in the country at the time, seventy miles from London; I had a farm on my hands; I had a family of small children amongst whom I had constantly lived; I had a most anxious and devoted wife, who was too in that state which rendered the separation more painful tenfold. I was put into a place amongst *felons*, from which I had to rescue myself at the price of *twelve guineas a week* for the whole of the two years. The *king*, poor man! was at the close of my imprisonment not in a *condition* to receive the *thousand pounds*; but his son, the present king, punctually received it "*in his name and behalf*," and he keeps it still.

169. The sentence, though it proved not to be one of *death*, was in effect one of *ruin*, as far as then possessed property went. But this really appeared as nothing compared with the circumstance that I must now have *a child born in a felon's jail*, or be absent from the scene at the time of birth. My wife, who had come to see me for the last time previous to her lying-in, perceiving my deep dejection at the approach of her departure for Botley, resolved not to go, and actually went and took a lodging as near to Newgate as she could find one, in order that the communication between us might be as speedy as possible, and in order that I might see the doctor and receive assurances from him relative to her state. The nearest lodging that she could find was in Skinner Street,* at the corner of a street leading to Smithfield. So that there she was, amidst the incessant rattle of coaches and butchers' carts, and the noise of cattle, dogs, and bawling men, instead of being in a quiet

* Skinner Street is now one of the names of the past. It ran by the south side of St. Sepulchre's church, and formed the connecting link between Newgate Street and Holborn.

and commodious country house, with neighbours and servants and everything necessary about her. Yet, so great is the power of the mind in such cases, she, though the circumstances proved uncommonly perilous and were attended with the loss of the child, bore her sufferings with the greatest composure, because at any minute she could send a message to and hear from me. If she had gone to Botley, leaving me in that state of anxiety in which she saw me, I am satisfied that she would have died; and that event taking place at such a distance from me, how was I to contemplate her corpse, surrounded by her distracted children, and to have escaped death or madness myself! If such was not the effect of this merciless act of the government towards me, that amiable body may be well assured that I have *taken and recorded the will for the deed*, and that as such it will live in my memory as long as that memory shall last.

170. I make no apology for this account of my own conduct, because example is better than precept, and because I believe that my example may have weight with many thousands, as it has had in respect to early rising, abstinence, sobriety, industry, and mercy towards the poor. It is not then dangling about after a wife; it is not the loading her with bangles and trinkets; it is not the jaunting of her about from show to show, and from what is called pleasure to pleasure; it is none of these that endears you to her; it is the adherence to that promise you have made her, "With my body I thee worship": that is to say, *respect and honour* by personal attention and acts of affection. And remember that the greatest possible proof that you can give of real and solid affection is to give her your *time*, when not wanted in matters of business, when not wanted for the discharge of some *duty*, either towards the public or towards private persons. Amongst duties of this sort we must, of course, in some ranks and circumstances of life, include the intercourse amongst friends and neighbours, which may frequently and reasonably call the husband from his home. But what are we to think of the husband who is in the habit of leaving his own fireside, after the business of the day is over, and seeking promiscuous companions in the ale or the coffee house? I am told that in France it is rare to meet with a husband who does not spend every evening of his life in what is called a *café*, that is to say, a place for no other purpose than that of gossiping, drinking, and gaming. And it is with great sorrow

that I acknowledge that many English husbands indulge too much in a similar habit. Drinking clubs, smoking clubs, singing clubs, clubs of odd fellows, whist clubs, setting clubs, these are inexcusable, they are censurable, they are at once foolish and wicked even in single men ; what must they be then in *husbands*? and how are they to answer, not only to their wives, but to their children, for this profligate abandonment of their homes, this breach of their solemn vow made to the former, this evil example to the latter?

171. Innumerable are the miseries which spring from this cause. The *expense* is, in the first place, very considerable. I much question whether, amongst tradesmen, a *shilling* a night pays the average score ; and that too for that which is really *worth* nothing at all, and cannot even by possibility be attended with any one single advantage, however small. Fifteen pounds a year thus thrown away would amount, in the course of a tradesman's life, to a decent fortune for a child. Then there is the injury to *health* from these night adventures ; there are the *quarrels* ; there is the vicious habit of loose and filthy talk ; there are the slanders and the backbitings ; there is the admiration of contemptible wit ; and there are the scoffings at all that is sober and serious.

172. And does the husband who thus abandons his wife and children imagine that she will not, in some degree at least, follow his example ? If he do, he is very much deceived. If she imitate him even in drinking, he has no great reason to complain ; and then the cost may be *two shillings* the night instead of one, equal in amount to the cost of all the bread wanted in the family, while the baker's bill is perhaps unpaid. Here are the slanderings too going on at home ; for, while the husbands are assembled, it would be hard if the wives were not to do the same ; and the very least that is to be expected is that the *teapot* should keep pace with the porter pot or grog glass. Hence crowds of female acquaintances and intruders, and all the consequent and inevitable squabbles which form no small part of the torment of the life of man.

173. If you have *servants*, they know to a moment the time of your absence ; and they regulate their proceedings accordingly. "Like master like man," is an old and true proverb ; and it is natural, if not just, that it should be thus ; for it would be unjust if the careless and neglectful sot were served as faithfully as the vigilant, attentive, and sober man. Late

hours, cards and dice, are amongst the consequences of the master's absence; and why not, seeing that he is setting the example? Fire, candle, profligate visitants, expenses, losses, children ruined in habits and morals, and in short a train of evils hardly to be enumerated, arise from this most vicious habit of the master spending his leisure time from home. But beyond all the rest is the *ill treatment of the wife*. When left to ourselves we all seek the company that we *like best*; the company in which we *take the most delight*; and therefore every husband, be his state of life what it may, who spends his leisure time, or who at least is in the habit of doing it, in company other than that of his wife and family, tells her and them, as plainly by deeds as he could possibly do by words, that he *takes more delight in other company than in theirs*. Children repay this with *disregard* for their father; but to a wife of any sensibility it is either a dagger to her heart or an incitement to revenge, and revenge too of a species which a young woman will seldom be long in want of the means to gratify. In conclusion of these remarks respecting *absentee husbands*, I would recommend all those who are prone to, or likely to fall into, the practice, to remember the words of Mrs. Sullen, in the "Beaux' Stratagem":* "My husband," says she, addressing a footman whom she had taken as a paramour, "comes reeling home at midnight, tumbles in beside me as a salmon flounces in a net, oversets the economy of my bed, belches the fumes of his drink in my face, then twists himself round, leaving me half naked, and listening till morning to that tuneful nightingale, his nose." It is at least forty-three years since I read the "Beaux' Stratagem," and I now quote from memory; but the passage has always occurred to me whenever I have seen a sottish husband; and though that species of revenge, for the taking of which the lady made this apology, was carrying the thing too far, yet I am ready to confess that if I had to sit in judgment on her for taking even this revenge, my sentence would be very lenient; for what right has such a husband to expect *fidelity*? He has broken his vow; and by what rule of right has she to be bound to hers? She thought that she was marrying *a man*, and she finds that she was married to a beast. He has indeed committed no offence that the *law of the land* can reach; but he has violated the vow by which he obtained possession of her.

* The "Beaux' Stratagem," by George Farquhar, brought out in 1707.

person ; and, in the eye of justice, the compact between them is dissolved.

174. The way to avoid the sad consequences of which I have been speaking is *to begin well*: many a man has become a sottish husband, and brought a family to ruin, without being sottishly inclined, and without *liking* the gossip of the ale or coffee house. It is by slow degrees that the mischief is done. He is first inveigled, and in time he really likes the thing; and, when arrived at that point, he is incurable. Let him resolve, from the very first, *never to spend an hour from home* unless business, or at least some necessary and rational purpose, demand it. Where ought he to be but with the person whom he himself hath chosen to be his partner for life and the mother of his children? What *other company* ought he to deem so good and so fitting as this? With whom else can he so pleasantly spend his hours of leisure and relaxation? Besides, if he quit her to seek company more agreeable, is not she set at large by that act of his? What justice is there in confining her at home without any company at all, while he rambles forth in search of company more gay than he finds at home?

175. Let the young married man try the thing; let him resolve not to be seduced from his home; let him never go, in one single instance, unnecessarily from his own fireside. *Habit* is a powerful thing; and if he begin right, the pleasure that he will derive from it will induce him to continue right. That is not being "*tied to the apron strings*," which means quite another matter, as I shall show by and by. It is being at the husband's place, whether he have children or not. And is there any want of matter for conversation between a man and his wife? Why not talk of the daily occurrences to her as well as to anybody else, and especially to a company of tippling and noisy men? If you excuse yourself by saying that you go to *read the newspaper*, I answer, *buy the newspaper*, if you must read it; the cost is not half of what you spend per day at the pothouse; and then you have it your own, and may read it at your leisure, and your wife can read it as well as yourself, if read it you must. And, in short, what must that man be made of who does not prefer sitting by his own fireside with his wife and children, reading to them, or hearing them read, to hearing the gabble and balderdash of a club or a pothouse company!

176. Men must frequently be from home at all hours of the day and night. Sailors, soldiers, merchants, all men out of the common track of labour, and even some in the very lowest walks, are sometimes compelled by their affairs, or by circumstances, to be from their homes. But what I protest against is, the *habit* of spending *leisure* hours from home, and near to it, and doing this without any necessity, and by *choice*; liking the next door, or any house in the same street, better than your own. When absent from *necessity*, there is no wound given to the heart of the wife; she concludes that you would be with her if you could, and that satisfies; she laments the absence, but submits to it without complaining. Yet in these cases her feelings ought to be consulted as much as possible; she ought to be fully apprised of the probable duration of the absence, and of the time of return; and if these be dependent on circumstance, those circumstances ought to be fully stated; for you have no right to keep her mind upon the rack, when you have it in your power to put it in a state of ease. Few men have been more frequently taken from home by business, or by a necessity of some sort, than I have; and I can positively assert that, as to my return, I never once disappointed my wife in the whole course of our married life. If the time of return was contingent I never failed to keep her informed *from day to day*; if the time was fixed, or when it became fixed, my arrival was as sure as my life. Going from London to Botley* once, with Mr. Finnerty, whose name I can never pronounce without an expression of my regard for his memory, we stopped at Alton, to dine with a friend, who, delighted with Finnerty's talk, as everybody else was, kept us till ten or eleven o'clock, and was proceeding to *the other bottle*, when I put in my protest, saying, "We must go; my wife will be frightened." "Blood, man!" said Finnerty, "you do not mean to go home to-night!" I told him I did; and then sent my son, who was with us, to order out the postchaise. We had twenty-three miles to go, during which we debated the question whether Mrs. Cobbett would be up to receive us, I contending for the affirmative and he for the negative. She was up, and had a nice fire for us to sit down at. She had not committed the matter to a servant; her servants and children were all in

* Botley is a small market town in Hampshire, four miles to the south west of Bishop's Waltham. William Cobbett long resided on a farm there.

bed ; and she was up, to perform the duty of receiving her husband and his friend. " You did not expect him ? " said Finnerty. " To be sure I did," said she ; " he never disappointed me in his life."

177. Now if all young men knew how much value women set upon this species of fidelity, there would be fewer unhappy couples than there are. If men have appointments with *lords*, they never dream of breaking them ; and I can assure them that wives are as sensitive in this respect as lords. I had seen many instances of conjugal unhappiness arising out of that carelessness which left wives in a state of uncertainty as to the movements of their husbands ; and I took care, from the very outset, to guard against it. For no man has a right to sport with the feelings of any innocent person whatever, and particularly with those of one who has committed her happiness to his hands. The truth is, that men in general look upon women as having no feelings different from their own ; and they know that they themselves would regard such disappointments as nothing. But this is a great mistake : women feel more acutely than men ; their love is more ardent, more pure, more lasting, and they are more frank and sincere in the utterance of their feelings. They ought to be treated with due consideration had for all their amiable qualities and all their weaknesses, and nothing by which their minds are affected ought to be deemed a *trifle*.

178. When we consider what a young woman gives up on her wedding day ; she makes a surrender, an absolute surrender, of her liberty, for the joint lives of the parties ; she gives the husband the absolute right of causing her to live in what place, and in what manner, and in what society he pleases ; she gives him the power to take from her, and to use for his own purposes, all her goods, unless reserved by some legal instrument ; and, above all, she surrenders to him *her person*. Then when we consider the pains which they endure for us, and the large share of all the anxious parental cares that fall to their lot ; when we consider their devotion to us, and how unshaken their affection remains in our ailments, even though the most tedious and disgusting ; when we consider the offices that they perform and cheerfully perform for us when, were we left to one another, we should perish from neglect ; when we consider their devotion to their children, how evidently they love them better, in numerous instances,

than their own lives ; when we consider these things, how can a just man think anything a trifle that affects their happiness ? I was once going, in my gig, up the hill in the village of Frankford, near Philadelphia, when a little girl, about two years old, who had toddled away from a small house, was lying basking in the sun, in the middle of the road. About two hundred yards before I got to the child, the teams, five big horses in each, of three wagons, the drivers of which had stopped to drink at a tavern on the brow of the hill, started off, and came nearly abreast galloping down the road. I got my gig off the road as speedily as I could, but expected to see the poor child crushed to pieces. A young man, a journeyman carpenter, who was shingling a shed by the side of the road, seeing the child, and seeing the danger, though a stranger to the parents, jumped from the top of the shed, ran into the road, and snatched up the child, from scarcely an inch before the hoof of the leading horse. The horse's leg knocked him down ; but he, catching the child by its clothes, flung it back out of the way of the other horses, and saved himself by rolling back with surprising agility. The mother of the child, who had apparently been washing, seeing the teams coming, and seeing the situation of the child, rushed out, and catching up the child just as the carpenter had flung it back, and hugging it in her arms, uttered a *shriek* such as I never heard before, never heard since, and I hope shall never hear again, and then she dropped down as if perfectly dead ! By the application of the usual means she was restored however in a little while ; and I, being about to depart, asked the carpenter if he were a married man, and whether he were a relation of the parents of the child. He said he was neither. " Well, then," said I, " you merit the gratitude of every father and mother in the world ; and I will show mine by giving you what I have," pulling out the nine or ten dollars that I had in my pocket. " No ; I thank you, sir," said he ; " I have only done what it was my duty to do."

179. Bravery, disinterestedness, and maternal affection surpassing these it is impossible to imagine. The mother was going right in amongst the feet of these powerful and wild horses, and amongst the wheels of the wagons. She had no thought for herself ; no feeling of fear for her own life ; her *shriek* was the sound of inexpressible joy, joy too great for her to support herself under. Perhaps ninety-nine mothers

out of every hundred would have acted the same part, under similar circumstances. There are comparatively very few women not replete with maternal love; and, by the bye, take you care if you meet with a girl who "is not fond of children," not to marry her *by any means*. Some few there are who even make a boast that they "cannot bear children," that is, cannot *endure* them. I never knew a man that was good for much who had a dislike to little children; and I never knew a woman of that taste who was good for anything at all. I have seen a few such in the course of my life, and I have never wished to see one of them a second time,

180. Being fond of little children argues no effeminacy in a man, but, as far as my observation has gone, the contrary. A regiment of soldiers presents no bad school wherein to study character. Soldiers have leisure too to play with children, as well as with "women and dogs," for which the proverb has made them famed. And I have never observed that effeminacy was at all the marked companion of fondness for little children. This fondness manifestly arises from a compassionate feeling towards creatures that are helpless, and that must be innocent. For my own part, how many days, how many months, all put together, have I spent with babies in my arms! My time, when at home, and when babies were going on, was chiefly divided between the pen and the baby. I have fed them and put them to sleep hundreds of times, though there were servants to whom the task might have been transferred. Yet I have not been effeminate; I have not been idle; I have not been a waster of time; but I should have been all these if I had disliked babies, and had liked the porter pot and the grog glass.

181. It is an old saying, "Praise the child and you make love to the mother"; and it is surprising how far this will go. To a fond mother you can do nothing so pleasing as to praise the baby, and the younger it is the more she values the compliment. Say fine things to her, and take no notice of her baby; and she will despise you. I have often beheld this in many women with great admiration; and it is a thing that no husband ought to overlook, for if the wife wish her child to be admired by others what must be the ardour of her wishes with regard to *his* admiration! There was a drunken dog of a Norfolk man in our regiment, who came from Thetford I recollect, who used to say that his wife would forgive him for

spending all the pay, and the washing money into the bargain, "if he would but kiss her ugly brat, and say it was pretty." Now, though this was a very profligate fellow, he had *philosophy* in him; and certain it is that there is nothing worthy of the name of conjugal happiness unless the husband clearly evince that he is fond of his children, and that too from their very birth.

182. But though all the aforementioned considerations demand from us the kindest possible treatment of a wife, the husband is to expect dutiful deportment at her hands. He is not to be her slave; he is not to yield to her against the dictates of his own reason and judgment; it is her duty to obey all his lawful commands; and if she have sense she will perceive that it is a disgrace to herself to acknowledge as a husband a thing over which she has an absolute control. It should always be recollect that *you* are the party whose body must, if any do, lie in jail for debts, and for debts of her contracting too as well as of your own contracting. Over her *tongue* too you possess a clear right to exercise if necessary some control; for if she use it in an unjustifiable manner it is against *you*, and not against her, that the law enables and justly enables the slandered party to proceed; which would be monstrously unjust, if the law were not founded on the *right* which the husband has to control if necessary the tongue of the wife, to compel her to keep it within the limits prescribed by the law. A charming, a most enchanting life indeed, would be that of a husband, if he were bound to cohabit with and to maintain one, for all the debts and all the slanders of whom he was answerable, and over whose conduct he possessed no compulsory control.

183. Of the *remedies* in the case of *really bad* wives, squanderers, drunkards, adulteresses, I shall speak farther on; it being the habit of us all to put off to the last possible moment the performance of disagreeable duties. But, far short of these vices, there are several faults in a wife that may, if not cured in time, lead to great unhappiness, great injury to the interests as well as character of her husband and children; and which faults it is therefore the husband's duty to correct. A wife may be chaste, sober in the full sense of the word, industrious, cleanly, frugal, and may be devoted to her husband and her children to a degree so enchanting as to make them all love her beyond the power of words to express; and yet she may, partly under the influence of her natural disposition, and

partly encouraged by the great and constant homage paid to her virtues, and presuming too on the pain with which she knows her will would be thwarted; she may, with all her virtues, be thus led to *a bold interference in the affairs of her husband*; may attempt to dictate to him in matters quite out of her own sphere; and, in the pursuit of the gratification of her love of power and command, may wholly overlook the acts of folly or injustice which she would induce her husband to commit, and overlook too the contemptible thing that she is making the man whom it is her duty to honour and obey, and the abasement of whom cannot take place without some portion of degradation falling upon herself. At the time when "THE BOOK"^{*} came out, relative to the late ill treated Queen Caroline, I was talking upon the subject one day with *a parson*, who had not read The Book, but who, as was the fashion with all those who were looking up to the government, condemned the Queen unheard. "Now," said I, "be not so shamefully unjust; but get *The Book*, read it, and then give your judgment." "Indeed," said his wife, who was sitting by, "but he *shan't*," pronouncing the words *shan't* with an emphasis and a voice tremendously masculine. "Oh!" said I, "if he *shan't* that is another matter; but if he *shan't* read, if he *shan't* hear the evidence, he *shan't* be looked upon, by me, as a just judge; and I *shan't* regard him, in future, as having any opinion of his own in anything." All which the husband, the poor henpecked thing, heard without a word escaping his lips.

184. A husband thus under command is the most contemptible of God's creatures. Nobody can place reliance on him for anything; whether in the capacity of employer or employed, you are never sure of him. No bargain is firm, no engagement sacred, with such a man. Feeble as a reed before the boisterous she-commander, he is bold in injustice towards those whom it pleases her caprice to mark out for vengeance. In the eyes of neighbours, for *friends* such a man cannot have, in the eyes of servants, in the eyes of even the beggars at his door, such a man is a mean and despicable creature, though he may roll in wealth and possess great talents into the bargain.

* "The Book" consisted of documents vindicating the character of the Princess of Wales, and seriously aspersing the character of her royal consort. The trial of Queen Caroline took place 19th August to 10th November, 1820.

Such a man has, in fact, no property ; he has nothing that he can rightly call *his own*; he is a beggarly dependant under his own roof ; and if he have anything of the man left in him, and if there be rope or river near, the sooner he betakes him to the one or the other the better. How many men, how many families, have I known brought to utter ruin only by the husband suffering himself to be subdued, to be cowed down, to be held in fear, of even a virtuous wife ! What then must be the lot of him who submits to a commander who at the same time sets all virtue at defiance !

185. Women are a *sisterhood*. They make *common cause* in behalf of the *sex*; and indeed this is natural enough, when we consider the vast power that the *law* gives us over them. The law is for us, and they combine wherever they can to mitigate its effects. This is perfectly natural, and to a certain extent laudable, evincing fellow feeling and public spirit : but when carried to the length of "*he shan't*," it is despotism on the one side and slavery on the other. Watch therefore the incipient steps of encroachment ; and they come on so slowly, so softly, that you must be sharp sighted if you perceive them ; but the moment you *do perceive them* (your love will blind for too long a time), but the moment you do perceive them, put at once an effectual stop to their progress. Never mind the pain that it may give you : a day of pain at this time will spare you years of pain in time to come. Many a man has been miserable, and made his wife miserable too, for a score or two of years, only for want of resolution to bear one day of pain : and it is a great deal to bear, it is a great deal to do to thwart the desire of one whom you so dearly love, and whose virtues daily render her more and more dear to you. But (and this is one of the most admirable of the mother's traits) as she herself will, while the tears stream from her eyes, force the nauseous medicine down the throat of her child, whose every cry is a dagger to her heart ; as she herself has the courage to do this for the sake of her child, why should you flinch from the performance of a still more important and more sacred duty towards herself, as well as towards you and your children ?

186. Am I recommending *tyranny*? Am I recommending *disregard* of the wife's opinions and wishes? Am I recommending a *reserve* towards her that would seem to say that she was not trustworthy, or not a party interested in her

husband's affairs? By no means: on the contrary, though I would keep anything disagreeable from her, I should not enjoy the prospect of good without making her a participator. But reason says, and God has said, that it is the duty of wives to be obedient to their husbands; and the very nature of things prescribes that there must be a *head* of every house, and an *undivided* authority. And then it is so clearly *just* that the authority should rest with him on whose head rests the whole responsibility, that a woman when patiently reasoned with on the subject must be a virago in her very nature not to submit with docility to the terms of her marriage vow.

187. There are in almost every considerable neighbourhood a little squadron of she-commanders, generally the youngish wives of old or weak-minded men, and generally without children. These are the tutoresses of the young wives of the vicinage; they, in virtue of their experience, not only school the wives, but scold the husbands; they teach the former how to encroach and the latter how to yield: so that if you suffer this to go quietly on, you are soon under the care of a *comité* as completely as if you were insane. You want no *comité*: reason, law, religion, the marriage vow, all these have made you head, have given you full power to rule your family; and if you give up your right, you deserve the contempt that assuredly awaits you, and also the ruin that is in all probability your doom.

188. Taking it for granted that you will not suffer more than a second or third session of the female *comité*, let me say a word or two about the conduct of men in deciding between the conflicting opinions of husbands and wives. When a wife has a *point to carry*, and finds herself hard pushed, or when she thinks it necessary to call to her aid all the forces she can possibly muster, one of her resources is the vote on her side of all her husband's visiting friends. "My husband thinks so and so, and I think so and so; now, Mr. Tomkins, don't you think *I am right?*" To be sure he does; and so does Mr. Jenkins, and so does Wilkins, and so does Mr. Dickins, and you would swear that they were all her *kins*. Now this is very foolish, to say the least of it. None of these complaisant *kins* would like this in their own case. It is the fashion to say *aye* to all that a woman asserts or contends for, especially in contradiction to her husband; and a very pernicious fashion it is. It is, in fact, not to pay her a compli-

ment worthy of acceptance, but to treat her as an empty and conceited fool ; and no sensible woman will, except from mere inadvertence, make the appeal. This fashion however, foolish, and contemptible as it is in itself, is attended very frequently with serious consequences. Backed by the opinion of her husband's friends the wife returns to the charge with redoubled vigour and obstinacy ; and if you do not yield, ten to one but a *quarrel* is the result, or at least something approaching towards it. A gentleman at whose house I was about five years ago was about to take a farm for his eldest son, who was a very fine young man about eighteen years old. The mother, who was as virtuous and as sensible a woman as I have ever known, wished him to be "in the law." There were six or eight intimate friends present, and all unhesitatingly joined the lady, thinking it a pity that Harry, who had had "such a good education," should be *buried* in a farmhouse. "And don't *you* think so too, Mr. Cobbett?" said the lady, with great earnestness. "Indeed, ma'am," said I, "I should think it very great presumption in me to offer any opinion at all, and especially in opposition to the known decision of the father, who is the best judge, and the only rightful judge, in such a case." This was a very sensible and well behaved woman, and I still respect her very highly ; but I could perceive that I instantly dropped out of her good graces. Harry however, I was glad to hear, went "to be *buried* in the farmhouse."

189. "A house divided against itself," or rather *in* itself, "cannot stand ;" and it is divided against itself if there be a *divided authority*. The wife ought to be *heard*, and *patiently* heard ; she ought to be reasoned with, and if possible convinced ; but if, after all endeavours in this way, she remain opposed to the husband's opinion, his will *must* be obeyed, or he at once becomes nothing : she is in fact the *master*, and he is nothing but an insignificant inmate. As to matters of little comparative moment, as to what shall be for dinner, as to how the house shall be furnished, as to the management of the house and of menial servants, as to those matters, and many others, the wife may have her way without any danger ; but when the questions are what is to be the *calling* to be pursued, what is to be the *place of residence*, what is to be the *style* of living and *scale* of expense, what is to be done with *property*, what the manner and place of educating children, what is to

be their *calling* or state of life, who are to be employed or entrusted by the husband, what are the principles that he is to adopt as to public matters, whom he is to have for coadjutors or friends, all these must be left solely to the husband; in all these he must have his will, or there never can be any harmony in the family.

190. Nevertheless, in some of these concerns wives should be heard with a great deal of attention, especially in the affairs of choosing your male acquaintances and friends and associates. Women are more quick sighted than men, they are less disposed to confide in persons upon a first acquaintance, they are more suspicious as to motives, they are less liable to be deceived by professions and protestations, they watch words with a more scrutinizing ear and looks with a keener eye, and, making due allowance for their prejudices in particular cases, their opinions and remonstrances with regard to matters of this sort ought not to be set at naught without great deliberation. Louvet, one of the Brissotins who fled for their lives in the time of Robespierre, this Louvet* in his narrative entitled "*Mes Perils*," (and which I read for the first time to divert my mind from the perils of the yellow fever in Philadelphia, but with which I was so captivated as to have read it many times since), this writer, giving an account of his wonderful dangers and escapes, relates that, being on his way to Paris from the vicinity of Bordeaux, and having no regular *passport*, fell lame, but finally crept on to a miserable pot-house, in a small town in the Limousin. The landlord questioned him with regard to who and what he was, and whence he came; and was satisfied with his answers. But the landlady, who had looked sharply at him on his arrival, whispered to a little boy, who ran away, and quickly returned with the mayor of the town. Louvet soon discovered that there was no danger in the mayor, who could not decipher his forged passport, and who, being well plied with wine, wanted to hear no more of the matter. The landlady, perceiving this, slipped out and brought a couple of aldermen, who asked to see the *passport*. "Oh yes; but *drink first*." Then there was a laughing story to tell over again, at the request of the half drunken mayor; then a laughing and more drinking, the *passport* in Louvet's hand, but *never opened*; and while another toast was drinking the *passport* slid back quietly into the pocket, the woman

* Jean Baptiste Louvet-de-Couvray, a French novelist, 1760-97.

looking furious all the while. At last the mayor, the aldermen, and the landlord, all nearly drunk, shook hands with Louvet, and wished him a good journey, swore he was a *true sans culotte*; but he says that the "sharp sighted woman, who was to be deceived by none of his stories or professions, saw him get off with deep and manifest disappointment and chagrin." I have thought of this many times since, when I have had occasion to witness the quick sightedness and penetration of women. The same quality that makes them, as they notoriously are, more quick in discovering expedients in cases of difficulty makes them more apt to penetrate into motives and character.

191. I now come to a matter of the greatest possible importance; namely, that great troubler of the married state, that great bane of families, jealousy; and I shall first speak of *jealousy in the wife*. This is always an unfortunate thing, and sometimes fatal. Yet, if there be a great propensity towards it, it is very difficult to be prevented. One thing however every husband can do in the way of prevention, and that is, *to give no ground for it*. And here it is not sufficient that he strictly adhere to his marriage vow; he ought further to abstain from every act, however free from guilt, calculated to awaken the slightest degree of suspicion in a mind the peace of which he is bound by every tie of justice and humanity not to disturb, or, if he can avoid it, to suffer it to be disturbed by others. A woman that is very fond of her husband, and this is the case with nine tenths of English and American women, does not like to share with another any, even the smallest portion, not only of his affection, but of his assiduities and applause; and, as the bestowing of them on another, and receiving payment in kind, can serve no purpose other than of gratifying one's *vanity*, they ought to be abstained from, and especially if the gratification be to be purchased with even the chance of exciting uneasiness in her whom it is your sacred duty to make as happy as you can.

192. For about two or three years after I was married, I, retaining some of my military manners, used, both in France and America, to *romp* most famously with the girls that came in my way; till one day, at Philadelphia, my wife said to me in a very gentle manner: "Don't do that, *I do not like it*." That was quite enough: I had never *thought* on the subject before: one hair of her head was more dear to me than all

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the other women in the world, and this I knew that she knew. But I now saw that this was not all that she had a right to from me; I saw that she had the further claim upon me that I should abstain from everything that might induce others to believe that there was any other woman for whom, even if I were at liberty, I had any affection. I beseech young married men to bear this in mind; for on some trifles of this sort the happiness or misery of a long life frequently turns. If the mind of a wife be disturbed on this score, every possible means ought to be used to restore it to peace; and though her suspicions be perfectly groundless, though they be wild as the dreams of madmen, though they may present a mixture of the furious and the ridiculous, still they are to be treated with the greatest lenity and tenderness; and if, after all, you fail, the frailty is to be lamented as a misfortune, and not punished as a fault, seeing that it must have its foundation in a feeling towards you, which it would be the basest of ingratitude, and the most ferocious of cruelty, to repay by harshness of any description.

193. As to those husbands who make the *unjust* suspicions of their wives a *justification* for making those suspicions just, as to such as can make a sport of such suspicions, rather brag of them than otherwise, and endeavour to aggravate rather than assuage them; as to such I have nothing to say, they being far without the scope of any advice that I can offer. But to such as are not of this description I have a remark or two to offer with respect to measures of prevention.

194. And, first, I never could see the sense of its being a piece of etiquette, a sort of mark of *good breeding*, to make it a rule that man and wife are not to sit side by side in a mixed company; that if a party walk out, the wife is to give her arm to some other than her husband; that if there be any other hand near, his is not to help to a seat or into a carriage. I never could see the sense of this; but I have always seen the nonsense of it plainly enough: it is, in short, amongst many other foolish and mischievous things that we do in aping the manners of those whose riches (frequently ill gotten) and whose power embolden them to set, with impunity, pernicious examples; and to their example this nation owes more of its degradation in morals than to any other source. The truth is, that this is a piece of *false refinement*: it, being interpreted, means that so free are the parties from a liability to suspi-

cion, so innately virtuous and pure are they, that each man can safely trust his wife with another man, and each woman her husband with another woman. But this piece of false refinement, like all others, overshoots its mark; it says too much, for it says that the parties have *lewd thoughts in their minds*. This is not the fact, with regard to people in general; but it must have been the origin of this set of consummately ridiculous and contemptible rules.

195. Now I would advise a young man, especially if he have a pretty wife, not to commit her unnecessarily to the care of any other man; not to be separated from her in this studious and ceremonious manner; and not to be ashamed to prefer her company and conversation to that of any other woman. I never could discover any *good breeding* in setting another man, almost expressly, to poke his nose up in the face of my wife, and talk nonsense to her; for, in such cases, nonsense it generally is. It is not a thing of much consequence, to be sure; but when the wife is young, especially, it is not seemly at any rate, and it cannot possibly lead to any good, though it may not lead to any great evil. And, on the other hand, you may be quite sure that, whatever she may *seem* to think of the matter, she will not like *you* the better for your attentions of this sort to other women, especially if they be young and handsome; and as this species of fashionable nonsense can do you no good, why gratify your love of talk, or the vanity of any woman, at even the risk of exciting uneasiness in that mind of which it is your most sacred duty to preserve, if you can, the uninterrupted tranquillity?

196. The truth is that the greatest security of all against jealousy in a wife is to show, to *prove*, by your *acts*, (by your words also, but more especially by your *acts*,) that you prefer her to all the world; and, as I said before, I know of no act that is, in this respect, equal to spending in her company every moment of your *leisure* time. Everybody knows, and young wives better than anybody else, that people who can choose will be where *they like best to be*, and that they will be along with those whose *company they best like*. The matter is very plain then, and I do beseech you to bear it in mind. Nor do I see the use, or sense, of keeping a great deal of *company*, as it is called. What company can a young man and woman want more than their two selves, and their

children, if they have any? If here be not company enough, it is but a sad affair. The pernicious *cards* are brought forth by the company keeping, the rival expenses, the sittings up late at night, the seeing of "*the ladies home*," and a thousand squabbles and disagreeable consequences. But the great thing of all is, that this hankering after company proves, clearly proves, that *you want something beyond the society of your wife*; and that she is sure to feel most acutely: the bare fact contains an imputation against her, and it is pretty sure to lay the foundation of jealousy or of something still worse.

197. If acts of kindness in you are necessary in all cases, they are especially so in cases of her *illness*, from whatever cause arising. I will not suppose myself to be addressing any husband capable of being *unconcerned* while his wife's life is in the most distant danger from illness, though it has been my very great mortification to know in my lifetime two or three brutes of this description; but, far short of this degree of brutality, a great deal of fault may be committed. When men are ill they feel every neglect with double anguish, and what then must be, in such cases, the feelings of women, whose ordinary feelings are so much more acute than those of men; what must be their feelings in case of neglect in illness, and especially if the neglect come *from the husband!* Your own heart will, I hope, tell you what those feelings must be, and will spare me the vain attempt to describe them; and, if it do thus instruct you, you will want no arguments from me to induce you, at such a season, to prove the sincerity of your affection by every kind word and kind act that your mind can suggest. This is the time to try you; and be you assured that the impression left on her mind now will be the true and *lasting* impression, and, if it be good, will be a better preservative against her being jealous than ten thousand of your professions ten thousand times repeated. In such a case you ought to spare no expense that you can possibly afford, you ought to neglect nothing that your means will enable you to do; for what is the use of money if it be not to be expended in this case? But more than all the rest is your own *personal* attention. This is the valuable thing; this is the great balm to the sufferer, and it is efficacious in proportion as it is proved to be sincere. Leave nothing to other hands that you can do yourself; the mind has a great deal to do in all the ailments of the body; and bear in mind

that, whatever be the event, you have a more than ample reward. I cannot press this point too strongly upon you ; the bed of sickness presents no charms, no allurements, and women know this well ; they watch in such a case your every word and every look ; and now it is that their confidence is secured, or their suspicions excited, for life.

198. In conclusion of these remarks as to jealousy in a wife, I cannot help expressing my abhorrence of those husbands who treat it as a matter for ridicule. To be sure, infidelity in a man is less heinous than infidelity in the wife ; but still is the marriage vow nothing ? Is a promise solemnly made before God, and in the face of the world, nothing ? Is a violation of a contract, and that too with a feebler party, nothing of which a man ought to be ashamed ? But, besides all these, there is the *cruelty*. First, you win, by great pains perhaps, a woman's affections ; then, in order to get possession of her person, you marry her ; then, after enjoyment, you break your vow, you bring upon her the mixed pity and jeers of the world, and thus you leave her to weep out her life. Murder is more horrible than this, to be sure ; and the criminal law, which punishes divers other crimes, does not reach this ; but in the eye of reason and of moral justice it is surpassed by very few of those crimes. *Passion* may be pleaded, and so it may for almost every other crime of which man can be guilty. It is not a crime *against nature* ; nor are any of these which men commit in consequence of their necessities. *The temptation is great* ; and is not the temptation great when men thieve or rob ? In short, there is no excuse for an act so unjust and so cruel ; and the world is just as to this matter, for I have always observed that, however men are disposed to *laugh* at these breaches of vows in men, the act seldom fails to produce injury to the whole character ; it leaves, after all the joking, a stain ; and, amongst those who depend on character for a livelihood, it often produces ruin. At the very least it makes an unhappy and wrangling family, it makes children despise or hate their fathers, and it affords an example at the thought of the ultimate consequences of which a father ought to shudder. In such a case children will take part, and they ought to take part, with the mother : she is the injured party ; the shame brought upon her attaches in part to them ; they feel the injustice done them ; and if such a man, when the grey hairs, and tottering knees, and

piping voice come, look round him in vain for a prop, let him at last be just, and acknowledge that he has now the due reward of his own wanton cruelty to one whom he had solemnly sworn to love and to cherish to the last hour of his or her life.

199. But, bad as is conjugal infidelity in the *husband*, it is much worse in the *wife*: a proposition that it is necessary to maintain by the force of reason, because the *women*, as a sisterhood, are prone to deny the truth of it. They say that *adultery* is *adultery*, in men as well as in them; and that therefore the offence is *as great* in the one case as in the other. As a crime, abstractedly considered, it certainly is; but, as to the *consequences*, there is a wide difference. In both cases there is the breach of a solemn vow; but there is this great distinction, that the husband, by his breach of that vow, only brings *shame* upon his wife and family; whereas the wife, by a breach of her vow, may bring the husband a spurious offspring to maintain, and may bring that spurious offspring to rob of their fortunes, and in some cases of their bread, her legitimate children. So that here is a great and evident wrong done to numerous parties, besides the deeper disgrace inflicted in this case than in the other.

200. And why is the disgrace *deeper*? Because here is a total want of *delicacy*; here is grossness and filthiness of mind; here is everything that argues baseness of character. Women should be, and they are, except in few instances, far more reserved and more delicate than men; nature bids them be such; the habits and manners of the world confirm this precept of nature; and therefore, when they commit this offence, they excite loathing as well as call for reprobation. In the countries where a *plurality of wives* is permitted, there is no *plurality of husbands*. It is there thought not at all indelicate for a man to have several wives; but the bare thought of a woman having *two husbands* would excite horror. The *widows* of the Hindoos burn themselves in the pile that consumes their husbands; but the Hindoo *widowers* do not dispose of themselves in this way. The widows devote their bodies to complete destruction, lest, even after the death of their husbands, they should be tempted to connect themselves with other men; and though this is carrying delicacy far indeed, it reads to Christian wives a lesson not unworthy of their attention; for, though it is not desirable that their bodies should be turned into handfuls of

ashes, even that transmutation were preferable to that infidelity which fixes the brand of shame on the cheeks of their parents, their children, and on those of all who ever called them friend.

201. For these plain and forcible reasons it is that this species of offence is far more heinous in the wife than in the husband; and the people of all civilized countries act upon this settled distinction. Men who have been guilty of the offence are not cut off from society, but women who have been guilty of it are: for, as we all know well, no woman, married or single, of *fair reputation*, will risk that reputation by being ever seen, if she can avoid it, with a woman who has ever at any time committed this offence, which contains in itself and by universal award a sentence of social excommunication for life.

202. If therefore it be the duty of the husband to adhere strictly to his marriage vow, if his breach of that vow be naturally attended with the fatal consequences above described, how much more imperative is the duty on the wife to avoid even the semblance of a deviation from that vow! If the man's misconduct in this respect bring shame on so many innocent parties, what shame, what dishonour, what misery follow such misconduct in the wife! Her parents, those of her husband, all her relations, and all her friends share in her dishonour. And *her children!* how is she to make atonement to them? They are commanded to honour their father and their mother; but not such a mother as this, who, on the contrary, has no claim to anything from them but hatred, abhorrence, and execration. It is she who has broken the ties of nature; she has dishonoured her own offspring; she has fixed a mark of reproach on those who once made a part of her own body; nature shuts her out of the pale of its influence, and condemns her to the just detestation of those whom it formerly bade love her as their own life.

203. But as the crime is so much more heinous, and the punishment so much more severe, in the case of the wife than it is in the case of the husband, so that caution ought to be greater in making the accusation or entertaining the suspicion. Men ought to be very slow in entertaining such suspicions; they ought to have clear *proof* before they can *suspect*; a proneness to such suspicions is a very unfortunate turn of the mind; and indeed few characters are more despicable than that of a

jealous headed husband ; rather than be tied to the whims of one of whom, an innocent woman of spirit would earn her bread over the washing tub, or with a hay fork, or with a reap-hook. With such a man there can be no peace ; and, as far as children are concerned, the false accusation is nearly equal to the reality. When a wife discovers her jealousy she merely imputes to her husband inconstancy and breach of his marriage vow ; but jealousy in him imputes to her a willingness to palm a spurious offspring upon him, and upon her legitimate children, as robbers of their birthright ; and, besides this, grossness, filthiness, and prostitution. She imputes to him injustice and cruelty ; but he imputes to her that which banishes her from society, that which cuts her off for life from everything connected with female purity, that which brands her with infamy to her latest breath.

204. Very slow therefore ought a husband to be in entertaining even the thought of this crime in his wife. He ought to be *quite sure* before he take the smallest step in the way of accusation ; but if unhappily he have the proof, no consideration on earth ought to induce him to cohabit with her one moment longer. Jealous husbands are not despicable because they have *grounds*, but because they *have not grounds* ; and this is generally the case. When they have grounds, their own honour commands them to cast off the object as they would cut out a corn or a cancer. It is not the jealousy in itself which is despicable, but the *continuing to live in that state*. It is no dishonour to be a slave in Algiers for instance ; the dishonour begins only where you remain a slave *voluntarily* ; it begins the moment you can escape from slavery, and do not. It is despicable unjustly to be jealous of your wife ; but it is infamy to cohabit with her if you *know* her to be guilty.

205. I shall be told that the *law* compels you to live with her, unless you be *rich* enough to disengage yourself from her ; but the law does not compel you to remain *in the same country with her* ; and if a man have no other means of ridding himself of such a curse, what are mountains or seas to traverse ? And what is the risk (if such there be) of exchanging a life of bodily ease for a life of labour ? What are these and numerous other ills (if they happen) superadded ? Nay, what is death itself, compared with the baseness, the infamy, the never ceasing shame and reproach of living under the same roof with a prostituted woman and calling her *your wife* ? But there are

children, and what is to become of these? To be taken away from the prostitute to be sure; and this is a duty which you owe to them: the sooner they forget her the better, and the farther they are away from her the sooner that will be. There is no excuse for continuing to live with an adulteress: no inconvenience, no loss, no suffering, ought to deter a man from delivering himself from such a state of filthy infamy; and to suffer his children to remain in such a state is a crime that hardly admits of adequate description; a jail is paradise compared with such a life, and he who can endure this latter from the fear of encountering hardship is a wretch too despicable to go by the name of man.

206. But now all this supposes that the husband has *well and truly acted his part!* It supposes, not only that he has been faithful, but that he has not, in any way, been the cause of temptation to the wife to be unfaithful. If he have been cold and neglectful, if he have led a life of irregularity, if he have proved to her that *home* was not his delight, if he have made his house the place of resort for loose companions, if he have given rise to a taste for visiting, junketing, parties of pleasure and gaiety; if he have introduced the habit of indulging in what are called "*innocent freedoms*"; if these or any of these, the *fault is his*, he must take the consequences, and he has *no right* to inflict punishment on the offender, the offence being in fact of his own creating. The laws of God as well as the laws of man have given him all power in this respect; it is for him to use that power for the honour of his wife as well as for that of himself; if he neglect to use it, all the consequences ought to fall on him; and as far as my observation has gone, in nineteen out of twenty cases of infidelity in wives, the crimes have been *fairly ascribable to the husbands*. Folly or misconduct in the husband cannot indeed justify or even palliate infidelity in the wife, whose very nature ought to make her recoil at the thought of the offence; but it may at the same time deprive him of the right of inflicting punishment on her: her kindred, her children, and the world will justly hold her in abhorrence; but the husband must hold his peace.

207. "*Innocent freedoms!*" I know of none that a wife can indulge in. The words, as applied to the demeanour of a married woman, or even a single one, imply a contradiction. For *freedom*, thus used, means an exemption or departure

from the strict rules of female reserve; and I do not see how this can be innocent. It may not amount to crime, indeed; but still it is not innocent; and the use of the phrase is dangerous. If it had been my fortune to be yoked to a person who liked "innocent freedoms," I should have unyoked myself in a very short time. But, to say the truth, it is all a man's own fault. If he have not sense and influence enough to prevent "innocent freedoms" even before marriage, he will do well to let the thing alone, and leave wives to be managed by those who have. But men will talk to your wife, and flatter her. To be sure they will, if she be young and pretty; and would you go and pull her away from them? Oh no, by no means; but you must have very little sense, or must have made very little use of it, if her manner do not soon convince them that they employ their flattery in vain.

208. So much of a man's happiness and of his efficiency through life depends upon his mind being quite free from all anxieties of this sort, that too much care cannot be taken to guard against them; and I repeat that the great preservation of all is, the young couple living as much as possible at home, and having as few visitors as possible. If they do not prefer the company of each other to that of all the world besides; if either of them be weary of the company of the other; if they do not, when separated by business or any other cause, think with pleasure of the time of meeting again, it is a bad omen. Pursue this course when young, and the very thought of jealousy will never come into your mind; and if you do pursue it, and show by your *deeds* that you value your wife as you do your own life, you must be pretty nearly an idiot if she do not think you to be the wisest man in the world. The best man she will be sure to think you, and she will never forgive any one that calls your talents or your wisdom in question.

209. Now will you say that, if to be happy, nay, if to avoid misery and ruin in the married state, requires all these precautions, all these cares, to fail to any extent in any of which is to bring down on a man's head such fearful consequences, will you say that, if this be the case, *it is better to remain single?* If you should say this, it is my business to show that you are in error. For, in the first place, it is against nature to suppose that children can cease to be born; they must and will come: and then it follows that they must come by pro-

miscuous intercourse or by particular connection. The former nobody will contend for, seeing that it would put us in this respect on a level with the brute creation. Then, as the connection is to be *particular*, it must be *during pleasure*; or for the *joint lives of the parties*. The former would seldom hold for any length of time: the tie would seldom be durable, and it would be feeble on account of its uncertain duration. Therefore, to be a *father*, with all the lasting and delightful ties attached to the name, you must first be a husband; and there are very few men in the world who do not, first or last, desire to be *fathers*. If it be said that marriage ought not to be for life, but that its duration ought to be subject to the will, the *mutual will* at least, of the parties, the answer is, that it would seldom be of long duration. Every trifling dispute would lead to a separation; a hasty word would be enough. Knowing that the engagement is for life prevents disputes too; it checks anger in its beginnings. Put a rigging horse into a field with a weak fence, and with captivating pasture on the other side, and he is continually trying to get out; but let the field be walled round, he makes the best of his hard fare, and divides his time between grazing and sleeping. Besides, there could be no *families*, no assemblages of persons worthy of that name; all would be confusion and indescribable intermixture; the names of *brother* and *sister* would hardly have a meaning; and therefore there must be marriage, or there can be nothing worthy of the name of family or of father.

210. The *cares* and *troubles* of the married life are many; but are those of the single life few? Take the *farmer*, (and it is nearly the same with the tradesman,) but take the farmer for instance, and let him, at the age of twenty-five, go into business unmarried. See his maid servants, probably rivals for his smiles, but certainly rivals in the charitable distribution of his victuals and drink amongst those of their own rank; behold *their* guardianship of his pork tub, his bacon rack, his butter, cheese, milk, poultry, eggs, and all the rest of it; look at *their* care of all his household stuff, his blankets, sheets, pillow cases, towels, knives and forks, and particularly of his *crockery ware*, of which last they will hardly exceed a single cartload of broken bits in the year. And how nicely they will get up and take care of his linen and other wearing apparel, and always have it ready for him without his thinking

about it ! If absent at market, or especially at a distant fair, how scrupulously they will keep all their cronies out of his house, and what special care they will take of his *cellar*, more particularly that which holds the strong beer ! And his groceries, and his spirits, and his *wine* (for a bachelor can afford it) how safe these will all be ! Bachelors have not indeed, any more than married men, a security for *health*; but if our young farmer be sick, there are his couple of maids to take care of him, to administer his medicine, and to perform for him all other nameless offices which in such a case are required ; and, what is more, take care of everything down-stairs at the same time, especially his desk with the money in it ! Never will they, good humoured girls as they are, scold him for coming home too late, but on the contrary like him the better for it ; and if he have drunk a little too much, so much the better, for then he will sleep late in the morning, and when he comes out at last he will find that his men have been *so hard* at work, and that all his animals have been taken such good care of !

211. Nonsense ! a bare glance at the thing shows that a farmer, above all men living, can never carry on his affairs with profit without a wife, or a mother, or a daughter, or some such person ; and *mother* and *daughter* imply matrimony. To be sure, a wife would cause some *trouble* perhaps to this young man. There might be the midwife and nurse to gallop after at midnight : there might be, and there ought to be, if called for, a little complaining of late hours : but what are these, and all the other *troubles* that could attend a married life, what are they compared to the one single circumstance of the want of a wife at your bedside during one single night of illness ! A nurse ! what is a nurse to do for you ? Will she do the things that a wife will do ? Will she watch your looks and your half uttered wishes ? Will she use the urgent persuasions so often necessary to save life in such cases ? Will she by her acts convince you that it is not a toil, but a delight, to break her rest for your sake ? In short, now it is that you find that what the women themselves say is strictly true, namely, that without wives *men are poor helpless mortals*.

212. As to the *expense*, there is no comparison between that of a woman servant and a wife in the house of a farmer or a tradesman. The wages of the former is not the expense ; it

is the want of a *common interest* with you, and this you can obtain in no one but a wife. But there are *the children*. I for my part firmly believe that a farmer, married at twenty-five, and having ten children during the first ten years; would be able to save more money during these years than a bachelor, of the same age, would be able to save on the same farm in a like space of time, he keeping only one maid servant. One single fit of illness, of two months' duration, might sweep away more than all the children would cost in the whole ten years, to say nothing of the continual waste and pillage, and the idleness going on from the first day of the ten years to the last.

213. Besides, is the money *all*? What a life to lead!! No one to talk to without going from home, or without getting some one to come to you ; no friend to sit and talk to: pleasant evenings to pass ! Nobody to share with you your sorrows or your pleasures; no soul having a *common interest* with you; all around you taking care of themselves, and no care of you; no one to cheer you in moments of depression : to say all in a word, no one to *love* you, and no prospect of ever seeing any such one to the end of your days. For, as to parents and brethren, if you have them, they have other and very different ties ; and, however laudable your feelings as son and brother, those feelings are of a different character. Then as to gratifications, from which you will hardly abstain altogether, are they generally of little expense ? and are they attended with no trouble, no vexation, no disappointment, no *jealousy* even ? and are they never followed by shame or remorse ?

214. It does very well in bantering songs to say that the bachelor's life is "*devoid of care*." My observation tells me the contrary, and reason concurs in this regard with experience. The bachelor has no one on whom he can in all cases rely. When he quits his home, he carries with him cars that are unknown to the married man. If indeed, like the common soldier, he have merely a lodging place and a bundle of clothes, given in charge to some one, he may be at his ease; but if he possess anything of a home he is never sure of its safety, and this uncertainty is a great enemy to cheerfulness. And as to *efficiency* in life, how is the bachelor to equal the married man ? In the case of farmers and tradesmen, the latter have so clearly the advantage over the former

that one need hardly insist upon the point; but it is, and must be, the same in all the situations of life. To provide for a wife and children is the greatest of all possible spurs to exertion. Many a man, naturally prone to idleness, has become active and industrious when he saw children growing up about him; many a dull sluggard has become, if not a bright man, at least a bustling man, when roused to exertion by his love. Dryden's account of the change wrought in Cymon is only a strong case of the kind. And, indeed, if a man will not exert himself for the sake of a wife and children, he can have no exertion in him; or he must be deaf to all the dictates of nature.

215. Perhaps the world never exhibited a more striking proof of the truth of this doctrine than that which is exhibited in me; and I am sure that every one will say, without any hesitation, that a fourth part of the labours I have performed never would have been performed *if I had not been a married man.* In the first place, they could not; for I should, all the early part of my life, have been rambling and roving about as most bachelors are. I should have had *no home* that I cared a straw about, and should have wasted the far greater part of my time. The great affair of home being *settled*, having the home secured, I had leisure to employ my mind on things which it delighted in. I got rid at once of all cares, all *anxieties*, and had only to provide for the very moderate wants of that home. But the children began to come, they sharpened my industry, they spurred me on. To be sure, I had other and strong motives: I wrote for fame, and was urged forward by ill treatment, and by the desire to triumph over my enemies; but, after all, a very large part of my *nearly a hundred volumes* may be fairly ascribed to the wife and children.

216. I might have done *something*, but perhaps not a *thousandth* part of what I have done, not even a thousandth part; for the chances are that I, being fond of a military life, should have ended my days ten or twenty years ago in consequence of wounds, or fatigue, or, more likely, in consequence of the persecutions of some haughty and insolent fool, whom nature had formed to black my shoes, and whom a system of corruption had made my commander. *Love* came and rescued me from this state of horrible slavery; placed the whole of my time at my own disposal; made me as free as air

removed every restraint upon the operations of my mind, naturally disposed to communicate its thoughts to others; and gave me for my leisure hours a companion, who, though deprived of all opportunity of acquiring what is *called learning*, had so much good sense, so much useful knowledge, was so innocent, so just in all her ways, so pure in thought, word, and deed, so disinterested, so generous, so devoted to me and her children, so free from all disguise, and withal so beautiful and so talkative, and in a voice so sweet, so cheering, that I must, seeing the health and the capacity which it had pleased God to give me, have been a *criminal* if I had done much less than that which I have done; and I have always said that if my country feel any gratitude for my labours, that gratitude is due to her full as much as to me.

217. “*Care!*” What care have I known! I have been buffeted about by this powerful and vindictive government; I have repeatedly had the fruit of my labour snatched away from me by it; but I had a partner that never frowned, that was never melancholy, that never was subdued in spirit, that never abated a smile on these occasions, that fortified me and sustained me by her courageous example, and that was just as busy and as zealous in taking care of the remnant as she had been in taking care of the whole; just as “cheerful,” and just as full of caresses, when brought down to a mean hired lodging as when the mistress of a fine country house with all its accompaniments; and, whether from her words or her looks, no one could gather that she regretted the change. What “*cares*” have I had then? What have I had worthy of the name of “*cares*”?

218. And how is it *now*? How is it when the *sixty-fourth year* has come? And how should I have been without this wife and these children? I *might* have amassed a tolerable heap of *money*; but what would that have done for me? It might have *bought* me plenty of *professions* of attachment, plenty of persons impatient for my exit from the world, but not one single grain of sorrow for any anguish that might have attended my approaching end. To me, no being in this world appears so wretched as an *old bachelor*. Those circumstances, those changes in his person and in his mind, which, in the husband, increase rather than diminish the attentions to him, produce all the want of feeling attendant on disgust; and he beholds, in the conduct of the mercenary

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crowd that generally surround him, little besides an eager desire to profit from that event the approach of which naturally makes a subject of sorrow with him.

219. Before I quit this part of my work I cannot refrain from offering my opinion with regard to what is due from husband to wife, when the disposal of his property comes to be thought of. When marriage is an affair settled by deeds, contracts, and lawyers, the husband, being bound beforehand, has really no will to make. But where he has a will to make, and a faithful wife to leave behind him, it is his first duty to provide for her future well being to the utmost of his power. If she brought him no money, she brought him her person; and by delivering that up to him, she established a claim to his careful protection of her to the end of her life. Some men think, or act as if they thought, that if a wife bring no money, and if the husband gain money by his business or profession, that money is his and not hers, because she had not been doing any of those things for which the money has been received. But is this way of thinking just? By the marriage vow the husband endows the wife with all his worldly goods; and not a bit too much is this, when she is giving him the command and possession of her person. But does she not help to acquire the money? Speaking for instance of the farmer or the merchant, the wife does not indeed go to plough, or to look after the ploughing and sowing; she does not purchase or sell the stock; she does not go to the fair or the market; but she enables him to do all these without injury to his affairs at home, she is the guardian of his property, she preserves what would otherwise be lost to him. The barn and the granary, though they create nothing, have, in the bringing of food to our mouths, as much merit as the fields themselves. The wife does not indeed assist in the merchant's counting house, she does not go upon the Exchange, she does not even know what he is doing; but she keeps his house in order, she rears up his children, she provides a scene of suitable resort for his friends, she ensures him a constant retreat from the fatigues of his affairs; she makes his home pleasant, and is the guardian of his income.

220. In both these cases the wife helps to gain the money; and in cases where there is no gain, where the income is by descent, or is fixed, she helps to prevent it from being squandered away. It is therefore as much hers as it is the husband's.

band's; and though the law gives him, in many cases, the power of keeping her share from her, no just man will ever avail himself of that power. With regard to the tying up of widows from marrying again, I will relate what took place in a case of this kind in America. A merchant who had, during his married state, risen from poverty to very great riches, and who had nevertheless died at about forty years of age, left the whole of his property to his wife for her life, and at her disposal at her death, *provided that she did not marry*. The consequence was that she took a husband *without marrying*, and, at her death (she having no children), gave the whole of the property to the second husband. So much for *posthumous jealousy!*

221. Where there are *children* indeed, it is the duty of the husband to provide, in certain cases, against *step fathers*, who are very prone not to be the most just and affectionate parents. It is an unhappy circumstance when a dying father is compelled to have fears of this sort. There is seldom *an apology* to be offered for a mother that will hazard the happiness of her children by a second marriage. The law allows it, to be sure; but there is, as Prior says, "something beyond the letter of the law." I know what ticklish ground I am treading on here; but though it is *as lawful* for a woman to take a second husband as for a man to take a second wife, the cases are different, and widely different, in the eye of morality and of reason; for as adultery in the wife is a greater offence than adultery in the husband, so a second marriage in the woman is more gross than in the man, argues great deficiency in that *delicacy*, that *innate modesty* which after all is the *great charm*, the charm of charms, in the female sex. I do not like to hear a man *talk* of his *first wife*, especially in the presence of a second; but to hear a woman thus *talk* of her *first husband* has never, however beautiful and good she might be, failed to sink her in my estimation. I have, in such cases, never been able to keep out of my mind that *concatenation of ideas* which, in spite of custom, in spite of the frequency of the occurrence, leaves an impression deeply disadvantageous to the party; for, after the greatest of ingenuity has exhausted itself in the way of apology, it comes to this at last, that the person has *a second time* undergone that surrender to which nothing but the most ardent affection could ever reconcile a chaste and delicate woman.

222. The usual apologies, that a *lone woman* wants a *protector*, that she cannot *manage her estate*, that she cannot *carry on her business*, that she wants a *home for her children*, all these apologies are not worth a straw; for what is the amount of them? Why, that she *surrenders her person* to secure these ends! And if we admit the validity of such apologies, are we far from apologizing for the kept mistress, and even the prostitute? Nay, the former of these *may* (if she confine herself to *one man*) plead more boldly in her defence; and even the latter may plead that hunger which knows no law, and no decorum, and no delicacy. These unhappy, but justly reprobated and despised parties, are allowed no apology at all; though reduced to the begging of their bread, the world grants them no excuse. The sentence on them is: "You shall suffer every hardship; you shall submit to hunger and nakedness: you shall perish by the wayside rather than you shall *surrender your person* to the *dishonour of the female sex*." But can we, without crying injustice, pass this sentence upon them; and at the same time hold it to be proper, decorous, and delicate, that widows shall *surrender their persons* for *worldly gain*, for the sake of *ease*, or for any consideration whatsoever?

223. It is disagreeable to contemplate the possibility of cases of *separation*; but amongst the evils of life such have occurred and will occur; and the injured parties, while they are sure to meet with the pity of all just persons, must console themselves that they have not merited their fate. In the making one's choice no human foresight or prudence can, in all cases, guard against an unhappy result. There is one species of husbands to be occasionally met with in all countries, meriting particular reprobation, and causing us to lament that there is no law to punish offenders so enormous. There was a man in Pennsylvania, apparently a very amiable young man, having a good estate of his own, and marrying a most beautiful woman of his own age, of rich parents, and of virtue perfectly spotless. He very soon took to both *gaming* and *drinking* (the last being the most fashionable vice of the country); he neglected his affairs and his family, in about four years spent his estate, and became a dependant on his wife's father, together with his wife and three children. Even this would have been of little consequence as far as related to expense; but he led the most scandalous life, and was incessant in his demands of money for the purposes of that infamous life. All sorts of

means were resorted to, to reclaim him, and all in vain ; and the wretch, availing himself of the pleading of his wife's affection, and of his *power over the children* more especially, continued for ten or twelve years to plunder the parents, and to disgrace those whom it was his bounden duty to assist in making happy. At last, going out in the dark in a boat, and being partly drunk, he went to the bottom of the Delaware, and became food for otters or fishes, to the great joy of all who knew him, excepting only his amiable wife. I can form an idea of no baseness equal to this. There is more of *baseness* in this character than in that of the robber. The man who obtains the means of indulging in vice by robbery exposes himself to the inflictions of the law ; but though he merits punishment, he merits it less than the base miscreant who obtains his means by his *threats to disgrace his own wife, children, and the wife's parents*. The short way in such a case is the best : set the wretch at *defiance* ; resort to the strong arm of the law wherever it will avail you ; drive him from your house like a mad dog ; for be assured that a being so base and cruel is never to be reclaimed. All your efforts at persuasion are useless ; his promises and vows are made but to be broken ; all your endeavours to keep the thing from the knowledge of the world only prolong his plundering of you ; and many a tender father and mother have been ruined by such endeavours. The whole story must come out at last, and it is better to come out before you be ruined than after your ruin is completed.

224. However, let me hope that those who read this work will always be secure against evils like these ; let me hope that the young men who read it will abstain from those vices which lead to such fatal results ; that they will, before they utter the marriage vow, duly reflect on the great duties that that vow imposes on them ; that they will repel from the outset every temptation to anything tending to give pain to the defenceless persons whose love for them has placed them at their mercy ; and that they will imprint on their own minds this truth, that *a bad husband was never yet a happy man*.

LETTER V.

TO A FATHER.

225. "LITTLE children," says the Scripture, "are like arrows in the hands of the giant, and blessed is the man that hath his quiver full of them"; a beautiful figure to describe in forcible terms the support, the power, which a father derives from being surrounded by a family. And what father thus blessed is there who does not feel in this sort of support a *reliance* which he feels in no other? In regard to this sort of support there is no uncertainty, no doubts, no misgivings. It is *yourself* that you see in your children; their bosoms are the safe repository of even the whispers of your mind; they are the great and unspeakable delight of your youth, the pride of your prime of life, and the props of your old age. They proceed from that love, the pleasures of which no tongue or pen can adequately describe, and the various blessings which they bring are equally incapable of description.

226. But to make them blessings you must act your part well; for they may, by your neglect, your ill treatment, your evil example, be made to be the *contrary of blessings*; instead of pleasure they may bring you pain; instead of making your heart glad the sight of them may make it sorrowful; instead of being the staff of your old age, they may bring your grey hairs in grief to the grave.

227. It is therefore of the greatest importance that you here act well your part, omitting nothing, even from the very beginning, tending to give you great and unceasing influence over their minds, and above all things to ensure if possible *an ardent love of their mother*. Your first duty towards them is resolutely to prevent their drawing the means of life from *any breast but hers*. That is their *own*, it is their *birthright*; and if that fail from any natural cause, the place of it ought to be supplied by those means which are frequently resorted to, without employing a *hireling breast*. I am aware of the too frequent practice of the contrary, I am well aware of the offence which I shall here give to many; but it is for me to do my duty, and to set, with regard to myself, consequences at defiance.

228. In the first place, no food is so congenial to the child as the milk of its own mother. Its quality is made by nature to suit the age of the child; it comes with the child, and is calculated precisely for its stomach. And then what sort of a mother must that be who can endure the thought of seeing her child at another breast! The suckling may be attended with great pain, and it is so attended in many cases; but this pain is a necessary consequence of pleasures foregone, and besides it has its accompanying pleasures too. No mother ever suffered more than my wife did from suckling her children. How many times have I seen her, when the child was beginning to draw, bite her lips while the tears ran down her cheeks! Yet, having endured this, the smiles came and dried up the tears; and the little thing that had caused the pain received abundant kisses as its punishment.

229. Why now, did I not love her *the more* for this? Did not this tend to rivet her to my heart? She was enduring this *for me*; and would not this endearing thought have been wanting if I had seen the baby at a breast that I had hired and paid for? if I had had *two women*, one to bear the child and another to give it milk? Of all the sights that this world affords, the most delightful in my eyes, even to an unconcerned spectator, is a mother with her clean and fat baby lugging at her breast, leaving off now and then and smiling, and she occasionally half smothering it with kisses. What must that sight be then to the *father* of the child!

230. Besides, are we to overlook the great and wonderful effect that this has on the minds of children? As they succeed each other they see with their own eyes the pain, the care, the caresses which their mother has endured for or bestowed on them, and nature bids them love her accordingly. To love her ardently becomes part of their very nature; and when the time comes that her advice to them is necessary as a guide for their conduct, this deep and early impression has all its natural weight, which must be wholly wanting if the child be banished to a hireling breast, and only brought at times into the presence of the mother, who is in fact no mother, or at least but half a one. The children who are thus banished love (as is natural and just) the foster mother better than the real mother as long as they are at the breast. When this ceases they are taught to love their own mother most; but this *teaching* is of a cold and formal kind. They may, and generally do, in a

short time care little about the foster mother; the *teaching* weans all their affection from her, but it does not *transfer* it to the other.

231. I had the pleasure to know in Hampshire a lady who had brought up a family of ten children *by hand*, as they call it. Owing to some defect she could not suckle her children; but she wisely and heroically resolved that her children should hang upon no *other breast*, and that she would not participate in the crime of robbing another child of its birthright, and, as is mostly the case, of *its life*. Who has not seen these banished children, when brought and put into the arms of their mothers, screaming to get from them, and stretching out their little hands to get back into the arms of the nurse, and when safely got there hugging the hireling as if her bosom were a place of *refuge*? Why such a sight is, one would think, enough to strike a mother dead! And what sort of a husband and father, I want to know, must that be who can endure the thought of his child loving another woman more than its own mother and his wife!

232. And, besides all these considerations, is there no crime in robbing the child of the nurse and in exposing it to perish? It will not do to say that the child of the nurse may be dead; and thereby leave her breast for the use of some other. Such cases must happen too seldom to be at all relied on; and indeed every one must see that, generally speaking, there must be a child *cast off* for every one that is put to a hireling breast. Now, without supposing it possible that the hireling will in any case contrive to *get rid* of her own child, every man who employs such hireling must know that he is exposing such child to destruction, that he is assisting to rob it of the means of life, and of course assisting to procure its death as completely as a man can in any case assist in causing death by starvation; a consideration which will make every just man in the world recoil at the thought of employing a hireling breast. For he is not to think of pacifying his conscience by saying that ~~he~~ knows nothing about the hireling's child. He does know; for ~~he~~ must know that she *has* a child, and that he is a principal in robbing it of the means of life. He does not cast it off and leave it to perish himself; but he causes the thing to be done, and to all intents and purposes he is a principal in the cruel and cowardly crime.

233. And if an argument could possibly be yet wanting to

the husband; if his feelings were so stiff as still to remain unmoved, must not the wife be aware that whatever face the world may put upon it, however custom may seem to bear her out, must she not be aware that every one must see the main *motive* which induces her to banish from her arms that which has formed part of her own body? All the pretences about her sore breasts and her want of strength are vain; nature says that she is to endure the pains as well as the pleasures. Whoever has heard the bleating of the ewe for her lamb, and has seen her *reconciled*, or at least pacified, by having presented to her the skin or some of the blood of her dead lamb: whoever has witnessed the difficulty of inducing either ewe or cow to give her milk to an alien young one: whoever has seen the valour of the timid hen in defending her brood, and has observed that she never swallows a morsel that is fit for her young, until they be amply satisfied: whoever has seen the wild birds, though at other times shunning even the distant approach of man, flying and screaming round his head, and exposing themselves to almost certain death in defence of their nests: whoever has seen these things, or any one of them, must question the *motive* that can induce a mother to banish a child from her own breast to that of one who has already been so unnatural as to banish hers. And, in seeking for a motive *sufficiently powerful* to lead to such an act, women must excuse men if they be not satisfied with the ordinary pretences; they must excuse me at any rate if I do not stop even at love of ease and want of maternal affection, and if I express my fear that, superadded to the unjustifiable motives, there is one which is calculated to excite disgust; namely, a desire to be quickly freed from that restraint which the child imposes, and to *hasten back*, unbridled and undisfigured, to those enjoyments, to have an eagerness for which or to wish to excite a desire for which a really delicate woman will shudder at the thought of being suspected:

234. I am well aware of the hostility that I have here been exciting; but there is another and still more furious ball to take by the horns, and which would have been encountered some pages back (that being the proper place), had I not hesitated between my duty and my desire to avoid giving offence; I mean the employment of *male operators* on those occasions where females used to be employed. And here I have *everything* against me; the now general custom, even

amongst the most chaste and delicate women; the ridicule continually cast on old midwives; the interest of a profession for the members of which I entertain more respect and regard than for those of any other; and, above all the rest, *my own example to the contrary*, and my knowledge that every husband has the same apology that I had. But because I acted wrong myself, it is not less, but rather *more*, *my duty to endeavour to dissuade others from doing the same*. My wife had suffered very severely with her second child, which at last was stillborn. The next time I pleaded for *the doctor*; and, after every argument that I could think of, obtained a reluctant consent. Her life was so dear to me that everything else appeared as nothing. Every husband has the same apology to make; and thus from the good, and not from the bad feelings of men, the practice has become far too general for me to hope even to narrow it; but nevertheless I cannot refrain from giving my opinion on the subject.

235. We are apt to talk in a very unceremonious style of our *rude* ancestors, of their *gross* habits, their *want of delicacy* in their language. No man shall ever make me believe that those who reared the cathedral of Ely (which I saw the other day) were *rude*, either in their manners, or in their minds and words. No man shall make me believe that our ancestors were a *rude* and *beggarly* race, when I read in an act of parliament passed in the reign of Edward the Fourth, regulating the dresses of the different ranks of the people, and forbidding the *LABOURERS* to wear coats of cloth that cost *more than two shillings a yard* (equal to *forty shillings* of our present money), and forbidding their wives and daughters to wear sashes or girdles *trimmed with gold or silver*; no man shall make me believe that this was a *rude* and *beggarly* race compared with those who now shirk and shiver about in canvas frocks and rotten cottons. Nor shall any man persuade me that that was a *rude* and *beggarly* state of things, in which (reign of Edward the Third) an act was passed regulating the wages of labour, and ordering that a woman for *weeding in the corn* should receive a penny a day, while a *quart of red wine* was sold for a *penny* and a pair of men's shoes for *two pence*. No man shall make me believe that *agriculture* was in a *rude* state when an act like this was passed, or that our ancestors of that day were *rude* in their minds or in their thoughts. Indeed, there are a thousand

proofs that, whether in regard to domestic or foreign affairs, whether in regard to internal freedom and happiness, or to weight in the world, England was at her zenith about the reign of Edward the Third. The *Reformation*, as it is called, gave her a complete pull down. She revived again in the reigns of the Stuarts as far as related to internal affairs; but the "glorious Revolution" and its debt and taxes have, amidst the false glare of new palaces, roads, and canals, brought her down until she is become the land of domestic misery and of foreign impotence and contempt, and until she, amidst all her boasted improvements and refinements, tremblingly awaits her fall.

236. However, to return from this digression, *rude* and *unrefined* as our mothers might be, plain and unvarnished as they might be in their language, accustomed as they might be to call things by their names, (though they were not so *very delicate* as to use the word *smallclothes*, and to be quite unable in speaking of horn-cattle, horses, sheep, the canine race, and poultry, to designate them by their sexual appellations, though they might not absolutely faint at hearing these appellations used by others,) *rude* and *unrefined* and *indelicate* as they might be, they did not suffer, in the cases alluded to, the approaches of *men*, which approaches are unceremoniously suffered and even sought by their polished and refined and delicate daughters; and of unmarried men too in many cases, and of very young men.

237. From all antiquity this office was allotted to *woman*. Moses's life was saved by the humanity of the Egyptian *midwife*; and to the employment of females in this memorable case the world is probably indebted for that which has been left it by that greatest of all lawgivers, whose institutes, *rude* as they were, have been the foundation of all the wisest and most just laws in all the countries of Europe and America. It was the *fellow feeling* of the midwife for the poor mother that saved Moses. And none but a *mother* can, in such cases, feel to the full and effectual extent that which the operator ought to feel. She has been in the same state *herself*; she knows more about the matter, except in cases of very rare occurrence, than any *man*, however great his learning and experience, can ever know. She knows all the previous symptoms; she can judge more correctly than any man can judge in such a case; she can put questions to the party

which a man cannot put; the communication between the two is wholly without reserve; the *person* of the one is given up to the other as completely as her own is under her command. This never can be the case with a man operator; for, after all that can be said or done, the native feeling of woman, in whatever rank of life, will in these cases restrain them from saying and doing before a man, even before a *husband*, many things which they ought to say and do. So that perhaps, even with regard to the bare question of comparative safety to life, the midwife is the preferable person.

238. But safety to life is not ALL. The preservation of life is not to be preferred to EVERYTHING. Ought not a man to prefer death to the commission of treason against his country? Ought not a man to die rather than save his life by the prostitution of his wife to a tyrant who insists upon the one or the other? Every man and every woman will answer in the affirmative to both these questions. These are then cases when people ought to submit to *certain death*. Surely then the mere *chance*, the mere *possibility* of it, ought not to outweigh the mighty considerations on the other side; ought not to overcome that inborn modesty, that sacred reserve as to their *persons*, which, as I said before, is the charm of charms of the female sex, and which our mothers, *rude* as they are called by us, took we may be satisfied the best and most effectual means of preserving.

239. But is there, after all, anything *real* in this *greater security* for the life of either mother or child? If then risk were so great as to call upon women to overcome this natural repugnance to suffer the approaches of a man, that risk must be *general*; it must apply to *all* women; and, further, it must ever since the creation of man *always* have so applied. Now resorting to the employment of *men* operators has not been in vogue in Europe more than about seventy years, and has not been *general* in England more than about thirty or forty years. So that the *risk* in employing midwives must, of late years, have become vastly greater than it was even when I was a boy, or the whole race must have been extinguished long ago. And then how puzzled we should be to account for the building of all the cathedrals, and all the churches, and the draining of all the marshes and all the fens, more than a thousand years before the word "*accoucheur*" ever came from the lips of woman, and before the thought came into her mind?

And here, even in the use of this word, we have a specimen of the refined delicacy of the present age; here we have, varnish the matter over how we may, modesty in the word and grossness in the thought. Farmers' wives, daughters, and maids cannot now allude to, or hear named, without blushing, those affairs of the homestead which they, within my memory, used to talk about as freely as of milking or spinning; but have they become more really modest than their mothers were? Has this refinement made them more continent than those rude mothers? A jury at Westminster gave, about six years ago, damages to a man, calling himself a gentleman, against a farmer, because the latter, for the purpose for which such animals are kept, had a bull in his yard on which the windows of the gentleman looked! The plaintiff alleged that this was so offensive to his wife and daughters that, if the defendant were not compelled to desist, he should be obliged to brick up his windows, or to quit the house! If I had been the father of these at once delicate and curious daughters, I would not have been the herald of their purity of mind; and if I had been the suitor of one of them I would have taken care to give up the suit with all convenient speed. In spite however of all this "refinement in the human mind," which is everlastingly dinned in our ears; in spite of the "smallclothes" and of all the other affected stuff, we have this conclusion, this indubitable proof, of the falling off in real delicacy; namely, that common prostitutes, formerly unknown, now swarm in our towns, and are seldom wanting even in our villages; and where there was one illegitimate child (including those coming before the time) only fifty years ago there are now twenty.

240. And who can say how far the employment of men, in the cases alluded to, may have assisted in producing this change, so disgraceful to the present age and so injurious to the female sex? The prostitution and the swarms of illegitimate children have a natural and inevitable tendency to lessen that respect and that kind and indulgent feeling which is due from all men to virtuous women. It is well known that the unworthy members of any profession, calling, or rank in life, cause, by their acts, the whole body to sink in the general esteem; it is well known that the habitual dishonesty of merchants trading abroad, the habitual profligate behaviour of travellers from home, the frequent proofs of abject submis-

sion to tyrants; it is well known that these may give the character of dishonesty, profligacy, or cowardice to a whole nation. There are doubtless many men in Switzerland who abhor the infamous practices of men *selling themselves by* whole regiments to fight for any foreign state that will pay them, no matter in what cause, and no matter whether *against their own parents or brethren*; but the censure falls upon the *whole nation*, and "*no money no Swiss*" is a proverb throughout the world. It is, amidst those scenes of prostitution and bastardy, impossible for men in general to respect the female sex to the degree that they formerly did; while numbers will be apt to adopt the unjust sentiment of the old bachelor, Pope, that "*every woman is at heart a rake.*"

241. Who knows, I say, in what degree the employment of *men operators* may have tended to produce this change, so injurious to the female sex? Aye, and to encourage unfeeling and brutal men to propose that the dead bodies of females, if poor, should be *sold* for the purpose of exhibition and dissection before an audience of men, a proposition that our "*rude ancestors*" would have answered not by words but by blows! Alas! our women may talk of "*smallclothes*" as long as they please; they may blush to scarlet at hearing animals designated by their sexual appellations; it may, to give the world a proof of our excessive modesty and delicacy, even pass a law (indeed we have done it) to punish "*an exposure of the person*"; but as long as our streets swarm with prostitutes, our asylums and private houses with bastards, as long as we have *men operators* in the delicate cases alluded to, and as long as the exhibiting of the dead body of a virtuous female before an audience of men shall not be punished by the law, and even with death; as long as we shall appear to be satisfied in this state of things, it becomes us at any rate to be silent about purity of mind, improvement of manners, and an increase of refinement and delicacy.

242. This practice has brought the "*doctor*" into every *family* in the kingdom, which is of itself no small evil. I am not thinking of the expense; for, in cases like these, nothing in that way ought to be spared; if necessary to the safety of his wife, a man ought not only to part with his last shilling but to pledge his future labour. But we all know that there are *imaginary ailments*, many of which are absolutely created by the habit of talking with or about the "*doctor*." Read the

"Domestic Medicine,"* and by the time that you have done you will imagine that you have at times all the diseases of which it treats. This practice has added to, has doubled, aye has augmented I verily believe tenfold, the number of the gentlemen who are in common parlance called "*doctors*"; at which indeed I on my own private account ought to rejoice; for *invariably* I have, even in the worst of times, found them everywhere among my staunchest and kindest friends. But though these gentlemen are not to blame for this any more than attorneys are for their increase in number (and amongst these gentlemen too I have, with very few exceptions, always found sensible men and zealous friends); though the parties pursuing these professions are not to blame; though the increase of attorneys has risen from the endless number and the complexity of the laws, and from the tenfold mass of crimes caused by poverty arising from oppressive taxation; and though the increase of "*doctors*" has arisen from the diseases and the imaginary ailments arising from that effeminate luxury which has been created by the drawing of wealth from the many and giving it to the few; and as the lower classes will always endeavour to imitate the higher, so the "*accoucheur*" has, along with the "*smalliclothes*," descended from the loanmonger's palace down to the hovel of the pauper, there to take his fee out of the poor rates; though these parties are not to blame, the thing is not less an evil. Both professions have lost in character in proportion to the increase in the number of its members; peaches, if they grew on hedges, would rank but little above the berries of the bramble.

243. But to return once more to the matter of *risk of life*; can it be that *nature* has so ordered it that, as a *general thing*, the life of either mother or child shall be in *danger*, even if there were no attendant at all? *Can this be?* Certainly it cannot: *safety* must be the rule, and *danger* the exception; this *must* be the case, or the world never could have been peopled; and perhaps in ninety-nine cases out of every hundred, if nature were left *wholly to herself*, all would be right. The great doctor, in these cases, is comforting, consoling, cheering up. And who can perform this office like

* Buchan's "Domestic Medicine," the medical guide, philosopher, and friend of past generations. It first appeared in 1769, and 80,000 copies of the book were sold during the author's lifetime.

women? who have for these occasions a language and sentiments which seem to have been invented for the purpose; and, be they what they may as to general demeanour and character, they have all upon these occasions one common feeling, and that so amiable, so excellent, as to admit of no adequate description. They completely forget, for the time, all rivalships, all squabbles, all animosities, all *hatred* even; every one feels as if it were her own particular concern.

244. These, we may be well assured, are the proper attendants on these occasions; the mother, the aunt, the sister, the cousin, and the female neighbour, these are the suitable attendants, having some experienced women to afford extraordinary aid if such be necessary; and in the few cases where the preservation of life demands the surgeon's skill, he is always at hand. The contrary practice, which we got from the French, is not however so *general* in France as in England. We have outstripped all the world in this, as we have in everything which proceeds from luxury and effeminacy on the one hand, and from poverty on the other; the millions have been stripped of their means to heap wealth on the thousands, and have been corrupted in manners, as well as in morals, by vicious examples set them by the possessors of that wealth. As reason says that the practice of which I complain cannot be cured without a total change in society, it would be presumption in me to expect such cure from any efforts of mine. I therefore must content myself with hoping that such change will come, and with declaring that if I had to live my life over again, I would act upon the opinions which I have thought it my bounden duty here to state and endeavour to maintain.

245. Having gotten over these thorny places as quickly as possible, I gladly come back to the babies; with regard to whom I shall have no prejudices, no affectation, no false pride, no sham fears to encounter; every heart (except there be one made of flint) being with me here. "Then were there brought unto Him *little children*, that He should put His hands on them and pray: and the disciples rebuked them. But Jesus said, Suffer little children, and forbid them not, to come unto Me; for of such is the kingdom of heaven." A figure most forcibly expressive of the character and beauty of innocence, and, at the same time, most aptly illustrative of the doctrine of regeneration. And where is the man, (the woman

who is not fond of babies is not worthy the name,) but where is the man who does not feel his heart softened, who does not feel himself become gentler, who does not lose all the hardness of his temper, when in any way, for any purpose, or by anybody, an appeal is made to him in behalf of these so helpless and so perfectly innocent little creatures?

246. Shakspeare, who is cried up as the great interpreter of the human heart, has said that the man in whose soul there is no *music*, or love of music, is "fit for murders, treasons, stratagems, and spoils." "Our *immortal bard*," as the profligate Sheridan used to call him in public while he laughed at him in private, our "*immortal bard*" seems to have forgotten that Shadrach, Meshach, and Abednego were flung into the fiery furnace (made seven times hotter than usual) amidst the sound of the cornet, flute, harp, sackbut, and dulcimer, and all kinds of music; he seems to have forgotten that it was a music and a dance loving damsel that chose, as a recompence for her elegant performance, the bloody head of John the Baptist brought to her in a charger; he seems to have forgotten that while Rome burned Nero fiddled. He did not know perhaps that cannibals always dance and sing while their victims are roasting; but he might have known, and he must have known, that England's greatest tyrant, Henry VIII., had, as his agent in blood, Thomas Cromwell, expressed it, "*his sweet soul enwrapped in the celestial sounds of music*"; and this was just at the time when the ferocious tyrant was ordering Catholics and Protestants to be tied back to back on the same hurdle, dragged to Smithfield on that hurdle, and there tied to and burnt from the same stake. Shakspeare must have known these things, for he lived immediately after their date; and if he had lived in our day he would have seen instances enough of "*sweet souls*" enwrapped in the same manner, and capable, if not of deeds equally bloody, of others discovering a total want of feeling for sufferings not unfrequently occasioned by their own wanton waste, and waste arising too in part from their taste for these "*celestial sounds*."

247. Oh no! the heart of man is not to be known by this test: a *great* fondness for music is a mark of *great* weakness, great vacuity of mind; not of hardness of heart, not of vice, not of downright folly; but of a want of capacity or inclination for sober thought. This is not always the case, accidental circumstances almost force the taste upon people; but,

generally speaking, it is a preference of sound to sense. But the man, and especially the *father*, who is not fond of *babies*, who does not feel his heart softened when he touches their almost boneless limbs, when he sees their little eyes first begin to discern, when he hears their tender accents, the man whose heart does not beat truly to this test, is, to say the best of him, an object of compassion.

248. But the mother's feelings are here to be thought of too; for, of all gratifications, the very greatest that a mother can receive is notice taken of, and praise bestowed on, her baby. The moment that gets into her arms, everything else diminishes in value, the father only excepted. *Her own personal charms*, notwithstanding all that men say and have written on the subject, become at most a secondary object as soon as the baby arrives. A saying of the old, profligate king of Prussia is frequently quoted in proof of the truth of the maxim that a woman will forgive anything but *calling her ugly*: a very true maxim perhaps, as applied to prostitutes, whether in high or low life; but a pretty long life of observation has told me that a *mother*, worthy of the name, will care little about what you say of *her* person, so that you will but extol the beauty of her baby. Her baby is always the very prettiest that ever was born! It is always an eighth wonder of the world! And thus it ought to be, or there would be a want of that wondrous attachment to it which is necessary to bear her up through all those cares and pains and toils inseparable from the preservation of its life and health.

249. It is, however, of the part which the *husband* has to act in participating in these cares and toils that I am now to speak. Let no man imagine that the world will despise him for helping to take care of his own child: thoughtless fools may attempt to ridicule; the unfeeling few may join in the attempt; but all whose good opinion is worth having will applaud his conduct, and will in many cases be disposed to repose confidence in him on that very account. To say of a man that he is fond of his family is, of itself, to say that in private life at least he is a good and trustworthy man, aye and in public life too, pretty much; for it is no easy matter to separate the two characters, and it is naturally concluded that he who has been flagrantly wanting in feeling for his own flesh and blood will not be very sensitive towards the rest of mankind. There is nothing more amiable, nothing more de-

lightful to behold, than a *young man* especially taking part in the work of nursing the children ; and how often have I admired this in the labouring men in Hampshire ! It is indeed *generally* the same all over England ; and as to America it would be deemed brutal for a man not to take his full share of these cares and labours.

250. The man who is to gain a living by his labour must be drawn away from home, or at least from the cradle side, in order to perform that labour ; but this will not, if he be made of good stuff, prevent him from doing his share of the duty due to his children. There are still many hours in the twenty-four that he will have to spare for this duty ; and there ought to be no toils, no watchings, no breaking of rest imposed by this duty, of which he ought not to perform his full share, and that too without grudging. This is strictly due from him, in payment for the pleasures of the married state. What *right* has he to the sole possession of a *woman's* person ; what right to a *husband's* vast authority ; what right to the honourable title and the boundless power of *father* : what *right* has he to all or any of these, unless he can found his claim on the faithful performance of all the duties which these titles imply ?

251. One great source of the unhappiness amongst mankind arises, however, from a neglect of these duties ; but, as if by way of compensation for their privations, they are much more duly performed by the poor than by the rich. The fashion of the labouring people is this : the husband, when free from his toil in the fields, takes his share in the nursing, which he manifestly looks upon as a sort of reward for his labour. However distant from his cottage, his heart is always at that home towards which he is carried at night by limbs that feel not their weariness, being urged on by a heart anticipating the welcome of those who attend him there. Those who have, as I so many hundreds of times have, seen the labourers in the woodland parts of Hampshire and Sussex coming at nightfall towards their cottage wickets laden with fuel for a day or two ; whoever has seen three or four little creatures looking out for the father's approach, running in to announce the glad tidings, and then scampering out to meet him, clinging round his knees or hanging on his skirts ; whoever has witnessed scenes like this, to witness which has formed one of the greatest delights of my life, will hesitate long before he

prefer a life of ease to a life of labour; before he prefer a communication with children intercepted by servants and teachers to that communication which is here direct, and which admits not of any division of affection.

252. Then comes the *Sunday*, and amongst all those who keep no servants a great deal depends on the manner in which the father employs *that day*. When there are two or three children, or even one child, the first thing after the breakfast (which is late on this day of rest) is to wash and dress the child or children. Then, while the mother is dressing the dinner, the father, being in his *Sunday* clothes himself, takes care of the child or children. When dinner is over, the mother puts on her best; and then all go to church, or, if that cannot be, whether from distance or other cause, *all pass the afternoon together*. This used to be the way of life amongst the labouring people; and from this way of life arose the most able and most moral people that the world ever saw, until grinding taxation took from them the means of obtaining a sufficiency of food and of raiment, plunged the whole, good and bad, into one indiscriminate mass, under the degrading and hateful name of *paupers*.

253. The working man, in whatever line, and whether in town or country, who spends his *day of rest*, or any part of it, except in case of absolute necessity, away from his wife and children, is not worthy of the name of *father*, and is seldom worthy of the trust of any employer. Such absence argues a want of fatherly and of conjugal affection, which want is generally duly repaid by a similar want in the neglected parties; and though stern authority may command and enforce obedience for awhile, the time soon comes when it will be set at defiance, and when such a father, having no example, no proofs of love to plead, complains of *filial ingratitude*, the silent indifference of his neighbours; and, which is more poignant, his own heart will tell him that his complaint is unjust.

254. Thus far with regard to *working* people; but much more necessary is it to inculcate these principles in the minds of young men in the middle rank of life, and to be more particular in their case with regard to the care due to very young children, for here servants come in, and many are but too prone to think that when they have handed their children over to well paid and able servants they have done their duty.

by them, than which there can hardly be a more mischievous error. The children of the poorer people are in general much fonder of their parents than those of the rich are of theirs: this fondness is reciprocal; and the cause is that the children of the former have, from the very birth, had a greater share than those of the latter of the *personal* attention and of the never ceasing endearments of their parents.

255. I have before urged upon young married men in the middle walks of life to *keep the servants out of the house as long as possible*; and when they must come at last, when they must be had even to assist in taking care of children, let them be assistants in the most strict sense of the word; let them not be *confided in*, let children never be *left to them alone*, and the younger the child the more necessary a rigid adherence to this rule. I shall be told perhaps by some careless father, or some play hunting mother, that female servants are *women*, and have the tender feelings of women. Very true; and in general as good and kind in their *nature* as the mother herself. But they are not the *mothers* of your children, and it is not in nature that they should have the care and anxiety adequate to the necessity of the case. Out of the immediate care and personal superintendence of one or the other of the parents or of some trusty *relation* no young child ought to be suffered to be, if there be (at whatever sacrifice of ease or of property) any possibility of preventing it: because to ensure, if possible, the perfect form, the straight limbs, the sound body, and the sane mind of your children, is the very first of all your duties. To provide fortunes for them; to make provision for their future fame; to give them the learning necessary to the calling for which you destine them; all these may be duties, and the last is a duty: but a duty far greater than and prior to all these is the duty of neglecting nothing within your power to ensure them a *sane mind in a sound and undeformed body*. And how many are the instances of deformed bodies, of crooked limbs, of idiocy, or of deplorable imbecility proceeding solely from young children being left to the care of servants! One would imagine that one single sight of this kind, to be seen or heard of in a whole nation, would be sufficient to deter parents from the practice. And what then must those parents feel who have brought this life-long sorrow on themselves! When once the thing is done, to repent is unavailing. And what is now the worth of

all the ease and all the pleasures, to enjoy which the poor sufferer was abandoned to the care of servants!

256. What, can I plead *example* then, in support of this rigid precept? Did we, who have bred up a family of children, and have had servants during the greater part of the time, never leave a young child to the care of servants? Never; no, not for *one single hour*. Were we then tied constantly to the house with them? No; for we sometimes took them out; but one or the other of us *was always with them*, until, in succession, they were able to take good care of themselves, or until the elder ones were able to take care of the younger, and then *they* sometimes stood sentinel in our stead. How could we *visit* then? Why, if both went, we bargained beforehand to take the children with us; and if this were a thing not to be proposed, one of us went, and the other stayed at home, the latter being very frequently my lot. From this we *never* once deviated. We cast aside all consideration of convenience, all calculations of expense, all thoughts of pleasure of every sort. And what could have equalled the reward that we have received for our care and for our unshaken resolution in this respect?

257. In the rearing of children there is *resolution* wanting as well as *tenderness*. That parent is not *truly* affectionate who wants the *courage* to do that which is sure to give the child temporary pain. A great deal in providing for the *health* and *strength* of children depends upon their being duly and daily washed, when well, in cold water from head to foot. Their cries testify to what a degree they *dislike* this. They squall and kick and twist about at a fine rate; and many mothers, too many, neglect this, partly from reluctance to encounter the squalling, and partly, and *much too often*, from what I will not call *idleness*, but to which I cannot apply a milder term than *neglect*. Well and duly performed, it is an hour's good tight work; for, besides the bodily labour, which is not very slight when the child gets to be five or six months old, there is the *singing* to *overpower the voice of the child*. The moment the stripping of the child used to begin, the singing used to begin, and the latter never ceased till the former had ceased. After having heard this go on with all my children, Rousseau taught me the *philosophy* of it. I happened, by accident, to look into his "*Emile*," and there I found him saying that the nurse subdued the voice of the

child and made it quiet by drowning its voice in hers, and thereby making it perceive that it could not be heard, and that to continue to cry was of no avail. "Here, Nancy," said I (going to her with the book in my hand), "you have been a great philosopher all your life without either of us knowing it." A silent nurse is a poor soul. It is a great disadvantage to the child if the mother be of a very silent, placid, quiet turn. The singing, the talking to, the tossing and rolling about that mothers in general practise, are very beneficial to the children; they give them exercise, awaken their attention, animate them, and rouse them to action. It is very bad to have a child even carried about by a dull, inanimate, silent servant, who will never talk, sing, or chirrup to it; who will but just carry it about, always kept in the same attitude, and seeing and hearing nothing to give it life and spirit. It requires nothing but a dull creature like this, and the washing and dressing left to her, to give a child the rickets, and make it, instead of being a strong, straight person, tup-shinned, bow-kneed, or hump-backed; besides other ailments not visible to the eye. By and by, when the deformity begins to appear, the doctor is called in; but it is too late, the mischief is done, and a few months of neglect are punished by a life of mortification and sorrow not wholly unaccompanied with shame.

258. It is therefore a very spurious kind of tenderness that prevents a mother from doing the things which, though disagreeable to the child, are so necessary to its lasting well being. The washing daily in the morning is a great thing; cold water winter or summer, and this never left to a servant, who has not, in such a case, either the patience or the courage that is necessary for the task. When the washing is over, and the child dressed in its day clothes, how gay and cheerful it looks! The exercise gives it appetite, and then disposes it to rest; and it sucks and sleeps and grows, the delight of all eyes, and particularly those of the parents. "I can't bear *that* squalling!" I have heard men say; and to which I answer that "I can't bear *such* men!" There are, I thank God, very few of them; for if they do not always reason about the matter honest nature teaches them to be considerate and indulgent towards little creatures, so innocent and so helpless and so unconscious of what they do. And the noise, after all, why should it disturb a man? He knows the exact cause of it; he knows that it is the unavoidable consequence of a

great good to his child, and of course to him ; it lasts but an hour, and the recompence instantly comes in the looks of the rosy child, and in the new hopes which every look excites. It never disturbed me, and my occupation was one of those most liable to disturbance by noise. Many a score papers have I written amidst the noise of children, and in my whole life never bade them be still. When they grew up to be big enough to gallop about the house, I have in wet weather, when they could not go out, written the whole day amidst noise that would have made some authors half mad. It never annoyed me at all ; but a Scotch piper, whom an old lady, who lived beside us at Brompton, used to pay to come and play a long tune every day, I was obliged to bribe into a breach of contract. That which you are pleased with, however noisy, does not disturb you. That which is indifferent to you has not more effect ; the rattle of coaches, the clapper of a mill, the fall of water, leave your mind undisturbed. But the sound of the pipe, awakening the idea of the lazy life of the piper, better paid than the labouring man, drew the mind aside from its pursuit ; and, as it really was a nuisance, occasioned by the money of my neighbour, I thought myself justified in abating it by the same sort of means.

259. The cradle is in poor families necessary, because necessity compels the mother to get as much time as she can for her work, and a child can rock the cradle. At first we had a cradle ; and I rocked the cradle, in great part, during the time that I was writing my first work, that famous "*Maitre d'Anglois*," which has long been the first book in Europe, as well as in America, for the teaching of French people the English language. But we left off the use of the cradle as soon as possible ; it causes sleep more and oftener than necessary : it saves trouble ; but to take trouble was our duty. After the term the child we had no cradle, however difficult at an hour's good night. When I was not at my business, it was which is not very slight 't the child to sleep : sometimes by months old, there is the . and sometimes by lying down on a child. The moment the strep. We soon found the good of the singing used to begin, & did not sleep so much, but they former had ceased. After hale produces a sort of dozing or my children, Rousseau taught matter of great importance, as happened, by accident, to look any influence on the health of found him saying that the *nu* the cradle, at least until they

have other children big enough to hold the baby, and to put it to sleep; and it is truly wonderful at how early an age they, either girls or boys, will do this business faithfully and well. You see them in the lanes, and on the skirts of woods and commons, lugging a baby about, when it sometimes weighs half as much as the nurse. The poor mother is frequently compelled, in order to help to get bread for her children, to go to a distance from home, and leave the group, baby and all, to take care of the house and of themselves, the eldest of four or five, not perhaps above six or seven years old; and it is quite surprising that, considering the millions of instances in which this is done in England in the course of a year, so very few accidents or injuries arise from the practice, and not a hundredth part so many as arise in the comparatively few instances in which children are left to the care of servants. In summer time you see these little groups rolling about up the green, or amongst the heath, not far from the cottage, and at a mile perhaps from any other dwelling, the dog their only protector. And what fine and straight and healthy and fearless and acute persons they become! It used to be remarked in Philadelphia, when I lived there, that there was not a single man of any eminence, whether doctor, lawyer, merchant, trader, or anything else, that had not been born and bred in the country, and of parents in a low state of life. Examine London, and you will find it much about the same. From this very childhood they are from necessity *entrusted with the care of something valuable*. They practically learn to think, and to calculate as to consequences. They are thus taught to remember things; and it is quite surprising what memories they have, and how scrupulously a little carter boy will deliver half-a-dozen messages, each of a different purport from the rest, to as many persons, all the messages committed to him at one and the same time, and he not knowing one letter of the alphabet from another. When I want to *remember* something, and am out in the field, and cannot write it down, I say to one of the men or boys, come to me at such a time and tell me so and so. He is *sure* to do it; and I therefore look upon the *memorandum* as written down. One of these children, boy or girl, is much more worthy of being entrusted with the care of a baby, anybody's baby, than a servant maid with curled locks and with eyes rolling about for admirers. The locks and the rolling eyes are very nice, and for aught I

know very proper things in themselves; but incompatible with the care of your baby, ma'am; her mind being absorbed in contemplating the interesting circumstances which are to precede her having a sweet baby of her own, and a *sweeter* than yours, if you please, ma'am; or, at least, such will be her anticipations. And this is all right enough; it is natural that she should think and feel thus; and knowing this, you are admonished that it is your bounden duty not to delegate this sacred trust to anybody.

260. The *courage* of which I have spoken, so necessary in the case of washing the children in spite of their screaming remonstrances, is, if possible, more necessary in cases of illness, requiring the application of *medicine* or of *surgical* means of cure. Here the heart is put to the test indeed! Here is anguish to be endured by a mother, who has to force down the nauseous physic or to apply the tormenting plaster! Yet it is the mother, or the father, and more properly the former, who is to perform this duty of exquisite pain. To no nurse, to no hireling, to no alien hand, ought, if possible to avoid it, this task to be committed. I do not admire those mothers who are *too tender hearted* to inflict this pain on their children, and who therefore leave it to be inflicted by others. Give me the mother who, while the tears stream down her face, has the resolution scrupulously to execute, with her own hands, the doctor's commands. Will a servant, will any hireling, do this? Committed to such hands, the *least trouble* will be preferred to the greater: the thing will, in general, not be half done; and if done, the suffering from such hands is far greater in the mind of the child than if it came from the hands of the mother. In this case, above all others, there ought to be no delegation of the parental office. Here life or limb is at stake, and the parent, man or woman, who in any one point can neglect his or her duty here, is unworthy of the name of parent. And here, as in all the other instances, where goodness in the parents towards the children gives such weight to their advice when the children grow up, what a motive to filial gratitude! The children who are old enough to discern and remember will witness this proof of love and self devotion in their mother. Each of them feels that she has done the same towards them all; and they love her and admire and revere her accordingly.

261. This is the place to state my opinions, and the result of

my experience, with regard to that fearful disease—the small-pox, a subject too to which I have paid great attention. I was always, from the very first mention of the thing, opposed to the cow-pox scheme. If efficacious in preventing the small-pox, I objected to it merely on the score of its *beastliness*. There are some things surely more hideous than death, and more resolutely to be avoided than the mere *risk* of suffering death. And, amongst other things, I always reckoned that of a parent causing the blood, and the diseased blood too, of a beast to be put into the veins of human beings, and those beings the children of that parent. I therefore, as will be seen in the pages of the *Register* of that day, most strenuously opposed the giving of *twenty thousand pounds to Jenner out of the taxes** paid in great part by the working people, which I deemed and asserted to be a scandalous waste of the public money.

262. I contended that this beastly application could not, in nature, be efficacious in preventing the small-pox; and that, even if efficacious for that purpose, it was wholly unnecessary. The truth of the former of these assertions has now been proved in thousands upon thousands of instances. For a long time, for ten years, the contrary was boldly and bravely asserted. This nation is fond of quackery of all sorts; and this particular quackery having been sanctioned by king, lords, and commons, it spread over the country like a pestilence borne by the winds. Speedily sprang up the "ROYAL Jennerian Institution," and branch institutions, issuing from the parent trunk, set instantly to work, impregnating the veins of the rising and enlightened generation with the beastly matter. "Gentlemen and ladies" made the commodity a pocket companion; and if a cottager's child (in Hampshire at least), ever seen by them on a common, were not pretty quick in taking to its heels, it had to carry off more or less of the disease of the cow. One would have thought that one half of the cows in England must have been tapped to get at such a quantity of the stuff.

263. In the midst of all this mad work, to which the doctors, after having found it in vain to resist, had yielded, the real small-pox in its worst form broke out in the town of Ringwood, in Hampshire, and carried off, I believe (I have not the account at hand), more than a hundred persons, young

* The grant of £20,000 was made in 1807; previously, in 1802, parliament had voted him a sum of £10,000.

and old, every one of whom had had the cow-pox "so nicely!" And what was now said? Was the quackery exploded, and were the granters of the twenty thousand pounds ashamed of what they had done? Not at all: the failure was imputed to unskilful operators; to the staleness of the matter; to its not being of the genuine quality. Admitting all this, the scheme stood condemned; for the great advantages held forth were that anybody might perform the operation, and that the matter was everywhere abundant, and cost free. But these were paltry excuses, the mere shuffles of quackery; for what do we know now? Why, that in hundreds of instances persons cow-poxed by JENNER HIMSELF have taken the real small-pox afterwards, and have either died from the disorder or narrowly escaped with their lives! I will mention two instances, the parties concerned being living and well known, one of them to the whole nation, and the other to a very numerous circle in the higher walks of life. The first is Sir Richard Phillips, so well known by his able writings, and equally well known by his exemplary conduct as sheriff of London, and by his life-long labours in the cause of real charity and humanity. Sir Richard had, I think, two sons, whose veins were impregnated by the grantee himself. At any rate he had one, who had, several years after Jenner had given him the insuring matter, a very hard struggle for his life, under the hands of the good, old-fashioned, seam-giving, and dimple-dipping small-pox. The second is Philip Codd, Esq., formerly of Kensington, and now of Rumsted Court, near Maidstone, in Kent, who has a son that had a very narrow escape under the real small-pox, about four years ago, and who also had been cow-poxed by Jenner himself. This last mentioned gentleman I have known, and most sincerely respected, from the time of our both being about eighteen years of age. When the young gentleman of whom I am now speaking was very young, I, having him upon my knee one day, asked his kind and excellent mother whether he had been inoculated. "Oh, no!" said she, "we are going to have him vaccinated." Whereupon I, going into the garden to the father, said: "I do hope, Codd, that you are not going to have that beastly cow stuff put into that fine boy." "Why," said he, "you see, Cobbett, it is to be done by Jenner himself." What answer I gave, what names and epithets I bestowed upon Jenner and his quackery, I will leave the reader to imagine.

264. Now here are instances enough; but every reader has heard of, if not seen, scores of others. Young Mr. Codd caught the small-pox at a school; and if I recollect rightly there were several other "vaccinated" youths who did the same at the same time. Quackery, however, has always a shuffle left. Now that the cow-pox has been proved to be no guarantee against the small-pox, it makes it "*milder*" when it comes! A pretty shuffle indeed this! You are to be *all your life in fear of it*, having as your sole consolation that when it comes (and it may overtake you in a *camp* or on the *seas*), it will be "*milder!*" It was not too mild to kill at Ringwood, and its *mildness*, in the case of young Mr. Codd, did not restrain it from *blinding him* for a suitable number of days. I shall not easily forget the alarm and anxiety of the father and mother upon this occasion; both of them the best of parents, and both of them now punished for having yielded to this fashionable quackery. I will not say *justly* punished; for affection for their children, in which respect they were never surpassed by any parents on earth, was the cause of their listening to the danger-obviating quackery. This too is the case with other parents; but parents should be under the influence of *reason* and *experience* as well as under that of affection; and *now*, at any rate, they ought to set this really dangerous quackery at naught.

265. And what does *my own experience* say on the other side? There are my seven children, the sons as tall, or nearly so, as their father, and the daughters as tall as their mother; all, in due succession, inoculated with the good old-fashioned face-tearing small-pox; neither of them with a single mark of that disease on their skins, neither of them having been, that we could perceive, ill for a single hour in consequence of the inoculation. When we were in the United States we observed that the Americans were *never marked* with the small-pox; or, if such a thing were seen, it was very rarely. The cause we found to be the universal practice of having the children inoculated *at the breast*, and generally at *a month or six weeks old*. When we came to have children we did the same. I believe that some of ours have been a few months old when the operation has been performed, but always while *at the breast*, and as early as possible after the expiration of six weeks from the birth; sometimes put off a little while by some slight disorder in the child, or on ac-

count of some circumstance or other; but, with these exceptions, done at or before the end of six weeks from the birth, and *always at the breast*. All is then *pure*: there is nothing in either body or mind to favour the natural fury of the disease. We always took particular care about the *source* from which the infectious matter came. We employed medical men in whom we could place perfect confidence; we had their *solemn word* for the matter coming from some *healthy child*; and at last we had sometimes to *wait* for this, the cow affair having rendered patients of this sort rather rare.

266. While the child has the small-pox, the mother should abstain from food and drink which she may require at other times, but which might be too gross just now. To suckle a hearty child requires good living; for, besides that this is necessary to the mother, it is also necessary to the child. A little forbearance, just at this time, is prudent; making the diet as simple as possible, and avoiding all violent agitation either of the body or the spirits; avoiding too, if you can, *very hot or very cold weather*.

267. There is now however this inconvenience, that the greater part of the present young women have been *Jennered*; so that they may *catch the beauty killing disease from their babies!* To hearten them up however, and more especially, I confess, to record a trait of maternal affection and of female heroism which I have never heard of anything to surpass, I have the pride to say that my wife had eight children inoculated at her breast, and *never had the small-pox in her life*. I at first objected to the inoculating of the child, but she insisted upon it, and with so much pertinacity that I gave way on condition that she would be inoculated too. This was done with three or four of the children I think, she always being reluctant to have it done, saying that it looked like distrusting the goodness of God. There was, to be sure, very little in this argument; but the long experience wore away the alarm; and there she is now, having had eight children hanging at her breast with that desolating disease in them, and she never having been affected by it from first to last. All her children know, of course, the risk that she voluntarily incurred for them. They all have this indubitable proof that she valued their lives above her own; and is it in nature that they should ever wilfully do anything to wound the heart of that mother? and must not her bright example

have great effect on their character and conduct? Now my opinion is that the far greater part of English or American women, if placed in the above circumstances, would do just the same thing; and I do hope that those who have yet to be mothers will seriously think of putting an end, as they have the power to do, to the disgraceful and dangerous quackery the evils of which I have so fully proved.

268. But there is, in the management of babies, something besides life, health, strength and beauty, and something too without which all these put together are nothing worth; and that is *sanity of mind*. There are, owing to various causes, some who are *born idiots*; but a great many more become insane from the misconduct or neglect of parents, and generally from the children being committed to the care of *servants*. I knew, in Pennsylvania, a child as fine, and as sprightly, and as intelligent a child as ever was born, made an idiot for life by being, when about three years old, shut into a dark closet by a maid servant, in order to terrify it into silence. The thoughtless creature first menaced it with sending it to "*the bad place*," as the phrase is there; and, at last, to reduce it to silence, put it into the closet, shut the door, and went out of the room. She went back, in a few minutes, and found the child in *a fit*. It recovered from that, but was for life an idiot. When the parents, who had been out two days and two nights on a visit of pleasure, came home, they were told that the child had had *a fit*; but they were not told the cause. The girl however, who was a neighbour's daughter, being on her death bed about ten years afterwards, could not die in peace without sending for the mother of the child (now become a young man) and asking forgiveness of her. The mother herself was, however, the greater offender of the two; a whole lifetime of sorrow and of mortification was a punishment too light for her and her husband. Thousands upon thousands of human beings have been deprived of their senses by these and similar means.

269. It is not long since that we read, in the newspapers, of a child being absolutely *killed*, at Birmingham I think it was, by being thus frightened. The parents had gone out into what is called an evening party. The servants, naturally enough, had their party at home; and the mistress, who, by some unexpected accident, had been brought home at an early hour, finding the parlour full of company, ran upstairs to

see about her child, about two or three years old. She found it with its eyes open but *fixed*; touching it, she found it inanimate. The doctor was sent for in vain, it was quite dead. The maid affected to know nothing of the cause; but some one of the parties assembled discovered, pinned up to the curtains of the bed, a *horrid figure*, made up partly of a frightful mask! This, as the wretched girl confessed, had been done to keep the child *quiet*, while she was with her company below. When one reflects on the anguish that the poor little thing must have endured, before the life was quite frightened out of it, one can find no terms sufficiently strong to express the abhorrence due to the perpetrator of this crime, which was in fact a cruel murder; and if it was beyond the reach of the law, it was so and is so, because, as in the cases of parricide, the law, in making no provision for punishment peculiarly severe, has, out of respect to human nature, supposed such crimes to be *impossible*. But if the girl was criminal, if death or a life of remorse was her due, what was the due of her parents, and especially of the mother? And what was the due of the *father*, who suffered that mother, and who perhaps tempted her, to neglect her most sacred duty!

270. If this poor child had been deprived of its mental faculties, instead of being deprived of its life, the cause would in all likelihood never have been discovered. The insanity would have been ascribed to "*brain fever*," or to some other of the usual causes of insanity; or, as in thousands upon thousands of instances, to some unaccountable cause. When I was, in paragraphs from 227 to 233 (both inclusive), maintaining with all my might the unalienable right of the child to the milk of its mother, I omitted amongst the evils arising from banishing the child from the mother's breast to mention, or rather it had never occurred to me to mention, the *loss of reason* to the poor, innocent creatures thus banished. And now, as connected with this measure, I have an argument of *experience*, enough to terrify every young man and woman upon earth from the thought of committing this offence against nature. I wrote the paragraphs mentioned above at Cambridge, on Sunday, the 28th of March; and before I quitted Shrewsbury, on the 14th of May, the following facts reached my ears. A very respectable tradesman, who with his wife led a most industrious life in a town that it is not necessary

to name, said to a gentleman that told it to me: "I wish to God I had read No. IX. of Mr. Cobbett's 'Advice to Young Men' fifteen years ago!" He then related that he had had ten children, *all put out to be suckled*, in consequence of the necessity of his having the mother's assistance to carry on his business; and that *two out of the ten* had come home *idiots*; though the rest were all sane, and though insanity had never been known in the family of either father or mother! These parents, whom I myself saw, are very clever people, and the wife singularly industrious and expert in her affairs.

271. Now the *motive*, in this case, unquestionably was good; it was that the mother's valuable time might, as much as possible, be devoted to the earning of a competence for her children. But alas! what is this competence to these two unfortunate beings! And what is the competence to the rest, when put in the scale against the mortification that they must, all their lives, suffer on account of the insanity of their brother and sister, exciting as it must, in all their circle, and even in *themselves*, suspicions of their own perfect soundness of mind! When weighed against this consideration, what is all the wealth in the world! And as to the parents, where are they to find compensation for such a calamity, embittered additionally too by the reflection that it was in their power to prevent it, and that nature with loud voice cried out to them to prevent it? *Money!* Wealth acquired in consequence of this banishment of these poor children; these victims of this, I will not call it avarice, but over eager love of gain! wealth, thus acquired! What wealth can console these parents for the loss of reason in these children? Where is the father and the mother, who would not rather see their children ploughing in other men's fields, and sweeping other men's houses, than led about parks or houses of their own, objects of pity even of the menials procured by their wealth?

272. If what I have now said be not sufficient to deter a man from suffering *any* consideration, *no matter what*, to induce him to delegate the care of his children when very young to *anybody whomsoever*, nothing that I can say can possibly have that effect; and I will therefore now proceed to offer my advice with regard to the management of children when they get beyond the danger of being crazed or killed by nurses or servants.

273. We here come to the subject of *education* in the true

sense of that word, which is *rearing up*, seeing that the word comes from the Latin *educo*, which means to *breed up* or to *rear up*. I shall afterwards have to speak of *education* in the now common acceptation of the word, which makes it mean *book learning*. At present I am to speak of *education* in its true sense, as the French (who, as well as we, take the word from the Latin) always use it. They in their agricultural works talk of the "*education du cochon, de l'alouette*," etc., that is of the *hog*, the *lark*, and so of other animals; that is to say, of the manner of breeding them, or rearing them up, from their being little things till they be of full size.

274. The first thing in the rearing of children, who have passed from the baby state, is, as to the *body*, plenty of *good food*; and, as to the *mind*, constant *good example in the parents*. Of the latter I shall speak more by and by. With regard to the former, it is of the greatest importance that children be well fed; and there never was a greater error than to believe that they do not need good food. Every one knows that, to have fine horses, the *colts* must be kept well, and that it is the same with regard to all animals of every sort and kind. The fine horses and cattle and sheep all come from the *rich pastures*. To have them fine, it is not sufficient that they have *plenty of food* when young, but that they have *rich food*. Were there no land, no pasture, in England, but such as is found in Middlesex, Essex, and Surrey, we should see none of those coach horses and dray horses, whose height and size make us stare. It is the *keep when young* that makes the fine animal.

275. There is no other reason for the people in the American States being generally so much taller and stronger than the people in England are. Their forefathers went, for the greater part, from England. In the four Northern States they went wholly from England, and then, on their landing, they founded a new London, a new Falmouth, a new Plymouth, a new Portsmouth, a new Dover, a new Yarmouth, a new Lynn, a new Boston, and a new Hull; and the country itself they called, and their descendants still call it, New England. This country of the best and boldest of seamen, and of the most moral and happy people in the world, is also the country of the tallest and ablest bodied men in the world. And why? Because, from their very birth, they have an abundance of *good food*, not only of *food* but of *rich food*. Even when the child is at the breast, a strip of *beefsteak*, or

something of that description, as big and as long as one's finger, is put into its hand. When a baby gets a thing in its hand, the first thing it does is to poke some part of it into its mouth. It cannot *bite* the meat, but its gums squeeze out the juice. When it has done with the breast it eats meat constantly twice, if not thrice, a-day. And this abundance of good food is the cause, to be sure, of the superior size and strength of the people of that country.

276. Nor is this, in any point of view, an unimportant matter. A tall man is, whether as labourer, carpenter, brick-layer, soldier, or sailor, or almost anything else, *worth more* than a short man: he can look over a higher thing; he can reach higher and wider; he can move on from place to place faster; in mowing grass or corn he takes a wider swath; in pitching he wants a shorter prong; in making buildings he does not so soon want a ladder or a scaffold; in fighting he keeps his body farther from the point of his sword.* To be sure, a man *may* be tall and *weak*; but this is the exception and not the rule; *height and weight and strength*, in men as in speechless animals, generally go together. Aye, and in enterprise and courage too the powers of the body have a great deal to do. Doubtless there are, have been, and always will be great numbers of small and enterprising and brave men; but it is *not in nature* that, *generally speaking*, those who are conscious of their inferiority in point of bodily strength should possess the boldness of those who have a contrary description.

277. To what but this difference in the size and strength of the opposing combatants are we to ascribe the ever-to-be-blushed-at events of our last war against the United States! The *hearts* of our seamen and soldiers were as good as those of the Yankees; on both sides they had sprung from the same stock; on both sides equally well supplied with all the mate-

* There is consolation however for short people. "Men of great action I suspect," says Leigh Hunt in his "Autobiography," "including the most heroic soldiers, have been for the most part of short stature, from the fabulous Tydeus to Alexander and Agesilaus, and so downwards to Wellington and Napoleon. Nor have sages and poets or any kind of genius been wanting to the list; from the ancient philosopher who was obliged to carry lead in his pockets lest he should be blown away, down to Michael Angelo, and Montaigne, and Barrow, and Spenser himself, and the Falklands, and Haleses of Clarendon, and Pope, and Steele, and Reynolds, and Mozart."

rials of war; if on either side, the superior skill was on ours: French, Dutch Spaniards, all had confessed our superior prowess: yet when, with our whole undivided strength, and to that strength adding the flush and pride of victory and conquest, crowned even in the capital of France; when, with all these tremendous advantages, and with all the nations of the earth looking on, we came foot to foot and yard-arm to yard-arm with the Americans, the result was such as an English pen refuses to describe. What then was the *great cause* of this result, which filled us with shame, and the world with astonishment? Not the want of *courage* in our men. There were indeed *some moral causes at work*; but the main cause was the great superiority of size and of bodily strength on the part of the enemy's soldiers and sailors. It was *so many men* on each side; but it was men of a different size and strength; and, on the side of the foe, men accustomed to daring enterprise from a consciousness of that strength.

278. Why are abstinence and fasting enjoined by the Catholic Church? Why to make men *humble, meek, and tame*. And they have this effect too; this is visible in whole nations as well as in individuals. So that good food, and plenty of it, is not more necessary to the forming of a stout and able body than to the forming of an active and enterprising spirit. Poor food, short allowance, while they check the growth of the child's body, check also the daring of the mind; and therefore the starving or pinching system ought to be avoided by all means. Children should eat *often*, and as much as they like at a time. They will, if at full heap, never take, of *plain food*, more than it is good for them to take. They may indeed be stuffed with *cakes* and *sweet things* till they be ill, and indeed until they bring on dangerous disorders; but of *meat plainly and well cooked*, and of *bread*, they will never swallow the tenth part of an ounce more than it is necessary for them to swallow. Ripe fruit, or cooked fruit, if no *sweetening* take place, will never hurt them; but when they once get a taste for sugary stuff, and to cram down loads of garden vegetables; when ices, creams, tarts, raisins, almonds, all the endless pamperings come, the *doctor* must soon follow with his drugs. The blowing out of the bodies of children with tea, coffee, soup, or warm liquids of any kind, is very bad: these have an effect precisely like that which is produced by feeding young rabbits, or pigs, or other young animals,

upon watery vegetables : it makes them big-bellied and bareboned at the same time, and it effectually prevents the frame from becoming strong. Children in health want no drink other than skim milk, or buttermilk, or whey ; and, if none of those be at hand, water will do very well, provided they have plenty of *good meat*. Cheese and butter do very well for part of the day. Puddings and pies ; but always *without sugar*, which, say what people will about the *wholesomeness* of it, is not only of *no use* in the rearing of children but injurious : it forces an appetite ; like strong drink, it makes daily encroachments on the taste ; it wheedles down that which the stomach does not want ; it finally produces illness ; it is one of the curses of the country, for it, by taking off the bitter taste of the tea and coffee, is the great cause of sending down into the stomach those quantities of warm water by which the body is debilitated and deformed and the mind enfeebled. I am addressing myself to persons in the middle walk of life ; but no parent can be *sure* that his child will not be compelled to labour hard for its daily bread, and then how vast is the difference between one who has been pampered with sweets and one who has been reared on plain food and simple drink !

279. The next thing after good and plentiful and plain food is *good air*. This is not within the reach of every one ; but to obtain it is worth great sacrifices in other respects. We know that there are *smells* which will cause *instant death* ; we know that there are others which will cause death *in a few years* ; and therefore we know that it is the duty of parents to provide, if possible, against this danger to the health of their offspring. To be sure, when a man is so situated that he cannot give his children sweet air without putting himself into a jail for debt ; when, in short, he has the dire choice of sickly children, children with big heads, small limbs, and rickety joints ; or children sent to the poorhouse : when this is his hard lot, he must decide for the former sad alternative. But before he will convince me that this *is* his lot, he must prove to me that he and his wife expend not a penny in the *decoration* of their persons ; that on his table, morning, noon, or night, *nothing* ever comes that is not the produce of *English soil* ; that of his time not one hour is wasted in what is called pleasure ; that down his throat not one drop or morsel ever goes, unless necessary to sustain life and health. How many scores and how many hundreds of men have I seen, how

many thousands could I go and point out to-morrow, in London, the money expended on whose guzzlings in porter, grog, and wine would keep, and keep well in the country, a considerable part of the year, a wife surrounded by healthy children, instead of being stewed up in some alley or back room, with a parcel of poor creatures about her, whom she, though their fond mother, is almost ashamed to call hers! Compared with the life of such a woman, that of the labourer, however poor, is paradise. Tell me not of the necessity of *providing money for them*, even if you waste not a farthing; you can provide them with no money equal in value to health and straight limbs and good looks: these it is, if within your power, your *bounden duty* to provide for them. As to providing them with money, you deceive yourself; it is your own avarice, or vanity, that you are seeking to gratify, and not to ensure the good of your children. Their most precious possession is *health* and *strength*; and you have *no right* to run the risk of depriving them of these for the sake of heaping together money to bestow on them. You have the desire to see them rich; it is to *gratify yourself* that you act in such a case; and you, however you may deceive yourself, are guilty of *injustice* towards them. You would be ashamed to see them *without fortune*; but not at all ashamed to see them without straight limbs, without colour in their cheeks, without strength, without activity, and with only half their due portion of reason.

280. Besides *sweet air*, children want *exercise*. Even when they are babies in arms, they want tossing and pulling about, and want talking and singing to. They should be put upon their feet by slow degrees, according to the strength of their legs; and this is a matter which a good mother will attend to with incessant care. If they appear to be likely to *squint*, she will always when they wake up, and frequently in the day, take care to present some pleasing object *right before*; and *never on the side of*, their face. If they appear, when they begin to talk, to indicate a propensity to *stammer*, she will stop them, repeat the word or words slowly herself, and get them to do the same. These precautions are amongst the most sacred of the duties of parents; for, remember, the deformity is *for life*: a thought which will fill every good parent's heart with solicitude. All *swaddling* and *tight covering* are mischievous; they produce distortions of some sort

or other. To let children creep and roll about till they get upon their legs of themselves is a very good way. I never saw a *native American* with crooked limbs or hump-back, and never heard any man say that he had seen one. And the reason is doubtless the loose dress in which children, from the moment of their birth, are kept, the good food that they always have, and the sweet air that they breathe in consequence of the absence of all dread of poverty on the part of the parents.

281. As to bodily exercise, they will, when they begin to get about, take, if you let them alone, just as much as nature bids them, and no more. That is a pretty deal indeed, if they be in health; and it is your duty now to provide for their taking of that exercise, when they begin to be what are called *boys* and *girls*, in a way that shall tend to give them the greatest degree of pleasure, accompanied with the smallest risk of pain; in other words, to *make their lives as pleasant as you possibly can*. I have always admired the sentiment of Rousseau upon this subject. "The boy dies perhaps at the age of ten or twelve. Of what use then all the restraints, all the privations, all the pain, that you have inflicted upon him? He falls, and leaves your mind to brood over the possibility of your having abridged a life so dear to you." I do not recollect the very words; but the passage made a deep impression upon my mind, just at the time too when I was about to become a father; and I was resolved never to bring upon myself remorse from such a cause; a resolution from which no importunities, coming from what quarter they might, ever induced me, in one single instance, or for one single moment, to depart. I was resolved to forego all the means of making money, all the means of living in anything like fashion, all the means of obtaining fame or distinction, to give up everything, to become a common labourer, rather than make my children lead a life of restraint and rebuke. I could not be sure that my children would love me as they loved their own lives; but I was, at any rate, resolved to deserve such love at their hands, and in possession of that I felt that I could set calamity, of whatever description, at defiance.

282. Now, proceeding to relate what was, in this respect, my line of conduct, I am not pretending that *every* man, and particularly every man living in a *town*, can, in all respects, do as I did in the rearing up of children. But in many respects

any man may, whatever may be his state of life. For I did not lead an idle life; I had to work constantly for the means of living; my occupation required unremitting attention; I had nothing but my labour to rely on; and I had no friend to whom, in case of need, I could fly for assistance. I always saw the possibility, and even the probability, of being totally ruined by the hand of power; but happen what would, I was resolved that, as long as I could cause them to do it, my children should lead happy lives; and happy lives they did lead, if ever children did in this whole world.

283. The first thing that I did, when the fourth child had come, was to *get into the country*, and so far as to render a going backward and forward to London, at short intervals, quite out of the question. Thus was *health*, the greatest of all things, provided for, as far as I was able to make the provision. Next, my being *always at home* was secured as far as possible; always with them, to set an example of early rising, sobriety, and application to something or other. Children, and especially boys, will have some out of doors pursuits; and it was my duty to lead them to choose such pursuits as combined future utility with present innocence. Each his flower bed, little garden, plantation of trees; rabbits, dogs, asses, horses, pheasants and hares; hoes, spades, whips, guns; always some object of lively interest, and as much *earnestness* and *busle* about the various objects as if our living had solely depended upon them. I made everything give way to the great object of making their lives happy and innocent. I did not know what they might be in time, or what might be my lot; but I was resolved not to be the cause of their being unhappy *then*, let what might become of us afterwards. I was, as I am, of opinion that it is injurious to the mind to press *book learning* upon it at an *early age*: I always felt pain for poor little things, set up before "company," to repeat verses or bits of plays, at six or eight years old. I have sometimes not known which way to look, when a mother (and too often a father), whom I could not but respect on account of her fondness for her child, has forced the feeble voiced eighth wonder of the world to stand with its little hand stretched out, spouting the *soliloquy of Hamlet*, or some such thing. I remember on one occasion a little pale faced creature, only five years old, was brought in, after the *feeding* part of the dinner was over, first to take his regular half glass of vintner's brewings, commonly

called wine, and then to treat us to a display of his wonderful genius. The subject was a speech of a robust and bold youth, in a Scotch play, the title of which I have forgotten, but the speech began with : " My name is Norval : on the Grampian hills my father fed his flocks . . ." * And this in a voice so weak and distressing as to put me in mind of the plaintive squeaking of little pigs when the sow is lying on them. As we were going home (one of my boys and I), he, after a silence of half a mile perhaps, rode up close to the side of my horse, and said : " Papa, where *be* the *Grampian hills* ? " " Oh," said I, " they are in Scotland ; poor, barren, beggarly places, covered with heath and rushes, ten times as barren as Sherril Heath." " But," said he, " how could that little boy's father feed *his flocks* there, then ? " I was ready to tumble off the horse with laughing.

284. I do not know anything much more distressing to the spectators than exhibitions of this sort. Every one feels, not for the child, for it is insensible to the uneasiness it excites, but for the parents, whose amiable fondness displays itself in this ridiculous manner. Upon these occasions no one knows what to say, or whither to direct his looks. The parents, and especially the fond mother, look sharply round for the so evidently merited applause, as an actor of the name of Munden,† whom I recollect thirty years ago, used, when he had treated us to a whitty shrug of his shoulders, or twist of his chin, to turn his face up to the gallery for the clap. If I had to declare on my oath which have been the most disagreeable moments of my life, I verily believe that, after due consideration, I should fix upon those in which parents, whom I have respected, have made me endure exhibitions like these ; for this is your choice, to be *insincere*, or to *give offence*.

285. And, as towards the child, it is to be *unjust* thus to teach it to set a high value on trifling, not to say mischievous, attainments ; to make it, whether it be in its natural disposi-

* Norval was the young peasant, really young Douglas, in Home's tragedy of "Douglas."

† This famous comic actor was born in 1758, and died in 1832, in Bernard Street, Russell-Square, London. Charles Lamb had a great admiration of him. " Can any man," he says, " wonder like him ? Can any man see ghosts like him ? or fight with his own shadow as he does ? " His face making was extraordinary. " If his name could be multiplied like his countenance," Lamb remarks, " it might fill a playbill. He and he alone literally *makes faces*."

tion or not, vain and conceited. The plaudits which it receives, in such cases, puff it up in its own thoughts, send it out into the world stuffed with pride and insolence, which must and will be extracted out of it by one means or another; and none but those who have had to endure the drawing of firmly fixed teeth can, I take it, have an adequate idea of the painfulness of this operation. Now parents have *no right* thus to indulge their own feelings at the risk of the happiness of their children.

286. The greater matter is, however, the spoiling of the mind by forcing on it thoughts which it is not fit to receive. We know well, we daily see, that in men, as well as in other animals, the body is rendered comparatively small and feeble by being heavily loaded, or hard worked, before it arrive at size and strength proportioned to such load and such work. It is just so with the mind; the attempt to put old heads upon young shoulders is just as unreasonable as it would be to expect a colt six months old to be able to carry a man. The mind, as well as the body, requires time to come to its strength; and the way to have it possess at last its natural strength is not to attempt to load it too soon, and to favour it in its progress by giving to the body good and plentiful food, sweet air, and abundant exercise, accompanied with as little discontent or uneasiness as possible. It is universally known that ailments of the body are, in many cases, sufficient to *destroy* the mind, and to debilitate it in innumerable instances. It is equally well known that the torments of the mind are, in many cases, sufficient to *destroy* the body. This then being so well known, is it not the first duty of a father to secure to his children, if possible, sound and strong bodies? Lord Bacon says that "a sound mind in a sound body is the greatest of God's blessings." To see his children possess these therefore ought to be the first object with every father; an object which I cannot too often endeavour to fix in his mind.

287. I am to speak presently of that sort of *learning* which is derived from *books*, and which is a matter by no means to be neglected, or to be thought little of, seeing that it is the road, not only to fame, but to the means of doing great good to one's neighbours and to one's country, and thereby of adding to those pleasant feelings which are, in other words, our happiness. But notwithstanding this, I must here insist, and

endeavour to impress my opinion upon the mind of every father, that his children's *happiness* ought to be his *first object*; that *book learning*, if it tend to militate against this, ought to be disregarded; and that, as to money, as to fortune, as to rank and title, that father who can, in the destination of his children, think of them more than of the *happiness* of those children, is, if he be of sane mind, a great criminal. Who is there, having lived to the age of thirty or even twenty years, and having the ordinary capacity for observation; who is there, being of this description, who must not be convinced of the inadequacy of *riches* and what are called *honours* to ensure *happiness*? Who, amongst all the classes of men, experience on an average so little of *real pleasure* and so much of *real pain* as the rich and lofty? Pope gives us, as the materials for happiness, "*health, peace, and competence.*" Aye, but what is *peace*, and what is *competence*? If by *peace* he mean that tranquillity of mind which innocence and good deeds produce, he is right and clear so far; for we all know that without *health*, which has a well known positive meaning, there can be no *happiness*. But *competence* is a word of unfixed meaning. It may, with some, mean enough to eat, drink, wear, and be lodged and warmed with; but with others it may include horses, carriages, and footmen laced over from top to toe. So that here we have no guide, no standard; and, indeed, there can be none. But as every sensible father must know that the possession of *riches* does not, never did, and never can, afford even a chance of additional *happiness*, it is his duty to inculcate in the minds of his children to make no sacrifice of principle, of moral obligation of any sort, in order to obtain *riches* or distinction; and it is a duty still more imperative on him not to expose them to the risk of loss of *health*, or diminution of *strength*, for purposes which have, either directly or indirectly, the acquiring of *riches* in view, whether for himself or for them.

288. With these principles immovably implanted in my mind, I became the father of a family, and on these principles I have reared that family. Being myself fond of *book learning*, and knowing well its powers, I naturally wished them to possess it too; but never did I impose it upon any one of them. My first duty was to make them *healthy and strong*, if I could, and to give them as much enjoyment of life as possible. Born and bred up in the sweet air myself, I was

resolved that they should be bred up in it too. Enjoying rural scenes and sports as I had done, when a boy, as much as any one that ever was born, I was resolved that they should have the same enjoyments tendered to them. When I was a very little boy, I was, in the barley sowing season, going along by the side of a field, near Waverly Abbey*; the primroses and bluebells bespangling the banks on both sides of me; a thousand linnets singing in a spreading oak over my head; while the jingle of the traces and the whistling of the ploughboys saluted my ear from over the hedge; and, as it were to snatch me from the enchantment, the hounds, at that instant, having started a hare in the hanger† on the other side of the field, came up scampering over it in full cry, taking me after them many a mile. I was not more than eight years old; but this particular scene has presented itself to my mind many times every year from that day to this. I always enjoy it over again; and I was resolved to give, if possible, the same enjoyments to my children.

289. Men's circumstances are so various; there is such a great variety in their situations in life, their business, the extent of their pecuniary means, the local state in which they are placed, their internal resources; the variety in all these respects is so great that, as applicable to *every* family, it would be impossible to lay down any set of rules, or maxims, touching *every* matter relating to the management and rearing up of children. In giving an account therefore of *my own* conduct in this respect, I am not to be understood as supposing that *every* father can or ought to attempt to do *the same*; but while it will be seen that there are *many*, and these the most important, parts of that conduct, and that *all* fathers may imitate if they choose, there is no part of it which thousands and thousands of fathers might not adopt and pursue, and adhere to, to the very letter.

290. I effected everything without scolding, and even without command. My children are a family of scholars, each sex its appropriate species of learning; and I could safely take my oath that I never ordered a child of mine, son or daughter, *to look into a book*, in my life. My two eldest sons, when about eight years old, were, for the sake of their health,

* Waverly Abbey, near Farnham, Cobbett's birthplace.

† Hanger, a hanging wood. *Wright's Dictionary of Obsolete and Provincial English.*

placed for a very short time at a clergyman's at Micheldever,* and my eldest daughter, a little older, at a school a few miles from Botley, to avoid taking them to London in the winter. But with these exceptions never had they, while children, teacher of any description; and I never, and nobody else ever, taught any one of them to read, write, or anything else, except in *conversation*; and yet no man was ever more anxious to be the father of a family of clever and learned persons.

291. I accomplished my purpose *indirectly*. The first thing of all was *health*, which was secured by the deeply interesting and never ending *sports of the field* and *pleasures of the garden*. Luckily these things were treated of in *books* and *pictures* of endless variety; so that, on *wet days*, in *long evenings*, these came into play. A large, strong table, in the middle of the room, their mother sitting at her work, used to be surrounded with them, the baby, if big enough, set up in a high chair. Here were inkstands, pens, pencils, India rubber, and paper, all in abundance, and every one scrabbled† about as he or she pleased. There were prints of animals of all sorts; books treating of them; others treating of gardening, of flowers, of husbandry, of hunting, coursing, shooting, fishing, planting, and in short of everything with regard to which we *had something to do*. One would be trying to imitate a bit of my writing, another *drawing* the pictures of some of our dogs or horses, a third poking over Bewick's "Quadrupeds," and picking out what he said about them; but our book of never failing resource was the French "*Maison Rustique*," or Farmhouse, which it is said was the book that first tempted Duquesnois (I think that was the name), the famous physician, in the reign of Louis XIV., to learn to read. Here are all the *four legged animals*, from the horse down to the mouse, *portraits* and all; all the *birds*, *reptiles*, *insects*; all the modes of rearing, managing, and using the tame ones; all the modes of taking the wild ones, and of destroying those that are mischievous; all the various traps, springs, nets; all the implements of husbandry and gardening; all the labours of the field and the garden exhibited, as well as the rest, in

* Mitcheldever, or Micheldever, is an agricultural village and parish in Hampshire, about seven miles north of Winchester.

† To scrabble, to scrape or to scratch. "He feigned himself mad and scrabbled on the doors of the gate." (1 Sam. xxi. 13.)

plates. And there was I, in my leisure moments, to join this inquisitive group, to read the *French*, and tell them what it meant in *English*, when the picture did not sufficiently explain itself. I never have been without a copy of this book for forty years, except during the time that I was fleeing from the dungeons of Castlereagh and Sidmouth in 1817; and when I got to Long Island the first book I bought was another "*Maison Rustique*."

292. What need had we of schools? What need of teachers? What need of scolding and force, to induce children to read, write, and love books? What need of cards, dice, or of any games, to "kill time," but, in fact, to implant in the infant heart a love of gaming, one of the most destructive of all human vices? We did not want to "kill time"; we were always busy, wet weather or dry weather, winter or summer. There was no force, in any case, no command; no authority; none of these was ever wanted. To teach the children the habit of *early rising* was a great object; and every one knows how young people cling to their beds, and how loth they are to go to those beds. This was a capital matter; because here were *industry* and *health* both at stake. Yet I avoided command even here; and merely offered a reward. The child that was downstairs first was called the lark for that day; and, further, sat at my right hand at dinner. They soon discovered that to rise early they must go to bed early; and thus was this most important object secured, with regard to girls as well as boys. Nothing is more inconvenient, and indeed more disgusting, than to have to do with girls, or young women, who lounge in bed: "A little more sleep, a little more slumber, a little more folding of the hands to sleep."* Solomon knew them well; he had, I dare say, seen the breakfast cooling, carriages and horses and servants waiting, the sun coming burning on, the day wasting, the night growing dark too early, appointments broken, and the objects of journeys defeated; and all this from the lolloping in bed of persons who ought to have risen with the sun. No beauty, no modesty, no accomplishments, are a compensation for the effects of laziness in women; and, of all the proofs of laziness, none is so unequivocal as that of lying late in bed. Love makes men overlook this vice (for it is a vice) for awhile; but this does not last for life. Besides, *health* demands early

* Proverbs vi. 10.

rising; the management of a house imperiously demands it; but *health*, that most precious possession, without which there is nothing else worth possessing, demands it too. The morning air is the most wholesome and strengthening; even in crowded cities men might do pretty well with the aid of the morning air; but how are they to rise early, if they go to bed late?

293. But, to do the things I did, you must *love home* yourself; to rear up children in this manner, you must *live with them*; you must make them too *feel* by your conduct that you *prefer* this to any other mode of passing your time. All men cannot lead this sort of life; but many may, and all much more than many do. My occupation, to be sure, was chiefly carried on *at home*; but I had always enough to do. I never spent an idle week or even day in my whole life, Yet I found time to talk with them, to walk, or ride, about *with them*, and when forced to go from home always took one or more with me. You must be good tempered too with them; they must like *your company* better than any other person's; they must not wish you away, not fear your coming back, not look upon your departure as a *holiday*. When my business kept me away from the *scrabbling* table, a petition often came that I would go and *talk* with the group, and the bearer generally was the youngest, being the most likely to succeed. When I went from home, all followed me to the outer gate, and looked after me, till the carriage or horse was out of sight. At the time appointed for my return all were prepared to meet me; and if it were late at night, they sat up as long as they were able to keep their eyes open. This love of parents, and this constant pleasure *at home*, made them not even think of seeking pleasure abroad; and they thus were kept from vicious playmates and early corruption.

294. This is the age too to teach children to be *trustworthy* and to be *merciful* and *humane*. We lived *in a garden* of about two acres, partly kitchen garden with walls, partly shrubbery and trees, and partly grass. There were the *peaches*, as tempting as any that ever grew, and yet as safe from fingers as if no child were ever in the garden. It was not necessary to *forbid*. The blackbirds, the thrushes, the whitethroats, and even that very shy bird the goldfinch, had their nests and bred up their young ones, in great abundance,

all about this little spot, constantly the play-place of six children ; and one of the latter had its nest, and brought up its young ones, in a *raspberry bush*, within two yards of a walk, and at the time that, we were gathering the ripe raspberries. We give dogs, and justly, great credit for sagacity and memory ; but the following two most curious instances, which I should not venture to state if there were not so many witnesses to the fact, in my neighbours at Botley as well as in my own family, will show that *birds* are not, in this respect, inferior to the canine race. All country people know that the *skylark* is a very shy bird ; that its abode is the open fields ; that it settles on the ground only ; that it seeks safety in the wideness of space ; that it avoids enclosures and is never seen in gardens. A part of our ground was a grass plat of about *forty rods*, or a quarter of an acre, which one year was left to be mowed for hay. A pair of larks, coming out of the fields into the middle of a pretty populous village, chose to make their nest in the middle of this little spot, and at not more than about *thirty-five yards* from one of the doors of the house, in which there were about twelve persons living, and six of those children who had constant access to all parts of the ground. There we saw the cock rising up and singing, then taking his turn upon the eggs ; and by and by we observed him cease to sing, and saw them both *constantly engaged in bringing food to the young ones*. No unintelligible hint to fathers and mothers of the human race, who have before marriage taken delight in *music*. But the time came for *mowing the grass* ! I waited a good many days for the brood to get away ; but at last I determined on the day, and if the larks were there still, to leave a patch of grass standing round them. In order not to keep them in dread longer than necessary, I brought three able mowers, who would cut the whole in about an hour ; and as the plat was nearly circular, set them to mow *round*, beginning at the outside. And now for sagacity indeed ! The moment the men began to whet their scythes, the two old larks began to flutter over the nest, and to make a great clamour. When the men began to mow, they flew round and round, stooping so low, when near the men, as almost to touch their bodies, making a great chattering at the same time ; but before the men had got round with the second swarth, they flew to the nest, and away they went, young ones and all, across the river, at the foot of

the ground, and settled in the long grass in my neighbour's orchard.

295. The other instance relates to a house-marten. It is well known that these birds build their nests under the eaves of inhabited houses, and sometimes under those of door porches ; but we had one that built its nest *in the house*, and upon the top of a common door case, the door of which opened into a room out of the main passage into the house. Perceiving the marten had begun to build its nest here, we kept the front door open in the daytime ; but were obliged to fasten it at night. It went on, had eggs, young ones, and the young ones flew. I used to open the door in the morning early, and then the birds carried on their affairs till night. The next year the marten came again, and had *another brood in the same place*. It found its *old nest*; and, having repaired it and put it in order, went on again in the former way ; and it would, I dare say, have continued to come to the end of its life, if we had remained there so long, notwithstanding there were six healthy children in the house, making just as much noise as they pleased.

296. Now what *sagacity* in those birds to discover that those were places of safety ! And how happy must it have made us, the parents, to be *sure* that our children had thus deeply imbibed habits the contrary of cruelty ! For be it engraven on your heart, young man, that, whatever appearances may say to the contrary, *cruelty* is always accompanied with *cowardice*, and also with *perfidy*, when that is called for by the circumstances of the case ; and that *habitual* acts of cruelty to other creatures will, nine times out of ten, produce, when the power is possessed, cruelty to human beings. The ill usage of *horses*, and particularly *asses*, is a grave and a just charge against this nation. No other nation on earth is guilty of it to the same extent. Not only by *blows*, but by privation, are we cruel towards these useful, docile, and patient creatures ; and especially towards the last, which is the most docile and patient and laborious of the two, while the food that satisfies it is of the coarsest and least costly kind, and in quantity so small ! In the habitual ill treatment of this animal, which, in addition to all its labours, has the milk taken from its young ones to administer a remedy for our ailments, there is something that bespeaks *ingratitude* hardly to be described. In a Register that I wrote from Long Island, I said that amongst

all the things of which I had been bereft I regretted no one so much as a very diminutive *mare*, on which my children had all in succession learnt to ride. She was become useless for them, and indeed for any other purpose; but the recollection of her was so entwined with so many past circumstances, which at that distance my mind conjured up, that I really was very uneasy lest she should fall into cruel hands. By good luck she was, after a while, turned out on the wide world to shift for herself; and when we got back, and had a place for her to stand in, from her native forest we brought her to Kensington, and she is now at Barn-Elm, about twenty-six years old, and I dare say as fat as a mole. Now not only have I no moral right (considering my ability to pay for keep) to deprive her of life, but it would be *unjust* and *ungrateful* in me to withhold from her sufficient food and lodging to make life as pleasant as possible while that life last.

297. In the meanwhile the book learning *crept in* of its own accord, by imperceptible degrees. Children naturally want to be *like* their parents, and *to do what they do*, the boys following their father and the girls their mother; and as I was always *writing* or *reading*, mine naturally desired to do something in the same way. But at the same time they heard no talk from *fools* or *drinkers*; saw me with no idle, gabbling, empty companions; saw no vain and affected coxcombs, and no tawdry and extravagant women; saw no nasty gormandizing, and heard no gabble about playhouses and romances and the other nonsense that fit boys to be lobby loungers, and girls to be the ruin of industrious and frugal young men.

298. We wanted no stimulants of this sort to *keep up our spirits*; our various pleasing pursuits were quite sufficient for that; and the *book learning* came amongst the rest of the pleasures, to which it was in some sort necessary. I remember that one year I raised a prodigious crop of fine *melons*, under hand glasses; and I learned how to do it from a gardening *book*, or at least that book was necessary to remind me of the details. Having passed part of an evening in talking to the boys about getting this crop, "Come," said I, "now let us *read the book*." Then the book came forth, and to work we went, following very strictly the precepts of the book. I read the thing but once, but the eldest boy read it perhaps twenty times over, and explained all about the matter to the others. Why, here was a *motive*! Then he

had to tell the garden labourer *what to do* to the melons. Now I will engage that more was really learned by this single lesson than would have been learned by spending, at this son's age, a year at school ; and he *happy* and *delighted* all the while. When any dispute arose amongst them about hunting or shooting, or any other of their pursuits, they by degrees found out the way of settling it by reference to some book ; and when any difficulty occurred as to the meaning, they referred to me, who, if at home, *always instantly attended to them* in these matters.

299. They began writing by taking words out of *printed books*; finding out which letter was which by asking me, or asking those who knew the letters one from another ; and by imitating bits of my writing it is surprising how soon they began to write a hand like mine, very small, very faint-stroked, and nearly plain as print. The first use that any one of them made of the pen was to *write to me*, though in the same house with them. They began doing this in mere *scratches*, before they knew how to make any one letter ; and as I was always folding up letters and directing them, so were they ; and they were *sure* to receive a *prompt answer*, with most *encouraging* compliments. All the meddlings and teasings of friends, and, what was more serious, the pressing prayers of their anxious mother, about sending them to *school*, I withstood without the slightest effect on my resolution. As to friends, preferring my own judgment to theirs, I did not care much ; but an expression of anxiety, implying a doubt of the soundness of my own judgment, coming perhaps twenty times a day from her whose care they were as well as mine, was not a matter to smile at ; and very great trouble it did give me. My answer at last was, as to the boys, I want them to be *like me*; and as to the girls, in whose hands can they be so safe as in *yours*? Therefore my resolution is taken : *go to school they shall not*.

300. Nothing is much more annoying than the *intermeddling of friends*, in a case like this. The wife appeals to them, and "*good breeding*," that is to say, *nonsense*, is sure to put them on *her side*. Then they, particularly the *women*, when describing the *surprising progress* made by their *own sons* at school, used, if one of mine were present, to turn to him, and ask to what school *he went*, and what *he was learning*. I leave any one to judge of *his opinion of her*; and whether *he would like*

her the better for that! "Bless me, so tall, and *not learned* anything *yet!*" "Oh, yes, he has," I used to say, "he has learned to ride and hunt and shoot and fish, and look after cattle and sheep, and to work in the garden, and to feed his dogs, and to go from village to village in the dark." This was the way I used to manage with troublesome customers of this sort. And how glad the children used to be when they got clear of such criticising people! And how grateful they felt to me for the *protection* which they saw that I gave them against that state of restraint of which other people's boys complained! Go whither they might, they found no place so pleasant as home, and no soul that came near them affording them so many means of gratification as they received from me.

301. In this happy state we lived until the year 1810, when the government laid its merciless fangs upon me, dragged from me these delights, and *crammed me into a jail amongst felons*; of which I shall have to speak more fully, when in the last number, I come to speak of the duties of the citizen.* This added to the difficulties of my task of *teaching*; for now I was snatched away from the *only* scene in which it could, as I thought, properly be executed. But even these difficulties were got over. The blow was, to be sure, a terrible one; and, oh God! how was it felt by these poor children! It was in the month of July when the horrible sentence was passed upon me. My wife, having left her children in the care of her good and affectionate sister, was in London, waiting to know the doom of her husband. When the news arrived at Botley, the three boys, one eleven, another nine, and the other seven years old, were hieing cabbages in that garden which had been the source of so much delight. When the account of the savage sentence was brought to them, the youngest could not for some time be made to understand what a *jail* was; and when he did, he, all in a tremor, exclaimed, "Now I'm sure, William, that papa is not in a place *like that!*" The other, in order to disguise his tears and smother his sobs, fell to work with the *soe*, and *chopped about like a blind person*. This account, when it reached me, affected me more, filled me with deeper resentment, than any other circumstance. And, oh! how I despise the wretches who talk of my *vindictiveness*, of my *exultation* at the confusion of those who inflicted those suffer-

* This he omitted to do.

ings! How I despise the base creatures, the crawling slaves, the callous and cowardly hypocrites, who affect to be "shocked" (tender souls!) at my expressions of joy, and at the death of Gibbs, Ellenborough, Perceval, Liverpool, Canning, and the rest of the tribe that I have already seen out, and at the fatal workings of *that system* for endeavouring to check which I was thus punished! How I despise these wretches, and how I, above all things, enjoy their ruin, and anticipate their utter beggary! What! I am to forgive, am I, injurics like this; and that too without any *atonement*? Oh, no! I have not so read the Holy Scriptures; I have not from them learned that I am not to rejoice at the fall of unjust foes; and it makes a part of my happiness to be able to tell millions of men that I do thus rejoice, and that I have the means of calling on so many just and merciful men to rejoice along with me.

302. Now then the *book learning* was forced upon us. I had a *farm* in hand. It was necessary that I should be constantly informed of what was doing. I gave *all the orders*, whether as to purchases, sales, ploughing, sowing, breeding, in short, with regard to everything; and the things were endless in number and variety, and always full of interest. My eldest son and daughter could now write well and fast. One or the other of them was always at Botley; and I had with me (having hired the best part of the keeper's house) one or two, besides either this brother or sister; the mother coming up to town about once in two or three months, leaving the house and children in the care of her sister. We had a hamper, with a lock and two keys, which came up once a week, or oftener, bringing me fruit and all sorts of country fare, for the carriage of which, cost free, I was indebted to as good a man as ever God created, the late Mr. George Rogers, of Southampton, who in the prime of life died deeply lamented by thousands, but by none more deeply than by me and my family, who have to thank him, and the whole of his excellent family, for benefits and marks of kindness without number.

303. This hamper, which was always, at both ends of the line, looked for with the most lively feelings, became our *school*. It brought me a *journal of labours, proceedings, and occurrences*, written on paper of shape and size uniform, and so contrived, as to margins, as to admit of binding. The

journal used, when my son was the writer, to be interspersed with drawings of our dogs, colts, or anything that he wanted me to have a correct idea of. The hamper brought me plants, bulbs, and the like, that I might see the size of them; and always every one sent his or her *most beautiful flowers*; the earliest violets and primroses and cowslips and bluebells; the earliest twigs of trees; and, in short, everything that they thought calculated to delight me. The moment the hamper arrived, I, casting aside everything else, set to work to answer *every question*, to give new directions, and to add anything likely to give pleasure at Botley. *Every* hamper brought one "letter," as they called it, if not more, from every child; and to *every* letter I wrote *an answer*, sealed up and sent to the party, being sure that that was the way to produce other and better letters; for though they could not read what I wrote, and though their own consisted at first of mere *scratches*, and afterwards, for awhile, of a few words written down for them to imitate, I always thanked them for their "*pretty letter*," and never expressed any wish to see them *write better*; but took care to write in a very neat and plain hand *myself*, and to do up my letter in a very neat manner.

304. Thus, while the ferocious tigers thought I was doomed to incessant mortification, and to rage that must extinguish my mental powers, I found in my children, and in their spotless and courageous and most affectionate mother, delights to which the callous hearts of those tigers were strangers. "Heaven first taught letters for some wretch's aid." How often did this line of Pope occur to me when I opened the little *spuddling* "letters" from Botley! This correspondence occupied a good part of my time: I had all the children with me, turn and turn about; and, in order to give the boys exercise, and to give the two eldest an opportunity of beginning to learn French, I used, for a part of the two years, to send them a few hours in the day to an abbé, who lived in Castle Street, Holborn. All this was a great relaxation to my mind; and when I had to return to my literary labours I returned *fresh* and *cheerful*, full of vigour, and *full of hope* of finally seeing my unjust and merciless foes at my feet, and that too without caring a straw on whom their fall might bring calamity, so that my own family were safe; because, say what any one might, the *community taken as a whole* had suffered *this thing to be done unto us*.

305. The paying of the work people, the keeping of the accounts, the referring to books, the writing and reading of letters; this everlasting mixture of amusement with book learning, made me, almost to my own surprise, find at the end of two years that I had a parcel of scholars growing up about me; and long before the end of the time I had dictated many "Registers" to my two eldest children. Then there was *copying* out of books, which taught *spelling correctly*. The calculations about the farming affairs forced arithmetic upon us: the *use*, the *necessity* of the thing led to the study. By and by we had to look into the *laws*, to know what to do about the *highways*, about the *game*, about the *poor*, and all rural and *parochial* affairs. I was indeed by the fangs of government defeated in my fondly cherished project of making my sons farmers on their own land, and keeping them from all temptation to seek vicious and enervating enjoyments; but those fangs, merciless as they had been, had not been able to prevent me from laying in for their lives a store of useful information, habits of industry, care, sobriety, and a taste for innocent, healthful, and manly pleasures. The fangs had made me and them penniless; but they had not been able to take from us our health or our mental possessions; and these were ready for application as circumstances might ordain.

306. After the age that I have now been speaking of, *fourteen*, I suppose every one *became* a reader and writer according to fancy. As to *books*, with the exception of the *poets*, I never bought in my whole life any one that I did not want for some purpose of *utility*, and of *practical utility* too. I have two or three times had the whole collection snatched away from me, and have begun again to get them together as they were wanted. Go and kick an ants' nest about, and you will see the little, laborious, courageous creatures *instantly* set to work to get it together again; and if you do this ten times over they will do the same. Here is the sort of stuff that men must be made of, to oppose with success those who, by whatever means, get possession of great and mischievous power.

307. Now I am aware that that which *I did* cannot be done by every one of hundreds of thousands of fathers, each of whom loves his children with all his soul. I am aware that the attorney, the surgeon, the physician, the trader, and even the

farmer cannot, generally speaking, do what I did; and that they must in most cases send their *sons* to school if it be necessary for them to have *book learning*. But while I say this I know that there are *many things* which I did which many fathers might do, and which nevertheless *they do not do*. It is in the power of *every father* to live *at home with his family*, when not compelled by business or by public duty to be absent. It is in his power to set an example of industry and sobriety and frugality, and to prevent a taste for gaming, dissipation, extravagance, from getting root in the minds of his children. It is in his power to continue to make his children *hearers* when he is reproving servants for idleness, or commanding them for industry and care. It is in his power to keep all dissolute and idly talking companions from his house. It is in his power to teach them, by his uniform example, justice and mercy towards the inferior animals. It is in his power to do many other things, and something in the way of book learning too, however busy his life may be. It is completely within his power to teach them early rising and early going to bed; and if many a man who says that he has *not time* to teach his children were to sit down in *sincerity* with a pen and a bit of paper, and put down all the minutes which he in every twenty-four hours wastes over the *bottle*, or over *cheese* and *oranges* and *raisins* and *biscuits*, after he has dined; how many he lounges away, either at the coffee house or at home over the *useless* part of newspapers; how many he spends in waiting for the coming and the managing of the tea table; how many he passes by candlelight, *wearied of his existence*, when he might be in bed; how many he passes in the morning in bed, while the sun and dew shine and sparkle for him in vain; if he were to put all these together, and were to add those which he passes in the *reading of books* for his mere personal *amusement*, and without the smallest chance of acquiring from them any *useful practical knowledge*: if he were to sum up the whole of these, and add to them the time worse than wasted in the contemptible work of dressing off *his person*, he would be frightened at the result, would send for his boys from school; and if greater book learning than he possessed were necessary he would choose for the purpose some man of ability, and see the teaching carried on under his own roof, with safety as to morals and with the best chance as to health.

it, if in your power, be as little populous as possible. As "evil communications corrupt good manners," so the more numerous the assemblage, and the more extensive the communication, the greater the chance of corruption. *Jails, barracks, factories,* do not corrupt by their walls but by their condensed numbers. Populous cities corrupt from the same cause; and it is, because *it must be*, the same with regard to schools, out of which children come not what they were when they went in. The master is in some sort their enemy; he is their overseer, he is a spy upon them. His authority is maintained by his absolute power of punishment; *the parent commits them to that power.* To be taught is to be held in restraint; and, as the sparks fly upwards, the teaching and the restraint will not be divided in the estimation of the boy. Besides all this, there is the great disadvantage of *tardiness* in arriving at years of discretion. If boys live only with boys their ideas will continue to be boyish; if they see and hear and converse with nobody but boys, how are they to have the thoughts and the character of men? It is *at last* only by hearing men talk and seeing men act, that they learn to talk and act like men; and therefore to confine them to the society of boys is to *retard* their arrival at the years of discretion; and in case of adverse circumstances in the pecuniary way, where in all the creation is there so helpless a mortal as a boy who has always been at school? But if, as I said before, a school there *must* be, let the congregation be as small as possible; and do not expect too much from the master, for if it be irksome to you to teach your own sons, what must that teaching be to him? If he have great numbers, he must delegate his authority; and like all other delegated authority, it will either be abused or neglected.

309. With regard to *girls* one would think that *mothers* would want no argument to make them shudder at the thought of committing the care of their daughters to other hands than their own. If fortune have so favoured them as to make them rationally desirous that their daughters should have more of what are called accomplishments *than* they *themselves* have, it has also favoured them with the means of having teachers under their own eye. If it have not favoured them so highly as this (and it seldom has in the middle rank of life), what duty so sacred as that imposed on a mother to be the teacher of her daughters! And is she, from love of ease or of pleasure or of anything

else, to neglect this duty? Is she to commit her daughters to the care of persons with whose manners and morals it is impossible for her to be thoroughly acquainted? Is she to send them into the promiscuous society of girls who belong to nobody knows whom, and come from nobody knows whither, and some of whom, for aught she can know to the contrary, may have been corrupted before and sent thither to be hidden from their former circle? Is she to send her daughters to be shut up within walls, the bare sight of which awaken the idea of intrigue and invite to seduction and surrender? Is she to leave the health of her daughters to chance, to shut them up with a motley bevy of strangers, some of whom, as is frequently the case, are proclaimed *bastards* by the undeniable testimony given by the *colour of their skin*?* Is she to do all this, and still put forward pretensions to the authority and the affection due to a *mother*? And are you to permit all this, and still call yourself a *father*?

310. Well then, having resolved to teach your own children, or to have them taught, at home, let us now see how they ought to proceed as to *books* for learning. It is evident, speaking of boys, that at last they must study the art or science that you intend them to pursue: if they be to be surgeons, they must read books on surgery, and the like in other cases. But there are certain *elementary* studies, certain books to be used by *all* persons who are destined to acquire any book learning at all. Then there are departments or branches of knowledge that every man in the middle rank of life ought, if he can, to acquire, they being in some sort necessary to his reputation as a *well informed* man, a character to which the farmer and the shopkeeper ought to aspire as well as the lawyer and the surgeon. Let me now then offer my advice as to the *course* of reading and the *manner* of reading for a boy arrived at his *fourteenth* year, that being, in my opinion, early enough for him to begin.

311. And, first of all, whether as to boys or girls, I deprecate *romances* of every description. It is impossible that they can do any *good*, and they may do a great deal of harm. They excite passions that ought to lie dormant; they give the mind a taste for *highly seasoned* matter, they make matters of real life insipid. Every girl addicted to them sighs to be a *Sophia*

* It is often said that they cannot span their own wrists; the one notion is as likely to be true as the other.—EDITOR.

Western, and every boy a Tom Jones. What girl is not in love with the *wild* youth, and what boy does not find a justification for his wildness? What can be more pernicious than the teachings of this celebrated romance? Here are two young men put before us, both sons of the same mother: the one a *bastard* (and by a parson too), the other a *legitimate child*: the former wild, disobedient, and squandering; the latter steady, sober, obedient, and frugal: the former everything that is frank and generous in his nature, the latter a greedy hypocrite; the former rewarded with the most beautiful and virtuous of women and a double estate, the latter punished by being made an outcast. How is it possible for young people to read such a book and to look upon orderliness, sobriety, obedience, and frugality as *virtues*? And this is the tenour of almost every romance, and of almost every play, in our language. In the "School for Scandal," for instance, we see two brothers: the one a prudent and frugal man, and to all appearance a moral man; the other a hare-brained squanderer, laughing at the morality of his brother. The former turns out to be a base hypocrite and seducer, and is brought to shame and disgrace; while the latter is found to be full of generous sentiment, and Heaven itself seems to interfere to give him fortune and fame. In short, the direct tendency of the far greater part of these books is to cause young people to despise all those virtues without the practice of which they must be a curse to their parents, a burden to the community, and must, except by mere accident, lead wretched lives. I do not recollect one romance nor one play in our language which has not this tendency. How is it possible for young princes to read the historical plays of the punning and smutty Shakspeare, and not think that to be drunkards, blackguards, the companions of debauchees and robbers, is the suitable beginning of a glorious reign?

312. There is too another most abominable principle that runs through them all, namely, that there is in *high birth* something of *superior nature*, instinctive courage, honour, and talent. Who can look at the two *royal youths* in Cymbeline, or at the *noble youth* in Douglas, without detesting the base parasites who wrote those plays?* Here are youths, brought up by *shepherds*, never told of their origin, believing

* Home, the author of "Douglas," on coming to England from Edinburgh, obtained the protection of the Earl of Bute, and received a pension.

themselves the sons of these humble parents, but discovering, when grown up, the highest notions of valour and honour, and thirsting for military renown, even while tending their reputed fathers' flocks and herds. And why this species of falsehood? To cheat the mass of the people; to keep them in abject subjection; to make them quietly submit to despotic sway. And the infamous authors are guilty of the cheat, because they are, in one shape or another, paid by oppressors out of means squeezed from the people. A *true* picture would give us just the reverse; would show us that "*high birth*" is the enemy of virtue, of valour, and of talent; would show us that, with all their incalculable advantages, royal and noble families have only by mere accident produced a great man; that in general they have been amongst the most effeminate, unprincipled, cowardly, stupid, and at the very least amongst the most useless persons, considered as individuals, and not in connection with the prerogatives and powers bestowed on them solely by the law.

313. It is impossible for me, by any words that I can use, to express, to the extent of my thoughts, the danger of suffering young people to form their opinions from the writings of poets and romances. Nine times out of ten, the morality they teach is bad, and must have a bad tendency. Their wit is employed to *ridicule virtue*, as you will almost always find if you examine the matter to the bottom. The world owes a very large part of its sufferings to tyrants; but what tyrant was there amongst the ancients, whom the poets did not place *amongst the gods*? Can you open an English poet, without, in some part or other of his works, finding the grossest flatteries of royal and noble persons? How are young people not to think that the praises bestowed on these persons are just? Dryden, Parnell, Gay, Thomson, in short, what poet have we had, or have we, Pope only excepted, who was not, or is not, a pensioner, or a sinecure placeman, or the wretched dependant of some part of the aristocracy? Of the extent of the powers of writers in producing mischief to a nation, we have two most striking instances in the cases of Dr. Johnson and Burke. The former, at a time when it was a question whether war should be made on America to compel her to submit to be taxed by the English parliament, wrote a pamphlet, entitled "*Taxation no Tyranny*," to urge the nation into that war. The latter, when it was a question whether

England should wage war against the people of France, to prevent them from reforming their government, wrote a pamphlet to urge the nation into *that* war. The first war lost us America, the last cost us six hundred millions of money, and has loaded us with forty millions a year as taxes. Johnson however got a pension for his life, and Burke a pension for his life and for *three lives after his own!* Cumberland* and Murphy,† the play writers, were pensioners; and, in short, of the whole mass where has there been one whom the people were not compelled to pay for labours, having for their principal object the deceiving and enslaving of that same people? It is therefore the duty of every father, when he puts a book into the hands of his son or daughter, to give the reader a true account of *who* and *what* the writer of the book was or is.

314. If a boy be intended for any particular calling, he ought of course to be induced to read books relating to that calling, if such books there be; and therefore I shall not be more particular on that head. But there are certain things that all men in the middle rank of life ought to know something of, because the knowledge will be a source of pleasure; and because the want of it must very frequently give them pain, by making them appear inferior in point of mind to many who are in fact their inferiors in that respect. These things are *grammar, arithmetic, history, accompanied with geography.* Without these, a man in the middle rank of life, however able he may be in his calling, makes but an awkward figure. Without *grammar* he cannot, with safety to his character as a well informed man, put his thoughts upon paper; nor can he be sure that he is speaking with propriety. How many clever men have I known, full of natural talents eloquent by nature, replete with everything calculated to give them weight in society; and yet having little or no weight merely because unable to put correctly upon paper that which they have in their minds! For me not to say that I deem my "English Grammar"‡ the best book for teaching this

* Richard Cumberland, 1732-1811, author of the "West Indian," one of the best stage plays which English comedy can yet boast, and many other pieces.

† Arthur Murphy, 1727-1805, a voluminous and miscellaneous writer.

‡ William Hazlitt, the critic, remarks in his "Table Talk," and all will agree with him, that Cobbett's "Grammar" is "as entertaining as a story-book."

science would be affectation, and neglect of duty besides; because I know that it is the best; because I wrote it for the purpose; and because hundreds and hundreds of men and women have told me, some verbally, and some by letter, that though (many of them) at grammar schools for years, they really never knew anything of grammar until they studied my book. I, who know well all the difficulties that I experienced especially when I think of the numerous instances in which I have seen university scholars unable to write English with any tolerable degree of correctness. In this book the principles are so clearly explained that the disgust arising from intricacy is avoided; and it is this disgust that is the great and mortal enemy of acquiring knowledge.

315. With regard to arithmetic, it is a branch of learning absolutely necessary to every one who has any pecuniary transactions beyond those arising out of the expenditure of his week's wages. All the books on this subject that I had ever seen were so bad, so destitute of everything calculated to lead the mind into a knowledge of the matter, so void of principles, and so evidently tending to puzzle and disgust the learner, by their sententious, and crabbed, and quaint, and almost hieroglyphical definitions, that I at one time had the intention of writing a little work on the subject myself. It was put off, from one cause or another; but a little work on the subject has been, partly at my suggestion, written and published by Mr. Thomas Smith of Liverpool, and is sold by Messrs. Longman & Co. in London. The author has great ability, and a perfect knowledge of his subject. It is a book of principles; and any young person of common capacity will learn more from it in a week than from all the other books, that I ever saw on the subject, in a twelvemonth.

316. While the foregoing studies are proceeding, though they very well afford a relief to each other, history may serve as a relaxation, particularly during the study of grammar, which is an undertaking requiring patience and time. Of all history, that of our own country is of the most importance; because, for want of a thorough knowledge of what has been, we are in many cases at a loss to account for what is, and still more at a loss to be able to show what ought to be. The difference between history and romance is this; that that which is narrated in the latter leaves in the mind nothing

which it can apply to present or future circumstances and events; while the former, when it is what it ought to be, leaves the mind stored with arguments for experience, applicable at all times to the actual affairs of life. The history of a country ought to show the origin and progress of its institutions, political, civil, and ecclesiastical; it ought to show the effects of those institutions upon the state of the people; it ought to delineate the measures of the government at the several epochs; and, having clearly described the state of the people at the several periods, it ought to show the cause of their freedom, good morals, and happiness; or of their misery, immorality, and slavery; and this too by the production of indubitable facts, and of inferences so manifestly fair as to leave not the smallest doubt upon the mind.

317. Do the histories of England, which we have, answer this description? They are very little better than romances. Their contents are generally confined to narrations relating to battles, negotiations, intrigues, contests between rival sovereignties, rival nobles, and to the character of kings, queens, mistresses, bishops, ministers, and the like; from scarcely any of which can the reader draw any knowledge which is at all applicable to the circumstances of the present day.

318. Besides this, there is the *falsehood*; and the falsehoods contained in these histories where shall we find anything to surpass? Let us take one instance. They all tell us that William the Conqueror knocked down twenty-six parish churches, and laid waste the parishes in order to make the New Forest; and this in a tract of the very poorest land in England, where the churches must then have stood at about one mile and two hundred yards from each other. The truth is, that all the churches are still standing that were there when William landed, and the whole story is a sheer falsehood from the beginning to the end.

319. But this is a mere specimen of these romances, and that too with regard to a matter comparatively unimportant to us. The important falsehoods are those which misguide us by statement or by inference, with regard to the state of the people at the several epochs, as produced by the institutions of the country or the measures of the government. It is always the object of those who have power in their hands to persuade the people that they are better off than their forefathers were; it is the great business of history to show how this matter

stands ; and, with respect to this great matter, what are we to learn from anything that has hitherto been called a history of England ? I remember that, about a dozen years ago, I was talking with a very clever young man, who had read twice or thrice over the history of England, by different authors ; and that I gave the conversation a turn that drew from him, unperceived by himself, that he did not know how tithes, parishes, poor rates, church rates, and the abolition of trial by jury in hundreds of cases, came to be in England ; and that he had not the smallest idea of the manner in which the Duke of Bedford came to possess the power of taxing our cabbages in Covent Garden. Yet this is history. I have done a great deal with regard to matters of this sort, in my famous HISTORY OF THE PROTESTANT REFORMATION ;* for I may truly call that famous which has been translated and published in all the modern languages.

320. But it is reserved for me to write a complete history of the country, from the earliest times to the present day ; and this, God giving me life and health, I shall begin to do in monthly numbers, beginning on the first of September, and in which I shall endeavour to combine brevity with clearness. We do not want to consume our time over a dozen pages about Edward the Third dancing at a ball, picking up a lady's garter, and making that garter the foundation of an order of knighthood, bearing the motto of "*Honi soit qui mal y pense.*" It is not stuff like this ; but we want to know what was the state of the people, what were a labourer's wages, what were the prices of the food, and how the labourers were dressed in the reign of that great king. What is a young person to imbibe from a history of England, as it is called, like that of Goldsmith ? It is a little romance to amuse children ; and the other historians have given us larger romances to amuse lazy persons who are grown up. To destroy the effects of these, and to make the people know what their country has been, will be my object ; and this I trust I shall effect. We are, it is said, to have a History of England from Sir James Mackintosh ; a History of Scotland from Sir Walter Scott ; and a History of Ireland from Tommy Moore, the luscious poet. A Scotch lawyer, who is a pensioner, and a member

* "A History of the Protestant Reformation in England and Ireland ; showing how that event has impoverished and degraded the main body of the people in those countries." Two Parts. London : 1824-27. 12mo

for Knaresborough, which is well known to the Duke of Devonshire, who has the great tithes of twenty parishes in Ireland, will doubtless write a most impartial *history of England*, and particularly as far as relates to *boroughs* and *tithes*. A Scotch romance writer, who, under the name of *Malagrowther*, wrote a pamphlet to prove that one-pound notes were the cause of riches to Scotland, will write, to be sure, a most instructive *history of Scotland*. And from the pen of an Irish poet, who is a sinecure placeman, and a protégé of an English peer that has immense parcels of Irish confiscated estates, what a beautiful history shall we not then have of *unfortunate Ireland*! Oh, no! We are not going to be content with stuff such as these men will bring out. Hume and Smollett and Robertson have cheated us long enough; we are not in a humour to be cheated any longer.

321. Geography is taught at schools, if we believe the school cards. The scholars can tell you all about the divisions of the earth, and this is very well for persons who have leisure to indulge their curiosity; but it does seem to me monstrous that a young person's time should be spent in ascertaining the boundaries of Persia or China, knowing nothing all the while about the boundaries, the rivers, the soil, the products, or of the anything else of Yorkshire or Devonshire. The first thing in geography is to know that of the country in which we live, especially that in which we were born: I have now seen almost every hill and valley in it with my own eyes; nearly every city and every town, and no small part of the whole of the villages. I am therefore qualified to give an account of the country; and that account, under the title of "*Geographical Dictionary of England and Wales*,"* I am now having printed as a companion to my history.

322. When a young man well understands the geography of his own country; when he has referred to maps on this smaller scale; when, in short, he knows all about his own country, and is able to apply his knowledge to useful purposes, he may look at other countries, and particularly at those the powers or measures of which are likely to affect his own country. It is of great importance to us to be well acquainted with the extent of France, the United States, Portugal, Spain, Mexico, Turkey, and Russia; but what need we care about

* In 1832 Cobbett published "*A Geographical Dictionary of England and Wales*."

the tribes of Asia and Africa, the condition of which can affect us no more than we would be affected by anything that is passing in the moon?

323. When people have nothing useful to do they may indulge their curiosity; but merely to *read books* is not to be industrious, is not to study, and is not the way to become learned. Perhaps there are none more lazy, or more truly ignorant, than your everlasting readers. A book is an admirable excuse for sitting still; and a man who has constantly a newspaper, a magazine, a review, or some book or other in his hand, gets at last his head stuffed with such a jumble that he knows not what to think about anything. An empty coxcomb, that wastes his time in dressing, strutting, or strolling about, and picking his teeth, is certainly a most despicable creature, but scarcely less so than a mere reader of books, who is generally conceited, thinks himself wiser than other men, in proportion to the number of leaves that he has turned over. In short, a young man should bestow his time upon no book the contents of which he cannot apply to some useful purpose.

324. Books of travels, of biography, natural history, and particularly such as relate to agriculture and horticulture, are all proper, when leisure is afforded for them; and the two last are useful to a very great part of mankind; but unless the subjects treated of are of some interest to us in our affairs, no time should be wasted upon them when there are so many duties demanded at our hands by our families and our country. A man may read books for ever, and be an ignorant creature at last, and even the more ignorant for his reading.

325. And, with regard to young women, everlasting book reading is absolutely *a vice*. When they once get into the habit, they neglect all other matters, and in some cases even their very dress. Attending to the affairs of the house; to the washing, the baking, the brewing, the preservation and cooking of victuals, the management of the poultry and the garden; these are their proper occupations. It is said (with what truth I know not) of the *present Queen** (wife of William IV.), that she was an active, excellent manager of her house. Impossible to bestow on her greater praise; and I trust that her example will have its due effect on the young women of the present day, who stand but too generally in need of that example.

* Queen Adelaide, eldest daughter of the Duke of Saxe-Meiningen.

326. The great fault of the present generation is that, in all ranks, the *notions of self importance are too high*. This has arisen from causes not visible to many, but the consequences are felt by all, and that too with great severity. There has been a general *sublimating* going on for many years. Not to put the word *Esquire* after* the name of almost any man who is not a mere labourer or artisan is almost an *afront*. Every merchant, every master manufacturer, every dealer, if at all rich, is an *Esquire*; squires' sons must be *gentlemen*, and squires' wives and daughters *ladies*. If this were all, if it were merely a ridiculous misapplication of words, the evil would not be great; but unhappily words lead to acts and produce things, and the "*young gentleman*" is not easily to be moulded into a *tradesman* or a *working farmer*. And yet the world is too small to hold so many *gentlemen* and *ladies*. How many thousands of young men have, at this moment, cause to lament that they are not carpenters, or masons, or tailors, or shoemakers; and many thousands of those, that they have been bred up to wish to disguise their honest and useful, and therefore honourable, calling! Rousseau observes that men are happy, first in proportion to their *virtue*, and next in proportion to their *independence*; and that, of all mankind, the artisan or craftsman is the most independent, because he carries about, *in his own hands* and person, the means of gaining his livelihood, and that the more common the use of the articles on which he works the more perfect his independence. "Where," says he, "there is one man that stands in need of the talents of the dentist, there are a hundred thousand that want those of the people who supply the matter for the teeth to work on; and for one who wants a sonnet to regale his fancy, there are a million clamouring for men to make or mend their shoes." Aye, and this is the reason why shoemakers are proverbially the most independent part of the people, and why they in general show more public spirit than any other men. He who lives by a pursuit, be it what it may, which does not require a considerable degree of *bodily labour*, must, from the nature of things, be more or less a *dependant*; and this is indeed the price which he pays for his exemption from that *bodily labour*. He *may* arrive at riches or fame, or both; and this chance he sets against the certainty of independence in humbler life. There always have been, there

* The original edition by error says "before."

always will be, and there always ought to be, some men to take this chance; but to do this has become the *fashion*, and a fashion it is, the most fatal that ever seized upon a community.

327. With regard to young women too, to sing, to play on instruments of music, to draw, to speak French, and the like, are very agreeable qualifications; but why should they *all* be musicians, and painters, and linguists? Why *all* of them? Who then is there left to *take care of the houses* of farmers and traders? But there is something in these "accomplishments" worse than this, namely, that they think themselves *too high* for farmers and traders; and this in fact they are, much *too high*, and therefore the servant girls step in and supply their place. If they could see their own interest, surely they would drop this lofty tone, and these lofty airs. It is however the fault of the parents, and particularly of the father, whose duty it is to prevent them from imbibing such notions, and to show them that the greatest honour they ought to aspire to is thorough skill and care in the economy of a house. We are all apt to set too high a value on what we ourselves have done; and I may do this; but I do firmly believe that to cure any young woman of this fatal sublimation she has only patiently to read my "Cottage Economy,"* written with an anxious desire to promote domestic skill and ability in that sex on whom so much of the happiness of man must always depend. A lady in Worcestershire told me that until she read "Cottage Economy" she had never *baked in the house*, and had seldom had *good beer*; that ever since she had looked after both herself, that the pleasure she had derived from it was equal to the profit, and that the latter was very great. She said that the article "*on baking bread*" was the part that roused her to the undertaking; and indeed if the facts and arguments there made use of failed to stir her up to action, she must have been stone dead to the power of words.

328. After the age that we have now been supposing, boys and girls become *men* and *women*; and there now only remains for the *father* to act towards them with *impartiality*. If they be numerous, or indeed if they be only two in number,

* "Cottage Economy: containing information relative to the brewing of Beer, making of Bread, keeping of Cows, Pigs, Bees, Poultry," etc. 12mo. The first edition of this work was published in 1822.

to expect perfect harmony to reign amongst or between them is to be unreasonable; because experience shows us that even amongst the most sober, most virtuous, and most sensible, harmony so complete is very rare. By nature they are rivals for the affection and applause of the parents; in personal and mental endowments they become rivals; and when *pecuniary interests* come to be well understood and to have their weight here is a rivalry, to prevent which from ending in hostility requires more affection and greater disinterestedness than fall to the lot of one out of one hundred families. So many instances have I witnessed of good and amiable families living in harmony, till the hour arrived for dividing property amongst them, and then all at once becoming hostile to each other, that I have often thought that property coming in such a way was a curse, and that the parties would have been far better off had the parent had merely a blessing to bequeath them from his or her lips, instead of a will for them to dispute and wrangle over.

329. With regard to this matter, all that the father can do is to be *impartial*; but impartiality does not mean positive *equality* in the distribution, but equality *in proportion* to the different deserts of the parties, their different wants, their different pecuniary circumstances, and different prospects in life; and these vary so much in different families that it is impossible to lay down any general rule upon the subject. But there is one fatal error, against which every father ought to guard his heart; and the kinder that heart is, the more necessary such guardianship. I mean the fatal error of heaping upon one child, to the prejudice of the rest, or upon a part of them. This partiality sometimes arises from mere caprice; sometimes from the circumstance of the favourite being more favoured by nature than the rest; sometimes from the nearer resemblance to himself that the father sees in the favourite; and sometimes from the hope of preventing the favoured party from doing that which would disgrace the parent. All these motives are highly censurable, but the last is the most general, and by far the most mischievous in its effect. How many fathers have been ruined, how many mothers and families brought to beggary, how many industrious and virtuous groups have been pulled down from competence to penury, from the desire to prevent one from bringing shame on the parent! So that, contrary to every

principle of justice, the bad is rewarded for the badness and the good punished for the goodness. Natural affection, remembrance of infantine endearments, reluctance to abandon long cherished hopes, compassion for the sufferings of your own flesh and blood, the dread of fatal consequences from your adhering to justice; all these beat at your heart, and call on you to give way: but you must resist them all, or your ruin and that of the rest of your family are decreed. Suffering is the natural and just punishment of idleness, drunkenness, squandering, and an indulgence in the society of prostitutes; and never did the world behold an instance of an offender in this way reclaimed but by the infliction of this punishment, particularly if the society of prostitutes made part of the offence; for here is something that takes the heart from you. Nobody ever yet saw, and nobody ever will see, a young man linked to a prostitute, and retain at the same time any, even the smallest, degree of affection for parents or brethren. You may supplicate, you may implore, you may leave yourself penniless and your virtuous children without bread; and as we saw only the other day, a wretch was convicted of having, at the instigation of his prostitute, beaten his aged mother, to get from her the small remains of the means necessary to provide her with food. In Heron's collection of God's judgments on wicked acts, it is related of an unnatural son, who fed his aged father upon oxtail and offal, lodged him in a filthy and crazy garret, and clothed him in sackcloth, while he and his wife and children lived in luxury! that, having bought sackcloth enough for two dresses for his father, his children took away the part not made up, and hid it, and that, upon asking them what they could do this for, they told him that they meant to keep it for him, when he should become old and walk with a stick! This, the author relates, pierced his heart, and indeed if this failed he must have had the heart of a tiger; but even this would not succeed with the associate of a prostitute. When this vice, this love of the society of prostitutes, when this vice has once got fast hold, vain are all your sacrifices, vain your prayers, vain your hopes, vain your anxious desire to disguise the shame from the world; and if you have acted well your part, no part of that shame falls on you, unless you have administered to the cause of it. Your authority has ceased; the voice of the prostitute, or the charms of the bottle, or the rattle of the dice,

has been more powerful than your advice and example: you must lament this; but it is not to bow you down; and above all things, it is weak, and even criminally selfish, to sacrifice the rest of your family in order to keep from the world the knowledge of that which, if known, would in your view of the matter bring shame on yourself.

330. Let me hope, however, that this is a calamity which will befall very few good fathers; and that of all such the sober, industrious, and frugal habits of their children, their dutiful demeanour, their truth and their integrity, will come to smooth the path of their downward days, and be the objects on which their eyes will close. Those children must in their turn travel the same path; and they may be assured that "Honour thy father and thy mother, that thy days may be long in the land," is a precept, a disregard of which never yet failed, either first or last, to bring its punishment. And what can be more just than that signal punishment should follow such a crime, a crime directly against the voice of nature itself? Youth has its passions, and due allowance justice will make for these; but are the delusions of the boozer, the gamester, or the harlot, to be pleaded in excuse for a disregard of the source of your existence? Are those to be pleaded in apology for giving pain to the father who has toiled half a lifetime in order to feed and clothe you, and to the mother whose breast has been to you the fountain of life? Go you, and shake the hand of the boon companion; take the greedy harlot to your arms; mock at the tears of your tender and anxious parents: and, when your purse is empty and your complexion faded, receive the poverty and the scorn due to your base ingratitude!

LETTER VI.

TO A CITIZEN.*

331. HAVING now given my advice to the YOUTH, the grown up MAN, the LOVER, the HUSBAND and the FATHER, I shall, in this concluding number, tender my advice to the CITIZEN, in which capacity every man has rights to enjoy and duties to perform, and these too of importance not inferior to those which belong to him or are imposed upon him, as son, parent, husband or father. The word *citizen* is not, in its application, confined to the mere inhabitants of cities; it means *a member of a civil society, or community*: and, in order to have a clear comprehension of man's rights and duties in this capacity, we must take a look at the *origin of civil communities*.

332. Time was when the inhabitants of this island, for instance, laid claim to all things in it, without the words *owner* or *property* being known. God had given to *all* the people all the land and all the trees, and everything else, just as He has given the burrows and the grass to the rabbits, and the bushes and the berries to the birds; and each man had the good things of this world in a greater or less degree in proportion to his skill, his strength and his valour. This is what is called living under the law of nature; that is to say, the law of self preservation and self enjoyment, without any restraint imposed by a regard for the good of our neighbours.

333. In process of time, no matter from what cause, men made amongst themselves a compact or an agreement to divide the land and its products in such a manner that each should have a share to his own exclusive use, and that each man should be protected in the exclusive enjoyment of his share by the *united power of the rest*; and in order to ensure the due and certain application of this united power, the whole of the people agreed to be bound by regulations, called laws. Thus arose civil society; thus arose *property*; thus arose the

* Cobbett seems to have drawn his work to a conclusion rather in a hurry. The reader of the present day, however, has no cause to regret this, for the progress of legislation since the author's time has made the few pages which remain to be somewhat out of date.

words *mine* and *thine*. One man became possessed of more good things than another, because he was more industrious, more skilful, more careful, or more frugal; so that labour, of one sort or another, was the basis of all property.

334. In what manner civil societies proceeded in providing for the making of laws and for the enforcing of them; the various ways in which they took measures to protect the weak against the strong; how they have gone to work to secure wealth against the attacks of poverty; these are subjects that it would require volumes to detail. But these truths are written on the heart of man; that all men are by nature *equal*; that civil society can never have arisen from any motive other than that of the *benefit of the whole*; that whenever civil society makes the greater part of the people *worse off* than they were under the law of nature, the civil compact is in conscience dissolved, and all the rights of nature return; that in civil society the *rights and the duties go hand in hand*, and that when the former are taken away the latter cease to exist.

335. Now then, in order to act well our part as citizens or members of the community, we ought clearly to understand *what our rights are*; for on our enjoyment of these depend our duties, rights going before duties, as value received goes before payment. I know well that just the contrary of this is taught in our political schools, where we are told that our *first duty* is to *obey the laws*; and it is not many years ago that Horsley, Bishop of Rochester,* told us that the *people had nothing to do with the laws but to obey them*. The truth is, however, that the citizen's *first duty* is to maintain his rights, as it is the purchaser's first duty to receive the thing for which he has contracted.

336. Our rights in society are numerous, the right of enjoying life and property, the right of exerting our physical and mental powers in an innocent manner; but the great right of all, and without which there is in fact *no right*, is the right of *taking a part in the making of the laws by which we are governed*. This right is founded in that law of nature spoken of above; it springs out of the very principle of civil society; for what *compact*, what *agreement*, what *common assent* can possibly be imagined by which men would give up all the rights of nature, all the free enjoyment of their bodies and their minds, in order

Samuel Horsley, 1733-1806.

to subject themselves to rules and laws in the making of which they should have nothing to say, and which should be enforced upon them without their assent? The great right therefore of *every man*, the right of rights, is the right of having a share in the making of the laws, to which the good of the whole makes it his duty to submit.

337. With regard to the means of enabling every man to enjoy this share, they have been different in different countries, and in the same countries at different times. Generally it has been, and in great communities it must be, by the choosing of a few to speak and act *in behalf of the many*: and as there will hardly ever be *perfect unanimity* amongst men assembled for any purpose whatever, where fact and argument are to decide the question, the decision is left to the *majority*, the compact being that the decision of the majority shall be that of the whole. *Minors* are excluded from this right, because the law considers them as infants, because it makes the parent answerable for civil damages committed by them, and because of their legal incapacity to make any compact. *Women* are excluded because husbands are answerable in law for their wives as to their civil damages, and because the very nature of their sex makes the exercise of this right incompatible with the harmony and happiness of society. Men stained with *indelible crimes* are excluded, because they have forfeited their right by violating the laws to which their assent has been given. *Insane persons* are excluded, because they are dead in the eye of the law, because the law demands no duty at their hands, because they cannot violate the law, because the law cannot affect them, and therefore they ought to have no hand in making it.

338. But, with these exceptions, where is the ground whereon to maintain that *any man* ought to be deprived of this right, which he derives directly from the law of nature, and which springs, as I said before, out of the same source with civil society itself? Am I told that *property* ought to confer this right? Property sprang from *labour*, and not labour from property; so that if there were to be a distinction here, it ought to give the preference to labour. All men are equal by nature; nobody denies that they all ought to be *equal in the eye of the law*; but how are they to be thus equal if the law begin by suffering *some* to enjoy this right and refusing the enjoyment to *others*? It is the duty of every

man to defend his country against an enemy, a duty imposed by the law of nature as well as by that of civil society and without the recognition of this duty there could exist no independent nation and no civil society. Yet how are you to maintain that this is the duty of *every man*, if you deny to some men the enjoyment of a share in making the laws? Upon what principle are you to contend for *equality* here, while you deny its existence as to the right of sharing in the making of the laws? The poor man has a body and a soul as well as the rich man; like the latter, he has parents, wife, and children: a bullet or a sword is as deadly to him as to the rich man; there are hearts to ache and tears to flow for him as well as for the squire or the lord or the loanmonger: yet, notwithstanding this equality, he is to risk all, and if he escape he is still to be denied an equality of rights! If in such a state of things the artisan or labourer, when called out to fight in defence of his country, were to answer: "Why should I risk my life? I have no possession but my *labour*; no enemy will take that from me; you, the rich, possess all the land and all its products; you make what laws you please without my participation or assent; you punish me at your pleasure; you say that my want of property excludes me from the right of having a share in the making of the laws; you say that the property that I have in my labour is *nothing worth*; on what ground then do you call on me to risk my life?" if in such a case such questions were put, the answer is very difficult to be imagined.

339. In cases of *civil commotion* the matter comes still more home to us. On what ground is the rich man to call the artisan from his shop, or the labourer from the field, to join the sheriff's posse or the militia, if he refuse to the labourer and artisan the right of sharing in the making of the laws? Why are they to risk their lives here? To *uphold the laws* and to protect *property*. What! *laws* in the making of or assenting to which they have been allowed to have no share? *Property* of which they are said to possess none? What! compel men to come forth and risk their lives for the *protection of property*; and then in the same breath tell them that they are not allowed to share in the making of the laws, because, and *only because*, *they have no property!* Not because they have committed any crime; not because they are idle or profligate; not because they are vicious in any way; but

solely because they have *no property*; and yet at the same time compel them to come forth and *risk their lives* for the protection of *properly*!

340. But the paupers? Ought they to share in the making of the laws? And why not? What is a *pauper*? what is one of the men to whom this degrading appellation is applied? A *very poor man*; a man who is from some cause or other unable to supply himself with food and raiment without aid from the parish rates. And is that circumstance alone to deprive him of his right, a right of which he stands more in need than any other man? Perhaps he has for many years of his life contributed directly to those rates; and ten thousand to one he has by his labour contributed to them indirectly. The aid which under such circumstances he receives is *his right*; he receives it not as *an alms*; he is no mendicant; he begs not; he comes to receive that which the *laws of the country award him* in lieu of the *larger portion assigned him by the law of nature*. Pray mark that, and let it be deeply engraven on your memory. The audacious and merciless Malthus (a parson of the church establishment) recommended some years ago the passing of a law to *put an end to the giving of parish relief*, though he recommended no law to put an end to the enormous taxes paid by poor people. In his book he said that the poor should be left to the *law of nature*, which, in case of their having nothing to buy food with, doomed them to starve. They would ask nothing better than to be left to the *law of nature*; that law which knows nothing about *buying food* or anything else; that law which bids the hungry and the naked take food and raiment wherever they find it best and nearest at hand; that law which awards all possessions to the *strongest*; that law the operations of which would clear out the London meat markets and the drapers' and jewellers' shops in about half an hour: to this law the parson wished the parliament to leave the poorest of the working people; but if parliament had done it, it would have been quickly seen that this law was far from "dooming them to be starved."

341. Trusting that it is unnecessary for me to express a hope that barbarous thoughts like those of Malthus and his tribe will never be entertained by any young man who has read the previous numbers of this work, let me return to my *very, very poor man*, and ask whether it be consistent with

justice, with humanity, with reason, to deprive a man of the most precious of his political rights because, and *only because* he has been in a pecuniary way *singularly unfortunate*? The Scripture says, "Despise not the poor because he is poor;" that is to say, despise him not *on account of his poverty*. Why then deprive him of his right? why put him out of the pale of the law on account of his poverty? There are *some* men to be sure, who are reduced to poverty by their vices, by idleness, by gaming, by drinking, by squandering; but the far greater part by bodily ailments, by misfortunes to the effects of which all men may, without any fault and even without any folly, be exposed; and is there a man on earth so cruelly unjust as to wish to add to the sufferings of such persons by stripping them of their political rights? How many thousands of industrious and virtuous men have, within these few years, been brought down from a state of competence to that of pauperism! And is it just to strip such men of their rights merely because they are thus brought down? When I was at Ely last spring there were in that neighbourhood *three paupers* cracking stones on the roads who had all three been, not only ratepayers, but *overseers of the poor* within seven years of the day when I was there. Is there any man so barbarous as to say that these men ought, merely on account of their misfortunes, to be deprived of their political rights? Their right to receive relief is as perfect as any right of property; and would you, merely because they claim *this right*, strip them of *another right*? To say no more of the injustice and the cruelty, is there reason is there common sense in this? What! if a farmer or a tradesman be, by flood or fire, so totally ruined as to be compelled, surrounded by his family, to resort to the parish book, would you break the last heartstring of such a man by making him feel the degrading loss of his political rights?

342. Here, young man of sense and of spirit, *here is the point* on which you are to take your stand. There are always men enough to plead the cause of the rich, enough and enough to echo the woes of the fallen great; but be it your part to show compassion for those who labour, and to maintain *their rights*. Poverty is not a *crime*, and though it sometimes arises from faults it is not even in that case to be visited by punishment beyond that which it brings with itself. Remember that poverty is decreed by the very nature of man. The Scripture

says that "the poor shall never cease from out of the land"; that is to say, that there shall always be some very poor people. This is inevitable from the very nature of things. It is necessary to the existence of mankind that a very large portion of every people should live by manual labour; and as such labour is *pain* more or less, and as no living creature likes pain, it must be that the far greater part of labouring people will endure only just as much of this pain as is absolutely necessary to the supply of their *daily wants*. Experience says that this has always been, and reason and nature tell us that this must always be. Therefore, when ailments, when losses, when untoward circumstances of any sort, stop or diminish the daily supply, *want comes*; and every just government will provide, from the general stock, the means to satisfy this want.

343. Nor is the deepest poverty without its *useful effects* in society. To the practice of the virtues of abstinence, sobriety, care, frugality, industry, and even honesty and amiable manners and acquirement of talent, the two great motives are to get upwards in riches or fame, and to *avoid going downwards to poverty*, the last of which is the most powerful of the two. It is therefore not with contempt, but with compassion, that we should look on those whose state is one of the decrees of nature, from whose sad example we profit, and to whom in return we ought to make compensation by every indulgent and kind act in our power, and particularly by a defence of their rights. To those who labour we, who labour not with our hands, owe all that we eat, drink, and wear; all that shades us by day and that shelters us by night; all the means of enjoying health and pleasure; and therefore, if we possess talent for the task, we are ungrateful or cowardly, or both, if we omit any effort within our power to prevent them from being *slaves*; and, disguise the matter how we may, *a slave*, a *real slave*, every man is who has no share in making the laws which he is compelled to obey.

344. *What is a slave?* For let us not be amused by a name, but look well into the matter. A slave is in the first place a man who has *no property*; and property means something that he *has*, and that nobody can take from him without his leave or consent. Whatever man, no matter what he may call himself or anybody else may call him, can have his money or his goods taken away from him *by force*, by virtue of an order, or ordinance,

or law which he has had no hand in making, and to which he has not given his assent, has *no property*, and is merely a depositary of the goods from his master. A slave has *no property in his labour*; and any man who is compelled to give up the fruit of his labour to another at the arbitrary will of that other has no property in his labour, and is therefore a slave, whether the fruit of his labour be taken from him directly or indirectly. If it be said that he gives up this fruit of his labour by his own will, and that it is not forced *from him*, I answer, To be sure he *may* avoid eating and drinking, and may go naked, but then he must *die*; and on this condition, and this condition only, can he refuse to give up the fruit of his labour. "Die, wretch, or surrender as much of your income, or the fruit of your labour, as your masters choose to take." This is in fact the language of the rulers to every man who is refused to have a share in the making of the laws to which he is *forced* to submit.

345. But some one may say slaves are *private property*, and may be bought and sold out and out like cattle. And what is it to the slave whether he be property of *one* or of *many*? or what matters it to him whether he pass from master to master by a sale for an indefinite term, or be let to hire by the year, month, or week? It is in no case the flesh and blood and bones that are sold, but the *labour*; and if you actually sell the labour of man, is not that man *a slave*, though you sell it for only a short time at once? And as to the principle so ostentatiously displayed in the case of the *black slave trade*,* that "*man ought not to have a property in man*," it is even an advantage to the slave to be private property, because the owner has then a clear and powerful *interest* in the preservation of his life, health, and strength, and will therefore furnish him amply with the food and raiment necessary for these ends. Every one knows that public property is never so well taken care of as private property; and this too on the maxim that "*that which is everybody's business is nobody's business*." Every one knows that a *rented* farm is not so well kept in heart† as a farm in the hands of the *owner*. And as to punish-

* The slave trade was abolished by parliament, 25th March, 1807.

† This use of *heart*, as meaning strength and vigour, being somewhat out of common use, we may be permitted to illustrate it by a quotation from Mortimer: "Care must be taken not to plough ground out of *heart* because if 'tis in *heart* it may be improved by marl again."

ments and restraints, what difference is there whether these be inflicted and imposed by a private owner or his overseer, or by the agents and overseers of a body of proprietors? In short, if you can cause a man to be imprisoned or whipped if he do not work enough to please you; if you can sell him by auction for a time limited; if you can forcibly separate him from his wife to prevent their having children; if you can shut him up in his dwelling place when you please, and for as long a time as you please; if you can force him to draw a cart or wagon like a beast of draught; if you can, when the humour seizes you, and at the suggestion of your mere fears or whim, cause him to be shut up in a dungeon during your pleasure; if you can at your pleasure do these things to him, is it not to be impudently hypocritical to affect to call him a *free man*? But after all, these may all be wanting, and yet the man may be a *slave*, if he be allowed to have *no property*; and as I have shown, no property he can have, not even in that *labour* which is not only property but the *basis* of all other property, unless he have a *share in making the laws* to which he is compelled to submit.

346. It is said that he may have this share *virtually*, though not in form and *name*; for that his *employers* may have such share, and they will as a matter of course *act for him*. This doctrine pushed home would make the *chief* of the nation the sole maker of the laws; for if the rich can thus *act* for the poor why should not the chief act for the rich? This matter is very completely explained by the practice in the United States of America. There the maxim is that *every free man*, with the exception of men stained with crime and men insane, has a right to have a voice in choosing those who make the laws. The number of representatives sent to the Congress is in each State proportioned to the number of *free people*. But as there are *slaves* in some of the States, these States *have a certain portion of additional members on account of those slaves*! Thus the slaves are *represented by their owners*; and this is real, practical, open, and undisguised *virtual representation*! No doubt that white men may be represented in the same way, for the colour of the skin is nothing; but let them be called slaves then, let it not be pretended that they are *free men*; let not the word *liberty* be polluted by being applied to their state; let it be openly and honestly avowed, as in America, that they *are slaves*; and then will come the question

whether men ought to exist in such a state, or whether they ought to do everything in their power to rescue themselves from it.

347. If the right to have a share in making the laws were merely a feather; if it were a fanciful thing; if it were only a speculative theory; if it were but an *abstract principle*; on any of these suppositions, it might be considered as of little importance. But it is none of these; it is a practical matter; the want of it not only *is*, but must of necessity be, felt by every man who lives under that want. If it were proposed to the shopkeepers in a town that a rich man or two, living in the neighbourhood, should have power to send whenever they pleased, and take away as much as they pleased of the money of the shopkeepers, and apply it to what uses they please; what an outcry the shopkeepers would make! And yet what would this be *more* than taxes imposed on those who have no voice in choosing the persons who impose them? Who lets another man put his hand into his purse when he pleases? Who, that has the power to help himself, surrenders his goods or his money to the will of another? Has it not always been, and must it not always be, true that if your property be at the absolute disposal of others, your ruin is certain? And if this be of necessity the case amongst individuals and parts of the community, it must be the case with regard to the whole community.

348. Aye, and experience shows us that it always has been the case. The natural and inevitable consequences of a want of this right in the people have, in all countries been *taxes* pressing the industrious and laborious to the earth; *severe laws* and *standing armies* to compel the people to submit to those taxes; wealth, luxury, and splendour, amongst those who make the laws and receive the taxes; poverty, misery, immorality and crime, amongst those who bear the burdens; and at last commotion, revolt, revenge, and rivers of blood. Such have always been, and such must always be, the consequences of a want of this right of all men to share in the making of the laws, a right, as I have before shown, derived immediately from the law of nature, springing up out of the same source with civil society, and cherished in the heart of man by reason and by experience.

349. Well then, this right being that without the enjoy-

ment of which there is, in reality, no right at all, how manifestly is it *the first duty* of every man to do all in his power to maintain this right where it exists, and to restore it where it has been lost! For observe, it must at one time have existed in every civil community, it being impossible that it could ever be excluded by any *social compact*; absolutely impossible, because it is contrary to the law of self preservation to believe that men would agree to give up the rights of nature without stipulating for some *benefit*. Before we can affect to believe that this right was not reserved in such compact, as completely as the right to *live* was reserved, we must affect to believe that millions of men, under no control but that of their own passions and desires, and having all the earth and its products at the command of their strength and skill, consented to be for ever, they and their posterity, the *slaves of a few*.

350. We cannot believe this, and therefore, without going back into *history* and *precedents*, we must believe that in whatever civil community this right does not exist, it has been lost, or rather *unjustly taken away*. And then, having seen the terrible evils which always have arisen and always must arise, from the want of it; being convinced that, where lost or taken away by force or fraud, it is our very first duty to do all in our power to *restore* it, the next consideration is, *how* ought one to act in the discharge of this most sacred duty? for sacred it is, even as the duties of husband and father. For, besides the baseness of the thought of quietly submitting to be a slave *oneself*, we have here, besides our duty to the community, a duty to perform towards our children and our children's children. We all acknowledge that it is our bounden duty to provide, as far as our power will go, for the competence, the health, and the good character of our children; but is this duty superior to that of which I am now speaking? What is competence, what is health, if the possessor be a *slave*, and hold his possessions at the will of another, or others; as he must do if destitute of the right to a share in the making of the laws? What is competence, what is health, if both can, at any moment, be snatched away by the grasp or the dungeon of a master? and his master he is who makes the laws without his participation or assent. And as to *character*, as to *fair fame*, when the white slave puts forward pretensions to those, let him no longer affect to commiserate the state of his sleek

and fat brethren in Barbadoes and Jamaica ; let him hasten to mix the hair with the wool, to blend the white with the black, and to lose the memory of his origin amidst a dingy generation.

351. Such then being the nature of the duty, *how* are we to go to work in the performance of it, and what are our *means*? With regard to these, so various are the circumstances, so endless the differences in the states of society, and so many are the cases when it would be madness to attempt that which it would be prudence to attempt in others, that no *general* rule can be given beyond this, that the right and the duty being clear to our minds, the *means* that are *surest* and *swiftest* are the *best*. In every such case, however, the great and predominant desire ought to be not to employ any means beyond those of reason and persuasion, as long as the employment of these affords a ground for rational expectation of success. Men are, in such a case, labouring, not for the present day only, but for ages to come; and therefore they should not slacken in their exertions because the grave may close upon them before the day of final triumph arrive. Amongst the virtues of the good citizen are those of fortitude and patience; and when he has to carry on his struggle against corruptions deep and widely rooted, he is not to expect the baleful tree to come down at a single blow; he must patiently remove the earth that props and feeds it, and sever the accursed roots one by one.

352. *Impatience* here is a very bad sign. . I do not like your *patriots* who, because the tree does not give way at once, fall to *blaming* all about them, accuse their fellow sufferers of cowardice because they do not do that which they themselves dare not think of doing. Such conduct argues *chagrin* and *disappointment*; and these argue a *selfish* feeling : they argue that there has been more of private ambition and gain at work than of *public good*. Such blamers, such general accusers, are always to be suspected. What does the *real* patriot want more than to feel conscious that he has done his duty towards his country ; and that if life should not allow him to see his endeavours crowned with success his children will see it ? The impatient patriots are like the young men (mentioned in the beautiful fable of La Fontaine) who ridiculed the man of fourscore who was planting an avenue of very small trees

which they told him that he never could expect to see as high as his head. "Well," said he, "and what of that? If their shade afford me no pleasure it may afford pleasure to my children, and even to you; and therefore the planting of them gives me pleasure."

353. It is the want of the noble disinterestedness, so beautifully expressed in this fable, that produces the *impatient* patriots. They wish very well to their country, because they want *some of the good for themselves*. Very natural that all men should wish to see the good arrive, and wish to share in it too; but we must look on the dark side of nature to find the disposition to cast blame on the whole community because our wishes are not instantly accomplished, and especially to cast blame on others for not doing that which we ourselves dare not attempt. There is however a sort of *patriot* a great deal worse than this; he who having failed himself would see his country enslaved for ever, rather than see its deliverance achieved by others. His failure has perhaps arisen solely from his want of talent or discretion; yet his selfish heart would wish his country sunk in everlasting degradation, lest his inefficiency for the task should be established by the success of others. A very hateful character certainly, but I am sorry to say by no means rare. *Envy*, always associated with meanness of soul, always detestable, is never so detestable as when it shows itself here.

354. Be it your care, my young friend (and I tender you this as my parting advice), if you find this base and baleful passion which the poet calls "the eldest born of hell"; if you find it creeping into your heart, be it your care to banish it at once and for ever; for if once it nestle there, farewell to all the good which nature has enabled you to do, and to your peace into the bargain. It has pleased God to make an unequal distribution of talent, of industry, of perseverance, of a capacity to labour, of all the qualities that give men distinction. We have not been our own makers; it is no fault in you that nature has placed him above you, and surely it is no fault in him; and would you *punish* him on account and only on account of his pre-eminence? If you have read this book you will start with horror at the thought; you will as to public matters act with zeal and with good humour, though the place you occupy be far removed from the first; you will support with the best of your abilities others who, from what-

ever circumstance, may happen to take the lead; you will not suffer even the consciousness and the certainty of your own superior talents to urge you to do anything which might by possibility be injurious to your country's cause; you will be forbearing under the aggressions of ignorance, conceit, arrogance, and even the blackest of ingratitude superadded, if by resenting these you endanger the general good; and above all things you will have the justice to bear in mind that that country which gave you birth is, to the last hour of your capability, entitled to your exertions in her behalf, and that you ought not by acts of commission or of omission to visit upon her the wrongs which may have been inflicted on you by the envy and malice of individuals. Love of one's native soil is a feeling which nature has implanted in the human breast, and that has always been peculiarly strong in the breasts of Englishmen. God has given us a country of which to be proud; and that freedom, greatness and renown which were handed down to us by our wise and brave forefathers, bid us perish to the last man rather than suffer the land of their graves to become a land of slavery, impotence, and dishonour.

355. In the words with which I concluded my English Grammar, which I addressed to my son James, I conclude my advice to you. "With English and French on your tongue, and in your pen, you have a resource not only greatly valuable in itself but a resource that you can be deprived of by none of those changes and chances which deprive men of pecuniary possessions, and which in some cases make the purse proud man of yesterday a crawling sycophant to-day. Health, without which life is not worth having, you will hardly fail to secure by early rising, exercise, sobriety, and abstemiousness as to food. Happiness or misery is in the *mind*. It is the mind that lives; and the length of life ought to be measured by the number and importance of our ideas, and not by the number of our days. Never therefore esteem men merely on account of their riches or their station. Respect goodness, find it where you may. Honour talent wherever you behold it unassociated with vice; but honour it most when accompanied with exertion, and especially when exerted in the cause of truth and justice; and above all things hold it in honour when it steps forward to protect defenceless innocence against the attacks of powerful guilt." These words addressed

to my own son I now, in taking my leave, address to you. Be just, be industrious, be sober, and be happy; and the hope that these effects will in some degree have been caused by this little work will add to the happiness of

Your Friend and humble Servant,

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